



### Daring Dreams Delivered Worksheet\*

1. Write down your wildest and craziest dreams for your future:

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2. Select one of the dreams above and write it succinctly in one sentence:

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3. Dream advice :

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4. Dream Checklist:

- a. Is the dream really mine? Yes \_\_\_\_\_ No \_\_\_\_\_ Maybe \_\_\_\_\_
- b. Does my dream benefit others? Yes \_\_\_\_\_ No \_\_\_\_\_ Maybe \_\_\_\_\_
- c. How passionate am I about this dream?\*( Circle one)
  - i. 10 – My passion is so hot that it sets other people on fire
  - ii. 9 – I cannot imagine my life without my dream
  - iii. 8 - I willingly sacrifice other important things for it
  - iv. 7 - I am fired up by it and often preoccupied with it
  - v. 6 – I enjoy it as one of many interests
  - vi. 5 – I can take it or leave it
  - vii. 4 – I prefer not to think about it
  - viii. 3 – I do out of my way to avoid it
  - ix. 2 – I’ve put it on my list of least favorite things
  - x. 1 – I would rather have a root canal without anesthesia
- d. Name 2 people that you could enlist to help make this dream possible:
  - i. \_\_\_\_\_
  - ii. \_\_\_\_\_
- e. List 2 challenges that you expect to face in trying to accomplish this goal?
  - i. \_\_\_\_\_
  - ii. \_\_\_\_\_
- f. List 2 strategies you can use to deal with these challenges
  - i. \_\_\_\_\_
  - ii. \_\_\_\_\_
- g. List 2 strengths that you will apply to help you achieve your dream
  - i. \_\_\_\_\_
  - ii. \_\_\_\_\_

5. Accountability Measure: 1 thing you can do in the next week to get one baby step closer to making your dream a reality:

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\*Based on Shoes Johnson’s Dream Activity as well as Maxwell, J. C. (2009). *Put your dreams to the test*. Nashville, TN: Thomas Nelson. The Passion Scale is quoted directly from p. 84 of Maxwell’s book. In addition, Heidi Halvorson’s work in the book *Succeed* is referenced during this section (see <http://www.heidigranthalvorson.com>) as well as Marcus Buckingham’s *Trombone Player Wanted*.