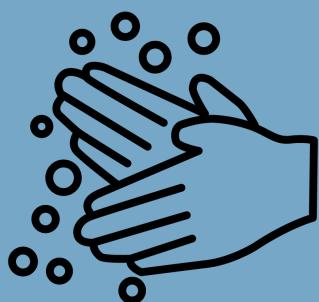


please

WASH YOUR HANDS

Proper hand hygiene is the #1 way to prevent the spread of germs. DO YOUR PART TO PREVENT ILLNESS AND INFECTION by following these simple steps for proper hand hygiene.



soap & water

1. turn on water
2. wet hands
3. apply soap to palm of one hand
4. scrub for 20 seconds
5. rinse
6. dry with paper towel
7. turn off water with a clean towel



hand sanitizer

1. apply to palm of one hand
2. rub over both hands
3. let dry