
PREVENT
Build the foundation for a healthy, respectful environment.
We strengthen our culture, relationships, and systems to prevent problems before they start.
Shared Agreements
LISTEN
Listen deeply to understand the human experience.
We create space to hear experiences and perspectives with curiosity and respect.
Listening Circles
PROCESS
Make sense together.
We reflect on what we've heard and explore what it means together.
Dialogue Circles
RESTORE
Repair harm, rebuild trust, and strengthen relationships.
When harm occurs, we focus on understanding impact and restoring trust.
Restorative Circles
RESOLVE
Take action together.
We collaborate to make decisions, solve problems, and create sustainable solutions.
CAMRA
Healthy, Respectful Workplaces
People • Relationships • Trust