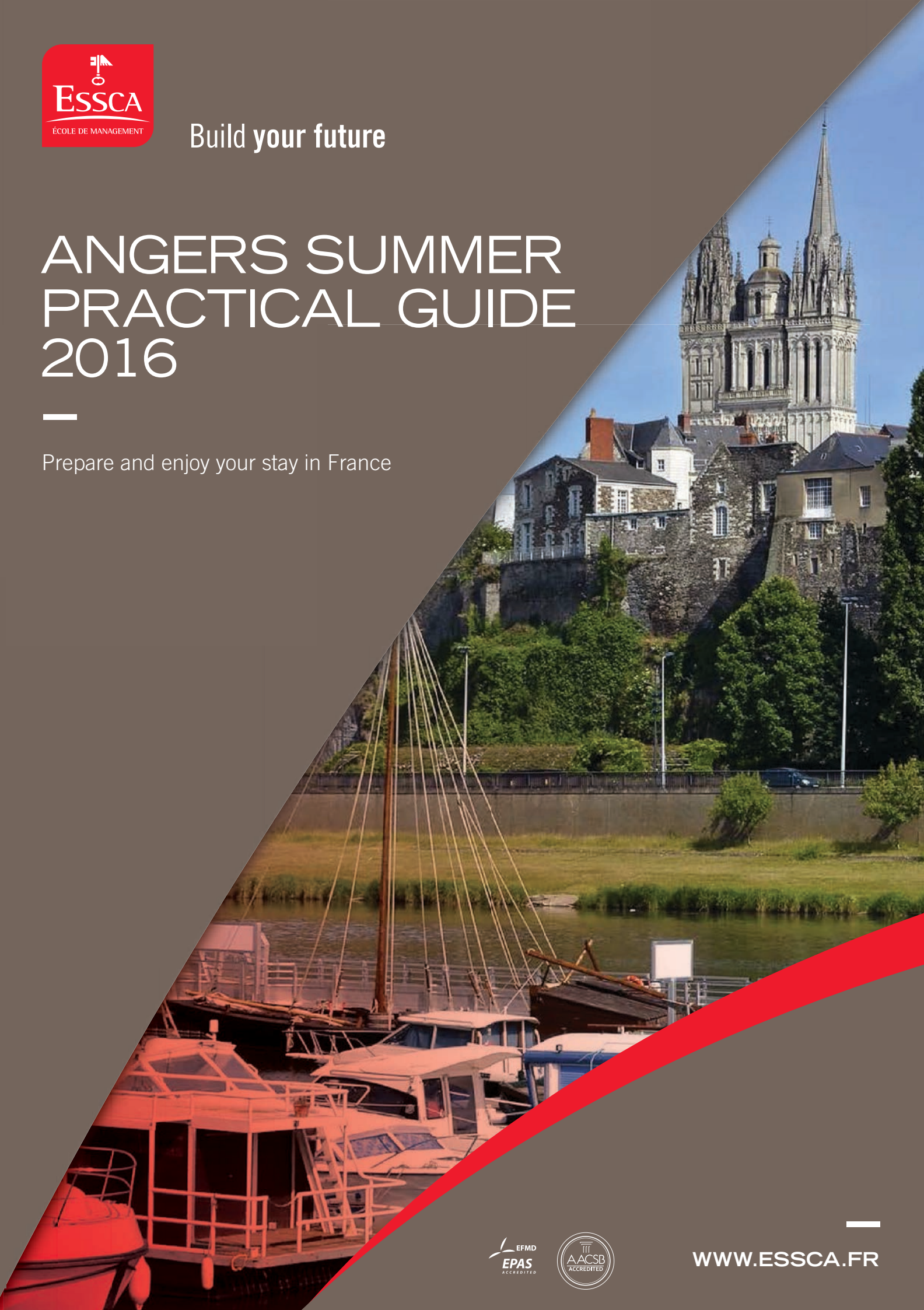


Build your future

# ANGERS SUMMER PRACTICAL GUIDE 2016

—  
Prepare and enjoy your stay in France



# Welcome to ESSCA!

---

On behalf of ESSCA, the International Relations Office would like to welcome you to the Angers Summer Program. If you decide to join the program, you will become a part of our expanding student community. ESSCA welcomes more than 400 International students per year across our 4 campuses, from over 49 different countries – so you are guaranteed to have a truly international experience!

By studying at ESSCA you will become a part of one of the most prestigious post BAC business schools in the country which has been ranked in the top 2 “Grandes Écoles” by *L'Étudiant* magazine.

We have created this Practical Guide to help our international students to get prepared for their exchange experience ahead with us.



Dr. Catherine Leblanc  
Dean of ESSCA Groupe

*Catherine Leblanc*

## Content

---

• Why do a Summer Program?	PAGE 2
• Angers Summer Program	PAGE 2
• More on ESSCA and Angers	PAGE 3
• Getting to Angers	PAGE 5
• Arrivals	PAGE 6
• Health/ Travel Insurance	PAGE 9
• Accommodation	PAGE 9
• Health and Well-Being	PAGE 12
• Fees	PAGE 13





# Why do a Summer Program?

---

Students may wish to profit from their summer months to earn up to 12 ECTS (equivalent to 6 US credits) in different parts of the world as part of ESSCA's Summer Programs at each of its four learning centers in Europe and in the Far East. Geared toward both undergraduates and graduates, students of business or in other disciplines, those seeking a shorter-term means to gain in internationalization and earn university credits will find what they are looking for.



## Angers Summer Program

---

**4 weeks: from Wednesday 8<sup>th</sup> June to Thursday 7<sup>th</sup> July 2016**

This course, taught completely in English, is an intensive in-depth introduction to economic, political and cultural aspects of the European Union (EU). The first weeks are spent in Angers where classroom time is complemented by visits to some of France's outstanding cultural heritage sites.

A series of visits and meetings are organized, including to the European Commission and the European Parliament in Brussels, Belgium. The program ends in Paris, wrapping up the course and including visits to the city.

- **European Union Studies**
  - History and Emergence of the European Union
  - The Institutional Framework of the EU
  - 4 day Brussels visit
- **European Economics**
- **Intercultural Communication**
  - International and Cross-Cultural Communication
  - Aspects of French National Culture

Classes are completed by subject-related field visits. Participants will visit UNESCO world heritage sites in the Loire valley, the D-Day Landing Beaches, in Normandy and Mont-St-Michel, the gothic abbey on an island, during the first three weeks in Angers. During the weeks spent in Brussels and Paris, students will also have time to discover some of the best attractions Europe has to offer.

Assessment is carried out in different forms at regular intervals throughout the program.

It is **recommended that you arrive on Tuesday June 7, 2016 the latest and depart on Friday July 8, 2016 the earliest**. Please note that French National day is on Thursday, July 14 and is not a day to be missed!

### Application and Admission

Please download the application form from our web pages, fill it in and e-mail it back to us. Once we have received your registration, we will send you an official letter of acceptance.

The Angers Summer Program has a **limited number of places** (max. 35 participants).

**Application deadline is April 10, 2016.** After this date, please check with us directly if there are still places available.

### TESTIMONIALS

“

Over the past 5 weeks I have seen, tasted, studied, and lived the European Union and European culture. I have benefited by the lectures of many various speakers, but, most of all, I have learned from confronting new ideas and challenges, and I have grown from these experiences due to the personal reflection they have caused.

**Diane, United States**

I gained a lot from the Summer program. I will bring my new concepts and ideas back home to show what I saw and heard. It was very worthwhile and meaningful, I shall remember it my whole life.

**Fang Fang, China**

”

Want to hear more about the program? Former Summer Program student Katie Mingo from Canada speaks about her experience [here](#).

## More on ESSCA and Angers

---

### ESSCA Ecole de Management

Founded in 1909, ESSCA (Business School) prepares its students through a five-year program to become managers in marketing, finance and management in an international environment.

The only post-secondary business school with international accreditation, ESSCA has been granted four 'labels' of excellence: Conférence des Grandes Écoles, the Master's degree, EPAS certification and AACSB accreditation.



The School offers international programs on four sites: [Angers](#), [Paris](#), [Budapest](#) and [Shanghai](#), along with a network of 183 partner universities in 49 countries.

At present the “Grande Ecole” works with some 5,000 companies.

## The City

Situated in the Loire valley, Angers is both a historic and modern city. From the old fashioned, cobbled streets to the brand new Conference Centre, Angers has something to offer to everyone.

Only 90 minutes from Paris, and 60 minutes from the spectacular beaches of the Atlantic coast, there are plenty of other beautiful places to explore. So you should never be lost for things to do and will have plenty to keep you occupied during your stay here.

With a population of over 200,000 inhabitants it is ranked as France's 2<sup>nd</sup> most student-friendly city (*L'Etudiant* magazine, 2014) and is well known for its unique 12<sup>th</sup> Century fortress, as well as the world's oldest medieval tapestry -which all add to the accommodating atmosphere of this beautiful city!



A useful site to visit about Angers: <http://www.angers.fr/index-static.html>

Here you will find updated information regarding some of the cultural activities as well as regularly updated transport information.





# Getting to Angers

---

## Visas

Studying in a foreign country, even for a short time, can involve a substantial amount of paperwork and it is the role of the International Office at ESSCA to help you with this. Please be aware that if you have questions about visas which are specific to your home country, you should also ask the International Office in your home university, as they may be able to provide with more detailed information which will be specific to your queries.

**Non-EU students may have to apply for a visa.** Please contact your nearest consulate or [Campus France](#) for details.

## Who needs a visa?

You do not require a visa if:

- You are a citizen of the European Union or Switzerland
- You belong to a non-European nationality in the list below, you do not need a visa for a short stay in France or in another Schengen country. You are allowed to stay, except if there is a special agreement between your country and the European Union (EU), for a period of 90 days (the following list applies only to holders of ordinary passports).

Albania*	Costa Rica	New Zealand	Uruguay
Andorra	Guatemala	Panama	USA*
Antigua and Barbuda*	Honduras	Paraguay	Venezuela
Argentina	Israël	Rep. of Macedonia*	British Nationals Overseas*
Australia*	Japan*	Rep. of Korea*	
Bahamas*	Kosovo	St. Kitts and Nevis*	
Barbados*	Malaysia	San Marino	Special Administrative Regions of Hong Kong and Macau*
Bosnia and Herzegovina*	Mauritius*	Salvador	
Brazil*	Mexico*	Serbia*	
Brunei	Monaco	Seychelles*	
Canada	Montenegro*	Singapore*	
Chile	Nicaragua	Taiwan	

\*Please consult the [visa demands](#) which are specific to your country.

## Short-stay visa

For a study period of less than 3 months, you may require a short-stay visa or a visa 'de court séjour' in French. This visa is classified as a type C visa allows you to stay or travel through France and other Schengen countries (please be aware that the UK and Ireland are not part of the Schengen agreement).

## Am I eligible?

You do not require this visa if you are European or Swiss, if you are of a nationality of a Schengen country, or if you already hold a residence permit or a long stay visa in one of the Schengen countries.

In exceptional circumstances you may have be limited in travelling to either France or to one or more of the Schengen countries.

## How long can I stay for?

The short-stay visa will allow you to stay in a Schengen country for a period of 90 days. You have a total period of 180 days to complete an uninterrupted stay of 90 days or more cumulative stays longer than 90 days. At the end of the maximum period of 90 days, you are required to leave the Schengen zone. Please note that you cannot return until 180 days after your first entry to a Schengen country.



## Arrivals

---

### Arriving by Plane

Whether you arrive in France by plane, train, car etc. you generally pass by Paris. France's capital has three airports:

- Roissy-Charles de Gaulle
- Orly
- Beauvais

Both Roissy CDG and Orly are linked to the city centre and the Montparnasse train station by coach shuttles (run by Air France). If you choose to fly directly into Charles de Gaulle you can take the train directly from Charles de Gaulle to Angers St Laud train station.

### Airport Shuttles

You can take the free airport shuttle bus to Terminal 1, from where the regional express [train RER](#), line B, takes you to Denfert-Rochereau metro station. There you have to take metro line 6 (direction 'Nation') to Paris-Montparnasse. To help you planning your journey, click [here](#).

- Travel time: 1 hour
- Departures: regularly, all day

### From Roissy-Charles de Gaulle airport to Paris Montparnasse train station:

Another possibility, especially if the direct train times from the airport to Angers are not suitable for you, is to take the [Air France coach shuttle](#) from the airport terminal to Paris-Montparnasse train station. From Montparnasse you can take the train to the Angers St Laud station.

- Travel time: 1 to 1½ hours depending on traffic
- Single ticket: approx. €16.50
- Departures: every half hour from 6am to 10pm

### From Beauvais Airport to Paris Montparnasse train station:

The easiest way to go from Beauvais airport to the centre of Paris is to take the airport shuttle from the airport (approx. €17; €15.90 on line) to a stop called Porte Maillot, where you can then take the metro to Montparnasse train station.

- Travel time on shuttle bus: approx. 1¼ hours depending on traffic

As Beauvais is in the outskirts of Paris, getting to Angers from Beauvais is more difficult.



One way to get to Angers is by taking the train from Gare de Beauvais (Beauvais train station) to Paris Nord.

Then take the Metro (line 4) to Paris Montparnasse, which will take approx. 25 minutes. (See below for information on getting to Angers St Laud from the Montparnasse station)

For more options for getting from Beauvais airport please see this [link](#).

### From Orly airport to Paris Montparnasse train station:

Take the [Air France coach shuttle](#) directly to Paris-Montparnasse train station:

- Travel time: 35-50 mins depending on traffic
- Cost: approx. €11.50
- Departures: every 30 minutes from 6am to 10pm

You can also take [Orly bus shuttle](#) to Denfert-Rochereau metro-station and then the metro line 6 (direction 'Nation') to Paris-Montparnasse.

- Travel time: 40-50 minutes
- Cost: [€12-28 approx.](#)
- Departures: every 15-20 minutes

## Arriving by Train

### From Paris-Montparnasse train station to Angers:

From Paris-Montparnasse train station you can take the high-speed TGV train to Angers St Laud (direction will either be Nantes or Angers). Departures from here are more frequent than those from CDG airport. Timetables can be found at [here](#).

- Travel time: 90 minutes approx.
- Cost: €20-60 depending on when you travel and book your ticket

Please note that before you board the train you must validate your ticket by 'punching' it in the yellow machines situated on the platform. If your ticket has not been validated, the conductor will issue a fine. If it is an e-billet (e-ticket) you do not need to validate before boarding the train.



From Roissy Charles de Gaulle (CDG) to Angers (St Laud):

There are several daily direct TGV high-speed trains for Angers (direction Nantes) from the TGV train station right below Airport Terminal 2 (terminal = aéroport in French).

- Travel time: 2½ hours approx.
- Cost: €20-60 depending on when you travel and book your ticket

Note that when buying train tickets prices can vary. It is possible to buy them much cheaper depending on the time you will be travelling. Check [here](#) for up-to-date times and prices.

However you choose to travel to Angers, you should try to let us know the date and approximate time of your arrival so that our ESSCA student helper can pick you up at the train station, (or if you come by car, the time we can expect you at ESSCA) and take you to your apartment. You will be sent an arrival form on which you can indicate this information.

Click [here](#) to watch our Welcoming International Students video

## Arriving by Car

The “Océane” (also called A11, direction Nantes) is a motorway that links Paris directly with Angers. The toll fee for the 300km distance is around €30. Please note that the speed limit on French motorways is 130 km/h (78 mph).

When coming into Angers, you should drive through the city on the A11 motorway until the exit *Belle-Beille Université/ Technopole*. ESSCA is only a couple of minutes from this exit.



## Health/Travel Insurance

Valid international health and travel insurance covering hospital care and repatriation is required to fulfil your registration on the Summer Program. Please send us a copy of your insurance and make sure the document is in either French or English.

# Accommodation

---

During the first three weeks you will stay in halls of residence located in the city center of Angers, 15 minutes from ESSCA by bus. During your time in Brussels and Paris you will stay in hotels. More information on accommodation is provided below.

## Angers (2 weeks and half)

Students usually reside in one of our student residences situated in the centre of Angers: Residence de la Maine. **You will be able to settle in from Monday June 6, 2016.** Should you arrive in Angers before that date, you will have to organize your accommodation :

Hotel Le Globe Trotter

17 rue Boisnet,

49100 ANGERS

Information: <http://www.booking.com/hotel/fr/le-globe-trotter.en-gb.html>

Appart City

Good for sharing with other students.

<http://en.appartcity.com/>

Some of the benefits of Residence De la Maine are:

- Great location – 5 minute walk from the city centre
- Good transport links – 2 minute walk from tram stop, and No.9 bus route
- Useful facilities – launderette, indoor bike shed
- Security & Reception – entrance to the residence is protected by an access control system and video surveillance. The residence manager is available Mon-Fri
- Student communities – always a popular choice with international students

## More on location

This residence is located in the city of Angers and is about 20 minutes away from ESSCA, depending on which bus you wish to take. The bus stop for bus lines 1, 4, 6 and 14 (the buses which go to ESSCA) is a five minute walk from De La Maine. The residence is located off of any main boulevards (largest type of French roads) so is generally quiet.

De La Maine is very near to the University of Angers campus, and as such is very student oriented. Please be aware that this residence is inhabited by students from different universities as well as other ESSCA students.



*Main entrance to de La Maine*

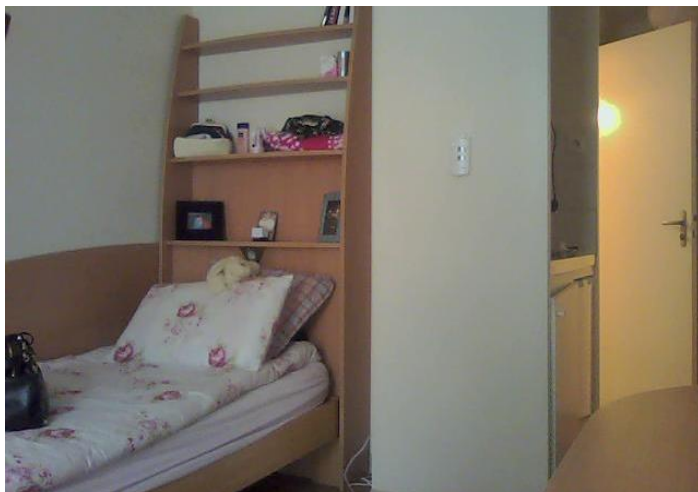


*The residence is located 2 minutes from a tram stop*

## Rooms at de La Maine

For the Summer program, students will live in shared apartments. Pillow, duvet, pillowcase, duvet cover and sheet are provided. All tenants should bring their towels. Do not worry if you forget these items as they can be purchased at local stores. Apartments are shared between 3, 4 or 5 people. Please note that you will not know your room number or who your roommates are prior to arrival. Each shared apartment is furnished with:

- A single bed
- A desk and chair (with lamp)
- A wardrobe
- A set of drawers and shelves
- A heater
- An en-suite bathroom
- A kitchen - shared facilities include a sink, stove, microwave, and cleaning kit.
- Each tenant has their own fridge and cupboard space. Each kitchen also features a small dining table and stools.



*Bedroom space in studios (picture does not show desk, chair, drawers, shelves or wardrobe)*



*En-suite bathroom (picture does not show shower)*

## Address and Contact Details

18 Allée François Mitterand

49100 Angers - France

Residence Manager: Nathalie Lebrun; [nathalie.lebrun@arpej.fr](mailto:nathalie.lebrun@arpej.fr)

Click [here](#) for an updated map of the residence

## Brussels (3 days)

In Brussels, you will stay at the [Hotel du Congrès](#), in either a twin/ 3 person/ 4 person room. The hotel is located in Brussels' historical center with easy access to a variety of different restaurants, European Business quarter, underground stations and city centre attractions.



Facilities at this hotel include:

- Free Wi-Fi
- 24 hour reception
- Conference facilities
- Meeting rooms
- Elevator
- An en-suite bathroom



*Hotel Exterior*



*Twin room*



*Dining Area*



*Hotel Lounge*

Location:

[Rue du Congrès 42-44](#)

B - 1000 Bruxelles

### Paris (fourth week)

During the week in Paris you will stay at the Hôtel Mercure Le Scénario. Please note that only double rooms are available at this hotel. The hotel is located in the same area as ESSCA Paris campus and has easy access to a mini supermarket (situated at the end of the road), nearby “boulangeries” (typical French bakeries), restaurants, shops and transport links to other parts of the city.



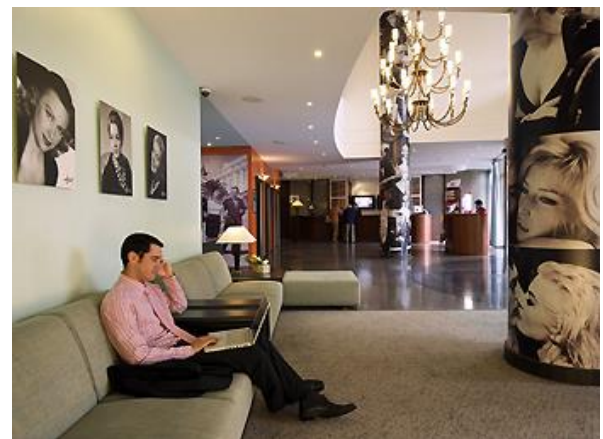
*Hotel Exterior*



*Double Room*



*Lobby*



*Hotel Lounge*

Location: [Hôtel Mercure Le Scénario](#) - 63 Place René Clair - 92100 Boulogne Billancourt

## Health and Well-Being

---

Your health and well-being during your stay is important to us!

If you feel ill, many people in France will first turn to their local pharmacist / chemist for advice and an over-the-counter medical solution. This is much more practical and often quicker than trying to get a doctor's appointment. If, however, you absolutely must see a doctor, then we recommend calling SOS Médecins at 01.47.07.77.77 or 36.24. The switchboard operator should speak English and the doctors all speak English. They are fully licensed medical doctors and provide the same quality of care as you would receive in a doctor's office, except that they make house calls.

Should you have a medical condition (e.g. diabetes, high blood pressure, epilepsy, etc.) which you think might need particular attention at some point, please let Mme Laetitia Rainard know before or upon arrival. This will allow us to make the right decisions or call the right people in case of emergency. Rest assured that any and all information exchanged in either our offices or over the phone will remain strictly confidential.

For some of you, this might be the first time you are away from home for any extended period of time. You may feel some homesickness or loneliness. The best thing to do in these circumstances is to talk to someone about it. Feel free to talk to us if you don't feel comfortable discussing such issues with your classmates. The student helper will gladly hear you out!

# Fees

---

Students from ESSCA's partner universities do not pay tuition fees, but only the organisational costs which are €2,300 per student.

Students from non-partner universities will pay €3,600 per student (organisational costs + tuition fees).

The organisational costs include:

- Housing in Angers, Brussels and Paris (provided in carefully selected hotels on a double-room basis)
- All breakfasts in Brussels and Paris
- All lunches in Angers, Brussels and Paris (except when specified on all-day field trips). When at ESSCA Angers students will have lunch at the [Foyer Darwin](#). Lunch in both Brussels and Paris will be in a variety of different cafés (included in the price)
- Official farewell dinner in Paris
- Transport Angers-Brussels and Brussels-Paris by high-speed train
- Local transport in Angers, Brussels & Paris
- All field visits organised by ESSCA (incl. entrance fees & guide tours)
- Assistance by course director
- Access to PC, Internet and library on campuses in Angers and Paris

Not included:

- Air fare home country–France, airport to town transport on arrival and departure
- Meals which are not offered by the programme, ie. Breakfasts in Angers, dinner in Angers, Brussels and Paris (except farewell dinner)
- Insurance, visa or passport fees; home university fees
- Personal expenses

***Please note that, in case of cancellation, costs will not be reimbursed after May 21<sup>st</sup>.***

Don't forget to join our social networks to meet the other students you will be studying with:







# A Few Figures

4 sites: Angers, Paris, Budapest and Shanghai  
 186 partner universities in 49 countries worldwide  
 3,000 students and corporate auditors  
 103 permanent faculty members  
 370 adjunct professors and international experts  
 5 expertise and research centers  
 2,500 partner companies  
 12,700 alumni all over the world



**SIÈGE DU GROUPE**  
 1 rue Joseph Lakanal  
 BP 40348  
 49003 ANGERS CEDEX 01  
 Tél. : +33 (0)2 41 73 47 47

**SITE PARISIEN**  
 55 quai Alphonse Le Gallo  
 92513 BOULOGNE-BILLANCOURT  
 CEDEX

**BUDAPEST**  
 Czuczor utca 6  
 1093 BUDAPEST  
 HONGRIE

**SHANGHAI**  
 297 Wusong lu  
 200080 SHANGHAI  
 CHINE

AACSB and EPAS accredited  
 Member of the FESIC network and the Conférence des Grandes Ecoles  
 Associate member of UCO (Université Catholique de l'Ouest) and L'UNAM

Join us on Facebook, ESSCA  
 International Students



**WWW.ESSCA.FR**