

Intramural Punt, Pass & Kick Competition

Rules and Regulations

All trials must be attempted with an Intramural Football. Men must use full size footballs and women may use smaller size provided.

In order to be considered a legal and measurable kick, the attempt must travel at least 20 yards and must land within the boundaries on the designated intramural field.

All kicks must take place off a legal tee.

All punts must be standard punting technique, no bounce kicks.

If a participant foot faults across the line they will be given one (1) grace foul. Any foul after their grace will result in a score of zero for that trial.

The best punt, pass, and kick distance of the three attempts will be recorded and added together to give you one total distance. This total distance will be the score by which you are ranked.

