



Health Resources for GVSU Students

GVSU Resources

Student Health Insurance— Blue Cross Blue Shield

Offers Medical Service Coverage for students at GVSU. For more information, call [1-800-537-1777](#) or visit [the Student Health Insurance website](#).

Mental Health Assistance

University Counseling Center

Offers Emergency Services, Group Counseling, Individual Counseling, Referrals, Consultations, and more. For more information, call [616-331-3266](#), email at gvcounsel@gvsu.edu or visit [the University Counseling Center website](#).

Mental Health and Well-Being Index

This online resource serves as a toolbox to assist anyone in the eight categories of wellness: emotional, environmental, financial, intellectual, physical, occupational, social, and spiritual. Please use the index on [the Lakes Together website](#).

Medical Services

Campus Health Center, Allendale, MI

Offers treatment for illnesses, injuries, and infections; women's health; allergy shots; physicals; and more. For more information, call [616-252-6035](#), or visit [the Campus Health Center website](#).

Family Health Center, Grand Rapids, MI

Offers same day sick visits, primary care, women's health, student health, LGBT health, sexual health, immunizations, health compliance, nutrition counseling, and more. For more information, call [616-331-9830](#), or visit [the Family Health Center website](#).

Sexual Health— Gayle R. Davis Center for Women and Gender Equity (CWGE)

Offers assistance with sexual assault, domestic violence, and stalking. Also offers an Advocacy program. For more information, call [616-331-2748](#), email at deilkrys@gvsu.edu or visit [the CWGE website](#).

Physical Health— Campus Recreation and Wellness—Fitness

Offers Club sports, intramural sports, group exercise, personal training, small group training, injury care clinic, pool, and more. For more information, call [616-331-1732](#), email at rec@gvsu.edu or visit [the Campus Recreation and Wellness website](#).

Nutritional Health— Campus Recreation and Wellness—Nutrition

Offers Nutrition Counseling. For more information, call [616-331-3659](#), or visit [the nutrition website](#).

Other Health Services

Grand Valley also offers help for substance abuse, legal assistance, and financial health with recovery meetings, consultations, financial counseling, and more. For more information, call [616-331-2215](#), email benefitsandwellness@gvsu.edu, or visit [the Wellness and Benefits website](#)

Health Resources for GVSU Students

Local Resources

Health Insurance—Affordable Care Act Marketplace

Offers medical insurance plans and lays out costs. For more information, visit [the Affordable Care Act Marketplace website](#).

Medical Services

Network180

Offers help with Mental Health, Substance Abuse, and Developmental Disabilities by linking providers with services they need. For more information, call [616-336-3909](#) or visit [the NetWork180 website](#).

West Michigan Clinics, Hospitals, Healthcare Services

Offers help with Behavioral health, mental health, heart care, neurology, cancer centers, child health, and more. For more information, call [616-301-8210](#), or visit [the West Michigan Clinics website](#).

Michigan Hospitals by Health Systems

Offers hospital services and breaks down hospitals by healthcare system to offer you the best care. For more information, call [517-323-0946](#) or visit [the Michigan Hospitals website](#).

Mental Health—Pine Rest Christian Mental Health Services

Offers help for depression, anxiety, ADHD, anger management, grief and loss, sexual abuse, stress management, substance abuse, and more. For more information, call [616-455-5000](#) or [800-678-5500](#), or visit [the Pine Rest website](#).

Sexual Health

YWCA

Offers help for survivors of domestic and dating abuse, sexual assault, and child sexual abuse. Offers safe living and shelters for survivors. For more information, call [616-454-9922](#) or visit [the YWCA website](#).

Planned Parenthood

Offers help with sex education, birth control, cancer screenings, general health and wellness, emergency contraception, HIV services, LGBTQ+ services, and more. For more information, call [616-459-3101](#) or visit [the Planned Parenthood website](#).

Health Services

Kent County Health Department

Offers Health education, COVID-19 testing, sexual health, environmental health, substance abuse, children and family needs, immunizations, disease management, and more. For more information, call [616-632-7083](#) or visit [the Kent County Health Department website](#).

Health Resources for GVSU Students

Baxter Community Center Holistic Health Center

Offers healthcare for both insured and uninsured patients, including a kidney specialist. For more information, call [616-456-8593](#) or visit [the Baxter Community Center website](#).

Catherine's Health Center

Offers preventative screenings, women's health exams, behavior health services, eye exams and eye care, physical therapy, and more. For more information, call [616-336-8800](#) or visit [the Catherine's Heart Center website](#).

Clinica Santa Maria

Offers healthcare for underserved, migrants, uninsured, and others. Staff are bilingual. Services include immunizations, pregnancy testing, prenatal/postpartum care, maternal infant health care, TB testing, and more. For more information, call [616-685-8400](#) or visit [the Clinica Santa Maria website](#).

Cherry Health

Offers primary care, women's health, pediatrics, dental, vision, behavioral health, mental health, correctional health, and more. For more information, call [616-965-8308](#), email newpatient@cherryhealth.com, or visit [the Cherry Health website](#).

Oasis of Hope

Offers services for the uninsured who live in poverty. Services include same day sick visits, chronic disease management, and mental and spiritual counseling. For more information, call [616-451-8868](#) or visit [the Oasis of Hope website](#).

Veteran Resources

Battle Creek VA Medical Center

Provides health care services to veterans in 20 southwest Michigan counties. It is classified as a neuropsychiatric facility and is the hub of mental health care for VA Medical Centers in the lower peninsula of Michigan. For more information, call (269) 966-5600 or visit [the Battle Creek VA Medical Center website](#)

Grand Rapids Veterans Affairs Clinic

The Wyoming VA Community Based Outpatient Clinic offers primary medical and mental health services. Once eligibility has been determined, each patient enrolling for care is assigned to a primary care provider and team, who provides continuous and coordinated care. For more information, call (616) 249-5300 or visit [the Grand Rapids Veterans Affairs Clinic website](#).