

# Kathryn Treston-Torney

(810) 599-9646

ktrestontorney@gmail.com

## Work Experience:

Munson Medical Center  
Traverse City, MI

11/2015-present

### **Physician Assistant - Trauma, Acute Care Surgery and Surgical Critical Care**

- Elected to lead APP of Munson Health Care in 2018
- Scheduler for 14 APPs
- Organize, schedule, and onboard PA / NP students
- Perform comprehensive history and physical exams on both surgical and trauma patients
- Respond to trauma activations and coordinate care of trauma patients
- Perform emergent procedures including chest tubes and central lines
- Assist in surgery under the direct supervision of the attending physician
- Formulate plan of care that considers individual patient needs
- Consult additional providers as needed to care for the patient
- Preceptor to PA/NP and MD/DO students

Great Lakes Orthopedics  
Traverse City, MI

06/2019 – 01/2020

### **Physician Assistant**

- Perform comprehensive history and physical exam on orthopedic patients
- First assist in OR including closing of incisions
- Round on surgical patients
- Hip, knee, shoulder injections, knee arthrocentesis

DMC Sports Medicine  
Detroit, MI

05/2014-10/2015

### **Physician Assistant**

- Perform comprehensive history and physical exams both in office and OR
- Order and interpret lab and diagnostic tests; including X-ray/MRI/CT scans
- First assist in OR including closing of incisions
- Apply and remove casts, splints, dressings, and bandages
- Shoulder and knee arthrocentesis and injections
- Patient education on injury, surgery, and plan of care

Champion Sports Medicine  
Alabama University Sports Medicine  
Birmingham, AL

05/2010-05/2012

### **Certified Athletic Trainer**

## Education:

**Doctorate of Medical Science**  
**2022 – 2023**

University of Lynchburg, Lynchburg VA

# **Kathryn Treston-Torney**

(810) 599-9646

ktrestontorney@gmail.com

## **Master of Science in Medical Science, Physician Assistant Program**

**2012-2014**

Arcadia University, Glenside, PA

## **Bachelor of Science in Athletic Training**

**2006-2010**

Clarion University of Pennsylvania

Clarion, Pennsylvania

- Summa cum Laude
- Varsity Volleyball
- ESPN All Academic All American

### **Certifications:**

National Commission of Certification of Physician Assistants, Inc. (PA-C)	<b>2014</b>
Certified Athletic Trainer (ATC)	<b>2010</b>
State Licensed PA-C, Michigan	<b>2022</b>
Advanced Pediatric Life Support- American College of Emergency Physicians	<b>2024</b>
Health Care Provider, Basic Life Support – American Heart Association	<b>2024</b>
Provider Advanced Cardiac Life Support - American Heart Association	<b>2024</b>
Advanced Trauma Life Support- American College of Surgeons	<b>2024</b>
Advanced Burn Life Support	<b>2019</b>
SBIRT Core Training, Brief Intervention Specialist	<b>2017</b>
Performance Enhancement Specialist, National Academy of Sports Medicine	<b>2009</b>

### **Volunteer:**

Founder, board member, and treasurer of Traverse Bay Outrigger Canoe Club Nonprofit Organization  
2017-current

Medical Executive Committee APP Representative 2019-Present

Medical Staff Performance Improvement Committee 2019-Present

Munson Medical Center Wellbeing Committee 2023 – Present

Credentialing Committee APP Representative 2018- Present

Best Practice APP Representative 2018-Present

Sepsis Committee APP Representative 2018- 2020

APP Compensation Workgroup: 2022 – 2023

Founder and chair of Munson Run Club 2018-2021

Medical Director, Make-A-Wish Hike 2017-2018

Special Olympics, Grayling 2016-2022

### **Organizations:**

American Academy of Physician Assistants

Michigan Academy of Physician Assistants

Society of Critical Care Medicine

National Athletic Trainers' Association

Dynamo Multisport Triathlon Club

Munson Sports Team

## **Kathryn Treston-Torney**

(810) 599-9646

ktrestontorney@gmail.com

Michigan Canoe Race Association  
Traverse Bay Outrigger Canoe Club – Treasurer

### **Honors and Awards**

Professional Triathlete 2024  
Summa cum Laude Clarion University  
Collegiate Varsity Volleyball Division 2  
ESPN All Academic All American  
Collegiate volleyball team captain sophomore – senior year  
Cum Laude – Arcadia University

### **Unique Life Experiences:**

Professional Triathlete  
Run / Triathlon Coach 2010- Present  
AuSable River 120 mile Canoe Marathon Finisher 2015-2022  
General Clinton 70 mile Canoe Race Finisher 2019  
Boston Marathon Qualifier 2014-2020  
Marathon Finisher x 10  
Clarion University Varsity Volleyball Team 2006-2009  
Summit: Mount Kilimanjaro  
Summit: Kala Patthar and Everest Base Camp