

# In Home Medical Care for Memory Loss & Dementia

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## WHAT IS IT?

- Nursing services: Medication management, wound care, education regarding new medical conditions, catheter care, and much more.
- Physical therapy and occupational therapy: Strengthening exercises, education on how to use different adaptive equipment, re-training on daily activities of living including things like showering and toileting, modifications needed to complete these activities and much more.
- Speech language therapy: Evaluation and treatment for difficulty swallowing, memory training, and training in language and social communication.
- Medical social work: Providing referrals to community services, long term planning and teaching coping techniques as well as providing counseling.
- Home health aide: Assistance with showering, dressing, and personal hygiene.

## WHEN IS IT NEEDED AND HOW TO GET STARTED?

- After a change in your ability to care for yourself. Examples of when in-home medical care is needed include after a hospital stay, after discharge from a skilled nursing or rehab facility, or after a surgery.
- A referral and order are needed from a physician. If you think in-home medical care is needed, you can also ask your doctor for a referral to services.

## WHO MAY USE THIS SERVICE?

- Medicare requires a “home-bound status” in order to be able to qualify for home care services. This means that an individual must have a medical condition that makes leaving the home unsafe or unwise or requires the assistance of a supportive device or assistance of another person to leave the home. See [www.medicare.gov](http://www.medicare.gov) for further details. Your physician and the home care agency will review your case to ensure that you meet requirements before starting care.
- An individual must be seen by a physician up to 90 days before starting home care or up to 30 days after home care is started to certify them for services.

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Please see reverse side for a listing of service providers who offer in-home medical services in the Greater Grand Rapids area.



## SERVICE PROVIDERS

Visit [rethinkingdementiami.org](http://rethinkingdementiami.org) and click on “in-home medical care” for a complete listing of all providers with more information. This list is only a small sample of the agencies in the area who provide care.

### Atrio Home Care

(616) 235-4663 or  
(616) 796-3800 for Atrio Lakeshore  
[atriohomecare.org](http://atriohomecare.org)

### Mercy Health Home Care

(616) 685-8800  
[trinityhomehealth.org/saint-marys-home-care-grand-rapids](http://trinityhomehealth.org/saint-marys-home-care-grand-rapids)

### Mary Free Bed At Home

(855) 602-2500  
[maryfreebed.com/mary-free-bed-at-home/](http://maryfreebed.com/mary-free-bed-at-home/)

### Spectrum Health Visiting Nurse Association

(616) 486-3900  
[spectrumhealth.org/patient-care/at-home-care/visiting-nurses](http://spectrumhealth.org/patient-care/at-home-care/visiting-nurses)