

# GVSU RFP 214-15

## Football Weight Room Equipment

Item	Qty	Preferred Make/Model
<b>Racks &amp; Accessories</b>	each	
Racks with load hooks and chin/dip	12	Rodgers Athletics or Hammer Strength
Benches - adjustable	12	Rodgers Athletics or Hammer Strength
Bench docking brackets - without floor	12	Rodgers Athletics or Hammer Strength
Spotter platforms - without floor	12	Rodgers Athletics or Hammer Strength
Technique trays (pair)	12	Rodgers Athletics or Hammer Strength
Landmine attachments	12	Rodgers Athletics or Hammer Strength
Front band attachments (pair)	12	Rodgers Athletics or Hammer Strength
Training bars	12	York or Olympic
True stretch rack	1	

### Weights

Bumper plates 45lb	128	Intek or Olympic
Bumper plates 35lb	26	Intek or Olympic
Bumper plates 25lb	26	Intek or Olympic
Steel plates 10lb urethane coated	24	Intek or Olympic
Steel plates 5lb urethane coated	24	Intek or Olympic
Steel plates 2.5lb urethane coated	24	Intek or Olympic
Dumbbells with racks *Powerblock* 125's	12	Powerblock

### Exercise machines

Glute Ham	4
Plyo box stackable sets (12", 18", 24")	12
Treadmill	1
Elliptical cross trainer	1
Upright bike	1

### Flooring

Weight room rubber flooring with 12 inlaid platforms similar to PLAE USA - provide room layout

Flooring – PLAE or equivalent quality product

Custom logos on platforms - see attached likely logo - **list as a separate line item**

Custom logo on floor entrance - see attached likely logo - **list as a separate line item**

Room floor approx 3,000 sq ft. **(recommend supplier to measure)**

### Installation (Michigan Prevailing Wage Rates Apply)

Quote removal of current flooring and install new

Quote removal and trade in value of current equipment

Quote delivery and set up of new equipment

### Warranties

List warranties for all items