

TEACH IN 2023

Sex (Un)Education

Presented by the
GVSU Women's Commission

Session Agenda

Welcome & Introductions

Pop Quiz!

Sex Ed Models

Lit Review & Reflection

In The News

Takeaways

Introductions

Facilitator Introductions

Kristen Evans

Generalist, Human Resources

Emily Frigo (she/her/hers)

Head of Professional Programs, University Libraries

Jennifer Jameslyn

Director, Brooks College Advising

Table Introductions

Share your name, pronouns, major and what made you choose to attend this Teach-In session

Pop Quiz!

What is the typical use failure rate for male condoms?



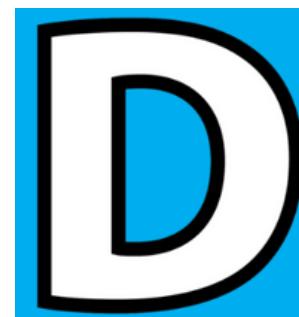
2%



8%



13%



20%

Which of these is the most effective (lowest typical use failure rate) form of birth control?



Male condom



Female condom



IUD



Birth Control Pill

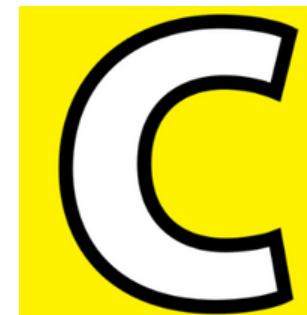
What does Plan B do?



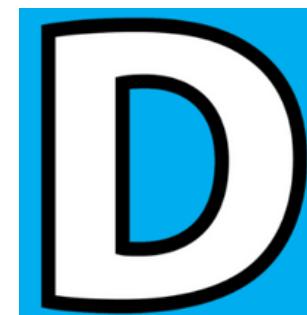
Prevent ovulation



Terminate existing pregnancy



Cause ovulation



Cause your period to start immediately

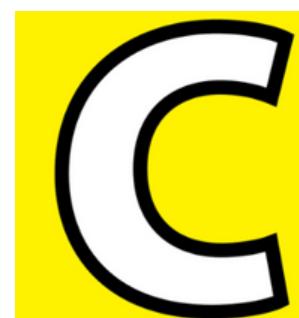
Doctors generally start counting pregnancy from what point?



The last full moon



The most recent date the patient had intercourse

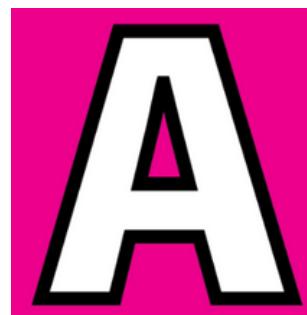


The day the patient started their last menstrual period

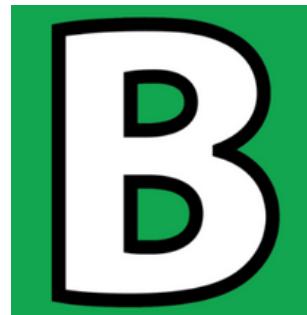


The date the patient expected to get their period but didn't

True or False: students who participated in abstinence only sex ed were more likely to delay intercourse than students who participated in comprehensive sex ed curriculum.



True



False

True or False: students who participated in abstinence only sex ed programs had fewer sexual partners than students who participated in comprehensive sex ed curriculum.



True



False

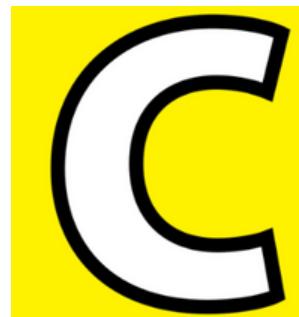
Michigan law requires schools to teach



Comprehensive sex education



Contraception methods and their rates of effectiveness

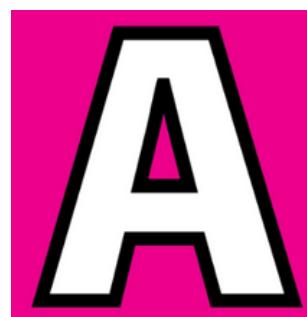


HIV/AIDS transmission and prevention

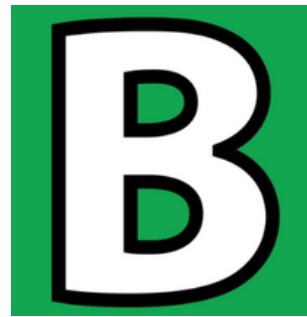


Sexual orientation and gender identity

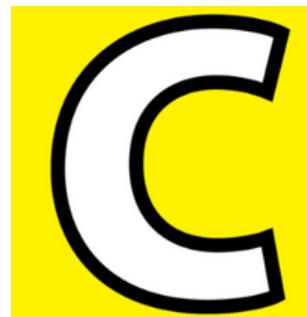
Michigan law requires schools to teach



Abstinence as a positive lifestyle



Verbal consent as a precursor to sexual activity



Disability inclusive sex ed, including contraceptive methods

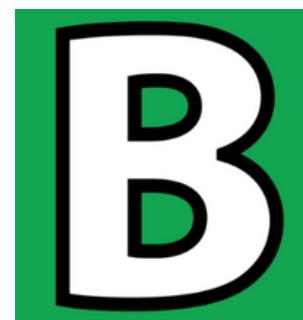


Trauma informed sex ed

All sex education materials are reviewed and approved by



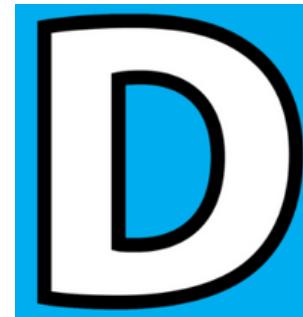
Federal government officials



State government officials



High school principal and PE teacher



Local school board and local advisory board including students, parents, educators, clergy, and health professionals

Sex Ed Models

Sex Ed Models

Abstinence Only

- Sexual risk avoidance - teaches abstinence as only option for unmarried people, provides limited (if any) information about contraceptives and STDs

Abstinence Plus

- Sexual risk reduction - emphasizes abstinence but includes information about contraceptives and STDs

Comprehensive Sex Education

- Focus on information, values & decision-making - abstinence as best option to avoid pregnancy and STDs but also includes thorough education about contraceptives and STDs

https://www.uua.org/files/documents/advocatesyouth/sexed_definitions.pdf

<https://www.advocatesforyouth.org/resources/fact-sheets/sex-education-programs-definitions-and-point-by-point-comparison/>

Michigan Standards

- Michigan schools are **not required** to teach sex education. However, HIV/AIDS education is required.
- Curriculum is not required to be comprehensive.
- Curriculum must stress abstinence as a positive lifestyle.
- Curriculum is not required to include instruction on sexual orientation or gender identity.
- Curriculum is not required to include instruction on consent. However, curriculum must include instruction on refusal skills.
- Parents or guardians must receive written notice of any sex education class and can remove their children from any part of the instruction. This is referred to as an “opt-out” policy.
- HIV/AIDS education must be medically accurate. If a school chooses to teach sex education, curriculum cannot be medically inaccurate.

<https://sexeducationcollaborative.org/states/michigan>
https://siecus.org/state_profile/michigan-state-profile/

Your Experience

Did your K-12 sex ed curriculum include information about...

- Pregnancy Prevention?
- Sexually Transmitted Infections?
- Reproductive Anatomy?
- Healthy Relationships?
- Consent?
- Gender Identity & Sexual Orientation?
- Childbirth, Adoptions & Abortion?
- Human Trafficking?
- Youth Rights & Community Resources?

SEX ED TO-GO FOR PROFESSIONALS
by Planned Parenthood

Right Here in Allendale

"The city of Allendale received pushback in 2019 after parents advocated for sex education curriculum to be science-based and inclusive of topics related to sexual orientation and gender identity. After intense debate largely dominated by community members opposed to updating the curriculum, the school district removed all mention of sexual orientation and gender identity from course materials regardless of the subject."

The screenshot shows a news article from the NPR website. At the top, there are logos for NPR and WGVU Public Media, along with a red 'DONATE' button. The article title is 'Let's Talk About Sex: When The Conversation Doesn't Include You: LGBTQ+ Sex Ed In A Small Town'. Below the title, it says 'April 1, 2019 · 5:48 PM ET' and 'Heard on All Things Considered'. There are two author profiles: 'ALYSSA EDES' and 'AILSA CHANG', each with a small photo and a Twitter icon. A large blue button at the bottom left says '12-Minute Listen' with a play icon. The URL of the article is partially visible at the bottom.

Comprehensive Sex Ed

Comprehensive sex education refers to K-12 programs that cover a broad range of topics related to:

- Human development, including puberty, anatomy, sexual orientation, and gender identity
- Relationships, including self, family, friendships, romantic relationships, and health care providers
- Personal skills, including communication, boundary setting, negotiation, and decision-making
- Sexual behavior, including the full spectrum of ways people choose to be, or not be, sexual beings
- Sexual health, including sexually transmitted infections, birth control, pregnancy, and abortion
- Society and culture, including media literacy, shame and stigma, and how power, identity, and oppression impact sexual wellness and reproductive freedom

International Models

Sweden

- Required with little to no opposition since 1955
- Includes facts about anatomy, sexual orientation, STIs, abortion and contraceptives as well as discussion about attitudes, norms, and values about love, sex, and relationships



Netherlands

- Sexuality education including information about health, tolerance, and assertiveness required starting at age 4



Knowledge As Power

Books

THEN & NOW

WOMEN and THEIR BODIES a course



Published 1970

Cost 75 cents

Boston Women's
Health Collective

<https://www.ourbodiesourselves.org/about-us/our-history/>

“

"The purpose of this paper is then to help us learn more about our anatomy and physiology, to begin to conquer the ignorance ... when we felt we didn't know what's happening to us. **The information is a weapon without which we cannot begin the collective struggle for control over our own bodies and lives.**"

Boston Women's Health Collective as cited in Wells, S. P. D. (2010). *Our Bodies, Ourselves and the Work of Writing*. Stanford University Press.

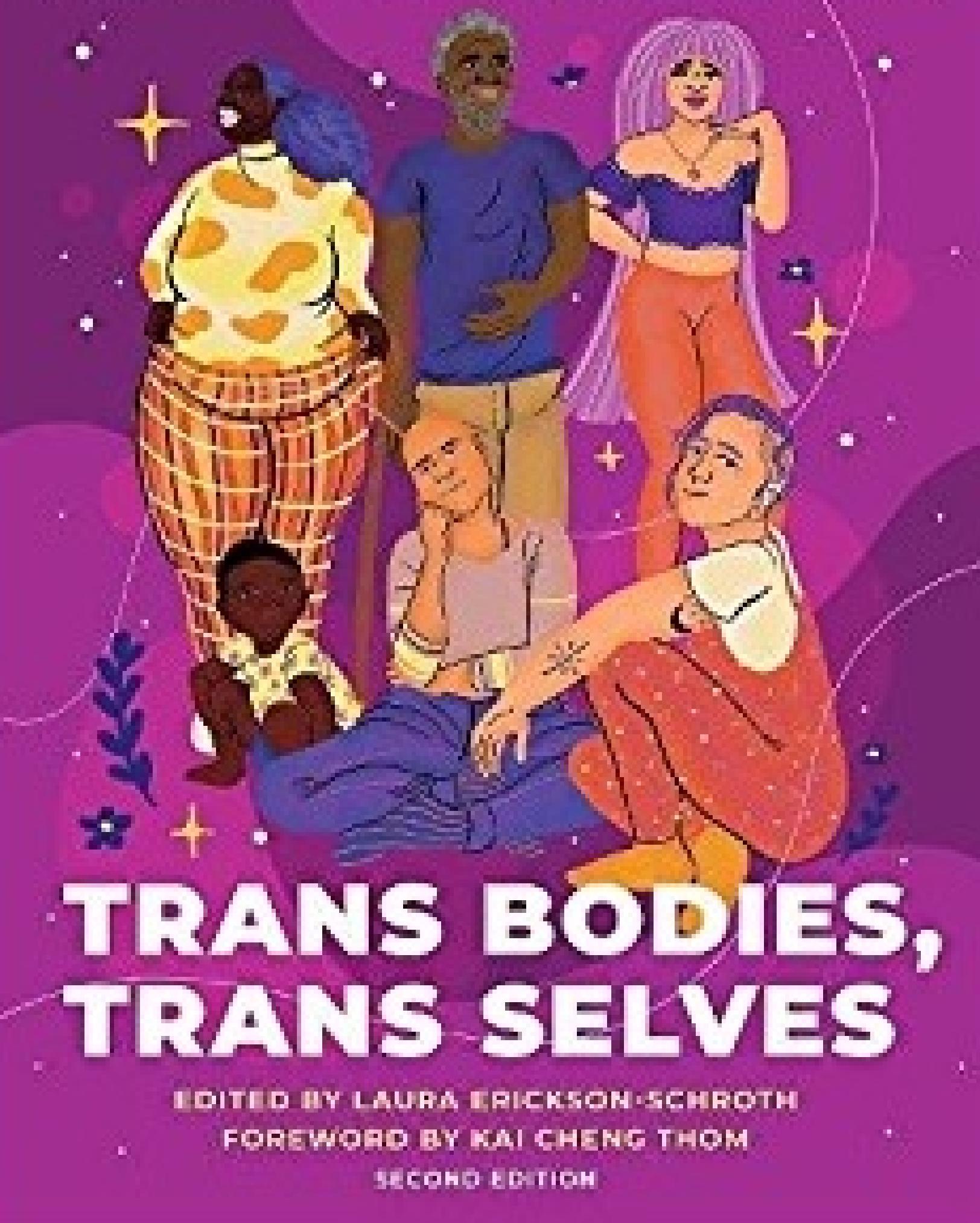
“

"It was the first time, for many of these women, to learn about their bodies, their desires, their choices, without a gatekeeper withholding information or framing possibilities or judging; to understand the possibilities of the body, and to make choices about what is best for that body. For a woman? In that time and place? Revolutionary."

“Our Bodies, Ourselves: Agency, Autonomy, and Embodiment.” (2022, July 6). The Sarah Isom Center for Women and Gender Studies, University of Mississippi.

<https://sarahisomcenter.org/isom-news/2022/7/6/our-bodies-ourselves-agency-autonomy-and-embodiment>

A RESOURCE BY AND FOR TRANSCENDER COMMUNITIES



First published in 2014

2nd edition 2022

Written by and for
transgender and gender
nonconforming people

TRANS BODIES, TRANS SELVES

EDITED BY LAURA ERICKSON-SCHROTH

FOREWORD BY KAI CHENG THOM

SECOND EDITION

<http://transbodies.com/>

Book Titles: what is in a name?

- Human Reproductive Biology
- New Joy of Sex
- Girl Sex 101
- Let's Talk about S-E-X
- Angry Birds, Killer Bees
- Our Bodies, Ourselves
- Trans Bodies, Trans Selves

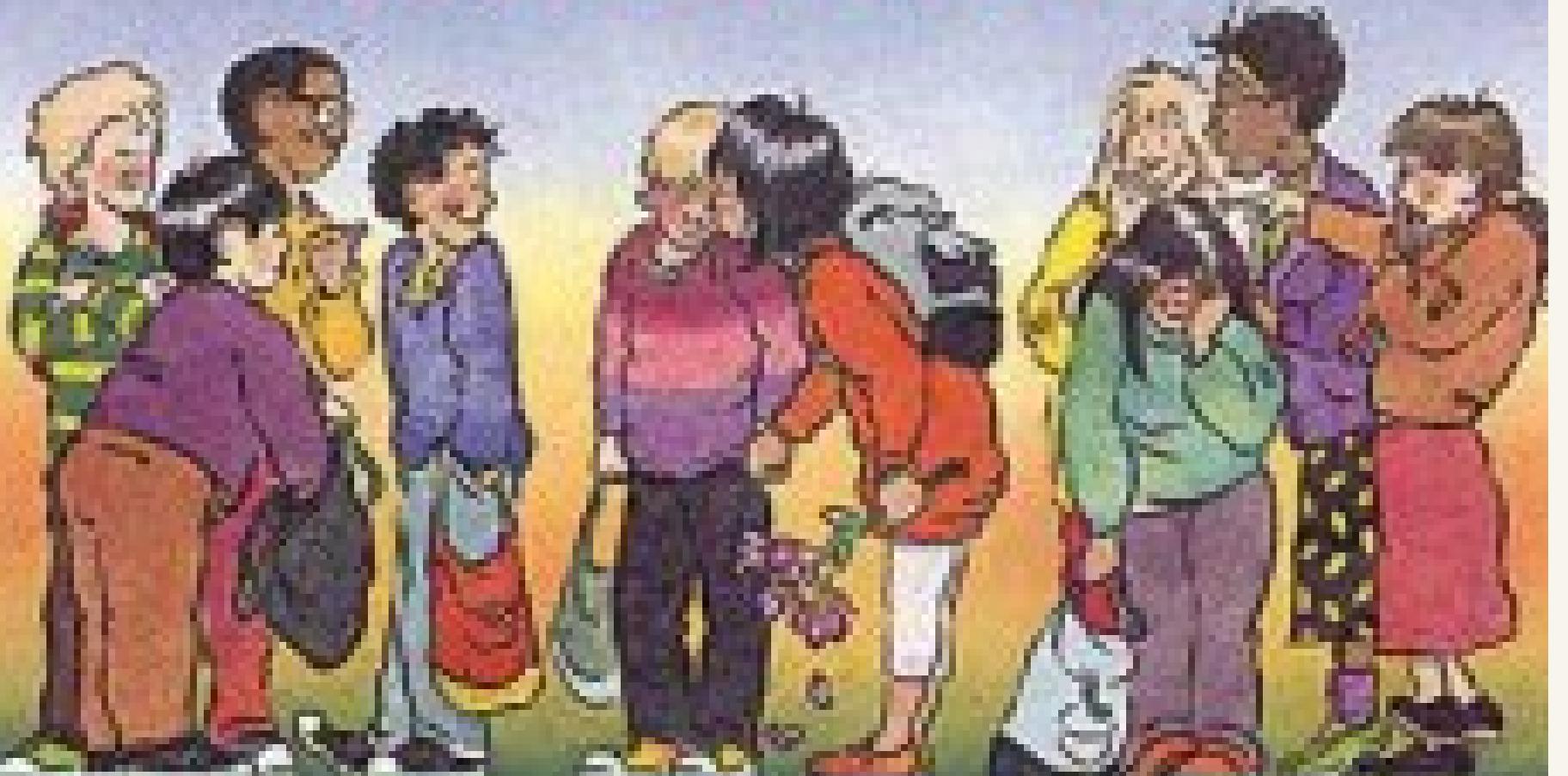


"...and understand, plus pictures they will enjoy." — ANN LANDERS

CHANGING BODIES, GROWING UP. SEX & SEXUAL HEALTH



It's Perfectly Normal



ROBIE H. HARRIS illustrated by MICHAEL EMBERLEY

First published in 1994

Most recent edition
2021

10 years older and up

Accurate information,
drawings

THE TRAVELS OF THE EGG: Menstruation



At puberty the brain tells the ovaries to produce oestrogen, which tells the eggs to mature.



And then, about once a month, an egg leaves an ovary and pops into a Fallopian tube.



“

"How can we not write about those very experiences that have meaning for our children? How can we not write honestly? How can we hold back writing about powerful feelings, or not include certain information children crave and have the right to know, simply because we are afraid? If we do that, children will sense that we are not being honest and they will not read or listen to the books we write. But if we are honest, our books may be banned."

<https://pen.org/robie-harris-on-the-banning-of-her-books/>

Reflection Roundtables

You have until 3:30pm to rotate through three reflection exercises in your own time

Literature Review

Browse the books,
taking care to notice:

- Book title
- Cover art
- Table of Contents
- Year Published

Reflection Notes

Use the sticky notes
to respond to the
prompts:

- What you learned
in K-12 sex ed
- What you didn't
learn
- What you had to
un-learn

Resource Review

Click QR code or visit
www.gvsu.edu/wcom
mission and select
"Events" to review
resources and
curriculum examples



Individual Reflection

In The News

JANUARY 1 – AUGUST 31, 2023

3,923

TOTAL TITLES
TARGETED FOR CENSORSHIP



OFFICE FOR
Intellectual Freedom
American Library Association

WHERE
CENSORSHIP OCCURRED

JANUARY 1 – AUGUST 31, 2023



220
SCHOOL
DISTRICTS



OFFICE FOR
Intellectual Freedom
American Library Association

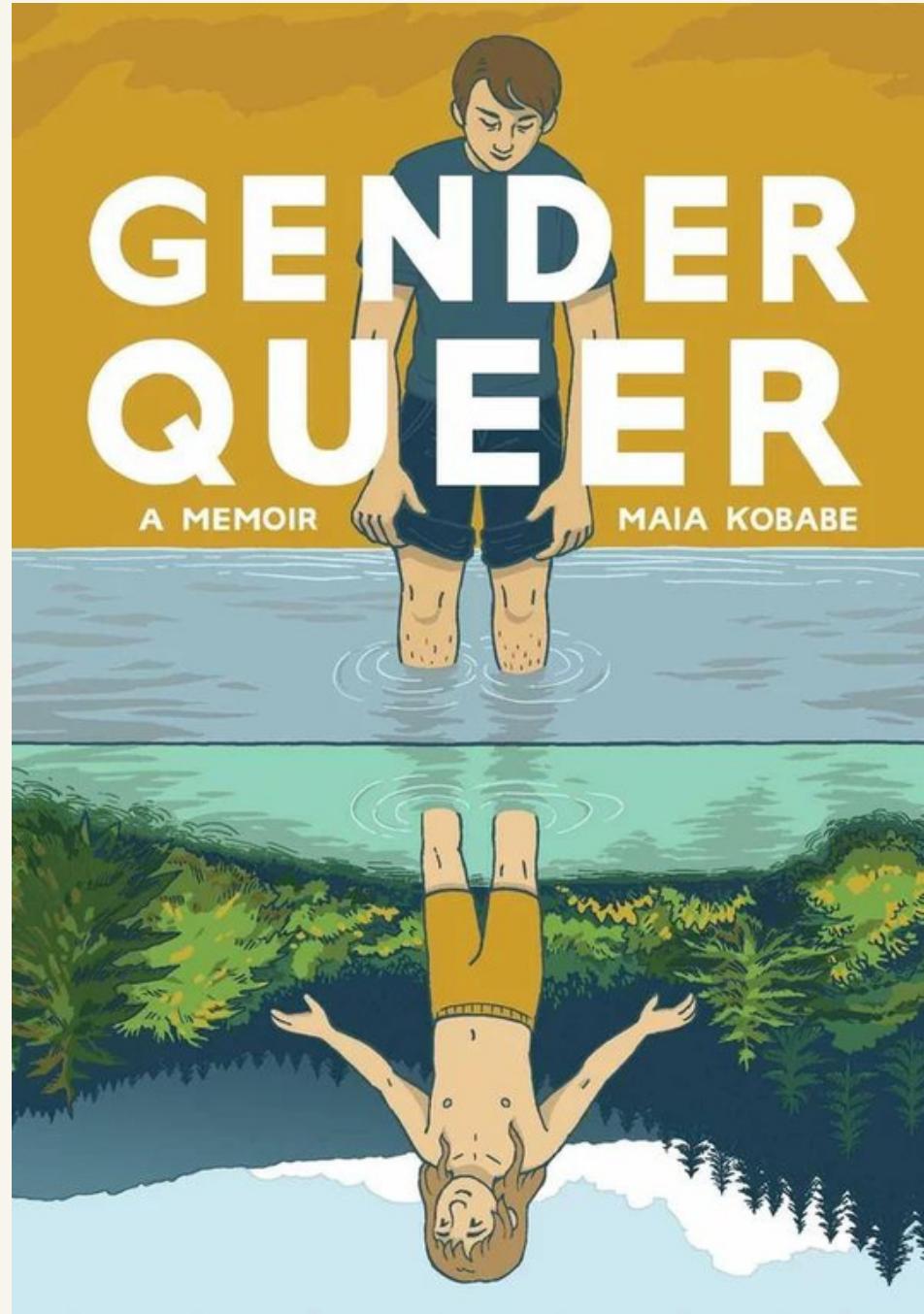


208
PUBLIC
LIBRARIES

<https://www.ala.org/advocacy/bbooks/book-ban-data>

Book Bans

Banned Books



Large majorities of voters (71%) oppose efforts to have books removed from their local public libraries, including a majority of Democrats (75%), independents (58%), and Republicans (70%).

August 2022

Book banning or protecting children? LGBTQ books at West Michigan library draw differing views

Published: Aug. 09, 2022, 2:37 p.m.

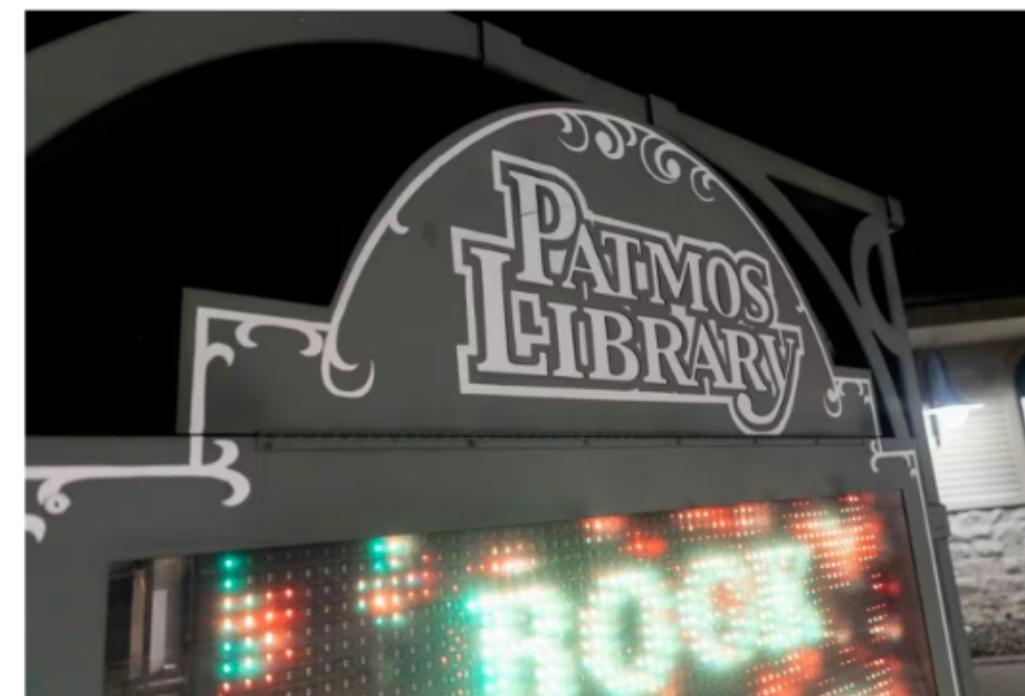


A large group of residents spoke in favor and against the Patmos Library keeping LGBTQ materials on its shelves during the library board's meeting on Monday, Aug. 8, 2022. During an hour-and-a-half public comment period, residents shared their reasons on why the library should or shouldn't remove the books. (Bradley Massman | MLive)

November 2023

Twice-defunded West Michigan library will stay open thanks to voters

Updated: Nov. 08, 2023, 12:39 a.m. | Published: Nov. 07, 2023, 11:26 p.m.



After shooting down two previous attempts, voters have approved a three-year property tax that will keep Patmos Library open. Neil Blake/MLive.com

Book Bans

November 2022

POLITICS & ELECTIONS

Proposal 3 passes, etching abortion rights into Michigan Constitution

Updated: Nov. 10, 2022, 10:36 a.m. | Published: Nov. 09, 2022, 5:37 a.m.



November 2023

One year after Michigan approves abortion access, Right to Life sues to overturn it

Updated: Nov. 08, 2023, 4:51 p.m. | Published: Nov. 08, 2023, 1:59 p.m.



Prop 3

Top stories :

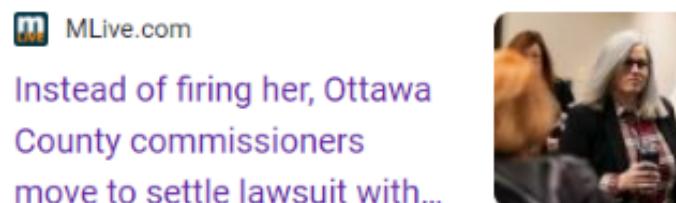
News about Ottawa County



— The Holland Sentinel

[Instead of firing her, Ottawa Impact plans to give Hambley millions to resign](#)

6 hours ago



MLive.com

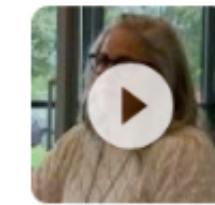
[Instead of firing her, Ottawa County commissioners move to settle lawsuit with...](#)

2 days ago

8 WOODTV.com

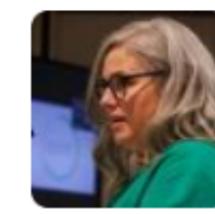
[Report: Ottawa County health officer will get \\$4 million to resign](#)

5 hours ago



17 FOX 17

[Ottawa County looks to spend \\$4M to end health officer's case against the...](#)



2 hours ago

13 WZZM13.com

[Ottawa County commissioners delay termination vote for health...](#)



1 day ago

More news →

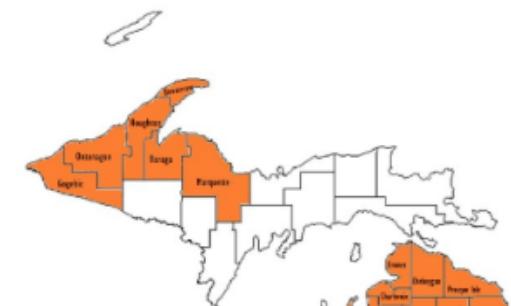
Wear One – Free Condom Pick-up Locations

The Wear One program offers free condoms to anyone between the ages of 18 and 24. For more information or to receive condoms by mail, complete the order form [here](#) or visit any of the locations below.



[Condoms By Mail Order Form »](#)

Wear One Counties



Serving **51** Counties

4,292,439

Michigan Residents
(43% of all MI Residents)



WIO counties map 01/02/2022 RH

Public Health

SEX ED WEEK *at GVSU*

Kinky karaoke, sex toy talk prompt GOP outrage
at GVSU sex ed week

Updated: Feb. 09, 2023, 10:54 p.m. | Published: Feb. 09, 2023, 9:51 p.m.



Grand Valley State University students head to class in Allendale, MI.

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‘Kinky Karaoke & Condom Cupcakes’: Conservative Michigan county sponsors university’s raunchy ‘Sex Ed Week’

‘Use the terms “people with penises” or “vulva-owners” instead of saying men and women’

BY KYLE OLSON
FEBRUARY 8, 2023

On Campus



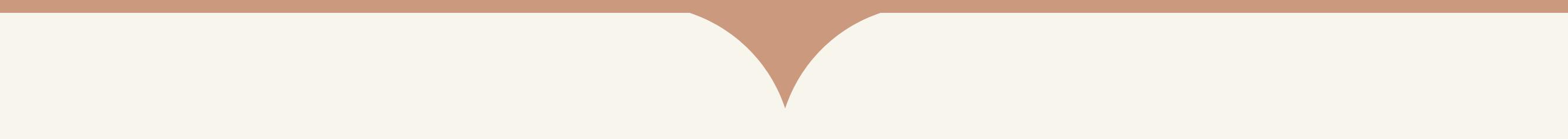
DEEP READS

A sex educator in Michigan refused to be shamed. Then came the backlash.

Heather Alberda found her calling by speaking bluntly about sex in her conservative county. Her career was no match for the nation's culture wars.

The Washington Post

Takeaways & Next Steps



1. Vote
2. Thank the Health Department

Thank you
for joining
us today.

**Please complete the
session evaluation**