

Courtney L. Kowalczyk

Curriculum Vitae

Department of Psychology
Grand Valley State University
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Education:

Walden University	Minneapolis, MN
Doctorate of Clinical Psychology (2017)	
Emphasis: Clinical Assessment and Pediatric Psychology	
Master of Science in Psychology (2013)	
Emphasis: Clinical and Pediatric Psychology	
Grand Valley State University	Allendale, MI
Master of Education (2006)	
Emphasis: Early Childhood Development with Early Childhood Developmental Delay Approval	
Bachelor of Arts (2004)	
Major: Psychology/Special Education	
Minor: Elementary Education	
Emphasis: Psychology and Cognitive Impairment	

Professional Experience:

Grand Valley State University	Allendale, MI
<i>Affiliate Psychology Professor</i>	August 2024 - Present
Bright Side Psychology	Grand Rapids, MI
<i>Limited License Psychologist (Part-Time Private Practice)</i>	October 2023 - Present
Grand Valley State University	Allendale, MI
<i>Visiting Psychology Professor</i>	August 2023 - April 2024
Grand Valley State University	Allendale, MI
<i>Adjunct Psychology Professor</i>	August 2022 - April 2023
Walden University	Minneapolis, MN
<i>Psychological Assessment Graduate and Teaching Assistant</i>	July 2011 - July 2013
Helen DeVos Children's Hospital	Grand Rapids, MI
<i>Doctoral Psychology Intern/Resident</i>	June 2011 - December 2012
Horizons Developmental Resource Center	Caledonia, MI
<i>Developmental/Behavioral Therapist and Limited License Psychologist</i>	June 2005 - October 2023
Caledonia Community Schools	Caledonia, MI
<i>Moderate Cognitive Impairment Teacher</i>	June 2005 - June 2008

Teaching Experience:

Grand Valley State University
PSY 101: Introductory Psychology
PSY 310: Behavior Modification
PSY 364: Life-Span Development

Allendale, MI

Walden University
PSYC 8341: Psychological Assessment: Cognitive
PSYC 8351: Psychological Assessment: Personality

Minneapolis, MN

Caledonia Community Schools
Moderate Cognitive Impairment Elementary Program Teacher

Caledonia, MI

Publications:

Kowalczyk, C. (2017). *The relationships among kindergarten entrance age, preschool experience, and reading achievement* (Doctoral dissertation). Retrieved from <https://scholarworks.waldenu.edu/dissertations/4071/>

Kowalczyk, C. (2016). Be the calm in your child's storm: Strategies for guiding your child through a meltdown. *On the Horizon*.

Kowalczyk, C. (2010). How do I know if my child is anxious? *On the Horizon*.

Kowalczyk, C. (2010). What should I do when my child is anxious? *On the Horizon*.

Beurkens, N., Roon, E., & Kowalczyk, C. (2009). *Learning as we grow*. Publisher: Author.

Kowalczyk, C. (2009). Standardized assessments: Tips for supporting students with special needs. *On the Horizon*.

Conference Presentations:

Kowalczyk, C., & Roon, E. (2020). *Maintaining a healthy relationship with each other: Strategies for couples*. Breakout session presented at the Lead Empower Assist Parents (LEAP) Conference/Kent Intermediate School District in Grand Rapids, MI.

Kowalczyk, C., & Roon, E. (2018). *Maintaining a healthy relationship with each other: Strategies for couples*. Breakout session presented at the Lead Empower Assist Parents (LEAP) Conference/Kent Intermediate School District in Grand Rapids, MI.

Kowalczyk, C., & Roon, E. (2018). *STOP and THINK: Strategies for building early executive function skills*. Breakout session presented at the Camp Fire West Michigan 4 C's Conference in Grand Rapids, MI.

Kowalczyk, C., & Bisson, S. (2017). *STOP and THINK: Strategies for building early executive function skills in young children*. Breakout session presented at the Camp Fire West Michigan 4 C's Conference in Grand Rapids, MI.

Kowalczyk, C., & Roon, E. (2017). *Understanding & supporting students with autism spectrum disorder and related impairments*. Plenary session presented at the National Heritage Academy Teacher Training in Grand Rapids, MI.

Kowalczyk, C., & Thomas, A. (2017). *Epilepsy and relationships*. Invited speaking presentation for the Learn and Share Statewide Conference Call for the Epilepsy Foundation of Michigan.

Kowalczyk, C., & VanderHeide, M. (2017). *Maintaining a healthy relationship with each other: Strategies for couples*. Breakout session presented at the Lead Empower Assist Parents (LEAP) Conference/Kent Intermediate School District in Grand Rapids, MI.

Roon, E., & Kowalczyk, C. (2017). *Positive behavioral supports that promote healthy parent-child relationships*. Breakout session presented at the Kent County Great Start Program in Grand Rapids, MI.

Kowalczyk, C., & Bisson, S. (2016). *STOP and THINK: Strategies for building executive function skills in students*. Breakout session presented at the Fire Up! Student Teacher Conference in Grand Rapids, MI.

Ragsdale, B., & Kowalczyk, C. (2013). *Tips for recruiting and training graduate student teaching assistants in blended learning environments*. Poster presentation at the Sloan-C Conference in Orlando, FL.

Beurkens, N., Roon, E., & Kowalczyk, C. (2009). *Autism in the classroom: Simple and effective strategies to learn today and use tomorrow*. Plenary session presented at the Horizon Developmental Resource Center's Educator Conference in Grand Rapids, MI.

Grants:

Kowalczyk, C., Grant, "Midwestern Psychological Association Annual Meeting," CLAS Professional Development Grant, Grand Valley State University, \$500, Funded. (Start: October 9, 2025, End: April 19, 2026)

Kowalczyk, C., Grant, "Fully Accessible Brain Models for PSY 101 Students," FTLC Sandbox Learning Innovation Grant, Grand Valley State University, \$500, Funded. (Start: October 11, 2024, End: August 2025)

Kowalczyk, C., Grant, "Gardner Institute: Symposium on Transforming the Postsecondary Experience," FTLC Sponsored Teaching and Learning Event Grant, Grand Valley State University, \$3,000, Funded. (Start: October 9, 2024, End: October 24, 2024)

Kowalczyk, C., Grant, "Teaching Underprepared Students," FTLC Faculty Conference Grant, Grand Valley State University, \$329, Funded. (Start: December 31, 2023, End: May 16, 2024)

Kowalczyk, C., Grant, "Teaching Fundamentals for New College Instructors," FTLC Faculty Conference Grant, Grand Valley State University, \$329, Funded. (Start: March 17, 2023, End: May 12, 2023)

Unit and University Service:

Unit Team Member, CLAS Voyage Summer Institute, Grand Valley State University (2025)

Advisor, Crafts for a Cause (Student Org.), Grand Valley State University (2024 - Present)

Gardner Institute Course Redesign Faculty Member, Grand Valley State University (2024 - Present)

Licensure, Awards, & Affiliations:

Affiliate Faculty of the Year Honoree, Grand Valley State University Psi Chi Chapter (2025)
Top Mental Health Professional Grand Rapids Honoree, Grand Rapids Kids (2025)
Best New Student Organization Advisor Honoree, Grand Valley State University Student Life (2025)
Member, Society for the Teaching of Psychology (2024 - Present)
Member, Society for Clinical Neuropsychology (2024 - Present)
Member, Division 7/Developmental Psychology (2024 - Present)
Member, Michigan Psychological Association (2023 - Present)
Essential Piece Award Recipient, Autism Family Network (2018)
Successful Completion of EPPP Licensure Exam, Michigan Board of Psychology (March 2015)
Limited Psychology License, Michigan Board of Psychology (June 2013 - Present)
Member, American Psychological Association (2008 - Present)
Professional Teaching Certificate Recipient with Endorsements in Elementary Education, Cognitive Impairments, and Early Childhood Education, State of Michigan (2004 - 2023)
Member, Honor Society of Phi Kappa Phi, Grand Valley State University (2003 - Present)
Honoree, Dean's List, Grand Valley State University (2001 - 2006)

Training:

The Association of College and University Educators Promoting Active Learning Course, ACUE Online Course, (September/October 2025)
Yale Child Study Center SPACE-ARFID Program Training, New Haven, Connecticut (August 2025)
Gardner Institute: Symposium on Transforming the Postsecondary Experience, Pittsburg, PA (October 2024)
Teaching Underprepared Students, Magna Publications Online Course (April 2024)
Teaching Fundamentals for New College Instructors, Magna Publications Online Course (April 2023)
Developing and Teaching an Online Course, Magna Publications Online Course (February 2023)
Yale Child Study Center SPACE: (Supportive Parenting for Anxious Childhood Emotions) Program Training, New Haven, Connecticut (June 2020)
Advanced Training in Interventions to Improve Executive Function Skills, DuPage, Illinois (June 2016)
Cutting Edge Strategies to Improve Executive Function Skills, DuPage, Illinois (June 2016)
Play Therapy for Children, Adolescents, and Adults, Grand Rapids, Michigan (September 2015)
Low Energy Neurofeedback Advanced Training, Grand Rapids, Michigan (June 2013)
Low Energy Neurofeedback Foundations Training, Lansing, Michigan (June 2012)
Rhythmic Entrainment Intervention Provider Training, Grand Rapids, Michigan (February 2012)
Visual Processing Therapy, Kalamazoo, Michigan (August 2011)
Rhythmic Movement Training Level 3, Grand Rapids, Michigan (February 2011)
Rhythmic Movement Training Level 1 and 2, Novi, Michigan (June 2010)
HANDLE Introductory Course, Caledonia, Michigan (May 2008)
Feuerstein Introductory Course, Detroit, Michigan (April 2008)
Advanced RDI® Consultant Training, Houston, Texas (November 2007)
Beginning and Intermediate RDI® Consultant Training, Houston, Texas (January 2007)