### Dear Laker,

For those returning student-athletes, welcome back! You have made it one step closer to the ultimate objective of graduation. While you will be busy pursuing your own goals, you have new teammates who will need your guidance. Take a minute to share some advice that will shape their habits for success

For those new to GVSU, welcome to the Laker family! We are pleased you have chosen GVSU to pursue your academic and athletic pursuits. We are committed to creating the best possible student-athlete experience so you can reach your full potential as a student and an athlete. Like any close family, there will be celebrations of accomplishments both big and small, but also adversities and stress. This family will be there with you through all of it, but ultimately YOU will need to take ownership for your own success by taking advantage of the resources and support GVSU has to offer. LEAN on your teammates, BUILD a relationship with your coaches, WALK through the doors of administrative support staff such as academic advising, athletic training, or any other athletic administrators whose sole responsibility is your development. In the end, you will be more resilient and ready to take on the world beyond our doors with confidence and a feeling of accomplishment.

All that we ask of you is your best effort every day. This will serve you well and never let us down.

Anchor Up! Keri Becker Director of Athletics



#### Dear Student-Athlete:

Welcome Laker! We are very happy that you have decided to attend Grand Valley State University (GVSU); this is a wonderful place to be. GVSU is a beautiful campus set in a friendly community. It is also an intellectually challenging university committed to your success. On behalf of the L.A.K.E.R. Academic Success Center, I would like to extend our warmest greetings to you.

As part of the Athletic Department, the L.A.K.E.R. Academic Success Center is located in the field house. Being a new student, you are probably wondering what life at GVSU will be like for you and what kind of experiences you will be having when you first arrive. Our role at the Laker Academic Success Center is to provide academic advising, resource and referral information, and to assist you in your transition to Grand Valley State University. We feel the following statement will help you as you proceed through your college career. Learn, Achieve, Keep Everyday Responsibilities.

Please know that we at the L.A.K.E.R. Academic Success Center are here to help you build an exciting, challenging, and rewarding college experience. Whether you are seeking resources, academic assistance, or a place to hang out and study, feel free to stop by the L.A.K.E.R. Academic Success Center.

Once again, I welcome you to GVSU on behalf of the L.A.K.E.R. Academic Success Center. We, at the Center, hope to meet your needs and provide you with a place where you will find encouragement and support for your career at Grand Valley State University. We look forward to meeting you soon.

Damon F. Arnold, Ph.D.
Director, L.A.K.E.R. Academic Success Center/Special Associate to the Athletic Department
<a href="https://www.gvsu.edu/lakeracademiccenter">www.gvsu.edu/lakeracademiccenter</a>

## GRAND VALLEY STATE UNIVERSITY DEPARTMENT OF INTERCOLLEGIATE ATHLETICS

### PHILOSOPHY STATEMENT

Grand Valley State University (GVSU) believes in the value of intercollegiate athletics and in the ideals of sportsmanship that are the foundation of amateur sports programs. The University is committed to sponsoring and promoting a gender equitable sports program where the physical, emotional and social well-being of the student-athlete is of primary concern.

The GVSU intercollegiate athletic experience helps prepare the student-athlete for lifelong accomplishment. GVSU seeks out the best student-athletes and provides them with an environment conducive to academic and athletic success through a dual focus on academic achievement and the pursuit of competitive excellence. The intercollegiate athletic program consistently reflects the high standards of honor, ethical behavior, and dignity, which characterize Grand Valley State University, its conference affiliation and the National Collegiate Athletic Association (NCAA).

### HANDBOOK PURPOSE

The handbook is designed to provide varsity student-athletes with information concerning policies of Grand Valley State University and the Grand Valley State University Department of Intercollegiate Athletics. The handbook is not intended as a substitute for other important University or NCAA publications such as the University Student Code Handbook or NCAA DII Manual. This handbook is a supplement to other sources of information and should be regarded and used in such a manner. If you cannot find the answers to your questions in this book or any other publications, ask your academic advisor, your resident advisor, coach, or compliance director. A wide variety of services are available to you at Grand Valley, and you are encouraged to take advantage of them. This student athlete handbook is available on GVSU Athletic Advising website.

### STUDENT CODE

Grand Valley State University's Athletic Department requires its staff to conduct themselves in a manner, which creates a positive image of the people, values and traditions associated with the University, the Great Lakes Intercollegiate Athletic Conference (GLIAC) and the NCAA. As a student-athlete, you are expected to uphold the same standards of conduct that have been adopted by the Athletic Department and the University Student Code. Standards of conduct are established in order to foster a community and environment where the mission, vision and values of Grand Valley State University can flourish. These standards are embodied within a set core of values that include integrity, community, inclusion & equity, respect, **responsibility**. The University conduct process exists to protect the interests of the community and to challenge those whose behavior falls outside of these values and our policies. The GVSU student code can be found at <a href="http://www.gvsu.edu/studentcode/">http://www.gvsu.edu/studentcode/</a> for further reference.

# INCLUSION, EQUITY & EQUAL OPPORTUNITY/AFFIRMATIVE ACTION POLICY

Grand Valley State University is committed to equal opportunity, affirmative action, and multiculturalism both in spirit and according to related laws and regulations. As adopted by the Board of Trustees, Grand Valley State University is committed to inclusion and equity, and strives to establish a climate that welcomes and affirms the contributions of all students and employees. The University is guided by values for inclusiveness and community which are integral to our mission to educate students to shape their lives, their professions, and their societies, and to enrich the community through excellent teaching, active scholarship, and public service. The University strives to provide all members of its community an inclusive environment and equitable opportunities for success. The University is an affirmative action, equal opportunity institution, consistent with its obligations as a federal contractor. It encourages diversity and provides equal opportunity in education, employment, all of its programs, and the use of its facilities. It is committed to protecting the constitutional and statutory civil rights of persons connected with the University.

The GVSU Athletics Department does not discriminate based on gender and provides equal opportunity for all gender identities to participate. In addition, the Department reaffirms its commitment to comply with applicable federal laws as they relate to athletic programs, including Title IX.

The full University policy can be read and viewed here: https://www.gvsu.edu/policies/policy.htm?policyId=4A85B7A6-C931-1 AF7-9B2F35FC5E78EE31

# LAKER ACADEMIC SUCCESS CENTER (Learning, Achieving, and Keeping Everyday Responsibilities)

The LAKER Academic Success Center's purpose is to empower student-athletes to ACHIEVE academic excellence, DEVELOP self-awareness, and EXCEL in life after sports. The lives of intercollegiate student-athletes are often "pushed to the limit" by the numerous demands placed upon them (e.g., academic, athletic, economic, social, family, career, and relationships). Dedicated to the Athletic Department's mission of offering academic support and advisement which supports and endorses the total development of the student-athlete, the Center promotes academic excellence and assists in student-athletes' development by providing academic support and programming. The LAKER Academic Success Center strives to enhance the opportunities available to intercollegiate athletes so that their academic & athletic experience becomes an integral and valuable component of their total educational experience at Grand Valley State University.

The LAKER Academic Success Center provides advising and academic support services to over 500 student-athletes who are participating in the 20 NCAA and GLIAC sanctioned sports at Grand Valley State University. While the primary focus is on academic advising, the LAKER Center also connects student-athletes with all of the available resources at Grand Valley. The LAKER academic staff realizes and recognizes the special demands and/or pressures that student-athletes face. These may include but are not limited to free time, competitive pressures, visibility, fear of injury, pressure to take performance enhancing drugs, social pressures, travel schedules, the need to follow

orders to achieve athletic excellence, and stress created by the pressure to succeed academically and athletically.

## LAKER CENTER PRINCIPLES AND FRAMEWORK-DEVELOPMENT OF PROGRAMS:

For the past five years the LAKER, Academic Success Center has welcomed student-athletes to Grand Valley State University. In achieving the mission, the LAKER Academic Success Center strives to empower the student athlete to:

- Explore options and identify resources to make informed decisions in an ever-changing environment.
- Identify personal strengths to achieve goals and fulfill potential.
- Promote individual responsibility and encourage self-determination.
- Participate fully in the life of both the collegiate community and the community at large.
- Remove obstacles to exploration, leadership, self-expression, and creativity toward value clarification, philosophical development, and personal growth.
- Achieve a balanced sense of emotional, physical, spiritual and intellectual well-being.

## Athletic Guided Study Program (AGS)

The Athletic Guided Study (AGS) program is designed to enhance the academic success of student-athletes at Grand Valley State University. The AGS team facilitators desire to support, encourage, and mentor student-athletes toward their academic, athletic and personal goals. The AGS program is committed to providing the best support possible to student-athletes in an effort to enable them to achieve success at GVSU and benefit from their collegiate experience. The primary goal for the LAKER Academic Success Center is to retain and graduate our student-athletes. If you have been academically deficient (cumulative or semester GPA below a 2.0), your ability to graduate from GVSU may be in jeopardy. Improving your academic performance can involve many factors and in an effort to address those factors, student-athletes who have been academically deficient will be required to follow the (AGS) Academic Improvement Plan. You are ultimately responsible for your academic performance, but the Academic Center can help develop a plan and find the resources available to you so you can do your best.

### MONITORING ACADEMICS AND GRADE CHECKS

Student-athletes are accustomed to receiving performance-related feedback in their sport. Similarly, information and feedback of an academic nature is used to provide encouragement and assistance in a timely manner, selected freshmen and upperclassmen are motivated throughout the semester. Grade checks and attendance data are requested from faculty throughout each semester using EAB (Navigate). Additionally, telephone calls are made to instructors for current information as needed and student-athletes are asked to self-report academic progress to his or her respective academic advisor.

## TIPS FOR STUDENT-ATHLETE ACADEMIC SUCCESS

Student-athletes are expected to attend class daily. Additionally, the following recommendations are included to help facilitate your experience at Grand Valley State University:

- 1. Introduce yourself to your professors early in the semester and notify them as early as possible about missing class due to team travel.
- 2. Sit in the front, ask questions, show respect, focus on the lecture, make eye contact with professors, be an active participant in class. Know what kinds of questions to ask.
- 3. Know your professor's office hours and office phone number and go see him or her often
- 4. Be on time or early to every class.
- Look neat.
- 6. Turn in all assignments on time and do all extra credit that is offered.
- 7. Review notes every night.
- 8. Provide class absences to professors prior to leaving on team trips.
- 9. Promptly make up all work missed due to travel or preferably turn work in prior to departing on a trip.
- 10. Do your own work; do not share your work with others.

## ATHLETIC ELIGIBILITY REQUIREMENTS

In order to be eligible to participate in intercollegiate athletic competition, a student-athlete must meet academic eligibility standards established by GVSU, the NCAA and the Great Lakes Intercollegiate Athletic Conference (GLIAC). The Associate Director of Athletics for

Compliance and the Registrar will certify the eligibility of all student-athletes prior to intercollegiate competition.

The following is a summary of the academic eligibility standards that one must follow in order to be eligible to participate in intercollegiate athletics at GVSU. The summary of academic eligibility standards follows the NCAA and GLIAC regulations with GVSU requirements added where applicable. A student-athlete shall not represent an institution in intercollegiate athletic competition unless the student-athlete:

- Has been admitted in accordance with the regular published entrance requirements for the institution. GVSU student applications are evaluated, accepted and processed by the Admissions Office.
- Must be in good academic standing as defined by GVSU.
- Must be in a full-time program of studies. At GVSU a full-time program
  for an undergraduate degree requires a minimum of 12 credit hours, and a
  minimum of 9 credit hours if enrolled in a graduate degree program. A
  student-athlete who drops below 12/9 credit hours is immediately ineligible
  to practice and/or compete at the time their enrollment is dropped below
  full-time.
- Must earn a minimum of 9 new credit hours the preceding regular academic term in which the student-athlete has been enrolled full-time at any collegiate institution.
- Must earn a minimum of 18 new credit hours combined preceding fall/winter semester.
- Must earn a minimum 24 new credit hours each academic year (fall/winter/summer), with no more than 6 credits counted from spring/summer terms.
- Must declare a major by the beginning of the individual's fifth semester of full-time collegiate attendance.
- Must maintain satisfactory progress toward a baccalaureate or equivalent degree as determined by the NCAA and GVSU. The calculation of credit hours shall be based upon hours earned or accepted for a degree credit in a specific baccalaureate degree program.
- Beginning in the 5th semester of full-time collegiate enrollment all credit hours utilized for eligibility must be towards the individual student-athlete's declared degree program(s).
- A student-athlete must achieve a minimum cumulative grade point average of 2.00 prior to the beginning of each fall term.

### GVSU ACADEMIC REVIEW POLICY

The following system is used to evaluate the academic progress of all undergraduate students. Using either the narrative or the table below, students can check their credits earned, cumulative grade point average (GPA) and current grade point average (GPA) to readily determine their academic standing. The table below lists semester hours earned (including hours in transfer) and the minimum grade point average for good standing, probation, jeopardy of dismissal and dismissal.

- 1. **Good Standing.** Each student must have a cumulative grade point average (GPA) of a 2.000 or higher to be in good standing.
- 2. **Academic Probation.** A freshman with a cumulative GPA between 1.501 and 1.999 will be placed on probation. A sophomore with a cumulative GPA between 1.801 and 1.999 will be placed on probation (Per NCAA requirements student athletes must maintain an overall GPA of 2.0 in order to be eligible for completion).
- 3. **Jeopardy of Dismissal.** A freshman whose cumulative GPA is 1.500 or lower and a sophomore whose cumulative GPA is 1.800 or lower will be placed in jeopardy of dismissal. Juniors and seniors whose cumulative GPA is below 2.000 will be placed in jeopardy of dismissal.
- 4. **Dismissal.** Students in jeopardy of dismissal have one semester to raise their cumulative GPA above the dismissal level. If the student's cumulative GPA does not rise above the dismissal level and if the current semester GPA is less than 2.500, the student will be dismissed.
- 5. Readmission Following Dismissal. A dismissed student may apply for readmission after a period of one calendar year. Evidence of maturity and improved attitude toward academics and the written support of the student's academic advisor must accompany the application for readmission. The Petition to Return Form and supporting documentation must be submitted to the Registrar not less than 30 days before the first day of classes for the semester of intended return. Petitions are reviewed by the Academic Review Committee on a continual basis. Approval of a petition allows the student to enroll on a conditional basis, as stipulated by the Committee. The academic standing for a readmitted student will be ieopardy of dismissal.
- 6. **Due Process Through Appeal.** If a student believes that his or her academic status is in error, he or she may submit a written appeal including written support of his or her academic advisor to the Academic Review Committee, c/o the Registrar. It is in the student's interest to appeal immediately if he or she intends to do so, but a student may do so no later than the first class day of the subsequent semester. All appeals will be considered by the Academic Review Committee.

	Semester Hours Earned*	Cumulative GPA for Dismissal	Cumulative GPA for Probation	Cumulative GPA for Good Standing
Freshman	0–24	1.500 or less	1.501–1.999	2.000 or better
Sophomore	25–54	1.800 or less	1.801–1.999	2.000 or better
Junior	55–84	1.999 or less	not applicable	2.000 or better
Senior	85 or more	1.999 or less	not applicable	2.000 or better

A student-athlete shall complete his or her four seasons of participation during the first 10 semesters in which the student is enrolled in a collegiate institution in at least a minimum full-time program of studies, as determined by the regulations of that institution.

### CALCULATING YOUR GRADE POINT AVERAGE

- **1.** Calculate the honor points for each class (Credit hours X quality points assigned for the grade)
- 2. Total up the honor points for all your classes
- **3.** Divide the total honor points by the total credit hours (Do not include credit / no credit courses)

# GRAND VALLEY STATE UNIVERSITY QUALITY POINTS PER CREDIT:

A = 4.0	B = 3.0	C = 2.0	D = 1.0
A = 3.7	B-=2.7	C - = 1.7	F = 0.0
B+=3.3	C + = 2.3	D+=1.3	

Class	Grade	Credit Hours	Quality Points	Honor Points
Psychology	В-	4 X	2.7 =	10.8
English	В	3 X	3.0 =	9.0
Biology	A	4 X	4.0 =	16.0
Statistics	C+	3 X	2.3 =	6.9
Totals		14		42.7

Divide your total honor points (42.7) by the total number of hours attempted (14) to determine your grade point average (3.05).

**Unit of Credit:** The unit of credit is the semester hour. The number of credit hours generally indicates the number of periods a class meets each week.

Credit / No Credit: Undergraduate students may elect certain undergraduate coursework on a credit / no credit status. A maximum of 10 semester hours of MAJOR, MINOR or COGNATE course work may be taken as credit / no credit with the consent of one's major department. A maximum of 25% of a student's total hours of coursework at GVSU may be taken as credit / no credit and used to fulfill graduation requirements. In order to receive credit one must receive a C or above in the course.

Repeating a Course: When one chooses to repeat a class, the most recently reported grade will be used to determine one's grade point average. Grades of "I", "W", "AU" or "NC" do not replace an earlier grade. Students *MUST* notify the registrar of their intentions to repeat a course. The appropriate paperwork must be filed with the registrar's office. In addition, you only receive credit once for a class, thus if you repeat a passed class, there is a possibility that you may be short credits for normal progress. Check with your academic advisor, coach or the assistant athletic director if you are unsure.

**Withdrawing from a Class:** A student may withdraw from a class and receive a "W" if the proper paperwork is completed and submitted to the registrar's office by the end of the eighth week of classes. Remember a student-athlete *MUST* carry a minimum of *12* credit hours at all times in order to be eligible.

**Grade Reports-Midterms:** Grades are reported by the registrar at the conclusion of the semester. Midterm grades are reported for all freshmen and for any undergraduate student that is **not** in good academic standing. Midterm reports will be mailed to the student's local address and are not recorded on the student's official transcript.

**Grade Reports-End of Term:** Final grades are reported at the conclusion of each academic term and become part of the official record of the student. Final grade reports are mailed to the student's permanent address within one week of the last day of the examination period unless interrupted by university closure for holidays.

## STUDENT-ATHLETE ADVISORY COMMITTEE

The Student Athlete Advisory Committee (SAAC) is an organization that was created to reflect the student-athlete voice. The SAAC is composed of 2 or more representatives from each varsity team at GVSU. SAAC representatives serve as liaisons that voice happenings and opportunities on and around GVSU's campus, within the GLIAC conference, and at the national level. Meetings take place on the first Tuesday of each month at 9:00 PM virtually. It is the responsibility of the representatives to be a sounding board for student-athlete feedback and hot topics within the SAAC. Through the SAAC, it is our goal as a Grand Valley community to encourage positive discourse amongst student-athletes, foster positive relationships amongst teams, and promote a positive image of the GV student-athlete. As president of SAAC, I encourage each of you to get involved outside or through your sport in the 2020-2021 school year. As this past year has proven, now is the time to close the door on hesitation and open doors to new opportunities. The SAAC can help you do just that and I challenge you to attend at least one meeting or event in the upcoming year. If you are interested in being involved in the GVSU SAAC, below are a list of people who can provide you with more information.

> President: Hannah Beatus beatush@mail.gvsu.edu

Derrick Egli, Vice President
Amanda Barian, Vice President
Paige Gotorrof, Event Coordinator 1
Taylor Segorski, Event Coordinator 2
Abbey Pierce, Fundraising Coordinator
Allyson Schafer, Fundraising Coordinator
Rhys Green, Community Service Coordinator
Anthony Zurke, Community Relations 1
Nicole Taromina, Community Relations 2
Borja De La Fuente, Social Media Coordinator
Steve Lloyd, Treasurer
Carly Livingston, Secretary

### FACULTY MENTORING PROGRAM

The Faculty Mentorship Program is a mentorship program facilitated by the LAKER Academic Success Center through which GVSU student-athletes are connected and paired with a GVSU faculty member within their major course of study.

The program is intended to pair faculty members with student-athletes in a mentoring relationship. These relationships will benefit the student-athlete by allowing him or her to make connections and network with a faculty member within his or her specific field of study. These relationships can positively influence many areas of the student-athlete's academic career.

Each interested student-athlete will complete and return the Faculty Mentor Inquiry form. This form asks for recommendations of faculty members with whom the student would like to be paired. If no recommendation is made, the LAKER Academic Success Center and the Faculty Athletic Representative will collaborate to make contact with a faculty member who is in the field that the student is pursuing.

Pairs may decide where they would like to meet. Most likely the pairs will meet in the faculty member's office. However, meetings may occur at other locations (i.e. a coffee shop) if the pairs so choose. Student-athlete participants should use the time with their faculty mentor to ask questions and get to know more about the field they are going into. This is an excellent networking opportunity and student-athletes should get to know their faculty mentor in order to form a relationship that can last beyond the program.

### LAKER IMPACT SERIES

The Laker Impact Series is aimed at helping our student athletes achieve success academically, athletically and socially. The series will educate and provide valuable knowledge and resources on a variety of topics for all academic levels. *Each student athlete will be required to attend a minimum of two events each semester for a total of four events each academic year, however, you may attend as many events as you would like.* All sessions will be offered virtually, either via live presentation through Blackboard Collaborate or a pre-recorded session available through Blackboard. Attendance will be tracked. Session descriptions and delivery mode will be posted on the LAKER Academic Success Center and the Lakers Listen websites.

#### LAKER IMPACT SERIES SCHEDULE 2020-21

\*Suggested academic class attendance noted by each session, all welcome at any session

### Fall Semester

September 14th - Sexual Violence Prevention Education (\*mandatory for all)

October 1st - College 101 (\*Freshman)

October 12th - QPR Suicide Prevention Training (\*Everyone)

October 27th - Financial Literacy "Money Smarts" (\*Everyone)

November 12th - Employment Search Strategies (\*Everyone)

November 23rd - Final Exam Preparation/Study Techniques (\*Everyone)

December 8th - Anxiety (\*Everyone)

### Winter Semester

January 14th - Professionalism in the Workplace (\*Juniors/Seniors)

January 25th - MEN & MENtal Health (\*male athletes - all academic classes)

February 9th - Upperclassman Panel (\*Freshman & Sophomore)

February 25th - Class Registration/MyPath

March 15th - Athletic Identity (\*Seniors)

March 30th - Seize the Awkward (\*Everyone)

April 15th - Staying Fit & Healthy for Life (\*Seniors)

### LAKERS LISTEN

Lakers Listen is the official mental health platform of the GVSU Athletics Department and although it was built as a mental health platform it is truly more than that. It's a community and one that we encourage all student-athletes to be a part of regardless if they identify as having a "mental health issue" because maintaining our mental wellness should be a priority for everyone. It's also a culture that recognizes that student-athletes may experience difficult times throughout their collegiate careers and we stand with them and support them so that they can be the best version of themselves as a student, as an athlete and as a human being. We encourage support of one another by using the mantra "We Listen". Mental health particularly among the athletic community, has been stigmatized, but GVSU is working to eliminate that stigma and build a culture of acceptance and open dialogue. We treat emotional injuries the same way we treat physical ones. Check out the Lakers Listen website for an up to date schedule of events and information www.gvsu.edu/athletics/lakerslisten/. Remember to follow on Twitter @LakersListen and Instagram lakers.listen.

## NCAA DRUG TESTING

The NCAA drug-testing program, along with clear policies and effective education, protects student-athletes who play by the rules by playing clean. The purpose of the drug-testing program is to deter student-athletes from using performance-enhancing drugs, and it impacts the eligibility of student-athletes who try to cheat by using banned substances. The NCAA tests for steroids, peptide hormones and masking agents year-round and also tests for stimulants and recreational drugs during championships. Member schools also may test for these substances as part of their athletics department drug-deterrence programs.

As required in NCAA bylaws, each academic year the student-athlete shall sign a drug-testing consent form, in which the student-athlete consents to be tested for substances banned by the NCAA.

### NCAA BANNED DRUGS

For more information the NCAA Drug Testing Program and an updated list of banned substances visit:

https://www.ncaa.org/sport-science-institute/ncaa-drug-testing-program

### NCAA NUTRITIONAL/DIETARY SUPPLEMENT

Warning: Before consuming any nutritional/dietary supplement product, review the product and its label with your athletics department staff!

- Nutritional/Dietary supplements, including vitamins and minerals, are not well regulated and may cause a positive drug test.
- Student-athletes have tested positive and lost their eligibility using nutritional/dietary supplements.
- Many nutritional/dietary supplements are contaminated with banned substances not listed on the label.
- Any product containing a nutritional/dietary supplement ingredient is taken at your own risk.

Athletics department staff should provide guidance to student-athletes about supplement use, including a directive to have any product checked by qualified staff members before consuming. The NCAA subscribes only to Drug Free Sport AXISTM for authoritative review of label ingredients in medications and nutritional/dietary supplements. Contact the Drug Free Sport AXIS at 877-202-0769 or www.dfsaxis.com (password: ncaa2).

# GVSU INTERCOLLEGIATE DRUG & ALCOHOL POLICY

It is a privilege to participate in athletic activities at the intercollegiate level. It is believed and hoped that the implementation of a drug education & testing program will serve to benefit all connected with intercollegiate athletics at Grand Valley State University (GVSU). Further, it is hoped that through this program and policy participants in intercollegiate athletics will be better students and athletes and will be better able to make individual, informed, and intelligent decisions with reference to substance use, both now and in the future.

This policy will adhere to university policy and NCAA banned substance list when considering drugs to include in testing panels. Every participant on the intercollegiate athletic team sponsored by GVSU shall be subject to random testing while enrolled in and participating as a student-athlete at GVSU. The Head Coach will have the responsibility of informing his or her student-athletes of their selection for drug testing.

The GVSU Department of Athletics is committed to the well-being of student athletes. To further support students, Alcohol and Other Drugs (AOD) education will be provided to students at least annually to build awareness about making healthy and safe choices regarding alcohol and other drugs. Athletics staff will also participate in AOD education to further support student well-being. Coaches and Administrative staff will engage in this education at least annually. Education will be provided in collaboration with the Alcohol & Other Drugs Services office.

## STUDENT-ATHLETE CONDUCT

When joining the Grand Valley State University Athletic Department, you are not only representing your team, you are also representing the University. It is important that your personal conduct demonstrates good moral and ethical judgment. You are expected to behave both on and off campus in a manner which brings credit to GVSU and your team; this includes any activities conducted online. Be aware of the image you are creating.

In addition to complying with all federal, state and local laws upon enrolling at GVSU, you are also expected to abide by all University regulations. As a student-athlete, you are in no way exempt from penalty if you violate these regulations. Students penalized for violating public laws are not exempt from further prosecution by University authorities if their actions violate University rules.

When participating in intercollegiate athletics competition, you are expected to demonstrate good sportsmanship. The Athletic Department enforces its guidelines related to sportsmanlike conduct. You must avoid actions which display unsportsmanlike behavior. Some of these behaviors are as follows:

- Physical abuse of an official, coach, athlete, opponent or spectator;
- Directing obscene or inappropriate language or gestures to officials, opponents, team members or spectators; or
- Any action which violates generally recognized intercollegiate athletics standards or the values and standards associated with Grand Valley State University, or as determined by any individual head coach and approved by the director of athletics.

### HAZING

The University prohibits any student, acting alone or with others, to conspire to engage in hazing or to participate in hazing. Hazing is defined as an act that endangers the mental or physical health or safety of a student, or that destroys or removes public or private property, for the purpose of affiliation with a team/group. Participation or cooperation by the person(s) being hazed does not excuse the violation. Failing to intervene to prevent (and/or) being hazed does not excuse the violation. Failing to intervene to prevent (and/or) failing to discourage (and/or) failing to report those acts may violate this policy, whether on or off campus. Jeopardizes the physical and/or mental well-being of an individual, or is presumably, an illegal The GVSU athletic department stands fully behind this statement and will NOT tolerate any form of hazing amongst its teams. Violators will be disciplined with suspension from contests, community service, removal from the team, and/or at the discretion of the Athletics Director additional penalties.

### ONLINE SOCIAL NETWORKING SITES

Grand Valley State University supports and encourages the individuals' expression of first amendment rights of free speech. This includes participating in online social networking sites (i.e. Twitter, Facebook.com, TikTok, and Instagram).

The University and Athletics Department does not place any restrictions on the use of these sites by student-athletes. However, we do remind you that as a member of the GVSU Intercollegiate Athletics Department, you are a representative of the University and always in the public eye. Please keep the following points in mind as you participate on social networking web sites.

- Before participating in any online community, understand that anything
  posted online is available to anyone on the planet. Any text or photo
  placed online is completely out of your control the moment it is placed
  online even if you limit access to your site.
- **Do not** post information, photos or other items online that could embarrass you, your team or your University. This includes information, photos and items that may be posted by others on your page.
- Be aware of who you add as a friend to your site many people are looking to take advantage of student-athletes, while others want to get close to student-athletes to give them a sense of membership in the team.
- Exercise caution as to what information you post on your website about your whereabouts or plans. You could be opening yourself up to predators such as stalkers, rapists and thieves.
- You must abide by the <u>GVSU Information Technology Department's</u>
   <u>Policies on Computing and Technology support</u>
- GVSU, including coaches and administrators, has the right to monitor these websites...
- Student-athletes could face discipline and even dismissal for violation of the standards or philosophies of the University, the Athletics Department and/or the NCAA.

# GRAND VALLEY STATE UNIVERSITY RECRUITING PHILOSOPHY

The recruiting philosophy of Grand Valley State University is to provide opportunities for prospective student-athletes to be exposed to the academic and athletic programs of the University as well as providing the coaching staff an opportunity to assess the compatibility and desire of the prospective student-athlete to attend the University. This philosophy will be expressed by means of in-person contact with prospective student-athletes, on and/or off campus, as well as through communication such as correspondence and/or telephone contact.

During the period of an official or unofficial visit, the prospective student-athlete should be able to gain insight into the academic environment, campus life, the community of Allendale & Grand Rapids, and the athletic traditions at the University. At the same time, the visit allows the coaching staff to interact with the prospective student-athlete

in an effort to determine if he/she is the "best fit" for success at the University.

The total recruiting effort exists to provide the coaching staff an assessment and prospective student-athletes the information and experience to make an informed decision in the selection of the institution that offers the most appropriate opportunity to pursue his/her academic and athletic endeavors.

### OFFICIAL VISIT STUDENT-HOST RESPONSIBILITIES

Only currently enrolled student-athletes may serve as official visit hosts for prospective student-athletes. Student-hosts have an important responsibility to ensure that the prospective student-athlete is not placed in an inappropriate situation. In that regard, student-hosts must follow the following protocol:

- Coaches shall select student-hosts and establish a clear itinerary for free time and social activities
- Coaches shall provide student-hosts with a protocol for communication with the coaching staff
- Coaches shall review the student-host form and ensure the student-host understands what he/she may and may not do with the prospective student-athlete. Further, the coach shall ensure that the student-host understands the rules pertaining to the use of student-host money
- Student-hosts must review and sign a form that outlines NCAA and institutional policies regarding official visits prior to the start of the visit.
- Student-hosts shall follow the established itinerary as discussed with the head coach
- Student-hosts should remain with the prospective student-athlete at all times
- Student-hosts shall not consume alcohol or drugs during the visit, shall
  not knowingly permit the prospective student-athlete to consume
  alcohol or drugs during the visit, and shall not arrange for inappropriate
  encounters, including sexual contact or activity, for the prospective
  student-athlete.

### STUDENT SUPPORT SERVICES ON CAMPUS

### Alcohol and Other Drugs Services (AOD) - 206 STU

https://www.gvsu.edu/aod/

Phone: 331-2537

Educating students to make healthy life-long decisions regarding alcohol and other drugs while shaping a community committed to reinforcing safe, smart, and responsible use.

### **Bus Service**

https://www.gvsu.edu/bus/

Phone: 331-6700

Transportation between the Grand Rapids campus and the Allendale campus is easy and convenient with Grand Valley's shuttle bus service Monday – Friday during the fall, winter, and spring/summer semesters.

## Campus Health Center – 10383 42nd Ave. Suite A

https://www.gvsu.edu/campushealth/

Phone: 252-6030

Hours Open: Mondays - Thursdays 8am - 8pm

Fridays 9am - 5pm

Health Services provides primary health care for ill and injured students and limited ambulatory medical services to members of the campus community. In addition, preventative medical services are available, including immunization, contraceptive services, physical examinations, and health care counseling. It is very important to report injuries/illnesses to your Athletic Trainers.

## **Campus Interfaith Resources**

https://www.gvsu.edu/campusinterfaith/

Phone: 331-3207

At GVSU, we seek to support the religious, secular and spiritual diversity of campus. Campus Interfaith Resources exists to both accommodate the unique needs of various faith-based groups on campus while also proactively appreciating the richness of our diversity through education and engaging programs.

### Career Center – 200 STU

https://www.gvsu.edu/careers/

Phone: 331-3311

Hours Open: Monday – Friday 8am – 5pm

The Career Services Office provides extensive services to students as they prepare for post-graduation employment. The staff assists students in preparing resumes and credentials and in developing interviewing skills. The office also arranges employment interviews and notifies students of positions in their field.

## Center for Women & Gender Equity - 1201 KC

https://www.gvsu.edu/cwge/

Phone: 331-2748

Hours Open: Monday – Thursday 8am – 6pm

Friday 8am – 5pm

Victim Advocate: Krystal Diel, dielkrys@gvsu.edu

The Center is dedicated to creating meaningful learning about gender and to advocate for gender justice. The victim advocate offers support to victims/survivors of gender-based violence and connects them to resources

## **University Counseling Center – 206 STU**

https://www.gvsu.edu/counsel/

Phone: 331-3266

Hours Open: Monday - Thursday 8am - 6pm

Friday 8am – 5pm

The office provides individual counseling sessions where personal values, interests, abilities and goals are assessed and then used as a basis for career exploration and decision making. The Counseling Center staff provides students with counseling on personal issues, such as relationships, anxiety, depression, self-awareness, and substance abuse. In addition, personal development seminars are offered each semester to help students make more effective decisions. Topics include stress management, assertiveness training, relationship skills, and building self-confidence.

### **Dean of Students Office - 202 STU**

https://www.gvsu.edu/dos/

Phone: 331-3585

Hours Open: Monday – Friday 8:00am – 5:00pm

The Dean's Office serves as an information resource and problem-solving center for students and faculty, for academic departments and student organizations and an advocate for student concerns. If you find yourself worried about the well-being of a GVSU student you are encouraged to share your concerns through a CARE report which can be accessed on the GVSU online report page <a href="https://www.gvsu.edu/safety">www.gvsu.edu/safety</a>.

## Department of Public Safety- 1011 Service Building

https://www.gvsu.edu/dps/

Phone: 331-3255

Hours Open: 24 hours a day, 7 days a week

The Department of Public Safety is responsible for enforcing state laws as well as all university rules and regulations and for maintaining a safe and secure environment for the campus community. Department personnel are trained in first aid and other emergency procedures. They are deputized by the Ottawa County Sheriff and possess full arrest powers. The department also maintains a Lost and Found Bureau, a Parking Violation Bureau, a weapons safekeeping program, and approves drivers for operating state vehicles.

## **Disability Resource Center – 215 The Blue Connection**

https://www.gvsu.edu/dsr/

Phone: 331-2490

Hours Open: Monday – Friday 8am – 5pm

The Disability Resource Center provides services and accommodations that enhance the learning environment and assists students with disabilities. Grand Valley State University students who qualify and have a documented disability may take advantage of a variety of services that make possible the full participation of disabled students in GVSU educational programs. Student-athletes may be eligible for accommodations when injured.

### Financial Aid Office- 100 STU

https://www.gvsu.edu/financialaid/

Phone: 331-3234

Hours Open: Monday – Thursday 8:00am – 6:00pm;

Friday 8:00am - 5:00pm

The purpose of the Financial Aid Office is to assist all students in obtaining Financial Aid including scholarships, grants, and loans. This includes counseling of students, prospective students, and their families to help them navigate the process and overcome barriers.

### Milton E. Ford LGBT Resource Center - 1161 KC

https://www.gvsu.edu/lgbtrc/

Phone: 331-2530

Hours Open: Monday - Thursday 9:00am - 6:00pm

The LGBT Resource Center advocates for institutional equity, promotes community-building, and provides educational opportunities to create an informed, cohesive, and just campus where community members of diverse sexual orientations, gender identities, and gender presentations are supported and welcome.

### Office of Multicultural Affairs – 1240 KC

https://www.gvsu.edu/oma/

Phone: 331-2177

Hours Open: Monday – Thursday 8am – 6pm

Friday 8am - 5pm

This office was established to serve as an umbrella structure for a variety of programs. The programs are sponsored and cosponsored by the Multicultural Center with various departments on campus, student organizations and community. The purposes are: to promote the academic and social enrichment of all students on campus; assist in planning educational, social and recreational activities for students with an emphasis on cultural diversity; provide advising and problem solving skills for students, faculty and staff. Also, the office assists in the development of faculty and staff cultural and resource training.

### Office of Student Conduct and Conflict Resolution (OSCCR)-STU 202

https://www.gvsu.edu/osccr/

Phone: 331-3585

The Office of Student Conduct and Conflict Resolution (OSCCR) is grounded in restorative practices, social justice, and education. We recognize that conflict is inevitable in relationships. We support our university by teaching skills for effective conflict management through educational workshops and by offering various pathways to resolution when harm has occurred

### Records/Registrar Office – 150 STU

https://www.gvsu.edu/registrar/

Phone: 331-3327

Hours Open: Monday - Thursday 8am - 6pm

Friday 8am – 5pm

The purpose of the Records/Registration Office is to maintain student's academic files by providing forms to assist with grade, address, and name changes, transcript requests, credit/no credit request, loan deferment, graduation audit, major declaration and course registration.

Title IX Office - 4000 JHZ

https://www.gvsu.edu/titleix/

Phone: 331-9530

Title IX Coordinator: Theresa Rowland, rowlandth@gvsu.edu

Deputy Title IX Coordinator: Michael Szydlowski, szydlowm@gvsu.edu

Title IX protects any person from sex-based discrimination, regardless of their real or perceived sex, gender identity, and/or gender expression. The Title IX coordinators are responsible for monitoring, oversight and implementation of University's Title IX compliance, including the coordination of training, education, communications and the administration of grievance procedures for faculty, staff, students and other members of the University community. To report a Title IX complaint or act of sexual misconduct go to the GVSU online reporting page www.gvsu.edu/safety.

**Tutoring Center - 2nd Floor of Kleiner** 

https://www.gvsu.edu/tc/

Phone: 331-3451

Provides small group assistance for students needing additional academic support in most 100 and 200 level courses. There is no charge for these services. Drop-in Tutoring is available (check website).

### FINANCIAL AID

All student-athletes who receive any amount of financial aid based on their athletic ability are monitored by NCAA guidelines. All student-athletes must be aware of the conditions under which aid is awarded, renewed and increased/decreased.

Financial aid may be awarded for any semester during which a student-athlete is in regular full-time attendance as an undergraduate or graduate student with eligibility remaining, provided the student is not under contract or receiving compensation from a professional organization.

Institutional aid may not be decreased or canceled during the period of the award on the basis of a student-athlete's athletic ability, one's contribution to the team or any other athletic related reason. In addition, institutional aid cannot be canceled or increased/decreased during the period of the award because of an injury which prevents the individual from participating in athletics.

Institutional aid may be decreased or canceled during the period of the award if:

- the recipient renders oneself ineligible for athletic competition.
- the individual fraudulently misrepresented any information on an application, tender or letter of intent.
- the individual engages in serious misconduct warranting substantial disciplinary actions or if the individual voluntarily withdraws from a sport.

Institutional financial aid must be reduced or canceled where a student-athlete exceeds their individual or team limits based on NCAA, GVSU, state or federal rules governing the receipt of financial aid.

All athletically-related financial aid awards are issued as one-year, renewable agreements. All student-athletes who receive aid based on athletic aid must be notified on or before July 1 of their athletics financial aid status for the upcoming year. If athletics aid is canceled or reduced, a student-athlete is entitled to a hearing. A request in writing must be submitted to the Director of Athletics within 14 days of the

letter. Upon receiving the written request for a hearing, the financial aid hearing committee will convene, hear your case and render a decision.

### **BOOK SCHOLARSHIP POLICIES AND PROCEDURES**

If your athletics aid agreement includes a book scholarship, you must adhere to the following to receive your required books and materials It is a privilege to receive this award and along with that privilege goes responsibility. You are responsible for handling this scholarship in a professional manner by following all policies and procedures. Books scholarships are governed by NCAA and institutional policies.

Below are a list of policies and procedures that you must follow in order to receive your books:

- 1. You may pick your books up on the lower floor of the GVSU Laker Store in the Market Place beginning the week prior to classes starting. The books will be held for you for one week after the start of classes. If you have not picked them up by then they will be returned to the shelves
- 2. Have your schedule with you on your phone, other device, or printed when you go to the bookstore to pick up your books. This will ensure you are receiving your books for your most current schedule. Your schedule will be printed off at the bookstore and your books will be pulled and boxed for you at the beginning of each semester. Review your receipt BEFORE LEAVING THE BOOKSTORE.
- 3. Your book scholarship covers **ONLY required materials** for the course. Books and/or materials that are "highly recommended" by the professor are not covered by your scholarship. If you want to purchase these materials/books you will need to do so on your own. Materials that are general to multiple classes are not covered (notebooks, exam booklets, pens, USB or flashdrives etc.) *Unauthorized items will be charged to you on your student account.*
- 4. If you have course required material not available in the bookstore (online materials/subscriptions, etc.), please email the Associate Athletics Director for Compliance with your course syllabus.
- 5. **If you drop a class** within the first 4 weeks of the semester, you must return the book to the bookstore and you will not receive cash back

for that book. You must identify yourself as a student-athlete so that the appropriate scholarship account (your team's account) can be credited. Any books not returned from classes dropped within the first 4 weeks will be charged to you on your student account.

- 6. If you add a class, you MUST take in your new class schedule to the bookstore and they will pull the book for you. If you dropped a class and add a new one, you will not receive the new book until the dropped class' book is returned.
- 7. **If you drop a class after the first 4 weeks of the semester,** you may return the book and receive the buyback value. The buyback value is yours to keep.
- 8. At the end of each semester you may return any/all of your books and receive the buyback value on those returns. That buy back value is yours to keep. You may also decide to keep your books at the end of the semester and that is fine as well.
- 9. This book scholarship is for you only. You may not purchase books/materials for friends, relatives or classmates.
- 10. If you have any questions as to whether a book or material can be purchased with the GVSU book scholarship please see your head coach or the Associate Athletics Director. Purchases not approved will be charged to you.
- 11. All bookstore personnel should be treated in a kind and courteous manner. They are not the rule makers, simply the enforcers. If you have a problem with the policies and procedures please see the Associate Athletics Director.
- 12. Any abuses of these policies and procedures will result in the immediate removal of your book scholarship as well as NCAA sanctions for violation of financial aid rules. NCAA violations may render you ineligible to compete and reinstatement will need to be requested by GVSU prior to you regaining your eligibility.

### GVSU DEGREE COMPLETION SCHOLARSHIP

The purpose of the Grand Valley State University (GVSU) Degree-Completion Award program is to provide financial assistance to deserving student-athletes, towards completion of a first baccalaureate degree. Candidates will be students who have exhausted their athletics eligibility.

The selection process for this award will be determined by the Associate Athletics Director. Recommendations from the Head Coach and Academic Advisor for Athletics will be taken into consideration.

### Program Requirements

- Applicants must be an undergraduate student-athlete who has exhausted eligibility at GVSU.
- Applicant shall not be participating in another intercollegiate sport during the period of the award.
- Applicants must be within 30 semester hours of completion of his or her first undergraduate degree at the completion of their athletic eligibility.
- Applicants must have at least a 2.00 cumulative grade-point average.
- Applications will be available prior the end of each Winter term and sent to those individuals who may qualify.

## Regulations Regarding Playing and Practice Seasons and Countable Athletically Related Activity (CARA)

The NCAA has established time limitations for athletics participation that differ when the team is "in-season" or "out-of-season." During the declared playing season, participation in Countable Athletically Related Activities (CARA) is limited to a maximum of four hours per day and 20 hours per week during the declared championship segment, with one required day off (which may include a travel day). A competition counts as three hours, with practice activities subsequent to the competition prohibited. Official vacation periods, as designated by the university during the academic year, are exempt from time limitation rules when a sport is in the declared playing season.

When a sport is in the declared non-championship segment a student-athlete's participation in countable athletically related activities shall be limited to a maximum of four hours per day and 15 hours per week with two required days off.

Outside the declared playing season, or "out-of-season," participation in CARA is limited to a maximum of eight hours per week with a maximum of four hours of skill-related workouts as part of the eight hours. There are two mandatory days off and all CARA is prohibited the week prior to and the week of final exams.

It is only permissible for a student-athlete to miss class for competition and competition related travel during the declared championship season. It is not permissible for a student-athlete to miss class for practice activities at any time with the exception of practice while on approved travel. It is not permissible for a student-athlete to miss class for competition or competition related travel during the non-championship segment.

### Countable Athletically Related Activities (CARA) include:

- 1. Required practice and competition;
- 2. Required weight training and conditioning;
- 3. Participation in individual workouts;
- 4. Review of athletic practice or contest films or videotapes;
- 5. Athletically related meetings required by the coach that include tactical or technical instruction.

An activity may only be defined as voluntary if it meets the following:

- The activity was initiated and requested solely by the student-athlete.
- No information regarding the activity may be reported back to coaching staff members.
- The student-athlete may not be subject to penalty if he/she elects not to participate in the activity.

## ICA ADMINISTRATIVE STAFF INTERCOLLEGIATE ATHLETICS: 331-8800

TITLE	NAME	EMAIL
Director of Athletics	Keri Becker	keri_becker@gvsu.edu
Deputy AD - External Relations	Doug Lipinski	lipinskd@gvsu.edu
Asst. AD - Sales & Marketing	Kelsey Penland	penlanke@gvsu.edu
Asst. AD - Digital Marketing & Branding	Kasey Sullivan	sullikas@gvsu.edu
Marketing & Promotions Director	David Wynkoop	wynkoopd@gvsu.edu
Irwin Club Director	Careena DeMull-Hillard	demullca@gvsu.edu
Digital Media Intern	Maria Babcock	
Assoc. AD - Compliance / Senior Woman Administrator	Wendy Wilson	wallacee@gvsu.edu
Associate AD - Athletic Communications	Tim Nott	nottt@gvsu.edu
Asst. AD - Communications & Marketing	Jake Levy	levyjac@gvsu.edu
Communications Assistant	Mitch Ashcraft	
Communications Assistant	Abby Paragon	
Assoc. AD - Student Athlete Development	Walter Moore	moorewa@gvsu.edu
Administrative Assistant	Rhonda LeMieux	lemieuxr@gvsu.edu
Associate AD - Medical Services	Mark Stoessner	stoessnmm@gvsu.edu
Athletics Healthcare Administrator	Gretchen Goodman	goodmagr@gvsu.edu
Senior Staff Athletic Trainer	Jim Winkler	winkleja@gvsu.edu

Staff Athletic Trainer	Alison Cornelisse	reddical@gvsu.edu
Staff Athletic Trainer	Katie Rejc	rejckati@gvsu.edu
Staff Athletic Trainer	Justin Liberta	libertaj@gvsu.edu
Staff Athletic Trainer	Laylah Ali	alila@gvsu.edu
Graduate Asst. Athletic Trainer	Rylea Saunders	
Medical Benefits Coordinator	Barbara Helms	helmsb@gvsu.edu
Assoc. AD - Athletics & Rec Fac.	Brad Wallace	wallaceb@gvsu.edu
Asst. AD - KFSC & Outdoor Fields	Brent Tavis	tavisbre@gvsu.edu
Asst. AD - Rec Center & Pool	Meghan Pynnonen	pynnonem@gvsu.edu
Facilities Operations Coordinator	Dionte McBride	mcbriddi@gvsu.edu
Facilities Operatios Coordinator	Alex Wise	wiseal@gvsu.edu
Office Asst Scheduling	Kate Carlson	carlska1@gvsu.edu
Office Assistant - Fin./Memberships	Nicole Brower	browerni@gvsu.edu
Facility Graduate Asst FH/Rec	Colin Bachinski	
Facility Graduate Asst KTB/OF	Mike Rascop	
Asst. AD - Game & Event Operations	Jake Marg	margjake@gvsu.edu
Team Coordinator	Samantha Hayden	haydesam@gvsu.edu
Game Operations Asst.	Ryan Stautz	s_stautr@gvsu.edu
Dir Laker Academic Success Ctr.	Dr. Damon Arnold	arnoldda@gvsu.edu
Asst. Director	Myesha Gholston	gholstom@gvsu.edu
Academic Advisor	Micaela Mayer	mayermic@gvsu.edu
Graduate Asst. Academic Advisor	Laura Kastler	s_kastll@gvsu.edu
Graduate Asst. Academic Advisor	Katie Glover	s_glovek@gvsu.edu

Faculty Athletics Representative	Dr. Paul Leidig	leidig@gvsu.edu

## ICA COACHING STAFF

SPORT	TITLE	NAME	EMAIL
Men's Baseball	Head Coach	Jamie Detillion	detillja@gvsu.edu
	Asst. Coach	Cody Grice	gricec@gvsu.edu
	Asst. Coach	Phillip Walby	
Men's Basketball	Head Coach	Ric Wesley	gvsuhoops@gvsu.edu
	Asst. Coach	J.R. Wallace	wallajr@gvsu.edu
	Asst. Coach	Taylor Johnson	johntaylo@gvsu.edu
Women's Basketball	Head Coach	Michael Williams	willimi@gvsu.edu
	Assoc. Head	Phil Sayers	sayersph@gvsu.edu
	Asst. Coach	Kara Carlson	carlkara@gvsu.edu
Football	Head Coach	Matt Mitchell	mitcmatt@gvsu.edu
	Asst. Coach	Roy Roundtree	roundtro@gvsu.edu
	Asst. Coach	Ryan Olson	olsonrya@gvsu.edu
	Asst. Coach	Jim Louis	louisjim@gvsu.edu
	Asst. Coach	Matt Vitzthum	vitzthum@gvsu.edu
	Asst. Coach	Scott Wooster	woosters@gvsu.edu
	Asst. Coach	Nick Postma	postman@gvsu.edu
	Asst. Coach	Jalon Bibbs	bibbsj@gvsu.edu
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Men's Golf	Head Coach	Gary Bissell	bissellg@gvsu.edu
	Asst. Coach	Steve Milewski	milewsks@gvsu.edu

Women's Golf	Head Coach	Rebecca Mailloux	maillour@gvsu.edu
	Asst. Coach	Zach Theut	
Women's Lacrosse	Head Coach	Mackenzie Lawler	lawlemac@gvsu.edu
	Asst. Coach	Nora Boerger	boergerm@gvsu.edu
Women's Soccer	Head Coach	Jeff Hosler	hoslerj@gvsu.edu
	Asst. Coach	Megan Link	linkme@gvsu.edu
	Asst. Coach	Annette Stromberg	stromban@gvsu.edu
Women's Softball	Head Coach	Dana Callihan	callihad@gvsu.edu
	Asst. Coach	Jen Rivera	riverjen@gvsu.edu
M/W Swim & Dive	Head Coach	Andy Boyce	boyceand@gvsu.edu
	Head Diving	Steve Burciaga	burciags@gvsu.edu
	Asst. Coach	Eric Murray	murrjame@gvsu.edu
M/W Tennis	Head Coach	Samantha Schall	schalls@gvsu.edu
	Asst. Coach	Austin Hunt	huntaus@gvsu.edu
M/W Track & Field, CC	Head Coach	Jerry Baltes	baltesj@gvsu.edu
	Assoc. Head	Lou Andreadis	andreadl@gvsu.edu
	Asst. Coach	Steve Jones	jonesteve@gvsu.edu
	Asst. Coach	Aaron Watson	watsona1@gvsu.edu
	Asst. Coach	Reynaldo Radlin	radlinr@gvsu.edu
	Asst. Coach	Matt Conly	conlym@gvsu.edu

Women's Volleyball	Head Coach	Deanne Scanlon	scanlond@gvsu.edu
	Assoc. Head	Jason Johnson	johnjaso@gvsu.edu

