PFAS in West Michigan: What We Know and Should We Be Concerned?

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How did I get involved..................

- 2011. Citizen’s group (CCRR) complains to EPA that the Wolverine World Wide Tannery was demolished without out proper oversight.
- 2012. EPA initiates site review, conducts sampling, and the site does not score high enough to be listed in Superfund. MDEQ and WWW agree to conduct further investigations.
- 2013. Asked by a citizen’s group to review data concerning the Rockford Tannery demolition and wrote a memo raising concerns. MDEQ and Rockford say they will not listen to CCR because of extremist views and has WMAC serve as intermediary. WWW states no disposal or chemical records remain for the Tannery.
- 2014. I became concerned about PFAS at the site due to the use of historic use of Scotchgard. Checked with MDEQ and asked about PFAS testing of fish in the Rogue River.
How did I get involved..................

• 2014. MDEQ confirms that PFAS was present in the fish and will be developing consumption guidelines. CCRR finds city of GR has chemical usage records and finds Scotchgard listed on MSDS and Spill Plan records.

• 2015. MDEQ issues fish consumption advisory for PFAS in the Rogue but were too busy with Wurthsmith AFB to do more studies. Expressed concerns to WMEAC about PFAS.

• 2016. WMEAC sets up meeting with WWW about PFAS and other issues. WWW and their consultant deny PFAS was used at the site. CCRR identifies House Street as a former disposal site and does interviews of residents and former employees.

• 2017. I wrote a memo to MDEQ with multiple pieces of evidence that PFAS may be present and called for immediate investigation of the Tannery and offsite disposal sites. WWW agrees to do testing in the Fall.

• 2018. Meeting with State Representatives and EPA.
Introduction to PFAS

- PFAS - Per- and Polyfluoroalkyl Substances
- Synthetic organic compounds that contain multiple Fluorine (F) atoms.
- 2 most studied PFAS are
  - Perfluorooctanoic Acid (PFOA)
  - Perfluorooctane Sulfonate (PFOS)
- PFAS family = thousands of diverse compounds
PFAS – A class of chemicals

[Chemical structure diagram with labels: Fluorocarbon tail and Functional group]

- Fluorocarbon tail:
  - Strong bonds
  - Repels oil and water
  - Varying length

- Functional group:
  - Strong to weak acids
  - Dissolves in water

- Chemical formula: $\text{F}_n\text{C}_8\text{F}_{2n+2}\text{O}_n\text{H}_n$
Products

Scotchgard contained
• PFOS Perfluorooctanesulfonic acid
• PFOA Perfluorooctanoic acid

Teflon was a PFOA based polymer
# Expansive Use of PFAS

<table>
<thead>
<tr>
<th>Commercial Products</th>
<th>Industrial Uses</th>
</tr>
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<tbody>
<tr>
<td>Cookware (Teflon®, Nonstick)</td>
<td>Photo Imaging</td>
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<tr>
<td>Fast Food Containers</td>
<td>Metal Plating</td>
</tr>
<tr>
<td>Candy Wrappers</td>
<td>Semiconductor Coatings</td>
</tr>
<tr>
<td>Microwave Popcorn Bags</td>
<td>Aviation Hydraulic Fluids</td>
</tr>
<tr>
<td>Personal Care Products (Shampoo, Dental Floss)</td>
<td>Medical Devices</td>
</tr>
<tr>
<td>Cosmetics (Nail Polish, Eye Makeup)</td>
<td>Class B Firefighting Foam (e.g., Aqueous Film Forming Foam)</td>
</tr>
<tr>
<td>Paints and Varnishes</td>
<td>Insect Baits</td>
</tr>
<tr>
<td>Stain Resistant Carpet</td>
<td>Printer and Copy Machine Parts</td>
</tr>
<tr>
<td>Stain Resistant Chemicals (Scotchgard®)</td>
<td>Chemically Driven Oil Production</td>
</tr>
<tr>
<td>Water Resistant Apparel (Gore-Tex®)</td>
<td>Textiles, Upholstery, Apparel and Carpets</td>
</tr>
<tr>
<td>Cleaning Products</td>
<td>Paper and Packaging</td>
</tr>
<tr>
<td>Electronics</td>
<td>Rubber and Plastics</td>
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<tr>
<td>Ski Wax</td>
<td>Pesticides</td>
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<tr>
<td>Soil amendments</td>
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<tr>
<td>Pesticides</td>
<td></td>
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<tr>
<td>Potting soils</td>
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</tr>
<tr>
<td>Date</td>
<td>Event</td>
</tr>
<tr>
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</tr>
<tr>
<td>1956</td>
<td>3M begins selling Scotchgard Protector containing PFOS and PFOA</td>
</tr>
<tr>
<td>1958</td>
<td>Wolverine begins to produce Hush Puppies shoes in Rockford Michigan using Scotchgard</td>
</tr>
<tr>
<td>1978</td>
<td>3M finds PFAS in employees blood and finds it is toxic to monkeys</td>
</tr>
<tr>
<td>1998-9</td>
<td>Studies find PFOS is present in human blood and wildlife. Reports of toxicity and bioaccumulation published in scientific literature</td>
</tr>
<tr>
<td>2000</td>
<td>3M announces the phase out of Scotchgard due to environmental and human health concerns. Reports sent to customers, many media stories</td>
</tr>
<tr>
<td>2001</td>
<td>Research shows perfluorinated chemicals are present in birds and wildlife around the planet</td>
</tr>
<tr>
<td>2002</td>
<td>3M stops producing Scotchgard. DuPont continues production, China increases production. More media articles are published about the hazards of PFOS. EPA says new data suggest potential for reproductive/developmental toxicity, and that blood samples suggest unexplained exposure to general public.</td>
</tr>
</tbody>
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## PFAS – Timeline

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>2006</td>
<td>DuPont announces phase out of C8 by 2015. Major class action suit and scientific research</td>
</tr>
<tr>
<td>2007</td>
<td>PFOS/PFOA found in 98% of US blood samples (Calafat et al) Levels decreased after 3M discontinued production</td>
</tr>
<tr>
<td>2008-9</td>
<td>EPA publishes Method 537 for PFOS/PFOA and related chemicals</td>
</tr>
<tr>
<td>2009</td>
<td>EPA Provisional Health Advisory Short-term adverse health effects PFOS: 200 ppt, PFOA: 400 ppt</td>
</tr>
<tr>
<td>2012</td>
<td>EPA requires drinking water to be monitored</td>
</tr>
<tr>
<td>2013</td>
<td>PFAS detected in Plainfield Well Water 50-60 ppt</td>
</tr>
<tr>
<td>2015</td>
<td>MDEQ reports PFAS in fish from the Rogue River near the Tannery</td>
</tr>
<tr>
<td>May 2016</td>
<td>EPA Health Advisory Long-term adverse health effects PFOS + PFOA: 70 ppt</td>
</tr>
<tr>
<td>2016</td>
<td>PFOS detected in Plainfield Well Water at 7.9 ppt and PFOA at 2.6 ppt.</td>
</tr>
<tr>
<td>2017</td>
<td>Widespread groundwater problems in the Rockford area discovered due the disposal of Wolverine World Wide industrial wastes on farm land and gravel pits</td>
</tr>
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PFAS Challenges

Unique chemical properties

- Highly mobile and persistent in the environment.

- Bioaccumulates in fish and plants log Kow ~ 4.81

- Challenging to remediate – not biodegradable. Only activated carbon will effectively remove PFAS from water.

PFAS Challenges

Health impacts

- Known or suspected toxicity at very low concentrations
- Binds to proteins and DNA
- Long half-lives (several years) in humans
- Sensitive receptor endpoint (resemble Fatty Acids)

Analytical technology rapidly evolving

Wide geographical impact with heightened public awareness

Zhang 2009
Examples of Chemical Challenges

- Groundwater in Cities – public water
- Polychlorinated dibenzo(p)dioxins and furans
- Mercury
- Arsenic and lead in drinking water
- Formaldehyde in air
- Radon
- Commonality: Background exposure levels are of similar magnitude to “risky” levels
PFAS in the Environment

Oliaei 2013
C8 Science Panel Studies Dupont


• Focused on PFOA from Dupont’s Washington Works facility in Wood County, WV
• Conducted as a condition of a lawsuit settlement
• Populations studied
  – 69,000 Community residents of six Mid-Ohio River Valley districts with PFOA-contaminated drinking water supplies
  – Former workers at the Dupont plant
  – Combined residents and workers (for follow-up cancer studies)
C8 Science Panel Studies

http://www.c8sciencepanel.org/prob_link.html

• Probable links between PFOA exposure and:
  – Diagnosed high cholesterol
  – Ulcerative colitis (autoimmune disease)
  – Thyroid disease
  – Testicular and kidney cancers
  – Pregnancy-induced hypertension
Agency for Toxic Substances and Disease Registry
ATSDR

• Affects the developing fetus and child, including possible changes in growth, learning, and behavior, low birth weight, accelerated puberty, skeletal variations.
• Hormone interference (thyroid and fertility)
• Increase cholesterol,
• Affect the immune system
• Increase cancer risk (Liver, kidney, testicular).
Endpoints Evaluated by Other Authoritative Groups

**Birth Weight**
- Most studies are from general population (low exposure).
- “Sufficient” human evidence for reduced fetal growth from prenatal exposure.

**Cancer**
- USEPA SAB (2006) - “likely carcinogen”.
- IARC (2015) - “possibly carcinogenic”.
- USEPA Office of Water (2016) - “suggestive carcinogen”.
- Associations with kidney and testicular cancer in communities with drinking water exposure are noted.

**Immunotoxicity**
- Systematic review by National Toxicology Program.
- Most studies are from general population (low exposure).
- “Moderate” level of human evidence and “high” level of animal evidence for suppression of antibody response.
- **Overall conclusion**: “presumed immune hazard to humans”.
Health Assessment Challenges and Concerns

Long half life in Humans compared to test animals
- Humans 4-9 years, Rats 17-50 days

Human kidney reabsorbs PFAS

Binds to portions and stays in circulation. Humans get a higher serum dose than test animals

High maternal transfer to fetus

Source: Lau et al. 2015
What Level of PFAS in Drinking Water is Safe?

- **U.S. EPA**
  - January 2009
    - PFOA = 400 ppt
    - PFOS = 200 ppt
  - Early 2016
    - PFOA = 100 ppt
  - May 2016
    - PFOA + PFOS = 70 ppt

- **New Jersey**
  - 2009
    - PFOA = 40 ppt
  - 2016
    - PFOA = 14 ppt

- **Vermont**
  - March 2016
    - PFOA = 20 ppt
EPA’s PFOA/PFOS health advisory: 70 ppt = 70 ng/L

Protective Factors

• 80% home/environment exposure
  • 20% water exposure

• Over 70 year lifetime
• 2 liters per day consumption

• Children and lactating women

EPA, 2016
Developmental Exposures (Prenatal & Early Life)

- Of concern because early life effects are sensitive endpoints for PFOA toxicity.
- Found in human amniotic fluid, umbilical cord blood, and breast milk.
- Serum levels in infants
  - At birth, similar to maternal serum levels.
  - Increase several fold during first few months of life.
- Exposures in infants are much higher than in older individuals.
  - From breast milk or formula prepared with contaminated water.
  - Breast milk concentrations similar or higher than in maternal drinking water.
  - Consume more fluid per body weight.
PFOA in Blood in U.S. Population


Geo Mean PFOA Levels in Blood (National Data)

Error bars = 95% confidence interval

Current level ~2 µg/L (ppb)
## Average PFOA Levels in Blood (µg/L)

(html: https://www.health.ny.gov/environmental/investigations/hoosick/docs/qandabloodtestingshort.pdf)

<table>
<thead>
<tr>
<th>Location</th>
<th>µg/L</th>
</tr>
</thead>
<tbody>
<tr>
<td>3M Workers, Decatur, AL</td>
<td>1,125</td>
</tr>
<tr>
<td>Dupont Workers, Parkersburg, WV</td>
<td>410</td>
</tr>
<tr>
<td>C8 Study: Little Hocking, OH</td>
<td>228</td>
</tr>
<tr>
<td>C8 Study: Lubeck, WV</td>
<td>92</td>
</tr>
<tr>
<td>C8 Study: Tuppers Plains, OH</td>
<td>42</td>
</tr>
<tr>
<td>Hoosick Falls area, NY</td>
<td>23.5*</td>
</tr>
<tr>
<td>C8 Study: Mason County, WV</td>
<td>16</td>
</tr>
<tr>
<td>U.S. Population</td>
<td>2</td>
</tr>
</tbody>
</table>

* The level shown for PFOA in blood for the Hoosick Falls area is the geometric mean and is based on test results for 2,081 participants including people using Village water, people using private wells, people who work in the area, and former residents. Geometric means are a way of calculating the middle level. They are used in science to prevent the highest and lowest values from distorting the average when rest of the data are close together.

**Belmont Infant 500 µg/l**

**Belmont Resident 2,000 µg/l**
PFAS in Drinking Water & Blood Serum

- Elevated PFAS levels in water $\Rightarrow$ increased PFAS in blood
- Typical ratios (Braun, 2016 NEWMOA webinar)
  - PFOA: 125 µg/l (blood serum) / µg/l (drinking water)
  - PFOS: 175 µg/l (blood serum) / µg/l (drinking water)

Monitored PFOA Ratios in Blood Serum to Drinking Water
(Braun, 2016 NEWMOA webinar)

<table>
<thead>
<tr>
<th>Study</th>
<th>N</th>
<th>Location</th>
<th>Water Source</th>
<th>Median</th>
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</thead>
<tbody>
<tr>
<td>Emmett et al. 2006</td>
<td>291</td>
<td>Parkersburg, WV</td>
<td>Public/Private</td>
<td>105</td>
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<tr>
<td>Hoffman et al. 2011</td>
<td>108</td>
<td>Parkersburg, WV</td>
<td>Private</td>
<td>142</td>
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<tr>
<td>Hoffman et al. 2011</td>
<td>N/A</td>
<td>PK model</td>
<td>N/A</td>
<td>114</td>
</tr>
<tr>
<td>Hurley et al. 2016</td>
<td>1,566</td>
<td>California</td>
<td>Public</td>
<td>145</td>
</tr>
</tbody>
</table>

Ratio of 150 means 10 ppt in water $\Rightarrow$ 1.5 µg/l in blood
Increases in Serum Concentrations Predicted from Ongoing Exposure to PFOA in Drinking Water

Post et al, 2017
Groundwater Contamination Basics

• Confined or unconfined aquifer
Groundwater Contamination Basics

• Plume

http://geochico.csuchico.edu/mobile/ChicoToxicPlumes/

https://www.youtube.com/watch?v=Tv8imh0_bn4
Rockford Area Plume

- Over 50 km²
- Rogue River affected up to Sparta 40 km
- Waste disposal sites, landfills, gravel pits, the Tannery, and farmland disposal of sludge
- Plainfield township groundwater supply wells 40,000 people
- Thousands of residential groundwater wells

C. Angell, 2018
Plainfield Township Cross Section

(Waste Management 2017)
Home Drinking Water Treatment

• Granular Activated Carbon Filters


• Aquasana, Culligan, and eSpring have NSF P473 Approved Carbon Filters

• Tap filters for low levels

• Whole House Filters for high levels

• All need testing to verify performance
Next Steps

• Area Wide Groundwater Assessment – USGS
• Expanded Epidemiology Study with Blood Testing (City of Rockford, Plainfield Township, Residents with Contaminated Wells
• Expand Study of Fish and Invertebrates in the Rogue River
• Public Outreach and Participation – Public Advisory Council
• GVSU Involvement - Public Advisory Council Steering Committee