

BEHAVIORAL HEALTH OBJECTIVES

Using current medical knowledge and up-to-date scientific evidence the student is responsible for competency in the following areas by the end of the clinical rotation.

Medical Knowledge

- Formulate an appropriate problem list and differential diagnosis based upon health history, psychiatric history, mental status exam and diagnostic testing in patients across the life span.
- Develop an appropriate treatment plan as approved and supervised by the preceptor.
- Compare possible treatment options and make appropriate medical decisions based on health history, psychiatric history, mental status exam, and diagnostic testing.
- Contrast risks and benefits of diagnostic studies and treatment plans.
- Demonstrate knowledge of the pathophysiology, clinical presentation, physical/behavioral findings, diagnostic tests, and treatment modalities for mood, anxiety, psychotic, personality, eating, and substance abuse disorders.
- Evaluate risks and side effects of commonly used psychiatric medication including possible drug interactions and need for laboratory monitoring.
- Contrast risks and benefits of Electroconvulsive Therapy as a treatment option.
- Assess the need for restraints and/or seclusion in a psychiatric patient.
- Describe the legal procedures involved with voluntary and involuntary psychiatric treatment.

Interpersonal & Communication Skills

- Demonstrate an openness to receive constructive criticism.
- Recognize limitations and locate assistance from supervising preceptors and appropriate reference material.
- Interpret and apply independent outside readings concerning mental health problems encountered.
- Document results of a psychiatric history and mental status exam using the SOAP format or site-specific template.
- Prepare a problem-oriented progress note using the SOAP format or site-specific template.
- Compose an oral case presentation and present to the preceptor.
- Select appropriate written patient education handouts to address a mental health or health promotion issue.
- Explain possible risks and benefits of diagnostic studies and treatment plan to your patient as approved by the supervising provider.
- Obtain patient consent for treatment with psychiatric medications.

Patient Care

- Show sensitivity to the emotional, social, developmental and ethnic background of patients and their family on his/her service.
- Recognize the impact distance from a treatment facility has on a patient's care.
- Identify the obstacles to obtaining psychiatric care for those with limited financial and insurance resources.
- Assess the impact poverty or location may have on your treatment plan.
- Support patient education with the use of written patient education handouts.
- Evaluate community resources to implement patient care.
- Describe health promotion and disease prevention to your patients.
- Identify communication barriers with different patient populations.
- Adapt communication style and information context to the individual patient interaction.
- Appraise mental health of patient with screening exams that follow appropriate guidelines for the patient's age.
- Utilize the assessments and recommendations of other members of the healthcare team to develop and refine an appropriate treatment plan.

Professionalism

- Practice professionally in a working situation with supervising providers and other members of the health care team, as evidenced by appropriate dress, punctual attendance and professional attitude.
- Demonstrate knowledge of the legal and regulatory requirements of the role of a physician assistant.
- Operate under the rules of HIPPA to preserve patient confidentiality.
- Demonstrate sensitivity and responsiveness to patients' culture, gender, age and disabilities.

Practice-Based Learning

- Demonstrate motivation and desire to learn.
- Develop the ability to learn from practice.
- Show ability to understand and apply decision-making tools.
- Recognize the importance of lifelong learning in the medical field.
- Assess medical evidence and communicate to patients and colleagues.
- Apply information technology to access on-line medical information and continue personal education.
- Recognize personal limitations and where to access help personally and professionally.

System-Based Practice

- Use medical information technology in decision-making, patient care, and patient education.
- Evaluate cost effective health care resources that do not compromise quality of patient care.
- Use electronic health records to provide more effective and efficient patient care.
- Practice according to policy and procedures set forth by the health care facility.
- Describe the systems and procedures for caring for the mentally ill in the community.
- Choose the appropriate code for billing the responsible payment service under direct supervision of the preceptor.
- Identify the funding sources and payment systems that provide coverage for the patients care.

Recommended Texts:

DSM 5, Fifth Edition

Black, D., Andreason, N. (2014) Introductory Textbook of Psychiatry, 6th Edition

First Aid for the Psychiatry Clerkship, 4th edition (2016)