Michigan Department of Education Child and Adult Care Food Program

Site/Room <u>GVSU CEC</u>

Month **June** Year 2018



Menu Record

^{*}Skim milk provided for all children over the age of 2.

	DATE: 6 /25/2018	DATE: 6 /26/2018	DATE: 6 /27/2018	DATE: 6 /28/2018	DATE: 6/29/2018
Breakfast 1. Fluid Milk 2. Fruit, Vegetable, or Juice 3. Grain/Bread Other/Combination Foods	*Milk Cereal –Cheerios and Chex Apples	*Milk Oatmeal Fresh pineapple	*Milk Waffles Applesauce	*Milk Ww English Muffins Peanut Butter Cantaloupe	*Milk Cereal- Cheerios and Chex Apples
AM Snack (serve 2 of 4) 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit, Vegetable, or Juice 4. Grain/Bread	*Milk Ants on a log H.M. Raisins Peanut Butter Celery	*Water Cottage Cheese Peaches	*Milk Pickles Crackers	*Milk Peanut Butter Banana Ww Tortilla ½ wrap	*Milk Animal Crackers
Lunch 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit or Vegetable 4. Fruit or Vegetable 5. Grain/Bread Other/Combination Foods	Turkey Spinach Wraps H.M. *Milk Sliced Turkey Cheese slices Ww tortillas Spinach Broccoli Oranges	[Sack Lunch] CEC will provide H.M. *Milk Pb & J sandwich Veggie Straws Grapes	BLT's H.M. *Milk Ww toast Turkey bacon Lettuce Tomato Corn Pineapple	Vegetarian Lasagna H.M. *Milk Tomato sauce Lasagna noodles Mixed Veggies Pears	Cheese Pizza Buns H.M. *Milk Shredded Cheese Ww Buns Tomato sauce Green beans Pears
PM Snack (serve 2 of 4) 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit, Vegetable, or Juice 4. Grain/Bread	*Milk Carrots Ranch	*Milk Ww Goldfish	*Water Cheese And Crackers (Fruit or Veggie from the Farmer's Market)	*Milk Watermelon Graham Crackers	*Milk Pretzels

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