

Resources

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St. Joseph Mercy Health
Exploration Station

Michigan's First (and only)
Interactive Health Education
Center



ST. JOSEPH MERCY
ANN ARBOR

SAINT JOSEPH MERCY HEALTH SYSTEM

BeRemarkable.





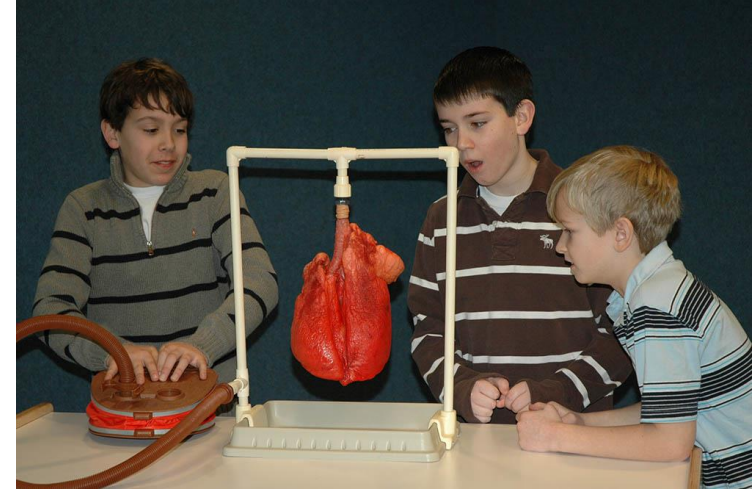
St. Joseph Mercy Health Exploration Station

- Part of Trinity-Health
- Community-based Health Education Center
- Inside the St Joseph Mercy Canton Health Center
- Opened in September 1999
- One of about 20 Health Education Centers in the United States (HealthWorks! Kids Museum in South Bend IN)



Program Topic Areas

- Nutrition
- Safety
- General Health & Wellness
- Substance Abuse Prevention
- Family Life
- Outreach



Museum Area



Outreach Programs

Elementary School Assemblies



For K – 5th
Focus on healthful
eating, exercise,
sleep and good
hygiene.

Outreach Programs

Drugs 101: What's Important to Know

Brought to communities includes a mock bedroom with paraphernalia and a presentation discussing trends in adolescent substance use.

In 12 year over 200
programs presented



Outreach Programs

Vaping 101: What's Important to Know

Offered in evenings for communities as well as during day directly for students.

Includes: What vaping is, advertising, potentially harmful chemicals, adverse effects of nicotine on teen brain development.

In two years over 150 presentations to over 40,000 students and adults in SE Michigan.

School Feedback

Survey of 25 middle and high school administrators

- 70% have seen LESS vaping among students in their buildings. However, only
- 30% feel vaping use has started to DECREASE among youth in their communities
 - 45% same
 - 25% increasing



School Feedback

100% have done something to educate youth.

- 68% have had science/health teacher address it
- 80% have had an outside speaker come in

10% have installed vape detectors in school, but were unsure of the effectiveness.

Comments from schools without detectors focused on cost and reliability



School Feedback

70% have instituted restorative practices in addition to or in lieu of suspension

- Many utilize youth networks, community coalitions, police departments, and SROs to help with restorative practices.



School Feedback

Biggest needs:

- Better/more education – students And parents
- Addiction counseling/support
- Better legislation/uniform legal consequences



Law

- 2016 Federal “Tobacco Control Act”
- Dec 2019 “Federal Tobacco 21”
- Sept 2019 MI Senate Bills 106 and 155.
 - Anyone under 18 years old, cannot purchase , attempt to purchase, possess or attempt to possess or use in a public place a vapor product.
 - Nor use a false “proof of age” for the above.



Resources for more information

- www.healthexplorationstation.com



- www.cdc.gov



- www.Michigan.gov/mdhhs



- <https://e-cigarettes.surgeongeneral.gov/>



- <https://www.e-cigarette-summit.us.com/>





www.mylifemyquit.com

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OR



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