

# Campus Recreation

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## GVSU CAREER FAIR

### WHEN

Tuesday, October 21<sup>st</sup>  
1pm – 5pm

### WHERE

DeVos Place Convention Center  
303 Monroe Ave NW  
Grand Rapids, MI 49503



The Career Fair is an excellent place to kick off your job or internship search and start networking with organizations looking to hire Grand Valley students and alumni of all majors! Over 200 employers with THOUSANDS of immediate openings are expected to attend.

### Attend the Career Fair to:

- Meet face-to-face with employers to discuss full-time positions.
- Learn about available internships and co-ops.
- Connect with organizations conducting on-campus interviews.
- Build your professional network and expand your job search.

### Get Prepared!

Get helpful tips online!

Or

Attend a Career Fair Prep Session

10/14/14 | 3-4 p.m. | 2270 Kirkhof

10/15/14 | 3-4 p.m. | 225E DeVos

List of Employers attending!

**Contact Mackenzie for more details!**

## CAMPUS REC STAFF WORKOUTS

### UP COMING WORKOUTS

#### Friday, October 10th - 10am

Stair workout with Emily  
Location: Football Stadium  
Stairs

#### Friday, October 17th - 10am

Yoga with Emma  
Location: Dance studio in  
fieldhouse

#### Friday, November 7th - 10am

Weight Lifting Technique  
Workout with Mason  
Location: B009, sub-basement

#### Friday, November 14th - 4pm

Yoga with Claire  
Location: multipurpose room in  
Kelly Family Sports Center

**“Showing up is 80 percent of life”  
– Woody Allen**

*“Talent wins games,  
but teamwork and  
intelligence wins  
championships”*

- Michael  
Jordan

## GROUP EXERCISE PASSES

Will be **HALF OFF**  
starting October 20<sup>th</sup>

Please help spread the  
good news!

## THE OAC NOW HAS BIKE RENTALS!

*Each rental includes:*

- Refurbished Bicycle
- Heavy Duty U-Lock
- GVSU Bike Permit
- Use of the Free  
Compressed Air Stations  
(Allendale Campus)

### Rates

*Processing Fee	\$40
Fall OR Winter	\$25
Fall AND Winter	\$40
Spring/ Summer	\$15

\*Processing Fee is additional to  
all rental fees and refunded upon  
return of the bike & lock.

**For more info, check out  
the OAC website!**

## Michigan Statewide Sport Management Conference



### WHEN:

November 21<sup>st</sup> – 22<sup>nd</sup>

### WHERE:

Crowne Plaza in Grand  
Rapids, MI

The Michigan Statewide  
**Sport Management  
Association** is excited to  
announce the date for the  
2nd Annual Michigan  
Statewide Sport  
Management Conference

**\*Register before November  
1st and we will waive the  
career fair fee!**

### Web page:

[http://www.misportsmanage  
ment.com/](http://www.misportsmanagement.com/)

### Facebook:

[https://www.facebook.com/St  
ateofMISMC?ref=hl](https://www.facebook.com/St<br/>ateofMISMC?ref=hl)

"Last year we had a great turn  
out of undergrad and graduate  
Sport Management, Recreation,  
and Business students. With  
many positive reviews and an  
increase of interests for the  
conference, we are inviting your  
organization to participate in the  
career fair portion of the  
conference. We are interested  
in sport, fitness, athletics, and  
recreation organizations who  
are seeking full or part-time  
employees, interns, or have  
resume building volunteer  
opportunities for our students."

**If you have any questions about  
the event, also contact Maria  
Buday at [mcb006@aquinas.edu](mailto:mcb006@aquinas.edu)  
or Mackenzie.**

## October is Student Affairs Month!

**Friday, October 17<sup>th</sup>  
1-3pm  
Kirkhof 0072**

### THE PURPOSE

The GVSU College Student  
Affairs Leadership program is  
getting involved by hosting a 2-  
hour informational event. This  
session will also include  
appearances from  
administrators, faculty and  
graduate students involved in  
student affairs who will be  
available to answer any  
questions students may have  
about Student Affairs.

- **What is Student Affairs?**
- **What does the Curriculum  
look like?**
- **And many more!**

[RSVP via OrgSync](#) or email Matt  
Musser at [musserma@gvsu.edu](mailto:musserma@gvsu.edu)  
their name and email address so  
that we can pass along  
information about this session.

**Or contact Mackenzie for more  
details!**

## CHECK US OUT ON SOCIAL MEDIA!

**Like us on Facebook**  
**@GVSURecCenter**

**Instagram @**  
**@GVCampusRec**

**Follow us on Twitter**  
**@GVSUcampusrec**

## Campus Rec Student Staff Page

Campus Recreation Staff now has a home on our  
website! Find the tab under "About Us", "Rec Staff"

### The tab includes:

- Newsletters
- Workout Schedules
- University Rec Council Info
- Department Scholarship Form
- And More!

**If you would like to add anything to the website,  
please email Mackenzie with the details.**

## Campus Recreation

About Us ▾	Facilities ▾	Fitness ▾
About Us		
Meet Our Staff		
Contact Us/Requests		
Event Registration		
Rec Staff		

**You**

## Helpful Resources

Michigan  
Intramural  
Recreational  
Sports  
Association  
(MIRSA)

National  
Intramural  
Recreational  
Sports  
Association  
(NIRSA)

Campus Rec  
Internships/Grad  
uate  
Assistantships/  
Jobs

GVSU Club  
Sports

YMCA  
Internships &  
Volunteer

Concussion  
Certification

Department  
Scholarship  
Form

UltraTime

GVSU Career  
Center

Student  
Academic  
Success Center  
(SASC)

## VOLUNTEER & PROFESSIONAL DEVELOPMENT OPPORTUNITIES

### Down Syndrome Association of West Michigan ~ 321 Harvest Run October 18, 3:00pm-10:00pm

The 321 Harvest Run consists of 2.5 mile and 5 mile Trail Runs, as well as a 1 Mile Costume Fun Run. 100% of the proceeds benefit the Down Syndrome Association of West Michigan. There are several different volunteer options with varied shift length and responsibilities. Details are listed on Volunteer Spot at <http://vols.pt/8sUvqx> including course set-up, aid stations to pass out refreshments to runners and provide encouragement, registration, directing runners, disburse awards, and course tear down. To register, [click here](#). For more information, contact Meredith Lange at 616-956-3488 or [meredith@dsawm.org](mailto:meredith@dsawm.org).

### Halloween Invitational Swim Meet ~ Michigan Lakeshore Aquatics October 25th-26th, Shifts Available (8:30am-1:00pm, 1:30pm-6:00pm)

Join in the festive fun and help out at this two day swim invitational! Volunteer positions for Timers are available at the MLA hosted swim meet at the Holland Community Aquatic Center. No prior experience timing is required as volunteers will receive all training on site, promptly at the start time of each shift. To register, [click here](#). For any questions, please email Theresa Asselin at (616) 393-7595 or [servicehours@iswimmla.org](mailto:servicehours@iswimmla.org).

### Spinning Certification at Grand Rapids Community College November 8<sup>th</sup>

This comprehensive workshop will give you all the tools you need to become a certified Spinning instructor and lead your own classes in any of the 35,000+ Official Spinning Facilities worldwide. When you sign up, you'll receive the Spinning Instructor Manual for use as reference during your class, the Spinning Instructor Assessment and beyond. Upon completion of the Spinning Instructor Training, you will be eligible to take the Assessment test online at your convenience. Certification is active for two years from the date of your Instructor Training workshop, and with continuing education, can be maintained for a lifetime. Bring your gear and be ready for two great rides led by a Spinning Master Instructor. Workshop time (including two rides and a lunch break) is nine hours.

### Midwest Regional Quidditch Championship at GVSU November 8<sup>th</sup> – 9<sup>th</sup>

Teams from twelve states will clash at the USQ Midwest Regional Championship. Players from Illinois, Indiana, Iowa, Kansas, Michigan, Minnesota, Missouri, Nebraska, North Dakota, Ohio, South Dakota, and Wisconsin will compete for the opportunity to attend USQ's national championship, the World Cup. Will Bowling Green State University repeat as regional champions, or will another team take first place? With over 30 teams competing over the course of two days, this is an event not to be missed! To volunteer, [please fill out this form](#). Individuals interested in volunteering as a referee or a snitch, or working as a head referee, should also fill out the volunteer form.

### Mary Free Bed Rehabilitation ~ Junior and Adult Pacers Wheelchair Basketball Tournament November 8th-9th 8am-4pm (Shifts Vary)

The Junior and Adult Pacers Wheelchair Basketball Tournament is hosted by the Mary Free Bed Rehabilitation Hospital Wheelchair and Adaptive Sports Department. The Junior and Adult Pacers is a competitive sports program for full- or part-time wheelchair users; most participants have amputations, cerebral palsy, or spina bifida. Volunteers are needed at the East Rockford Middle School to assist in running the silent auction, keep score, work the concession stands, assist with the raffle, and run the clock shots. Volunteers can sign up for shifts: 10am-2:30pm or 2pm-6:30pm. Contact Jordyn Lawton at (989)-494-3853 or at [lawtonj@mail.gvsu.edu](mailto:lawtonj@mail.gvsu.edu).

**FOR MORE OPPORTUNITIES, CLICK HERE**

## UPCOMING OPPORTUNITIES

*Please contact  
Mackenzie for more  
information!*

### **Oct. 21st @ DeVos Place**

Grand Valley State Job  
Fair

### **Nov. 7-8 in Indiana** Midwest ACSM

### **Nov. 7-9 @ GVSU** Quidditch MidWest Regional Championship

### **Nov. 8th @ GRCC** Spinning Certification

### **Nov. 13-15 in Traverse City, MI** Michigan Association for Health, Physical Education, Recreation and Dance

### **Nov. 15<sup>th</sup> @ GRCC** Zumba Certification

### **Nov. 21-22 @ TBD** Sport Management State Workshop

### **January 22-24 @ Purdue** Region III Student Lead- On

### **March 30–April 2 @ Dallas** NIRSA 2015 Annual Conference