



Group Exercise Instructor

Position Description:

Responsible for teaching group exercise classes to diverse populations with varying fitness backgrounds using inclusive and safe leadership techniques. Applications may be submitted through the Campus Recreation website at www.gvsu.edu/rec.

Preferred Qualifications:

- Nationally recognized certification in general group exercise or specialized format: Yoga, Zumba, Insanity, Spin, etc. (visit our website at www.gvsu.edu/rec to view classes currently offered)
- Non-certified, but in pursuit of certification, plus one year of teaching experience in a group fitness setting may also apply
- Prior teaching experience

Primary Responsibilities:

- Follow all Campus Recreation policies and only instruct within professional boundaries
- Lead group exercise classes using encouragement, inclusive language, and safe demonstration
- Build rapport with all class participants
- Commitment to one's classes and one's participants
- Participate in instructor mentor program and attend scheduled meetings, trainings, and workshops
- Assist with program development and evaluation

Student Wage Rates: (*wage rates may vary dependent on certifications and qualifications*)

- Class 7; Step A
- Wage rates are based off the 2017-2018 requirements. Go to Student Employment- Wage Rates on the GVSU webpage for updates and additional information.
- Students may work a maximum of 25 hours per week during the academic year.
- Students become eligible for a step increase after two semesters of employment with the same department at the department's discretion. A student's performance evaluation will be the tool used in the determination of a step increase.