Overview of Fieldwork

Fieldwork is designed to give exercise science students an opportunity to study an area in which they have developed an interest, as well as apply knowledge already learned. Students must complete at least 90 hours during the fall, winter (~6 hours per week for 14 weeks), or spring semester (~15 hours per week for 6 weeks).

Fieldwork will involve exposure to mentors in health, fitness, wellness, or clinical-based worksites. Students should gain, mostly through observation, an understanding of the skills and professional conduct needed to be a successful practitioner within the chosen field.

The following is a brief summary of the expectations for a site supervisor:

- Assist the student in identifying roles and responsibilities while at the site
- Provide opportunities for the student to learn and develop as a professional
- Sign monthly timesheets
  - Weekly hours tracked by the student
- Have three short discussions with the student about different themes associated with working in a professional environment:
  - e.g. professionalism, education, potential memberships and certifications, etc.
- Complete a mid- and post-evaluation of the student's performance
  - Forms provided to you by the student

Once a site has been verbally agreed upon between the site supervisor and the student. The student will fill out an online application, which will be initially approved by the fieldwork coordinator and then sent out to the site supervisor for final verification.

If you have any questions, please don’t hesitate to contact me.

Professionally,

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