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# Exploratory Study Newsletter

September 2021

College of Liberal Arts & Sciences  
Academic Advising Center



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## You are an Exploratory Student... Now what?

Being an Exploratory Student allows you to consider all your options and learn about GVSU's many majors before making your decision. Our general education curriculum is designed to provide you exposure to a sampling of academic areas while earning credit. GV also provides several other resources to help you discover your path which will be highlighted every month in this Exploratory Newsletter. Read on to learn more!



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## Exploratory Advising

Every Exploratory Student is assigned an Academic Advisor who will:

- Guide you to resources and tools to make an informed major and career decision
- Help you find courses that will include general education requirements and exploration
- Interpret university policies, procedures, and degree requirements.
- Refer you to campus-wide academic support resources such as tutoring and study skills

Schedule an Appointment with an Exploratory Advisor



## Get Involved & Discover Your Path!

**CLUBS:** Have you considered GV's over 300 clubs? Finding interests through clubs is a great way to explore possible majors. [Lakerlink](#) is your way to connect to organizations.



**VOLUNTEER:** Come the [2021 Fall Nonprofit Volunteer and Internship Fair](#). About 60 nonprofit organizations are looking for volunteers and/or interns in the West Michigan area. Discovering passions through service can help you discover your major!

Tuesday, Sept 14 @ 12p - 3p at the Kirkhof Lawn



**CONNECT:** Join a [Career Community](#) to connect with fellow students, faculty, career advisors, employers, and career content related to specific industry types. Joining one or more career communities will help students explore careers that align with interests and help identify a major that complements that career! Options include:

1. Business and Entrepreneurship
2. Communication and the Arts
3. Education

4. Exploring
5. Healthcare
6. Human and Public Services
7. STEM

**RESEARCH:** Check out undergraduate research opportunities. Sign up for "[How to Get Involved in Research](#)" to find out what research is and find out if this might lead you to your passion! Multiple dates available!

Attend the [Undergraduate Research Fair](#) on Tuesday, Oct 5 at 5p in Kirkhof Grand River Room



## Elementary Education Info

Interested in elementary teaching? Stop by an upcoming PCKET Info Session

Thursday, Sept 9 in KC 2270 @ 4-5:30  
Wednesday, Sept 15 in KC 2266 @ 4-5:30

## Applied Food and Nutrition

### MAJOR OF THE MONTH

The mission of the program is to prepare students for supervised practice leading to eligibility for the CDR credentialing exam to become a registered dietitian nutritionist, graduate degree programs, and entry-level employment in the field of nutrition and dietetics. Applied Food and Nutrition is a growing field; the Bureau of Labor Statistics indicates employment opportunities are expected to increase by 15% by 2026. Studying AFN at GVSU includes experiential learning, with hands-on work in state-of-the-art facilities, including simulation laboratories, culinary laboratories, and the GVSU Sustainable Agriculture Project farm.

### APPLIED FOOD AND NUTRITION INFORMATION SESSION

Thursday, Sept 30 3p - 3:30p @ the Health Campus

Thursday, Oct 28 3p - 3:30p @ the Health Campus

**Advising  
Guide**

**Career  
Guide**



*TIME MANAGEMENT* CAMPUS RESOURCES MOTIVATION &  
PROCRASTINATION *STRESS MANAGEMENT* **STUDY STRATEGIES**

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Online Resources for Discovering Your Major

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1 Campus Drive  
C-1-120 & C-1-140 Mackinac Hall  
Allendale, MI 49401

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