

Combined Degree Program
 Exercise Science (BS)* Exercise Science in Health Care
 Master of Athletic Training (MAT)

2026-2027
 Catalog Year

| 1 st Year ~ Fall | | 1 st Year ~ Winter | | 1 st Year Summer | |
|---|-------|---|-----|---|-------|
| | Cr. | | Cr. | | Cr. |
| EXS 195: Introduction to Exercise Science | 3 | BMS 105: Basic Nutrition | 3 | Gen Ed. ^{Philosophy & Literature} | 3 |
| ATH 210: Directed Observation ^(EXS in Health Care Elective) | 1 | ² BMS 250: Anatomy & Physiology I | 4 | Gen Ed. ^{Social/Behavioral Sciences} | 3 |
| BIO 120: General Biology I ^{GE Life Science} | 4 | CHM 109: Introductory Chemistry ^{GE Physical Science} | 4 | | |
| MTH 110: Algebra ^{prerequisite to STA 215 & PHY 200} | 4 | WRT 150: Strat. in Writing ^{or WRT 120 & WRT 130} | 4 | | |
| PSY 101: Intro. Psychology ^{GE Social & Behavioral Sciences} | 3 | | | | |
| Total Credit Hours | 15 | Total Credit Hours | 15 | Total Credit Hours | 6 |
| 2 nd Year ~ Fall | | 2 nd Year ~ Winter | | 2 nd Year Summer | |
| | Cr. | | Cr. | | Cr. |
| ATH 217: Modern Principles of Athletic Training | 2 | ATH 218: Modern Principles of AT Lab ^(EXS in Health Care Elective) | 1 | Gen. Ed. ^{Historical Analysis} | 3 |
| CHM 234: Introductory Biochemistry | 4 | EXS 209: Evidence-Based Practice in EXS | 3 | Gen. Ed. ^{US Diversity} | 3 |
| ² BMS 251: Anatomy & Physiology II | 4 | MOV 300: Kinesiology | 3 | | |
| EXS 220: Instruction and Leadership | 3 | MOV 304: Intro. to Exercise Physiology | 3 | | |
| STA 215: Intro. Applied Statistics ^{GE Math} | 3 | Gen. Ed. ^{Art} | 3 | | |
| | | EXS in Health Care Elective | 1 | | |
| Total Credit Hours | 16 | Total Credit Hours | 14 | Total Credit Hours | 6 |
| 3 rd Year ~ Fall (Apply to B.S./MAT program) | | 3 rd Year ~ Winter | | 3 rd Year Summer (Combined B.S./MAT Begins) | |
| | Cr. | | Cr. | | Cr. |
| BMS 223: Infect. Disease | 3 | BIO 328: Biomedical Ethics SWS ^{Issues} | 3 | EXS 495: Professionalism in EXS ^{Capstone SWS} | 3 |
| EXS 320: Exercise Testing & Prescription | 3 | EXS 470: Exercise for Special Populations | 3 | Free Elective Course | 3 |
| EXS 322: Exercise Testing Lab | 2 | MOV 310: Motor Skill Development ^(EXS in Health Care elective) | 3 | ATH 510: Fnd Concepts & Tech in AT | 3 |
| PHY 200: Physics for the Life Sciences | 4 | Free Elective Course | 3 | | |
| Gen. Ed. ^{Issues} | 3 | Gen. Ed. ^{Global Perspectives} | 3 | | |
| Total Credit Hours | 15 | Total Credit Hours | 15 | Total Credit Hours | 9 |
| 4 th Year ~ Fall | | 4 th Year ~ Winter | | 4 th Year Summer | |
| | Cr. | | Cr. | | Cr. |
| ATH 506: Intervention and Referral | 2 | ATH 515: Assessment and Evaluation II | 4 | ATH 575: Therapeutic Intv. I | 4 |
| ATH 514: Assessment and Evaluation I | 4 | ATH 522: Athletic Training Clinical II | 3 | ATH 693: Project in AT | 1-2 |
| ATH 521: Athletic Training Clinical I | 3 | ATH 523: Methods of Evid. Based Practice in AT | 3 | IPE 502: Int. Ed. For Collaborative Prac. | 2 |
| ATH 525: Pre-hospital Care of the Injured Patient | 4 | ATH 530: Gen. Medical Conditions in AT | 4 | STA 610: App. Stats for Health Prof. | 3 |
| Total Credit Hours | 13 | Total Credit Hours | 14 | Total Credit Hours | 10-11 |
| 5 th Year ~ Fall | | 5 th Year ~ Winter | | | |
| | Cr. | | Cr. | | Cr. |
| ATH 607: Pharmacology in Athletic Training | 3 | ATH 628: Athletic Training Clinical IV | | | 3-4 |
| ATH 626: Athletic Training Clinical III | 3-4 | ATH 676: Therapeutic Interventions Lab | | | 1 |
| ATH 675: Therapeutic Interventions II | 3 | ATH 685: Advance Techniques in AT | | | 2 |
| ATH 693: Project in Athletic Training | 1-2 | ATH 689: Prof. Topics in Athletic Training | | | 3 |
| | | ATH 693: Project in Athletic Training | | | 1-2 |
| Total Credit Hours | 10-12 | Total Credit Hours | | Total Credit Hours | 10-12 |

Combined Degree Notes:

- Up to 12 ATH graduate credits in the MAT may applied toward the bachelor's degree requirements (ATH 506, 510, 514, 521). ATH 506 and ATH 514 substitute for the EXS 490 requirement. ATH 510 and ATH 521 substitute for 6 of the 12 EXS in Health Care Emphasis Electives requirement.
- To graduate with a bachelor's degree, students need a minimum of 108 undergraduate credits + 12 graduate credits to reach the necessary 120 credits to graduate.
- Students who do not complete the Combined Degree must complete all the MAT prerequisites and may need additional elective credits to meet the minimum 120 credits for undergraduate graduation.

The Exerscise Science (EXS) undergraduate major resides in the College of Liberal Arts and Sciences (CLAS).
For more information or to meet with CLAS Student Services Academic Advisor, please call (616) 331-8585
 Visit our websites at <https://www.gvsu.edu/clasadvising/>

Combined Degree Program Information

Admissions Process

Grand Valley State University's (GVSU) Master of Athletic Training (MAT) program utilizes the Athletic Trainers Centralized Application System (ATCAS) for the application process. Please refer to www.atcas.liaisoncas.com to get general information about the ATCAS process. GVSU specific admission requirements are posted within the application on ATCAS. Students may begin their application when the ATCAS portal opens in July of their application year.

Application and all supporting documents for ATCAS and GVSU have a receipt deadline of October 15. It is strongly recommended that applicants submit application materials 4-6 weeks prior to October 15 to allow for ATCAS processing time. Applications "Verified" by the application date will be given preference. Late applications will be considered until seats in the program are filled.

Program Eligibility

- **Completion of a Bachelor's Degree:** Applicants must complete their undergraduate degree before August 15 (unless in the combined degree program). You can be in the process of completing your degree at the time of application. If you are in the process of completing your bachelor's degree, you would be a conditional admit, meaning you will be admitted if you complete the requirement(s) before the start of the professional program.
 - A minimum 3.00 cumulative GPA is required.
 - We recommend that combined degree student applicants complete a minimum of 108 credits before the start of the professional program.
- **Completion of Prerequisite Coursework:** Applicants can find a list of the [MAT prerequisite courses](#).
 - Any non-GVSU course that is a prerequisite must be a direct [course equivalent](#) to GVSU. If you don't see your course listed within our Course Equivalency Guide website, please email mat@gvsu.edu to inquire about equivalency.
 - All prerequisites must be completed for letter grades. For each prerequisite course, a grade of C or higher is required.
 - Prerequisite coursework must be completed before the start of the academic program in June.
- **Effective Communication and Interpersonal Skills:** Applicants will be evaluated throughout the application process for their demonstration of effective communication and interpersonal skills.
- **Technical Standards:** Applicants must have the ability to perform all [technical standards](#) of the athletic training program.
- **Review the Current GVSU MAT Graduate Student Handbook:** Applicants will be required to review the current [MAT Graduate Student Handbook](#) before application. Students are also encouraged to review the [GVSU Health Compliance Policy](#), which includes information regarding immunization, drug screen, and background check requirements.
- **Official Transcripts:** Applicants must submit ALL official transcripts from all colleges and universities attended to ATCAS.
 - For further information on transcript(s) submission, please go to the [ATCAS Applicant Help Center](#).
- **Resume/CV:** Submission of a current resume.
- **Personal Statement:** Applicants must submit a personal statement. Personal statements should be no longer than 2 pages.
- **Two Letters of Recommendation:** Submission of only two references through the ATCAS electronic application (under recommendations). Applicants will input the name and email address of the individual who will complete their letter of recommendation. An applicant's application will not be considered complete until letters have been received.
 - At least one reference must be a licensed athletic trainer with whom you have worked/job shadowed/volunteered. All references will complete and return the electronic form on their own to ATCAS.
- **Observation Hours:** Submission of documentation (See GVSU AT Hour Verification Form below) of volunteer/work/job shadow hours of a licensed athletic trainer. Applicants will need a minimum of 35 hours of post-secondary school.
 - Applicants will use the ['GVSU AT Hour Verification Form'](#) to upload to their ATCAS application.
 - All hours must be completed before the start of the professional program. Preference will be given to those who have completed their hours before applying.
- **Writing Sample:** Completion of one writing sample (located within ATCAS, under Questions in the Program Requirement section).
- **International Students:** The GVSU MAT program is unable to accept international students at this time due to federal requirements regarding online education.

Applicants are encouraged to review the full application details by visiting the Athletic Training Program website.
www.gvsu.edu/athletictraining

The Master of Athletic Training program resides in the College of Health Professions (CHP).

For more information or to meet with a CHP Student Services Academic Advisor, please call (616) 331-5900

Visit our websites at www.gvsu.edu/chpss