

# Getting a Dementia Diagnosis

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## GET A MEMORY SCREENING

- Free and confidential memory screenings are offered by Rethinking Dementia and Michigan State University. A screening can establish your baseline function and help to determine if there is a memory problem. It cannot provide an official diagnosis.
- Visit [rethinkingdementiami.org/resourceguide](http://rethinkingdementiami.org/resourceguide) and search “Memory Screenings” to find the next opportunity.
- You can also ask your primary care doctor if they offer a memory screening.

## SEE A MEMORY SPECIALIST

- If you suspect dementia for yourself or a loved one, it's important to see a memory specialist. Your primary care doctor may refer you to a specialist.
- The specialist will run tests and ask questions about symptoms and other medical conditions including daily medications.
- Common tests that a specialist may do include cognitive assessments, blood draws or other lab tests. Brain imaging such as an MRI or CT scan can assist with ruling out other conditions that may cause similar symptoms of memory loss and confusion.

## MEMORY SPECIALISTS IN WEST MICHIGAN

(Your doctor may provide a referral or recommendation, or you may call directly to ask for an appointment. If a referral is needed from your primary care physician, the specialist's office will inform you of this.)

### **Mercy Health Hauenstein Neuroscience Center**

220 Cherry St. SE Grand Rapids, MI 49503 | (616) 685-5050

### **Mercy Health Neurosciences Memory Clinic**

1277 Mercy Dr., Muskegon, MI 49444 | (231) 672-6568

### **Spectrum Health Memory Disorder Clinic**

2570 East Beltline NE, Grand Rapids, MI 49525 | (616) 267-7104

### **Pine Rest Psychological Consultation Center**

300 68th St. SE, | Building C, Entrance C3,  
Grand Rapids, MI 49548 | (616) 281-6382

### **Mary Free Bed Neuropsychology**

235 Wealthy St. SE, Grand Rapids, MI 49503 | (616) 840-8005