

Kathryn Treston-Torney

(810) 599-9646

ktrestontorney@gmail.com

Work Experience:

Munson Medical Center

11/2015-present

Traverse City, MI

Physician Assistant - Trauma, Acute Care Surgery and Surgical Critical Care

- Elected to lead APP of Munson Health Care in 2018
- Scheduler for 14 APPs
- Organize, schedule, and onboard PA / NP students
- Perform comprehensive history and physical exams on both surgical and trauma patients
- Respond to trauma activations and coordinate care of trauma patients
- Perform emergent procedures including chest tubes and central lines
- Assist in surgery under the direct supervision of the attending physician
- Formulate plan of care that considers individual patient needs
- Consult additional providers as needed to care for the patient
- Preceptor to PA/NP and MD/DO students

Great Lakes Orthopedics

06/2019 – 01/2020

Traverse City, Mi

Physician Assistant

- Perform comprehensive history and physical exam on orthopedic patients
- First assist in OR including closing of incisions
- Round on surgical patients
- Hip, knee, shoulder injections, knee arthrocentesis

DMC Sports Medicine

05/2014-10/2015

Detroit, MI

Physician Assistant

- Perform comprehensive history and physical exams both in office and OR
- Order and interpret lab and diagnostic tests; including X-ray/MRI/CT scans
- First assist in OR including closing of incisions
- Apply and remove casts, splints, dressings, and bandages
- Shoulder and knee arthrocentesis and injections
- Patient education on injury, surgery, and plan of care

Champion Sports Medicine

Alabama University Sports Medicine

05/2010-05/2012

Birmingham, AL

Certified Athletic Trainer

Education:

Doctorate of Medical Science

2022 – 2023

University of Lynchburg, Lynchburg VA

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Master of Science in Medical Science, Physician Assistant Program

2012-2014

Arcadia University, Glenside, PA

Bachelor of Science in Athletic Training

2006-2010

Clarion University of Pennsylvania

Clarion, Pennsylvania

- Summa cum Laude
- Varsity Volleyball
- ESPN All Academic All American

Certifications:

National Commission of Certification of Physician Assistants, Inc. (PA-C)	2014
Certified Athletic Trainer (ATC)	2010
State Licensed PA-C, Michigan	2022
Advanced Pediatric Life Support- American College of Emergency Physicians	2024
Health Care Provider, Basic Life Support – American Heart Association	2024
Provider Advanced Cardiac Life Support - American Heart Association	2024
Advanced Trauma Life Support- American College of Surgeons	2024
Advanced Burn Life Support	2019
SBIRT Core Training, Brief Intervention Specialist	2017
Performance Enhancement Specialist, National Academy of Sports Medicine	2009

Volunteer:

Founder, board member, and treasurer of Traverse Bay Outrigger Canoe Club Nonprofit Organization

2017-current

Medical Executive Committee APP Representative 2019-Present

Medical Staff Performance Improvement Committee 2019-Present

Munson Medical Center Wellbeing Committee 2023 – Present

Credentialing Committee APP Representative 2018- Present

Best Practice APP Representative 2018-Present

Sepsis Committee APP Representative 2018- 2020

APP Compensation Workgroup: 2022 – 2023

Founder and chair of Munson Run Club 2018-2021

Medical Director, Make-A-Wish Hike 2017-2018

Special Olympics, Grayling 2016-2022

Organizations:

American Academy of Physician Assistants

Michigan Academy of Physician Assistants

Society of Critical Care Medicine

National Athletic Trainers' Association

Dynamo Multisport Triathlon Club

Munson Sports Team

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Michigan Canoe Race Association
Traverse Bay Outrigger Canoe Club – Treasurer

Honors and Awards

Professional Triathlete 2024
Summa cum Laude Clarion University
Collegiate Varsity Volleyball Division 2
ESPN All Academic All American
Collegiate volleyball team captain sophomore – senior year
Cum Laude – Arcadia University

Unique Life Experiences:

Professional Triathlete
Run / Triathlon Coach 2010- Present
AuSable River 120 mile Canoe Marathon Finisher 2015-2022
General Clinton 70 mile Canoe Race Finisher 2019
Boston Marathon Qualifier 2014-2020
Marathon Finisher x 10
Clarion University Varsity Volleyball Team 2006-2009
Summit: Mount Kilimanjaro
Summit: Kala Patthar and Everest Base Camp