

Football Weight Room Current Equipment Additional Information

Most of the equipment purchased in 2002. In working condition; currently being used. Some paint chips, rust.

The rubber plates used by the platforms are KRAIBURG. The platforms frames on the floor have no wording on them. We assume they are REFLEX.

The other steel plates are not identified. They just have the weight and kilos on them with the word BARBELL.

The adjustable benches, power racks and machines are a brand called REFLEX. One machine is from Hammer Strength and has a tag on it called Ground Base Jammer. One other piece has a REFLEX bench attached to arms that say Hammer Strength.

The dumbbells are not marked but sit on racks with brand name of REFLEX.

The steel weight plates may be REFLEX also since they are on the power racks marked REFLEX.

Approximately 95 % of the equipment is from REFLEX.

214-16 Current Football Weight Room Inventory as of 10/25/13

Dumbbells – Steel

10lb 1
 15lb 2
 20lb 4
 25lb 3
 30lb 4
 35lb 4
 40lb 4
 45lb 2 and 2 Rubber
 50lb 2 and 2 Rubber
 55lb 3
 60lb 1
 65lb 4

70lb 1
 75lb 1
 80lb 1
 85lb 9
 90lb 2
 95lb 3
 100lb 1
 105lb 4
 110lb 1
 115lb 3
 120lb 4
 125lb 2

Dumbbell Racks

4

Olympic Bars

21

Weight Plates

2.5lb 30
 5lb 22
 10lb 73
 25lb 42

35lb 39
 45lb 67
 100lb 4

Plate Racks

10

Plate/Bar Clips

Approx 40

Squat Racks

6

Benches

12

Platforms & Frames

6

Machines

5 – Leg & Chest Press & Glute/ham