

# TEACH-IN 2020

## Wednesday, November 11

9:00 am - 10:15 am

### PoliTicking Me Off: Reconciling Tensions and Addressing Student Needs in the Aftermath of a Presidential Election

#### Track 1

- **Jamie Langlois** (Speaker) Faculty, GVSU
- **Mikaela Padgen** (Speaker) Graduate Student, GVSU

We are living in the most divisive political era in the history of the United States. 2020 has been a year packed with conditions ripe for exposing the institutionalized oppression weaved in our society, making the impacts felt from the political sphere more intense than ever. College students are not immune to these effects. This session seeks to uncover the ramifications of the 2016 presidential election on university students and provide solutions all. Case study stakeholders in communities of higher education can utilize in creating a healthy space for civil discourse on and off campus. *Case study.*

9:00 am - 10:15 am

### The Forgotten Genocide

#### Track 2

- **Jeff Kelly Lowenstein** (Speaker) Faculty, GVSU
- **Ariel Mejia** (Speaker) Undergraduate Student, GVSU

When the topic of genocide is brought up we tend to automatically think about the Holocaust that occurred in the 1930s and 1940s. However, the media and history books tend to forget about the first one of the 20th century, the Namibian genocide. The Namibian genocide occurred in the early 1900s and resulted in the decimation of the Herero and Nama people(s) of Namibia. This session will discuss this often-overlooked history by covering the following material; The background of the German colonial rule in Namibia, the rebellion of the Herero and Nama people as well as, the horrific genocide done by the Germans towards these groups of people, which ultimately became some of the tactics that were later used in the Holocaust and lastly, the aftermath the genocide left on the people of Namibia. *Engaged pedagogies.*

9:00 am - 10:15 am

### Fostering resilience in our community

#### Track 3

- **Gwenden Dueker** (Speaker) Faculty, GVSU
- **Rachel Les** (Speaker) Undergraduate Student, GVSU

The of majority of adults in the US have experienced at least one of the ten categories of ACES (adverse childhood experiences) including abuse, parental divorce, substance abuse in the home and others. These significant stressors before the age of 18 are seldom talked about, but their effects are long-lasting and include altered neurodevelopment during childhood and increased risk for development of negative health outcomes (e.g. cardiovascular disease, addiction) in adulthood. This virtual presentation will aim to facilitate conversation about these major stressors, the biological adaptations people develop in response to those stressors and how to foster resilience. We will present the three levels affecting resilience: personal, relational and community and discuss how we can work together to support folks already impacted by ACES to be able to thrive in adulthood and to prevent future generations from experiencing ACES. *Engaged pedagogies.*

**9:00 am - 10:15 am**

### **Getting Critical on Consent**

#### **Track 4**

- **Leah Short** (Speaker) Staff, GVSU
- **Ngozi Okelue** (Speaker) Community member, Community/GVSU
- **Katie Piesz** (Speaker) Undergraduate Student, GVSU
- **Monica Lopez** (Speaker) Undergraduate Student, GVSU
- **Shawntelle Carson-Pops** (Speaker) Graduate Student, GVSU
- **Katlynn Karl** (Speaker) Undergraduate student, GVSU

During this session, participants will be presented with a basic overview of consent education, followed by an interactive & critical look into consent culture and how it has played out in society. We will explore how rape culture, toxic masculinity, and other systems of oppression perpetuate harmful messaging around consent. Participants will leave this session with a better understanding of the nuance behind consent education and its connection to gender/based violence. *Workshop.*

**10:30 am - 11:45 am**

### **Unpacking white identity: Moving beyond defensiveness**

#### **Track 1**

- **MJ Creutz** (Speaker) Staff, GVSU
- **Alex Murarescu** (Speaker) Undergraduate Student, GVSU
- **Marlene Kowalski-Braun** (Speaker) Staff, GVSU
- **Lisa Perhamus** (Speaker) Faculty, GVSU

What does it mean to have whiteness as a predominate part of your identity? What is white fragility and how does it show up in people's everyday lives? This session explores how people who identify as white can work toward sustained accountability as an ally in addressing issues of race-based oppression in the current Black Lives Matter movement. Together, we will unpack the concept of white fragility as we engage in conversation around deepening anti-racist commitments through movements for race based social change. *Workshop.*

**10:30 am - 11:45 am**

## Cultural Competence in Healthcare

### Track 2

- **Srihimaja Nandamudi** (Speaker) Staff, GVSU
- **Tabitha Tyree** (Speaker) Undergraduate Student, GVSU
- **Delanie King** (Speaker) Undergraduate Student, GVSU

Culture is the root of communication. Over the past few years we have been reaching for equality in healthcare. From cultural competence to communication disorders in multicultural populations, there is much to talk about that is often overlooked in the health field. Cultural competence is defined as the ability of providers and organizations to effectively deliver health care services that meet the social, cultural, and linguistic needs of patients. Higher proportions of minorities compared to whites do not have a set source of healthcare, or health insurance. This is due to a variety of reasons; ranging from limitations of Medicare and low income. Language also plays a major role in these ideas. 40 - 44 million Americans do not have the necessary literacy skills for daily functioning, and are even higher with racial and ethnic minorities. Why is this? They have different educational opportunities that we are privileged to have and due to cultural barriers. These are just some of the topics touched in healthcare. It is important to become educated even if you are not in the healthcare field to help those who don't have the necessary resources or taught. *Presentation.*

**10:30 am - 11:45 am**

## Recommendations for Effective Sexual Violence Policies and Procedures on College Campuses

### Track 3

- **Emily Nichols** (Speaker) Faculty, GVSU
- **Paige Ackerman** (Speaker) Graduate Student, GVSU
- **Carly Walker** (Speaker) Graduate Student, GVSU

Current federal guidelines for addressing sexual violence on college campuses are in a state of conjuncture. The withdrawal of the 2011 Dear Colleague Letter on Sexual Violence caused massive concerns over how campuses will respond to sexual violence. These concerns were heightened when the Department of Education Office released new regulations for addressing sexual violence on college campuses. As of August of this year, college campuses are to be in compliance with regulations that hold universities less accountable for addressing sexual violence and allow for procedures that may re-traumatize victims of sexual violence, such as life hearings and cross-examinations. This presentation will explore the recent changes to how college campuses must address sexual violence as well as research findings that suggest Title IX Coordinators believe these changes go against best practices for responding to sexual violence on college campuses. The research presented will specifically investigate Title IX Coordinators' perceptions of how college campuses should effectively respond to sexual violence moving forward. *Workshop.*

**10:30 am - 11:45 am**

## Gatekeeping Survivorship

#### Track 4

- **Leah Short** (Speaker) Staff, GVSU
- **Ngozi Okelue** (Speaker) Community member, Community/GVSU
- **Itzel Mejia** (Speaker) Undergraduate Student, GVSU
- **Melissa Urieta** (Speaker) Undergraduate student, GVSU
- **Emma Bruns** (Speaker) Undergraduate Student, GVSU

Who is allowed to be a victim/survivor?

Who is encouraged to take up the most space in victim/survivor circles?

These are just a few questions that will be explored in this session as we openly discuss how BIPOC and LGBTQIA+ folks are constantly shut out of movements they created and are denied access to resources that are rooted in oppression. Participants will learn the history of how the victim/survivor movement has perpetuated the very harm it intends to put an end to and how we can do better and be better for all victim/survivors. Throughout the session, concepts such as intersectionality, inter-generational trauma, and trauma-informed practices will be defined in detail. Participants will leave with a deeper understanding of how to support victim/survivors and how to help push the movement towards inclusivity. *Panel*

**10:30 am - 11:45 am**

#### Supporting LGBTQIA+ Students of Color

##### Track 5

- **Jay Brown** (Speaker) Graduate student, GVSU
- **Jen Hsu-Bishop** (Speaker) Staff, GVSU

LGBTQIA+ students of color report experiencing a more negative campus climate in and out of the classroom compared to their straight, cisgender, and white peers. In this session, we will highlight the challenges and opportunities facing LGBTQIA+ students of color at a historically and predominantly white institution. Participants will engage in self-reflection, discussion, and explore how they can better support LGBTQIA+ students of color. *Discussion.*

**12:00 pm - 1:15 pm**

#### The Impact of COVID-19 on LGBT College Students

##### Track 1

- **Taijah Claybrook** (Speaker) Undergraduate Student, GVSU
- **Sharalle Arnold** (Speaker) Graduate Student, GVSU
- **Kelly Patmore** (Speaker) Graduate Student, GVSU

An article regarding the effects of the current COVID-19 pandemic on LGBT (lesbian, gay, bisexual, and transgender) students was featured on The Chronicle of Higher Education this past summer. It stated that 1 out of 5 undergraduate students identify as something other than heterosexual, with 2% identifying as trans or nonbinary. Many students that have not disclosed their sexual orientation to their parents describe college campuses as being a safe haven, as college allows them time to explore their sexuality while simultaneously hiding it from their parents. The realities that many LGBT students are facing after suddenly being displaced from their universities in the midst of Coronavirus may be unique to those of cisgender/heterosexual students. This session will identify the impact of COVID-19 on LGBT students, and what universities can do in response. *Engaged pedagogies.*

**12:00 pm - 1:15 pm**

### **Food Justice is Social Justice**

#### **Track 2**

- **Sharalle Arnold** (Speaker) Graduate Student, GVSU
- **Kyle Holcomb** (Speaker) Graduate Student, GVSU

This session should particularly interest individuals that are concerned with the increasing prevalence of college campus food insecurity (FI). Reportedly a problem that affects as many as 1 in 5 college students. This session has been curated with an intersectional framework to stimulate thought around socially (un)just practices that perpetuate burden on vulnerable populations. Practices that have greater implications for students when we examine their race, college classification (first generation status), socioeconomic status and sexual orientation for example. The presenter will deliver techniques for gathering and communicating with stakeholders, innovative ways to raise awareness, the relationship to both diversity and inclusion, and discuss the impact of hunger on persistence and retention of students from lower socioeconomic backgrounds. Participants will have an opportunity to exchange ideas, review lessons learned in establishing an on-campus food resource and address how to avoid pitfalls offered by a toxic charity model, that does not require a systems approach. *Workshop.*

**12:00 pm - 1:15 pm**

### **Are misconceptions of Black physiology a thing of the past? Not in healthcare!**

#### **Track 3**

- **Alisha Davis** (Speaker) Faculty, GVSU
- **Gregory Goodwine** (Speaker) Undergraduate Student, GVSU
- **Mikayla Thorman** (Speaker) Undergraduate Student, GVSU
- **Claudia Leiras** (Speaker) Community member, Community

Historically, experimentation on Blacks has yielded inaccurate and inadequate misconceptions on physiological differences between Blacks and Whites. These misconceptions have brought about theories regarding large sex organs, small skulls, higher tolerance to heat, being impervious to pain, having weaker lungs, and having nerve endings that are less sensitive than their White counterparts. These theories have provided the foundation for racist ideology in the perception and treatment of Blacks within the medical community, as well as, discriminatory public policies that have led to

institutionalized racism. This interactive workshop will examine how the above misconceptions are manifested today contributing to inappropriate and inaccurate treatments for Blacks. *Interactive presentation.*

**12:00 pm - 1:15 pm**

## **Clean Water Access Challenges in Michigan and Around The World**

### **Track 4**

- **Jeff Kelly Lowenstein** (Speaker) Faculty, GVSU
- **Joshua Vissers** (Speaker) Community member, Community

In 2010 the United Nations declared access to clean water to be a universal right that was essential to the enjoyment of all other rights. But a decade later the global community has failed to fulfill that right for close to a billion people. Join us as recent alumnus Joshua Vissers speaks about his ongoing coverage of Cole's Creek residents in the Upper Peninsula not having access to running water and as Padnos/Sarosik Endowed Chair of Civil Discourse Jeff Kelly Lowenstein places Joshua's work in the context of the ongoing H2OFail project that complements the campus wide Making Waves Initiative. The event is open to all who are interested in learning more about this critical issue. *Engaged pedagogies.*

**1:30 pm - 2:45 pm**

## **"Ew, That's Gross!" Myths, Stigmas, Taboos and Why Talking About Periods Is So Messy**

### **Track 1**

- **Jenn Palm** (Speaker) Staff, GVSU
- **Alex Hicks** (Speaker) Undergraduate Student, GVSU
- **Samantha Minnis** (Speaker) Faculty, GVSU
- **Jenna Vainner** (Speaker) Staff, GVSU

products as well as a look at menstruation equity and access in a higher education environment. We will discuss myths and misinformation about items related to menstruation as well as taboos and stigmas. Participants will have the opportunity to engage in discussion, share lived experiences, and overcome internal barriers to talking about periods and period products. We will also present research on access to menstrual products in a higher education done at GVSU. We will provide a broad overview of women's health care in the changing political landscape along with an intersectional look at access to menstrual hygiene products, noting issues of power and privilege, as well as environmental impact. *Workshop.*

**1:30 pm - 2:45 pm**

## **Title IX: Examining the Effect of the New Regulations on LGBTQIA+ Victim/Survivors**

### **Track 2**

- **Krystal Diel** (Speaker) Staff, GVSU
- **Krista M Stites** (Speaker) Graduate student, GVSU

This session aims to discuss recent Title IX regulations that went into effect in August 2020. Specifically, we will be discussing a few of the most critical changes that affect LGBTQIA+ students in detail and how some of these changes can be addressed with university policy implementation. Valuing and believing our LGBTQIA+ victims/survivors is one of the first steps in creating change for a more equitable experience in reporting, policies, and procedures. *Workshop.*

**1:30 pm - 2:45 pm**

## **Media Representation Among Black Americans and its Impact on Occupation**

### **Track 3**

- **Sauda Muhammad** (Speaker) Graduate Student, GVSU
- **Riane Wubbenhorst** (Speaker) Graduate Student, GVSU

Our session will examine the representation of black Americans in mainstream media and how this impacts the occupational knowledge and decisions of black youth. Collectively, the media represents an unrealistic representation of black Americans and their occupations. This limited representation negatively impacts the occupational knowledge, and therefore occupational opportunities, available to black people. Not only are black people underrepresented in media, when they are represented their roles are often negative portrayals and exaggerated characterizations. Furthermore, black Americans are affiliated with limited occupations and portrayals within the media. Most successful black Americans are shown as athletes or musicians resulting in black youth aspiring to obtain careers in those occupations. Because black Americans are underrepresented in various occupations, there remains a lack of knowledge and opportunity for them to engage in other successful occupations. *Engaged pedagogies.*

**1:30 pm - 2:45 pm**

## **Recognizing Power and Privilege: The Interfaith Response to Religious Extremism**

### **Track 4**

- **Allison Elgrin** (Speaker) Staff, GVSU
- **Isabella Lieberman** (Speaker) Undergraduate Student, GVSU
- **Zahabia Ahmed-Usmani** (Speaker) Graduate Student, GVSU
- **Kim Hillebrand** (Speaker) Staff, GVSU
- **Kile Kooyers** (Speaker) Staff, GVSU
- **Fred Stella** (Speaker) Community Member

In this panel, we will have members of the local Hindu, Buddhist, Jewish, Muslim, and Christian communities sharing their experience with extremism within their own traditions. The panelists will share an example of extremism that made them feel uncomfortable as a member of that community and made them feel misrepresented. In an interfaith context, how do we respond to religious extremism? In an intrafaith context, how do we respond to religious extremism? Why is it important for GVSU to become a place that is marked by religious inclusion? *Panel.*



**3:00 pm - 4:15 pm**

### **Good Nightlife Project: Promoting bystander intervention against sexual violence in Beer City's bar scene**

#### **Track 1**

- **Emily Nichols** (Speaker) Faculty, GVSU
- **Caitlin Quantock** (Speaker) Graduate student, GVSU
- **Jake Carter** (Speaker) Community member, YWCACA

Grand Rapids is well-known for its active nightlife and plethora of bars, breweries and distilleries, meanwhile statistics show the presence of alcohol drastically increases the chance of sexual violence occurring in these spaces. The Good Nightlife Project was originally developed by YWCA to educate service industry employees about the prevalence of sexual harassment and assault in hopes of promoting a safer nightlife culture in the broader community. Presenters will provide local data and explore how alcohol impacts consent. Warning signs and how to identify sexual violence will also be discussed. Other topics include demographics of those most likely to be affected by sexual violence as well as how implicit bias dictates how we respond in given situations. Finally, multiple prevention and intervention strategies will be presented and resources will be offered for further education and how to get help dealing with sexual harassment and assault. *Interactive workshop.*

**3:00 pm - 4:15 pm**

### **Leadership Through Civil Discourse**

#### **Track 2**

- **Grace Tummel** (Speaker) Staff, GVSU
- **Jacob Bigard** (Speaker) Graduate Student, GVSU
- **Brian Bowdle** (Speaker) Faculty, GVSU

In an age when we hardly, if ever, willingly associate and engage in discussion with those who we know we disagree with, it is challenging to understand the other side. To make true progress, each side must feel respected and heard, regardless of their views. It is only on the other side of listening to the other that we can learn and grow from our interactions and experiences. It is crucial for us to understand and practice civil discourse in our daily lives. This program will provide an overview on engaging with those you disagree with, while striving to find actionable common ground going forward. *Discussion.*

**3:00 pm - 4:15 pm**

### **First generation students of color at predominantly white institutions**

#### **Track 3**

- **Andrea Blue** (Speaker) Faculty, GVSU



- **Dionne Pinto-Guerra** (Speaker) Undergraduate student, GVSU

The purpose of this 45 - 60 minute qualitative exploratory workshop will be used to explore the strategies needed to increase student retention rates and decrease dropout rates in higher education organizations that recruit students of color. This audience for this workshop will be students, faculty, staff, and educational organizational leaders in grades 5th - college and beyond. The problem addressed in the workshop will be the lack of strategies that managers use to increase retention rates and decrease dropout rates in higher education organizations that recruit students of color in predominantly white institutions. The research question asked what mentoring strategies are needed by higher educational managers to increase retention rates and decrease dropout rates in a higher education organization. The exploratory qualitative research for this workshop used semi-structured interviews to gain information from 10 participants who were managers from all managerial levels. Participants were employed at different institutions in higher education and various educational backgrounds ranged from mentor to vice president. Participants were employed and their educational backgrounds ranged from bachelor's degree to doctoral degree. Data were analyzed by identifying themes that emerged through the participant responses with the use of Dedoose. The following themes emerged: (a) mentorship responsibilities of educational managers, (b) higher education preparation for student success, (c) relationship building in higher education, (d) community support connections with students, and (e) combine college expectations with student experiences. The key findings support the suggestion that mentoring strategies needed by higher educational managers can increase retention rates and decrease dropout rates, but it is clear that there are many managers that lack mentoring processes. This workshop will provide evidence to support the need for mentoring strategies that can be used by higher educational managers and the strategies that can be achieved through identified themes. *Workshop.*

**3:00 pm - 4:15 pm**

### **Implicit Bias and Aversive Racism: Barriers to Building Inclusive Organizations**

#### **Track 4**

- **Ben Walsh** (Speaker) Faculty, GVSU
- **Eric Siegrist** (Speaker) Undergraduate Student, GVSU

What is implicit bias? What is aversive racism? How do these constructs impact your ability as a leader to create inclusive and diverse workplaces and organizations? This interactive session will provide an overview of these issues and give participants an opportunity to build awareness of their own implicit biases. We will also discuss evidence-based strategies for mitigating the impact of implicit bias and aversive racism in employment decision making, such as in the hiring process. *Workshop.*

**3:00 pm - 4:15 pm**

### **Leveraging Technology to Create Inclusive Spaces for LGBTQIA+ Students**

#### **Track 5**

- **Krista Stites** (Speaker) Graduate student, GVSU

- **Jen Hsu-Bishop** (Speaker) Staff, GVSU

This session aims to discuss how technology has created inclusive spaces for LGBTQIA+ students. We will be highlighting lessons learned from our current environment of virtual programming and how this has affected engagement for our LGBTQIA+ students. By moving programming into an entirely virtual space, we've learned that remote engagement can decrease barriers in access and allow for creation of new social norms. Join us as we share highlights, leading-practices, and opportunities to translate these opportunities in and out of the classroom. *Workshop.*

**4:30 pm - 5:45 pm**

### 10 Things Student Vets Want You To Know

#### Track 1

- **Jill Wolfe** (Speaker) Staff, GVSU
- **Cameron Zibkowski** (Speaker) Graduate Student, GVSU
- **Sarah Anderson** (Speaker) Undergraduate Student, GVSU

Student veterans have been called 'the non-traditional students of non-traditional students'. Creating an inclusive, open and welcoming learning environment for veterans (and their dependents) can improve the culture for the entire learning community. In this session, we'll give participants insight into military culture, what it is like to serve in the military, and the challenges of transitioning from the military into higher education. We'll start with providing an overview of the structure, rank, branches of services, core values and demographics of our student veterans, then discuss the strengths and stressors related to being a student veteran. To close, we'll open up the floor for questions and discussion. The session is designed to help anyone who teaches, works with, lives with, or cares for Grand Valley's student veterans. *Workshop.*

**4:30 pm - 5:45 pm**

### Politics, Sexual Assault, & Cancel Culture: Achieving Political Power and Avoiding Accountability in D.C.

#### Track 2

- **Krystal Diel** (Speaker) Staff, GVSU
- **Ariana Deherder** (Speaker) Undergraduate Student, GVSU

Transcending political parties, a common theme that emerges is sexual assault allegations against those in power. What are the implications when a federal election has constituents choosing between two politicians who have both been accused of sexual assault? The Anita Hill incident was not a onetime incident but rather a pattern of behavior we see with those who hold political power. This teach-in will highlight various cases of politicians and Supreme Court justices and will hold space for a discussion on how we reconcile supporting survivors will still having to elect perpetrators into office. This teach-in will be a bi-partisan conversation and focus on politicians across political parties. Content warning: This teach-in will include conversations of sexual violence. Resources will be provided. *Workshop.*

**4:30 pm - 5:45 pm**

### **Ableism and the Student Experience**

#### **Track 3**

- **Caroline Murray** (Speaker) Graduate Student, GVSU
- **Jennastasia Chapa** (Speaker) Undergraduate Student, GVSU
- **LeaAnn Tibbe** (Speaker) Staff, GVSU

In this presentation, we'll be discussing campus programming and the student experience in the eyes of students with different abilities. We'll be leading guided discussions on person-first/inclusive language, as well as preventing, recognizing, and ending ableism on our campus. From these discussions, we hope to increase awareness of ableism at GVSU, as many people do not even realize when it is happening. We will be discussing people of different physical, emotional, and mental abilities and how they can and should be better included in the student experience. *Guided discussion.*

**4:30 pm - 5:45 pm**

### **P.E.P. Talks (Peer Education and Prevention)**

#### **Track 4**

- **Leah Short** (Speaker) Staff, GVSU
- **Ngozi Okelue** (Speaker) Community member, Community/GVSU
- **Kathryn Grossmann** (Speaker) Undergraduate Student, GVSU
- **Emma Bruns** (Speaker) Undergraduate Student, GVSU
- **Melissa Urieta** (Speaker) Undergraduate student, GVSU

P.E.P. Talks is a 90-minute interactive workshop that provides an introduction to understanding gender-based violence, bystander intervention, and supportive techniques. Participants will be encouraged to reimagine what our culture could look like if we started by believing and affirming victim/survivors. This workshop includes video clips, scenario discussions, and tangible action steps for all personalities to engage in ending gender-based violence. *Interactive Workshop.*

**6:00 pm - 7:15 pm**

### **Thinking Critically about Racism in the US: Strategies for Justice and Equity**

#### **Track 1**

- **Corey Anton** (Speaker) Faculty, GVSU
- **Brittany Bahl** (Speaker) Graduate Student, GVSU
- **Anthony Spencer** (Speaker) Faculty, GVSU

In this lively panel, two professors from the School of Communications, Dr. Corey Anton and Dr. Anthony Spencer, along with a School of Communications graduate student, Brittany Bahl, discuss racism in the US. Panelists, each presenting for about 15 to 20 minutes, will share their experiences with racism, white privilege and social inequality, will offer insights into the challenges and

obstacles to thinking critically about racism, will provide strategies for talking about racism in the US, and will attempt to foster modes of self-understanding and styles of social action conducive to racial justice. The session will include time for audience questions and interaction. *Panel. Engaged pedagogies.*

**6:00 pm - 7:15 pm**

### **What is my Code?**

#### **Track 2**

- **Gregory Retzlaff** (Speaker) Graduate Student, GVSU
- **Melissa Villarreal** (Speaker) Faculty, GVSU
- **Emily Nichols** (Speaker) Faculty, GVSU

This discussion is designed to take us on a journey. This may possibly be one of the most fruitful adventures of our lives. This discussion is aimed at challenging our code in life. We will examine questions like: What is important and why do we need to assess it? What is information and how do we disseminate truth? What are values and why are these important to define? What is wisdom, and how do you know when you have found it? What is our philosophy of life? All of these will be mixed in with a little psychology for understanding how our minds work, and some social work themes of what is just and equal. How does all this the impact to human behaviors and our social environment? Are we more about what we do, than what we think? How unwavering are our values? Are there exceptions to our rules? What is our level of accountability to ourselves? It would be our premise to demonstrate how important every day human conduct can certainly bring about change in this world by espousing the idea that social justice does really begin with me and how our code will put us in the driver's seat of change. These topics will help guide us to some answers that hopefully will bring about a fresh new outlook in our journey through life. *Engaged pedagogies.*

**6:00 pm - 7:15 pm**

### **Action, Advocacy, and Allyship in Allendale**

#### **Track 3**

- **Paola Leon** (Speaker) Faculty, GVSU
- **Kristen Green** (Speaker) Undergraduate student, GVSU
- **Carina Freeman** (Speaker) Community member, Community
- **Joe Cadreau** (Speaker) Community member, GVSU

In the summer of 2020, Allendale Community members and GVSU students and alumni came together to demand the removal of the confederate statue in Allendale, MI. These peaceful protestors were met by heavily armed, white supremacist militia members, some of whom were recently arrested in connection with the alleged kidnapping plot on governor Whitmer. The session will chronicle these protests and the subsequent action and advocacy that took place. It will highlight the allyship that occurred between the group Justice For Black Lives, Bimose Ode, Michigan Association of Civil Rights Activists (MACRA) and others in a collective effort to effect change. *Roundtable.*

**6:00 pm - 7:15 pm**

## **Black"haus"tion**

### **Track 4**

- **Phillip Todd** (Speaker) Graduate Student, GVSU
- **Reginald Blockett** (Speaker) Faculty, GVSU
- **Taylor Ross** (Speaker) Graduate Student, GVSU
- **Jay EF Brown** (Speaker) Graduate Student, GVSU
- **Destyni Davis** (Speaker) Graduate Student, GVSU
- **Derrick Shaw** (Speaker) Graduate Student, GVSU

Black"haus"tion /blak zôsCH(Y)n/

The state of extreme physical or mental fatigue experienced from being Black in America.

A panel of six Black individuals composed of five graduate students and a faculty member, will express their exhaustion of having to show up professionally and achieve academically at GVSU as the Black community is repeatedly assaulted at a staggering rate. This panel will provide attendees with insight on what it means to be Black at a predominantly White institution during the COVID-19 pandemic, a polarized election, and the ever-prevalent accounts of police brutality. *Panel*

**6:00 pm - 7:15 pm**

## **Seasonal Affective Disorder**

### **Track 5**

- **Jessica Campbell** (Speaker) Faculty, GVSU
- **Amber Petisce** (Speaker) Graduate Student, GVSU
- **Alexis Baskin** (Speaker) Undergraduate Student, GVSU

The two students will be presenting on seasonal depression. Giving information on what SAD is and discussing the importance of the awareness of it. Lastly, we will discuss ways to combat seasonal depression. Presentation and discussion.

**7:30 pm - 8:45 pm**

## **Navigating Workplace Power Dynamics and Dialogue**

### **Track 2**

- **Emily Thimmesch** (Speaker) Staff, GVSU
- **Taylor Ross** (Speaker) Graduate Student, GVSU
- **Caroline Murray** (Speaker) Graduate Student, GVSU

This presentation aims to address the power dynamics in workplace and advisory relationships, and how these dynamics can impact one's ability to advocate for the needs of themselves or others. This session will provide a space for open dialogue around how to address these concerns in an ever-

changing environment. In addition, presenters will offer strategies and tips on self-advocacy and difficult dialogues. *Presentation.*

**7:30 pm - 8:45 pm**

### **Fostering Laker Success at GVSU**

#### **Track 3**

- **Jessica Campbell** (Speaker) Faculty, GVSU
- **Alexis Joseph** (Speaker) Graduate Student, GVSU

Fostering Laker Success is a grant funded initiative that provides supports/resources to students at GVSU that have experienced Foster Care. Join us and see what our program is all about and what we offer! *Presentation.*

**7:30 pm - 8:45 pm**

### **My Crown**

#### **Track 4**

- **Juanita Davis** (Speaker) Staff, GVSU
- **Jay EF Brown** (Speaker) Graduate Student, GVSU
- **Paulasia Sims** (Speaker) Undergraduate Student, GVSU
- **Shantiera Carprue** (Speaker) Undergraduate Student, GVSU
- **Amber McIntosh** (Speaker) Undergraduate Student, GVSU
- **Destyni Davis** (Speaker) Graduate Student, GVSU

My Crown will break down stereotypes, prejudice and discrimination towards black hair. Often, black hair is viewed as unprofessional because it does not align with the standard of beauty that glorifies European features. We will explore cultural appropriation and the Crown Act, which was first introduced in California, that prevents race-based hair discrimination which is the denial of employment and educational opportunities. *Panel*

**7:30 pm - 7:30 pm**

### **Democracy 101: Post Election Debrief and Roundtable Discussions**

#### **Track 5**

- **Grace McMahon** (Speaker) Graduate student, GVSU
- **Carson McCready** (Speaker) Graduate student, GVSU
- **Samuel Jacobs** (Speaker) Graduate student, GVSU
- **Ashley Oerman** (Speaker) Graduate student, GVSU
- **Grace Tummel** (Speaker) Staff, GVSU
- **Melissa Baker-Boosamra** (Speaker) Staff, GVSU

Democracy 101 is a series of co-curricular lectures, panel discussions and workshops that focus on the idea and practice of democracy. This student-led session will create space for participants to engage in facilitated dialogue about the results and impact of the Nov. 3rd election. Participants will engage in large group discussion and will have the opportunity to engage in dialogue in small groups about topics such as, legal and political impacts of the election, mental health impacts of the election, rebuilding trust across difference, and how we can move forward together.

Students will develop perspectives that consider the complexities of an issue, limits, and multiple points of view. Students will be able to describe how their civic engagement impacts the community.

*Roundtable.*