

January 27, 2021 - TRIO STEM News

It's the second week of the semester.

- ◆ Do you have all your books?
- ◆ Need help with time management?
- ◆ Feeling overwhelmed and need extra help?

Make an appointment with your TRIO STEM advisor now to help you get on track.

Are you looking for employment this summer?

You could be one of the **Orientation Assistants** to welcome new Lakers to campus.

The application for the Summer Orientation Assistant position is now available online via Handshake. If you have questions about this please contact Linda and she will provide you with more information.

Get involved this semester. Attend the **Winter 2021 Campus Live Night** on January 31, 2021 at 7:00pm

<https://www.gvsu.edu/campuslivenight/>

TRIO STEM EVENTS***

February 1st from 12:00-1:00pm and February 2nd from 4:00-5:00pm - *Resume and Personal Statements* career event. (Details will be available next week)

February 2nd from 12:00-1:00pm - *Time Management: Making a Semester Plan.* Presented by the Academic Success Coaches. RSVP at <https://www.gvsu.edu/sasc/virtual-academic-success-workshops-142.htm>

February 8th from 12:00-1:00pm and February 9th from 4:00-5:00pm - *Budgeting 101* using iGrad.

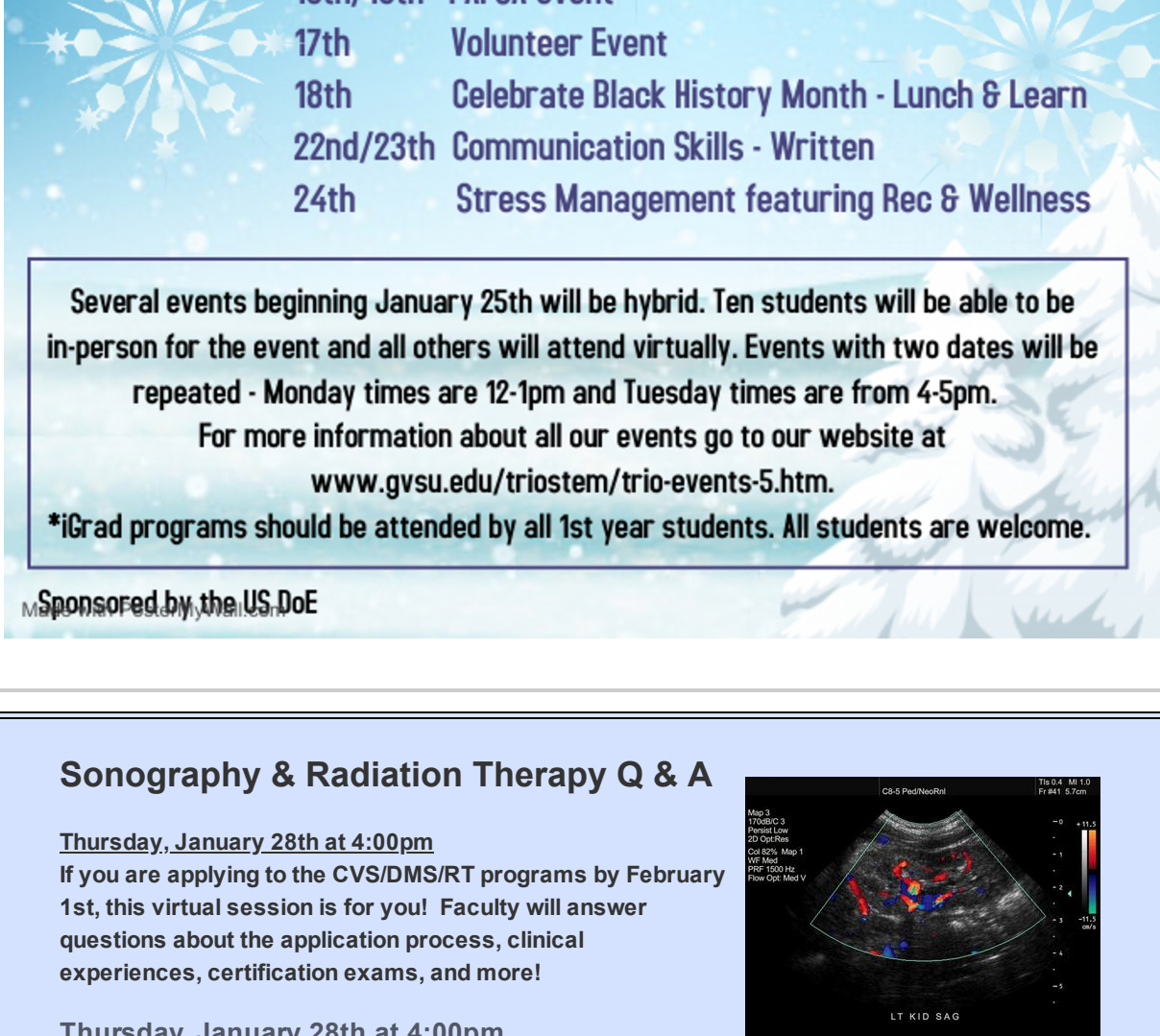
February 10th from 3:00-4:00pm - *Nursing Student Panel.* If you are thinking about majoring in Nursing, this is an opportunity to hear first-hand experiences.

February 15th from 12:00-1:00pm and February 16th from 4:00-5:00pm - *Complete Your FAFSA Workshop.* Financial aid representatives will be available to help you complete your FAFSA.

February 18th from 1:00pm-2:00pm - *Black History Month Lunch and Learn.* Join us as we learn from an expert in the African American community.

February 22nd from 12:00-1:00pm and February 23rd from 4:00-5:00pm - *Career Skills - Written Communication Workshop.* This is one of the top ten skills employers claim that college graduates are not skilled in.

***Click on the TRIO STEM event flyers to be taken automatically to the RSVP form.



TRIO STEM JANUARY 2021

21st	Virtual Hot Chocolate Welcome Back
23rd	Dr. MLK Jr. Day of Service
25th/26th	Introduction to iGrad*

FEBRUARY 2021

1st/2nd	Resume and Personal Statements
2nd	Time Management: Making a Semester Plan
8th/9th	iGrad: Budgeting*
10th	Nursing Student Panel
12th	Vietnamese Cultural Event
15th/16th	FAFSA event
17th	Volunteer Event
18th	Celebrate Black History Month - Lunch & Learn
22nd/23th	Communication Skills - Written
24th	Stress Management featuring Rec & Wellness

Several events beginning January 25th will be hybrid. Ten students will be able to be in-person for the event and all others will attend virtually. Events with two dates will be repeated - Monday times are 12-1pm and Tuesday times are from 4-5pm.

For more information about all our events go to our website at www.gvsu.edu/triostem/trio-events-5.htm.

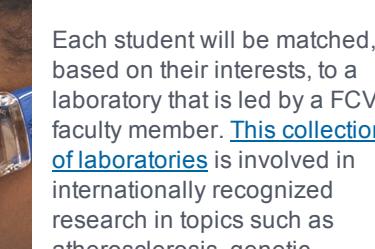
*iGrad programs should be attended by all 1st year students. All students are welcome.

Sponsored by the US DoE

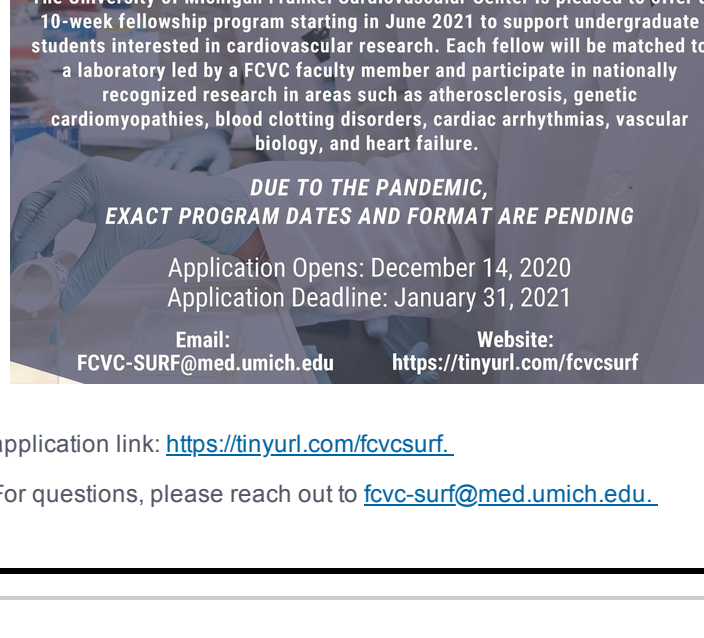
Sonography & Radiation Therapy Q & A

Thursday, January 28th at 4:00pm

If you are applying to the CVS/DMS/RT programs by February 1st, this virtual session is for you! Faculty will answer questions about the application process, clinical experiences, certification exams, and more!



Thursday, January 28th at 4:00pm



FRANKEL CARDIOVASCULAR CENTER
Summer Undergraduate Research Fellowship Program

SURF at the FCVC!

The University of Michigan Frankel Cardiovascular Center is pleased to offer a 10-week fellowship program starting in June 2021 to support undergraduate students interested in cardiovascular research. Each fellow will be matched to a laboratory led by a FCVC faculty member and participate in nationally recognized research in areas such as atherosclerosis, genetic cardiomyopathies, blood clotting disorders, cardiac arrhythmias, vascular biology, and heart failure.

DUE TO THE PANDEMIC, EXACT PROGRAM DATES AND FORMAT ARE PENDING

Application Opens: December 14, 2020
 Application Deadline: January 31, 2021

Email: FCVC-SURF@med.umich.edu Website: <https://tinyurl.com/fcvcsurf>

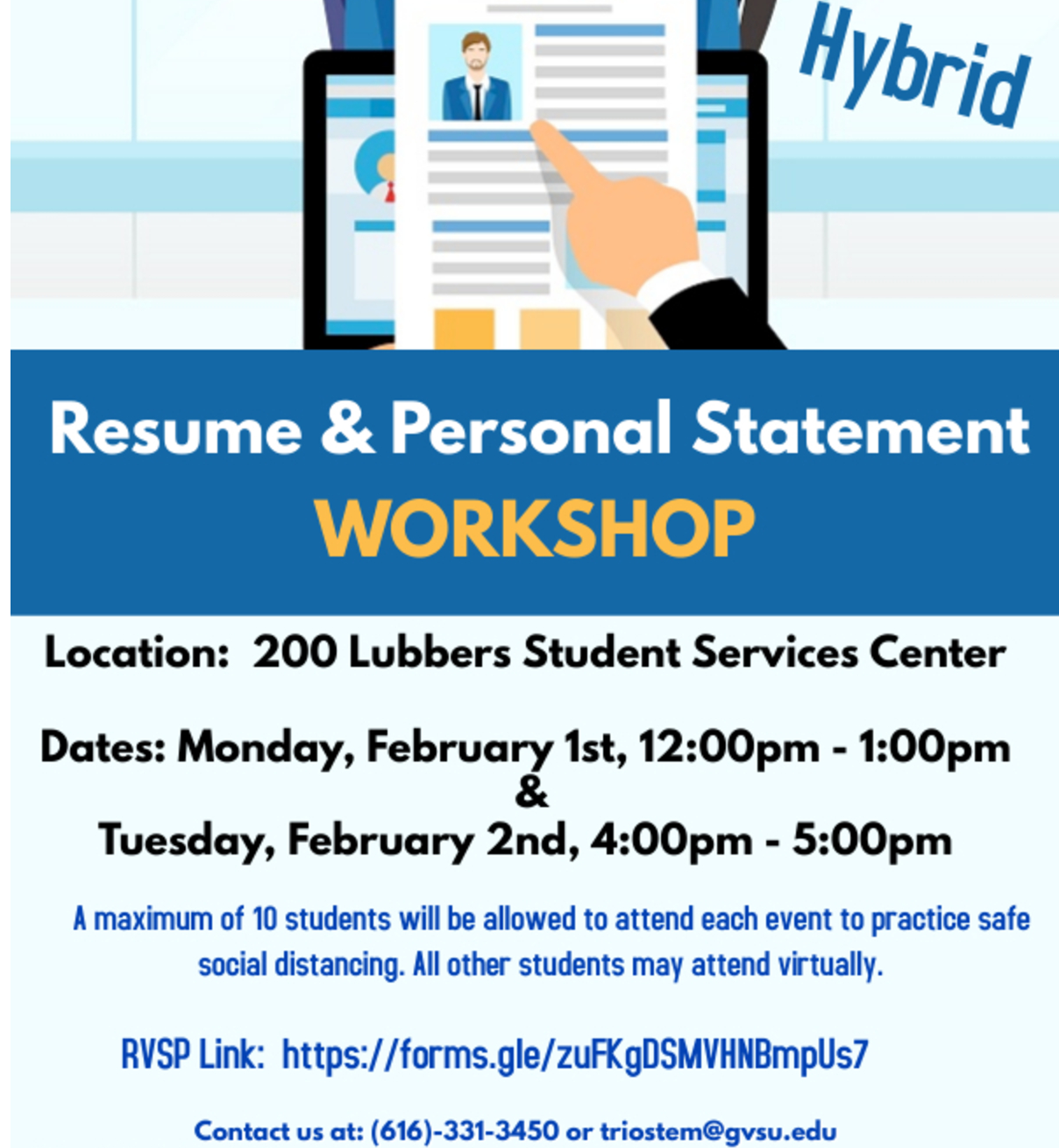
Paid Summer 2021 Undergraduate Research Fellowship

Each student will be matched, based on their interests, to a laboratory that is led by a FCVC faculty member. This collection of laboratories is involved in internationally recognized research in topics such as atherosclerosis, genetic cardiomyopathies, blood clotting disorders, cardiac arrhythmias, vascular biology, and heart failure. The stipend will be \$4,000 for ten weeks of full-time work, typically starting the Tuesday after Memorial Day and ending the first week of August (exact program dates pending). The program includes scientific seminars, social events, and a two-day research symposium where fellows present their research to their peers and FCVC faculty and staff.

The application link closes January 31, 2021, at 11:59pm EST. Visit our website for the

application link: <https://tinyurl.com/fcvcsurf>.

For questions, please reach out to fcvc-surf@med.umich.edu.



Resume & Personal Statement WORKSHOP

Location: 200 Lubbers Student Services Center

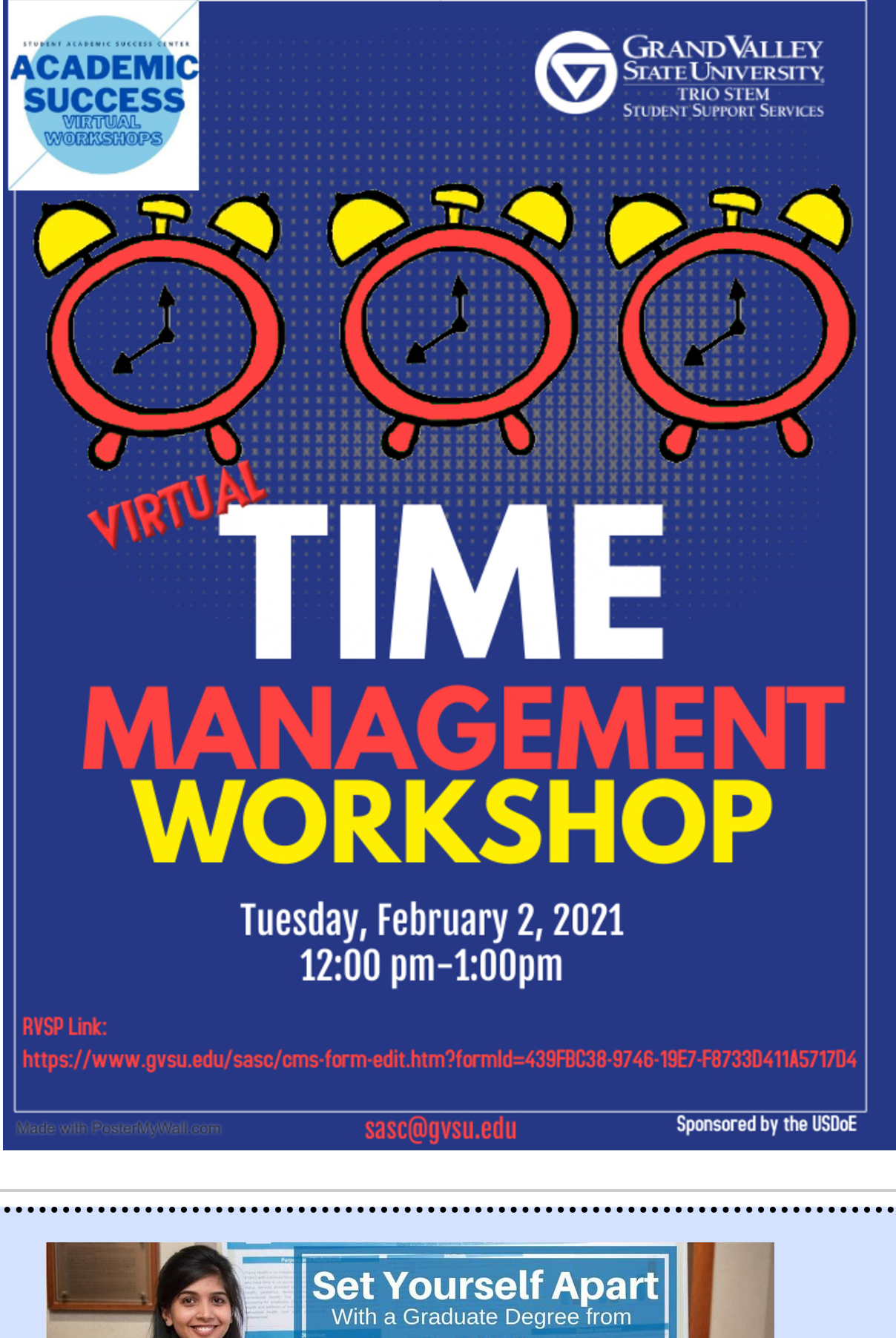
Dates: Monday, February 1st, 12:00pm - 1:00pm & Tuesday, February 2nd, 4:00pm - 5:00pm

A maximum of 10 students will be allowed to attend each event to practice safe social distancing. All other students may attend virtually.

RVSP Link: <https://forms.gle/zuFKgDSMVHNBmpUs7>

Contact us at: (616)-331-3450 or triostem@gvsu.edu

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ACADEMIC SUCCESS VIRTUAL WORKSHOPS

GRAND VALLEY STATE UNIVERSITY TRIO STEM STUDENT SUPPORT SERVICES

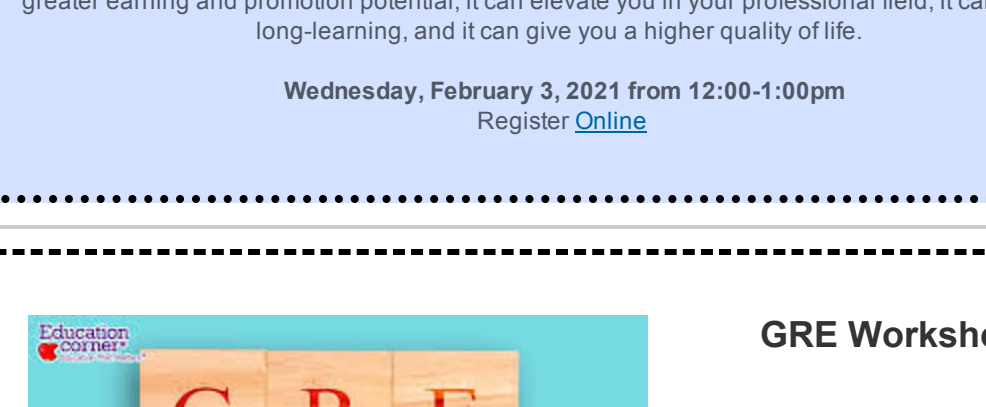
VIRTUAL TIME MANAGEMENT WORKSHOP

Tuesday, February 2, 2021 12:00 pm-1:00pm

RVSP Link: <https://www.gvsu.edu/sasc/oms-form-edit.htm?formid=439FBC38-9746-19E7-F8733D411A5717D4>

sasc@gvsu.edu

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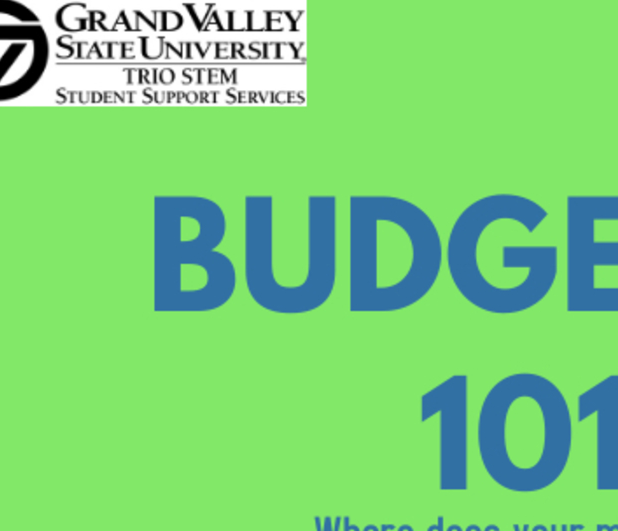


Set Yourself Apart With a Graduate Degree from Grand Valley

The Graduate School Virtual Information Sessions

A graduate degree from Grand Valley can change your life. It can make you more marketable to greater earning and promotion potential, it can elevate you in your professional field, it can foster life long-learning, and it can give you a higher quality of life.

Wednesday, February 3, 2021 from 12:00-1:00pm
 Register [Online](#)



GRE EXAM

GRE Workshop

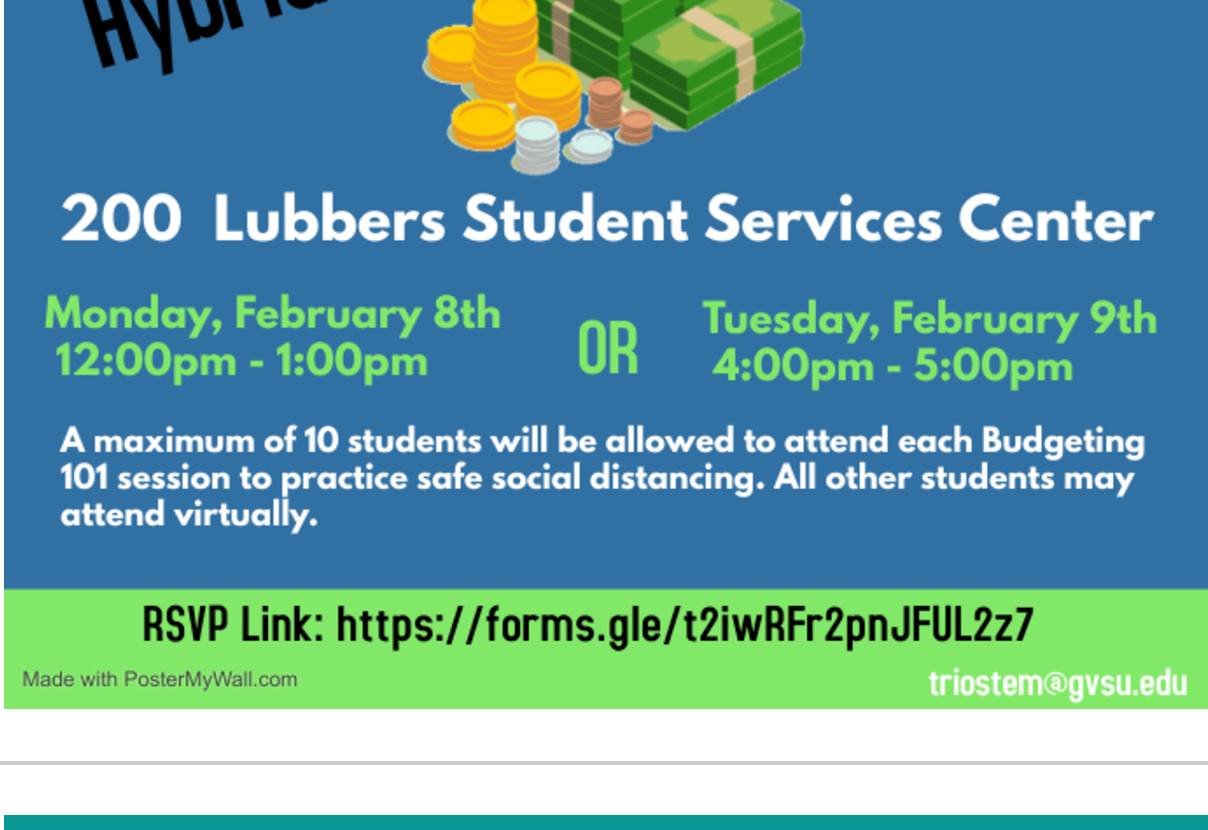
Winter 2021 GRE Workshop

Registration is now open!

Sessions will be held online and utilize resources on Blackboard. Cost is \$15.

Classes begin soon.

[Click HERE for more Information!](#)
[Click HERE to Register!](#)



GRAND VALLEY STATE UNIVERSITY TRIO STEM STUDENT SUPPORT SERVICES

BUDGETING 101

Where does your money go?
 How can you make a plan to save?
 Create a budget.

Hybrid

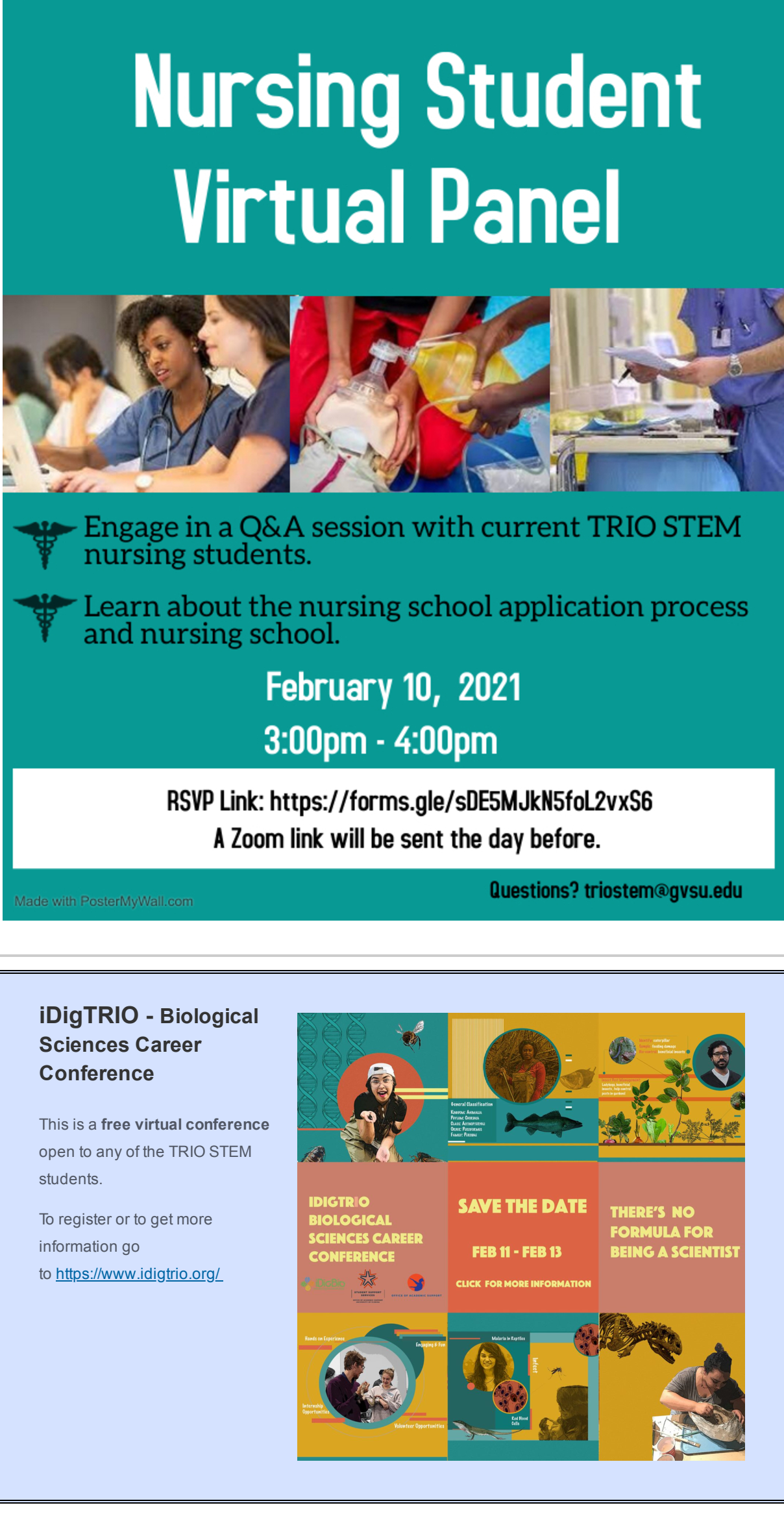
200 Lubbers Student Services Center

Monday, February 8th 12:00pm - 1:00pm OR Tuesday, February 9th 4:00pm - 5:00pm

A maximum of 10 students will be allowed to attend each Budgeting 101 session to practice safe social distancing. All other students may attend virtually.

RSVP Link: <https://forms.gle/t2iwrFr2pnJFUL2z7>

triostem@gvsu.edu



GRAND VALLEY STATE UNIVERSITY TRIO STEM STUDENT SUPPORT SERVICES

Nursing Student Virtual Panel

Engage in a Q&A session with current TRIO STEM nursing students.

Learn about the nursing school application process and nursing school.

February 10, 2021 3:00pm - 4:00pm

RSVP Link: <https://forms.gle/sDE5MJkN5foL2vxS6>

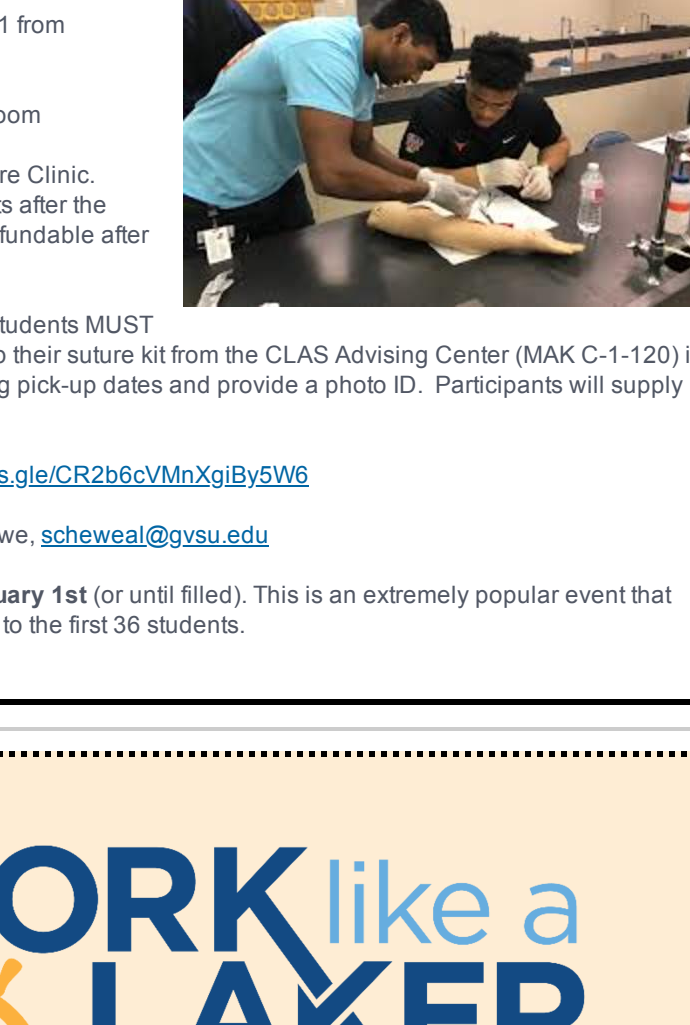
A Zoom link will be sent the day before.

triostem@gvsu.edu

iDigTRIO - Biological Sciences Career Conference

This is a free virtual conference open to any of the TRIO STEM students.

To register or to get more information go to <https://www.idigtrio.org/>.



IDIGTRIO BIOLOGICAL SCIENCES CAREER CONFERENCE

SAVE THE DATE FEB 11 - FEB 13

THERE'S NO FORMULA FOR BEING A SCIENTIST

CLICK FOR MORE INFORMATION

Suture Clinic

WHEN: Wednesday, February 13, 2021 from 8:00-10:00am

WHERE: Will be held virtually via Zoom

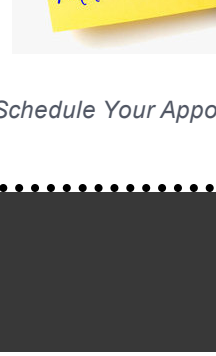
COST: \$25 to participate in the Suture Clinic. Participants will keep their suture kits after the clinic. The registration fee is non-refundable after February 10, 2021.

SUPPLIES: In order to participate, students MUST be able to come in-person to pick up their suture kit from the CLAS Advising Center (MAK C-1-120) in Allendale during one of the following pick-up dates and provide a photo ID. Participants will supply their own non-ripe banana.

REGISTRATION FORM: <https://forms.gle/CR2b6cVmnXgIBy5W6>

QUESTIONS?: Contact Alexis Schewe, scheweal@gvsu.edu

Registration will be open until February 1st (or until filled). This is an extremely popular event that always fills quickly. Space is limited to the first 36 students.



Appointments

Active participants are required to meet with their TRIO STEM advisor at least 3 times a semester, first year students are required 4 times. This contact can be in-person, via phone or Skype or at a workshop/seminar hosted by TRIO STEM.

You can call our office at (616) 331-5430 or go to www.gvsu.edu/triostem to Schedule Your Appointment.

1 Campus Drive
 200 STU
 Allendale, MI 49401

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