



## Health Resources for GVSU Students

### GVSU Resources

#### **Student Health Insurance— Blue Cross Blue Shield**

Offers Medical Service Coverage for students at GVSU. For more information, call [1-800-537-1777](tel:1-800-537-1777) or visit [the Student Health Insurance website](#).

#### **Mental Health Assistance**

##### *University Counseling Center*

Offers Emergency Services, Group Counseling, Individual Counseling, Referrals, Consultations, and more. For more information, call [616-331-3266](tel:616-331-3266), email at [gvcounsel@gvsu.edu](mailto:gvcounsel@gvsu.edu) or visit [the University Counseling Center website](#).

##### *Mental Health and Well-Being Index*

This online resource serves as a toolbox to assist anyone in the eight categories of wellness: emotional, environmental, financial, intellectual, physical, occupational, social, and spiritual. Please use the index on [the Lakes Together website](#).

#### **Medical Services**

##### *Campus Health Center, Allendale, MI*

Offers treatment for illnesses, injuries, and infections; women's health; allergy shots; physicals; and more. For more information, call [616-252-6035](tel:616-252-6035), or visit [the Campus Health Center website](#).

##### *Family Health Center, Grand Rapids, MI*

Offers same day sick visits, primary care, women's health, student health, LGBT health, sexual health, immunizations, health compliance, nutrition counseling, and more. For more information, call [616-331-9830](tel:616-331-9830), or visit [the Family Health Center website](#).

#### **Sexual Health— Gayle R. Davis Center for Women and Gender Equity (CWGE)**

Offers assistance with sexual assault, domestic violence, and stalking. Also offers an Advocacy program. For more information, call [616-331-2748](tel:616-331-2748), email at [deilkrys@gvsu.edu](mailto:deilkrys@gvsu.edu) or visit [the CWGE website](#).

#### **Physical Health— Campus Recreation and Wellness—Fitness**

Offers Club sports, intramural sports, group exercise, personal training, small group training, injury care clinic, pool, and more. For more information, call [616-331-1732](tel:616-331-1732), email at [rec@gvsu.edu](mailto:rec@gvsu.edu) or visit [the Campus Recreation and Wellness website](#).

#### **Nutritional Health— Campus Recreation and Wellness—Nutrition**

Offers Nutrition Counseling. For more information, call [616-331-3659](tel:616-331-3659), or visit [the nutrition website](#).

#### **Other Health Services**

Grand Valley also offers help for substance abuse, legal assistance, and financial health with recovery meetings, consultations, financial counseling, and more. For more information, call [616-331-2215](tel:616-331-2215), email [benefitsandwellness@gvsu.edu](mailto:benefitsandwellness@gvsu.edu), or visit [the Wellness and Benefits website](#)

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## Local Resources

### **Health Insurance**—Affordable Care Act Marketplace

Offers medical insurance plans and lays out costs. For more information, visit [the Affordable Care Act Marketplace website](#).

### **Medical Services**

#### *Network180*

Offers help with Mental Health, Substance Abuse, and Developmental Disabilities by linking providers with services they need. For more information, call [616-336-3909](#) or visit [the NetWork180 website](#).

#### *West Michigan Clinics, Hospitals, Healthcare Services*

Offers help with Behavioral health, mental health, heart care, neurology, cancer centers, child health, and more. For more information, call [616-301-8210](#), or visit [the West Michigan Clinics website](#).

#### *Michigan Hospitals by Health Systems*

Offers hospital services and breaks down hospitals by healthcare system to offer you the best care. For more information, call [517-323-0946](#) or visit [the Michigan Hospitals website](#).

### **Mental Health**—Pine Rest Christian Mental Health Services

Offers help for depression, anxiety, ADHD, anger management, grief and loss, sexual abuse, stress management, substance abuse, and more. For more information, call [616-455-5000](#) or [800-678-5500](#), or visit [the Pine Rest website](#).

### **Sexual Health**

#### *YWCA*

Offers help for survivors of domestic and dating abuse, sexual assault, and child sexual abuse. Offers safe living and shelters for survivors. For more information, call [616-454-9922](#) or visit [the YWCA website](#).

#### *Planned Parenthood*

Offers help with sex education, birth control, cancer screenings, general health and wellness, emergency contraception, HIV services, LGBTQ+ services, and more. For more information, call [616-459-3101](#) or visit [the Planned Parenthood website](#).

### **Health Services**

#### *Kent County Health Department*

Offers Health education, COVID-19 testing, sexual health, environmental health, substance abuse, children and family needs, immunizations, disease management, and more. For more information, call [616-632-7083](#) or visit [the Kent County Health Department website](#).

# Health Resources for GVSU Students

## *Baxter Community Center Holistic Health Center*

Offers healthcare for both insured and uninsured patients, including a kidney specialist. For more information, call 616-456-8593 or visit [the Baxter Community Center website](#).

## *Catherine's Health Center*

Offers preventative screenings, women's health exams, behavior health services, eye exams and eye care, physical therapy, and more. For more information, call 616-336-8800 or visit [the Catherine's Heart Center website](#).

## *Clinica Santa Maria*

Offers healthcare for underserved, migrants, uninsured, and others. Staff are bilingual. Services include immunizations, pregnancy testing, prenatal/postpartum care, maternal infant health care, TB testing, and more. For more information, call 616-685-8400 or visit [the Clinica Santa Maria website](#).

## *Cherry Health*

Offers primary care, women's health, pediatrics, dental, vision, behavioral health, mental health, correctional health, and more. For more information, call 616-965-8308, email [newpatient@cherryhealth.com](mailto:newpatient@cherryhealth.com), or visit [the Cherry Health website](#).

## *Oasis of Hope*

Offers services for the uninsured who live in poverty. Services include same day sick visits, chronic disease management, and mental and spiritual counseling. For more information, call 616-451-8868 or visit [the Oasis of Hope website](#).

## **Veteran Resources**

### *Battle Creek VA Medical Center*

Provides health care services to veterans in 20 southwest Michigan counties. It is classified as a neuropsychiatric facility and is the hub of mental health care for VA Medical Centers in the lower peninsula of Michigan. For more information, call (269) 966-5600 or visit [the Battle Creek VA Medical Center website](#)

### *Grand Rapids Veterans Affairs Clinic*

The Wyoming VA Community Based Outpatient Clinic offers primary medical and mental health services. Once eligibility has been determined, each patient enrolling for care is assigned to a primary care provider and team, who provides continuous and coordinated care. For more information, call (616) 249-5300 or visit [the Grand Rapids Veterans Affairs Clinic website](#).