

Adult Day Centers

WHAT ARE THEY?

- Centers that offer activities, special events, meals, and provide personal care for adults during the daytime hours.
- This is different than a senior center which does not provide any kind of personal or medical care, only socialization.
- Other skilled services may be offered depending on the center, such as counseling, referral assistance to other community resources, and medical care.
- Services are intended for adults who suffer from a mental or physical impairment who require supervision or assistance with activities of daily living.

BENEFITS TO ATTENDING A DAY CENTER

- Socialization with others in a group setting
- Ability to remain in a home setting longer as the caregiving burden is lessened
- Potential for the primary caregiver to work or do other activities during daytime hours providing a reduction in caregiver stress



THINGS TO REMEMBER

- Ask questions about the facility to ensure it is the best fit for your loved one.
- Some questions include asking about staff training regarding dementia specific issues, hours, fees, transportation to the day center, and types of programs offered.
- It may take a while for your loved one to adjust to a new setting, so don't give up if it doesn't seem successful right away.
- Call your local adult day center for tips or suggestions to get your loved one to try a day center for the first time if they are hesitant.
- Cost varies between day centers. Most settings are private pay on an hourly or daily rate, although financial assistance may be available. Some day centers may also participate with the Medicaid Waiver program.

Please see reverse side for a listing of service providers who offer adult day care services in the Greater Grand Rapids area.

ADULT DAY CENTERS IN WEST MICHIGAN

Visit rethinkingdementiami.org and click on "adult day center" underneath "daily care" for a complete listing of all providers with more information.



250 Commerce Ave SW | Grand Rapids, MI 49503
(616) 456-7509
Monday-Friday 6:30 am-6 pm



1256 Walker Ave NW | Grand Rapids, MI 49504
(616) 235-2910
Monday-Friday 7:30 am-5:30 pm



4150 Kalamazoo Ave SE | Grand Rapids, MI 49508
(616) 913-2006
Monday-Friday 8 am-4:30 pm



Metro Health Village

2024 Health Dr. Suite B | Wyoming, MI 49519
(616) 530-6700

Knapp's Corner

2211 E Beltline Ave NE, Suites B & CE
Grand Rapids, MI 49525
(616) 364-6800



55 W 16th St | Holland, MI 49423
(616) 355-5118
Monday-Friday 7:30 am-4:30 pm

