

Site/Room GVSU CEC

Michigan Department of Education
Child and Adult Care Food Program



Month July Year 2017

Menu Record

*Skim milk provided for all children over the age of 2.

	DATE: 7/24/2017	DATE: 7/25/2017	DATE: 7/26/2017	DATE: 7/27/2017	DATE: 7/28/2017
Breakfast 1. Fluid Milk 2. Fruit, Vegetable, or Juice 3. Grain/Bread Other/Combination Foods	*Milk Cereal- Cheerios/ Rice Krispies Oranges	*Milk Muffins Pineapple	*Milk Bagels and Cream cheese Grapes	*Milk Waffles Applesauce	*Milk Cereal- Cheerios/ Rice Krispies Oranges
AM Snack (serve 2 of 4) 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit, Vegetable, or Juice 4. Grain/Bread	*Milk Apples and peanut butter	*Milk Trail Mix- corn chex, dried pineapple, apple, raisins and pretzels	*Milk Graham crackers Pineapple	Water Yogurt Blueberries/Raspberries Granola	*Milk Rice Cakes
Lunch 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit or Vegetable 4. Fruit or Vegetable 5. Grain/Bread Other/Combination Foods	Ground Turkey sloppy Joe sandwich H.M. *Milk ww. bun Ground Turkey Corn Cantaloupe	Tortellini Noodles H.M. *Milk Tortellini noodles Tomato sauce Peas Watermelon Parmesan cheese	Baked Chicken H.M. *Milk Baked Sesame Chicken ww rice Peppers, onions and Broccoli cantaloupe	Breakfast H.M. *Milk Scrambled Eggs Cheese cubes Biscuits Peaches Green beans	Chicken Nuggets H.M. *Milk Chicken nuggets Cottage cheese Grapes Mixed veggies
PM Snack (serve 2 of 4) 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit, Vegetable, or Juice 4. Grain/Bread	*Milk Pretzels	*Milk Carrots and hummus	*Milk Farmer's Market Snack	*Milk Chips and salsa	*Milk Animal Crackers

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