

Michigan Department of Education
Child and Adult Care Food Program

Site/Room GVSU CEC

Month April Year 2019 –week 1

Menu Record

*Skim milk provided for all children over the age of 2.

	DATE: 4/1/2019	DATE: 4/2/2019	DATE: 4/3/2019	DATE: 4/5/2019	DATE: 4/6/2019
Breakfast 1. Fluid Milk 2. Fruit, Vegetable, or Juice 3. Grain/Bread Other/Combination Foods	*Milk Cereal –Cheerios and Chex Apples	*Milk English muffins Butter and jelly Mixed melon	*Milk Mini waffles Applesauce	*Milk Bagels Cream cheese or butter 100% Apple juice	*Milk Cereal –Cheerios and Chex Pineapple
AM Snack (serve 2 of 4) 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit, Vegetable, or Juice 4. Grain/Bread	*Milk Pretzels Peanut butter	*Milk Fresh broccoli and Carrots Ranch	*Milk Peanut butter and banana wraps- ½ ww tortilla	*Milk Cucumbers Turkey slices	*Water Vanilla yogurt- mixed Fruit smoothies Granola
Lunch 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit or Vegetable 4. Fruit or Vegetable 5. Grain/Bread Other/Combination Foods	Turkey Meatloaf *Milk Turkey meatloaf Peaches Mashed potatoes ½ ww toast	Battered Pollock Fish *Milk Battered pollock fish Corn Orange slices Ww rice	Tukey Bacon, Egg and Cheese biscuit sandwich *Milk Turkey bacon, egg and Cheese ww biscuit Oranges Steamed broccoli and Cauliflower	Cheese Pizza *Milk Cheese Pizza sauce Pizza dough Apples Green Beans	Chicken Pot Pie *Milk Chicken pot pie Ww crust Carrots, peas, potatoes and celery inside of pie Pears
PM Snack (serve 2 of 4) 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit, Vegetable, or Juice 4. Grain/Bread	*Milk Chips and Salsa	*Milk Goldfish crackers	*Milk Graham crackers and dried cranberries	*Milk Pita bread Hummus	*Milk Animal crackers

Non-Discrimination Statement

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Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

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Michigan Department of Education
Child and Adult Care Food Program



Site/Room GVSU CEC

Month April Year 2019 week 2

Menu Record

*Skim milk provided for all children over the age of 2.

	DATE: 4/8/2019	DATE: 4/9/2019	DATE: 4/10/2019	DATE: 4/11/2019	DATE: 4/12/2019
Breakfast 1. Fluid Milk 2. Fruit, Vegetable, or Juice 3. Grain/Bread Other/Combination Foods	*Milk Cereal –Cheerios and Chex 100% Apple Juice	*Milk ½ ww English muffins Jelly or butter Pears	*Milk Mixed berry muffins Mixed melon	*Milk Mini pancakes Applesauce	*Milk Cereal –Cheerios and Chex ½ cut grapes
AM Snack (serve 2 of 4) 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit, Vegetable, or Juice 4. Grain/Bread	*Milk Goldfish crackers	*Water ½ banana Vanilla yogurt Granola	*Milk Carrots and bell Peppers Hummus	*Water Cottage cheese Apple slices	*Milk Carrots & celery Ranch
Lunch 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit or Vegetable 4. Fruit or Vegetable 5. Grain/Bread Other/Combination Foods	Chicken Tacos *Milk Shredded chicken Lettuce Shredded cheese Salsa Ww tortilla Peaches Steamed carrots	Turkey Hotdogs *Milk Turkey Hot dogs Ww bun Pineapple Mixed garden salad – tomato, bell pepper, cucumbers and shredded carrots Ranch	Pb & Jelly or Honey Sandwich H.M. *Milk Pb & Jelly or Honey ½ ww bread Corn Peaches Cottage cheese	Grilled Chicken *Milk Grilled Chicken Tomato sauce on side Oranges Steamed carrots Spanish rice	Roasted Turkey *Milk Roasted Turkey Mashed potatoes Steamed peas Ww ½ Toast Apples
PM Snack (serve 2 of 4) 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit, Vegetable, or Juice 4. Grain/Bread	*Water Crackers Cheese slices	*Milk Graham crackers and ½ cut grapes	*Milk Animal crackers	*Milk Fresh broccoli Ranch	*Milk Rice cakes

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Month April Year 2019 –week 3

Menu Record

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	DATE: 4/15/2019	DATE: 4/16/2019	DATE: 4/17/2019	DATE: 4/18/2019	DATE: 4/19/2019
Breakfast 1. Fluid Milk 2. Fruit, Vegetable, or Juice 3. Grain/Bread Other/Combination Foods	*Milk Cereal –Cheerios and Chex Apples	*Milk Bagels Cream cheese Or butter 100% orange juice	*Milk Mini waffles Applesauce	*Milk Oatmeal Mixed melon	*Milk Cereal –Cheerios and Chex Oranges
AM Snack (serve 2 of 4) 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit, Vegetable, or Juice 4. Grain/Bread	*Milk Peanut butter Crackers	*Milk Fresh broccoli Ranch	*Milk Carrots & bell pepper Slices Hummus	*Water Vanilla yogurt- mixed Fruit smoothies Granola	*Milk Graham crackers Dried cranberries
Lunch 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit or Vegetable 4. Fruit or Vegetable 5. Grain/Bread Other/Combination Foods	Grilled Chicken Sandwich *Milk Grilled chicken Ww bun Peaches Sweet potato fries	Mac N' Cheese *Milk Mac n' Cheese ww pasta Banana Tater Tots	Cheese Lasagna *Milk Cheese lasagna Ww noodles California vegetable Blend Fresh pears	Baked BBQ Chicken *Milk Baked bbq Chicken Fruit Salad- Melon, pineapple Garlic potato wedges ½ ww toast	Pb & Jelly or Honey Sandwich H.M. *Milk Pb & Jelly or Honey ½ ww bread Green beans and almonds Peaches Cottage Cheese
PM Snack (serve 2 of 4) 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit, Vegetable, or Juice 4. Grain/Bread	*Water Cucumbers Cheese slices	*Milk Chips and Salsa	*Milk Goldfish crackers	*Milk Pretzels and raisins	*Milk Rice cakes

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Month April Year 2019 – week 4

Menu Record

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	DATE: 4/22/2019	DATE: 4/23/2019	DATE: 4/24/2019	DATE: 4/25/2019	DATE: 4/26/2019
Breakfast 1. Fluid Milk 2. Fruit, Vegetable, or Juice 3. Grain/Bread Other/Combination Foods	*Milk Cereal –Cheerios and Chex Apples	*Milk Pancakes Applesauce	*Milk Mixed berry muffins 100% Apple juice	*Milk ½ ww toast Butter and jelly Pears	*Milk Cereal –Cheerios and Chex ½ cut grapes
AM Snack (serve 2 of 4) 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit, Vegetable, or Juice 4. Grain/Bread	*Milk Goldfish crackers	*Milk Crackers Apple slices	*Milk Raisins, celery and Peanut butter- ants on a log	*Water Cottage cheese Canned peaches	*Milk ½ Turkey wraps Ww tortilla Sliced turkey
Lunch 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit or Vegetable 4. Fruit or Vegetable 5. Grain/Bread Other/Combination Foods	Dried Cranberry Chicken Wrap *Milk Grilled chicken Lettuce Shredded cheese ½ ww tortilla wrap Dried cranberries Mixed melon Peas	Peanut butter power sandwiches *Milk Peanut butter Bananas slices ½ Ww berry toast Pineapple Steamed carrots	Cheese Pizza *Milk Cheese Pizza sauce Pizza dough Mixed garden salad – tomato, bell pepper, cucumbers and shredded carrots Peaches	Turkey BLT sandwich *Milk Tukey bacon Lettuce Tomato Mayo on side ½ ww bread Roasted corn Apples	Turkey Burgers *Milk Turkey burger ½ buns Oranges Steamed green beans
PM Snack (serve 2 of 4) 1. Fluid Milk 2. Meat or Meat Alternate 3. Fruit, Vegetable, or Juice 4. Grain/Bread	*Milk Animal crackers	*Milk Chips and Salsa	*Water Pretzels Cheese slices	*Milk Graham crackers ½ cut grapes	*Milk Rice cakes

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