

Site/Room GVSU CEC

Michigan Department of Education  
Child and Adult Care Food Program



Month February Year 2018

## Menu Record

\*Skim milk provided for all children over the age of 2.

	DATE: 2/19/2018	DATE: 2/20/2018	DATE: 2/21/2018	DATE: 2/22/2018	DATE: 2/23/2018
<b>Breakfast</b> 1. Fluid Milk 2. Fruit, Vegetable, or Juice 3. Grain/Bread Other/Combination Foods	*Milk Cereal- Cheerios/ Shredded Wheat Apples	*Milk Applesauce Waffles	*Milk Mixed Berry Muffins Cantaloupe	*Milk Pears WW Toast Butter and Jelly	*Milk Cereal- Cereal- Cheerios/ Shredded Wheat Oranges
<b>AM Snack (serve 2 of 4)</b> 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit, Vegetable, or Juice 4. Grain/Bread	*Milk Peaches	*Milk Cucumbers Ranch	Water Cheese cubes Crackers	*Water Vanilla yogurt Granola	*Milk Peanut Butter Honey Banana W.W. Wrap
<b>Lunch</b> 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit or Vegetable 4. Fruit or Vegetable 5. Grain/Bread Other/Combination Foods	Crispy Chicken Asian Wrap *Milk Crispy Chicken ½ tortilla wrap Asian slaw Bananas Green beans and carrots	Grilled Cheese sandwiches *Milk WW Bread Sliced Cheese Apples Lemon broccoli	<b>Breakfast</b> *Milk Scrambled Eggs Turkey sausage patties Hash brown potato patti ½ ww toast Oranges	<b>Baked Chicken Rice Noodle and Vegetable Stir fry</b> *Milk Ww rice noodles Vegetable stir fry Baked chicken separate Pears	<b>Corn meal Crusted Chicken</b> *Milk Corn meal crusted chicken Cilantro rice Green beans and almonds Pineapple
<b>PM Snack (serve 2 of 4)</b> 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit, Vegetable, or Juice 4. Grain/Bread	*Milk Chips and Salsa	*Milk Snack Mix Cheerios Dried Fruit Pretzels	*Milk Animal Crackers	*Milk Oranges	*Milk Rice Cakes

### Non-Discrimination Statement

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov). Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

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Month February / March Year 2018

## Menu Record

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	DATE: 2/26/2018	DATE: 2/27/2018	DATE: 2/28/2018	DATE: 3/1/2018	DATE: 3/2/2018
<b>Breakfast</b> 1. Fluid Milk 2. Fruit, Vegetable, or Juice 3. Grain/Bread Other/Combination Foods	*Milk Cereal- Cheerios/ Shredded Wheats Apples	*Milk Bagels Cream cheese Cantaloupe	*Milk Waffles Applesauce	*Milk Oatmeal Pineapple	*Milk Cereal- Cheerios/ Shredded Wheats 100 % Apple Juice
<b>AM Snack (serve 2 of 4)</b> 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit, Vegetable, or Juice 4. Grain/Bread	*Milk Oranges	*Milk Apples Peanut Butter	*Milk Broccoli Ranch	*Milk Peaches	*Water Smoothie Yogurt Banana Mixed Berries
<b>Lunch</b> 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit or Vegetable 4. Fruit or Vegetable 5. Grain/Bread Other/Combination Foods	Turkey provolone panini *Milk Sliced turkey Provolone Cheese Ww flatbread Garden Salad Ranch Pineapple	Vegan soy Chicken Paella *Milk Vegan tofu chicken strips Spanish yellow rice with peas tomatoes Cottage cheese Peaches	Southwest chicken tacos *Milk Southwest chicken ½ ww soft tortilla Black bean salsa Cilantro lime ranch dressing Lettuce Shredded cheese Steamed mixed vegetables Oranges	Pb & Jelly/ Honey *Milk Ww bread Cottage Cheese Apples Corn	Turkey lentils meatballs *Milk Turkey lentil meatballs Mashed potatoes Tomato sauce Ww ½ toast Oranges
<b>PM Snack (serve 2 of 4)</b> 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit, Vegetable, or Juice 4. Grain/Bread	*Milk Carrots and Celery Hummus	*Milk Humus and Pita bread	*Milk Graham Crackers Fresh Pineapple	*Milk Pretzels	*Water Cheese cubes Crackers

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	DATE: 2/5/2018	DATE: 2/6/2018	DATE: 2/7/2018	DATE: 2/8/2018	DATE: 2/9/2018
<b>Breakfast</b> 1. Fluid Milk 2. Fruit, Vegetable, or Juice 3. Grain/Bread Other/Combination Foods	*Milk Cereal- Cheerios/ Shredded Wheat Apples	*Milk Blueberry Muffins Bananas	*Milk Bagels Cream Cheese Applesauce	*Milk Peaches Oatmeal	*Milk Cereal- Cereal- Cheerios/ Shredded Wheat Oranges
<b>AM Snack (serve 2 of 4)</b> 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit, Vegetable, or Juice 4. Grain/Bread	*Milk Pretzels	*Milk Fresh mixed fruit salad	*Water Vanilla yogurt Granola	*Milk Cucumbers Ranch	*Milk Broccoli Ranch
<b>Lunch</b> 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit or Vegetable 4. Fruit or Vegetable 5. Grain/Bread Other/Combination Foods	Grilled bbq chicken sandwich *Milk Grilled bbq chicken Ww bun Garden vegetable oranges	<b>Cheese Pizza</b> *Milk Cheese pizza Apples Carrots	<b>Chicken Tandoori</b> *Milk Almond jasmine rice Chicken tandoori Aloo gobi- curry potatoes Pears	<b>Pb &amp; Jelly/ Honey</b> *Milk Ww bread Cottage Cheese Apples Corn	<b>Turkey Meatloaf</b> *Milk Turkey Meatloaf Mashed potatoes Peaches Ww ½ toast
<b>PM Snack (serve 2 of 4)</b> 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit, Vegetable, or Juice 4. Grain/Bread	*Milk Animal Crackers	*Milk Pita and Hummus	*Milk Graham crackers Pineapple	*Milk Rice Cakes	*Milk Snack Mix Cheerios Dried Fruit Pretzels

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## Menu Record

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	DATE: 2/12/2018	DATE: 2/13/2018	DATE: 2/14/2018	DATE: 2/15/2018	DATE: 2/16/2018
<b>Breakfast</b> 1. Fluid Milk 2. Fruit, Vegetable, or Juice 3. Grain/Bread Other/Combination Foods	*Milk Cereal- Cheerios/ Shredded Wheats Apples	*Milk Bagels Cream cheese Cantaloupe	*Milk Waffles Applesauce	*Milk Oatmeal Pineapple	*Milk Cereal- Cheerios/ Shredded Wheats 100 % Apple Juice
<b>AM Snack (serve 2 of 4)</b> 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit, Vegetable, or Juice 4. Grain/Bread	*Milk Oranges	*Milk Apples Peanut Butter	*Milk Broccoli Ranch	*Milk Peaches	*Water Smoothie Yogurt Banana Mixed Berries
<b>Lunch</b> 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit or Vegetable 4. Fruit or Vegetable 5. Grain/Bread Other/Combination Foods	<b>Mac N' Cheese</b> *Milk Ww noodles and Cheese Green beans and carrots Pineapple	<b>Chicken cobb wrap</b> *Milk Chicken lettuce tomato shredded cheese ranch Peaches Fresh Broccoli 2 no chicken	<b>Breakfast</b> *Milk Scrambled Eggs ½ ww bread Cheese cubes O'Brien Potatoes Pears	<b>Curry Chick Peas</b> *Milk Curry Chick Peas Jasmine rice Roasted Brussel Sprouts Apples Cheese Cubes	<b>Fish tacos</b> *Milk Baked Pollok fish ½ tortilla Spanish rice Steamed asparagus Apples
<b>PM Snack (serve 2 of 4)</b> 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit, Vegetable, or Juice 4. Grain/Bread	*Milk Rice Cakes	*Milk Chips and Salsa	*Milk Graham Crackers Fresh Pineapple	*Water Cheese cubes Crackers	*Milk Pretzels

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