Welcome Packet

HOSTED BY: GRAND VALLEY STATE UNIVERSITY &
THE WEST MICHIGAN SPORTS COMMISSION
Directions to the Facilities

1 Campus Drive
Allendale, MI 49401
(616) 331-5000

From Chicago:

From Detroit/Lansing:
I-96 West to I-196 West (Gerald Ford Freeway) through downtown Grand Rapids to Lake Michigan Drive, Exit #75 (M-45). Take Lake Michigan Drive (M-45) approximately 10 miles to campus. Detroit is approximately 160 miles from GVSU. Lansing is approximately 75 miles from GVSU.

From Muskegon:
I-96 East to Coopersville (Exit 16). Turn left on 68th Avenue and go approximately six miles. Turn left (East) on M-45 (Lake Michigan Drive) and approximately three miles to the GVSU entrance. Approximately 25 miles from Muskegon.

From Northern Michigan:
US-131 South to I-196 West. I-196 west to Lake Michigan Drive, Exit #75 (M-45). Take M-45 approximately 10 miles to campus. Traverse City is approximately 200 miles from GVSU.
Directions to the Facilities

Gerald R. Ford International Airport to GVSU

Detroit International Airport to GVSU

Chicago Midway International Airport to GVSU
Use of all fields, as participants or spectators, is "at your own risk." All facility users/spectators should proceed with care and use fields with caution.

1. No alcohol, smoking or tobacco substances allowed.
2. No food allowed on the artificial turf surface including gum, candy and sunflower seeds.
3. Water is the only beverage allowed on the artificial turf surface.
4. Please pick up/remove all trash after use.
5. No spitting on the artificial turf surface.
6. No vehicles permitted on field. Golf carts are permitted to serve the needs on the perimeter of each field.

7. **Plastic cleats are allowed, no metal cleats on the artificial turf surface.**
8. Track spikes must be pyramid spikes no longer than ¼ inch on track surface.
9. No field paint/chalk allowed on the artificial turf surface.
10. Use of fields must be in compliance with GVSU’s student code at all times. Inappropriate or unsportsmanlike behavior and language may result in immediate and/or long term denial of access to outdoor fields.
11. For health and safety, no pets or animals are allowed on fields or in spectator areas.
12. Cease activity during bad weather, and/or in conjunction with GVSU officials and staff.
13. Return all equipment to original condition after each use.
14. For Safety, do not allow soccer goals and netting to be climbed on.
15. Parking or unloading is not permitted on or near fields. Park and unload in paved lots only.
16. Hitting of golf balls is not permitted on fields.
17. Do not enter fenced varsity soccer field or track stadium without a confirmed reservation.
18. Open recreation for activities such as touch football, frisbee, soccer are permitted on the multi-purpose field when no other activities are scheduled if such usage does not damage turf.
19. GVSU is not responsible for lost or stolen property.
20. In case of emergency call 911 or 331-3255 to contact GVSU campus police.
NIRSA Code of Conduct

The Code of Conduct shall serve as a standard for how individuals are expected to behave when participating in a NIRSA Championship Series event. Students and staff enrolled in an institution of higher learning assume an obligation to conduct themselves in a manner compatible with the college/university’s function as an educational institution. When involved in an event sponsored or endorsed by the NIRSA Championship Series, the participant indicates, by his or her registration in the event, he or she agrees to represent his or her club/team and college/university in a way that does not detract from the reputation of the institution he or she represents, and to act morally and display sportsmanship-like behavior, before, during and after any competition. Guidelines of conduct include, but are not limited to, the examples outlined below.

Guidelines of conduct include, but are not limited to the examples outlined below.

Participants shall not:

- Use drugs, except for medical purposes, while traveling, competing, socializing and/or using facilities including lodging spaces.
- Consume alcohol while traveling, competing or spectating.
- Attend any part of the tournament or tournament events while intoxicated.
- Strike, attempt to strike or otherwise physically abuse any individual.
- Intentionally engage in or incite participants and/or spectators to engage in abusive or violent conduct.
- Participants cannot use verbal or non-verbal profanity, disrespectful language, obscene gestures or behavior; bullying and homophobic, and transphobic expressions of any kind are strictly prohibited.
- Violate any rules or policies of the NIRSA Championships, Tournament Hotels/Facilities, or city, state or governmental entities.

Violation of the Standards of Conduct may result in:

- Suspension from the game/match;
- Suspension from the Tournament;
- Forfeiture of any individual or team awards;
- Ejection from the Tournament hotel(s);
- Ejection from the Tournament site or any tournament sponsored event;
- Forfeiture of all games/matches won and possible team elimination from current and future NIRSA sponsored or endorsed events;
- Liability for all monetary damages arising from, or caused by, a participant’s conduct while participating in, and attending, a NIRSA Tournament.
- Notification to University Officials for any violation of the Standards of Conduct by an individual or team.
Appeal for Player Eligibility

An individual or team can appeal the sanction or request an eligibility exception through a written letter approved by their Campus Recreation Director (or designated representative). This letter should include the Director’s statement of support and signature, and be sent to the NIRSA Director of National Sport Programs (valerie@nirsa.org) within ten (10) business days of the sanction (NOTE: Request for eligibility exceptions must be made a minimum of 30 days prior to the respective contest).

The reasons for the appeal should be clearly outlined. The NIRSA Director of National Sport Programs forwards the appeal to the NIRSA Championship Series Standards of Competition Work Team Chair for review by the appeals committee. The appeals committee reserves the right to modify current sanctions as necessary, including imposing additional sanctions. The appeals committee will rule on the appeal within ten (10) business days or receiving notification from the NIRSA Director of National Sport Programs.

- The committee may choose to contact the Campus Recreation Director from the appealing institution (or designated representative), the team representative of the appealing team, and/or legal counsel.

Appeals concerning transgender participation:

- Appeals and the supporting evidence should be taken directly to the host tournament director. The tournament director will remind the appealing party that transgender participants are eligible to play based on their expressed gender identity as long as they comply with all NIRSA Player Eligibility Guidelines.
- In the event an individual or team appeals the eligibility of an opposing participant on the grounds of an opponent misrepresenting their gender to gain a competitive advantage, appeals should be handled with sensitivity and student privacy in mind.
- The tournament director or their designee will review the submitted roster to compare the gender identified on the roster with the gender expressed in the appeal. If the genders do not match, the participant will be disqualified and the team will forfeit all games that the player participated.
- The appeals committee reserves the right to modify current sanctions as necessary, including imposing additional sanctions. The appeals committee will rule on the appeal within five business days of receiving notification from the NIRSA Director of National Sport Programs.
- If there is concern that a team has not acted in good faith concerning gender identification, the NIRSA Director for National Sport Programs, may investigate a student’s self-identification with the local campus official who signs off on their team’s roster after the tournament concludes.
# Tournament Schedule

*Subject to change.*

<table>
<thead>
<tr>
<th>FRIDAY</th>
<th>Kelly Family Sports Center (Classrooms B &amp; C)</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:30 PM – 8 PM</td>
<td>Team Check In</td>
</tr>
<tr>
<td>8 PM – 9 PM</td>
<td>Captain’s Meetings</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SATURDAY</th>
<th>Field 1</th>
<th>Field 2</th>
<th>Field 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 AM</td>
<td><strong>Captains Meeting at Outdoor Headquarters</strong></td>
<td></td>
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<tr>
<td>Game 1</td>
<td><strong>UIS vs. CMU Chips</strong></td>
<td>LMC Redhawks vs. Spartan Dawgz</td>
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<tr>
<td>9:00 AM</td>
<td>The Nine Tailed Fox vs. SMC Roadrunners</td>
<td>Flyer Nation vs. University of Wisconsin</td>
<td></td>
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<tr>
<td>Game 2</td>
<td>CMU Chips vs. Spartan Dawgz</td>
<td>UIS vs. Bethel College Pilots</td>
<td></td>
</tr>
<tr>
<td>10:15 AM</td>
<td><strong>UIS vs. CMU Chips</strong></td>
<td>GVSU Mess vs. SportsBrahs &amp; Sports Bras</td>
<td></td>
</tr>
<tr>
<td>Game 3</td>
<td>Flyer Nation vs. LMC Redhawks</td>
<td>University of Wisconsin vs. CMU Chips</td>
<td></td>
</tr>
<tr>
<td>11:30 AM</td>
<td>CMU Chips vs. SMC Roadrunners</td>
<td>UIS vs. SportsBrahs &amp; Sports Bras</td>
<td></td>
</tr>
<tr>
<td>Lunch</td>
<td>Flyer Nation vs. LMC Redhawks</td>
<td>University of Wisconsin vs. CMU Chips</td>
<td></td>
</tr>
<tr>
<td>Game 4</td>
<td>The Nine Tailed Fox vs. Bethel College Pilots</td>
<td>LMC Redhawks vs. University of Wisconsin</td>
<td></td>
</tr>
<tr>
<td>2:30 PM</td>
<td><strong>UIS vs. SMC Roadrunners</strong></td>
<td>GVSU Mess vs. Blitz</td>
<td></td>
</tr>
<tr>
<td>Game 5</td>
<td>Flyer Nation vs. SMC Roadrunners</td>
<td>Bliz vs. SportsBrahs &amp; Sports Bras</td>
<td></td>
</tr>
<tr>
<td>3:45 PM</td>
<td>CMU Chips vs. SMC Roadrunners</td>
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<tr>
<td>Game 6</td>
<td><strong>Flyer Nation vs. SMC Roadrunners</strong></td>
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<td></td>
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<tr>
<td>5 PM</td>
<td>Spartan Dawgz vs. Bethel College Pilots</td>
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</tbody>
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**Sunday**

9:30 AM Start Time
# Local Eats

## Allendale Favorites

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Address</th>
<th>City, State</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aroy Thai</td>
<td>11221 Commerce Drive</td>
<td>Allendale, MI</td>
<td>(616) 895-2244</td>
</tr>
<tr>
<td>Burger King</td>
<td>4842 Lake Michigan Drive</td>
<td>Allendale, MI</td>
<td>(616) 895-4944</td>
</tr>
<tr>
<td>Jimmy Johns</td>
<td>4814 Lake Michigan Drive</td>
<td>Allendale, MI</td>
<td>(616) 892-2000</td>
</tr>
<tr>
<td>Delivery Available</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Main Street Pub</td>
<td>11240 University Parkway</td>
<td>Allendale, MI</td>
<td>(616) 895-1234</td>
</tr>
<tr>
<td>McDonald's</td>
<td>5371 Lake Michigan Drive</td>
<td>Allendale, MI</td>
<td>(616) 895-4003</td>
</tr>
<tr>
<td>Menna's Joint</td>
<td>10897 48th Ave B100</td>
<td>Allendale, MI</td>
<td>(616) 895-3827</td>
</tr>
<tr>
<td>Delivery Available</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Murphy's Family Restaurant</td>
<td>4963 Lake Michigan Drive</td>
<td>Allendale, MI</td>
<td>(616) 895-1744</td>
</tr>
<tr>
<td>Papa John's Pizza</td>
<td>4152 Calder Drive</td>
<td>Allendale, MI</td>
<td>(616) 331-PAPA</td>
</tr>
<tr>
<td>Peppino's Ristorante</td>
<td>4647 Lake Michigan Drive</td>
<td>Allendale, MI</td>
<td>(616) 895-4308</td>
</tr>
<tr>
<td>Taco Bell</td>
<td>4989 Lake Michigan Drive</td>
<td>Allendale, MI</td>
<td>(800) 822-6235</td>
</tr>
</tbody>
</table>

## Grand Rapids Favorites

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Address</th>
<th>City, State</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>The B.O.B.</td>
<td>20 Monroe Ave NW</td>
<td>Grand Rapids, MI</td>
<td>(616) 356-2000</td>
</tr>
<tr>
<td>Crooked Goose</td>
<td>355 Wilson Ave NW</td>
<td>Grand Rapids, MI</td>
<td>(616) 791-2362</td>
</tr>
<tr>
<td>Founders Brewing Co.</td>
<td>235 Grandville Ave SW</td>
<td>Grand Rapids, MI</td>
<td>(616) 776-1195</td>
</tr>
<tr>
<td>San Chez A Tapas Bistro</td>
<td>38 Fulton St W</td>
<td>Grand Rapids, MI</td>
<td>(616) 774-8272</td>
</tr>
<tr>
<td>Stella's Lounge</td>
<td>53 Commerce Ave SW</td>
<td>Grand Rapids, MI</td>
<td>(616) 742-4444</td>
</tr>
</tbody>
</table>
**Meijer** (grocery, pharmacy, clothing, sporting goods, auto, etc.)

[www.meijer.com](http://www.meijer.com)
315 Wilson Avenue
Grand Rapids, MI 49534
(7 mi. from GVSU)

**Family Fare** (grocery, pharmacy)

[www.shopfamilyfare.com](http://www.shopfamilyfare.com)
6370 Lake Michigan Drive
Allendale, MI 49401
(4 mi. from GVSU)

**Rivertown Crossings Mall**

[www.rivertowncrossings.com](http://www.rivertowncrossings.com)
3700 Rivertown Pkwy
Grandville, MI 49418
(11 mi. from GVSU)
Hotels

Comfort Suites Grandville
4520 Kenowa Ave. SW
Grandville, MI 49418
(616) 667-0733

Comfort Suites Grand Rapids North
350 Dodge St.
Comstock Park, MI 49321
(616) 785-7899

Hampton Inn
755 54th Street SW
Wyoming, MI 49509
(616) 261-5500
Medical/Emergency Information

GVPD (Grand Valley Police Department)
www.gvsu.edu/gvpd
616-331-3255

Metro Health Hospital
www.metrohealth.net
5900 Byron Center Ave
Wyoming, MI 49519
616-252-7200

Spectrum Health Butterworth Hospital
www.spectrumhealth.org
100 Michigan Street NE
Grand Rapids, MI 49503
616-391-1774
*Located approximately 13 miles from the University

Zeeland Community Hospital
www.zch.org
8333 Felch Street
Zeeland, MI 49464
616-722-4644
Make sure to follow the Grand Valley State University Regional Flag Football Regional Championship on social media. Connect with us by using the following outlets, handles, and hashtags. **Feel free to send us photos!**

- @GVSUCampusRec
- @GVCampusRec
- GVSU Campus Rec & Facilities
- @NIRSAChamp
- @NIRSAChamp
- NIRSA Region III
- @NIRSARegion3
- #NIRSAFlag
- #NIRSAFlag
- #GVGridIron
- #GVGridIron
- #GVGridIron