

Mikhila N. Wildey (formerly Mikhila N. Humbad)

Curriculum Vitae

Department of Psychology
Grand Valley State University
2126 Au Sable Hall
Allendale, MI 49401
616-331-3881 (phone)
wildeymi@gvsu.edu

EDUCATION

- 2013 PhD Michigan State University**, Clinical Psychology, East Lansing, MI
Dissertation: "Exploring mate preferences from an evolutionary perspective using a speed dating design."
Committee: S. Alexandra Burt, PhD, M. Brent Donnellan, PhD, Deborah Kashy, PhD, Adrian Blow, PhD
- 2012-2013 Pine Rest Christian Mental Health Services**, APA Accredited Pre-Doctoral Clinical Psychology Internship, Grand Rapids, MI
Training Director: Brant VanOrman, PsyD
- 2009 MA Michigan State University**, Clinical Psychology, East Lansing, MI
Thesis: "Assortative mating: Evidence for an active gene-environment correlation."
Committee: S. Alexandra Burt, PhD, M. Brent Donnellan, PhD, Kelly L. Klump, PhD
- 2006 BS Michigan State University**, Psychology with Honors, East Lansing, MI
Thesis: "Dangers of the "Model Minority" myth: How positive stereotypes and acculturation can affect Asian Americans' test performance."
Committee: Ann Marie Ryan, PhD, Kevin Ford, PhD

POSITIONS

- 08/2015-current Grand Valley State University**, Allendale, MI
Assistant Professor
- 07/2014-current Pine Rest Christian Mental Health Services Northeast Clinic**, Grand Rapids, MI
Fully Licensed Psychologist (License #6301015706), currently Adjunct status
- 2013-2014 Pine Rest Christian Mental Health Services Northeast Clinic**, Grand Rapids, MI
Doctoral Limited Licensed Psychologist; Supervisor: Vitaliy Voytenko, PsyD

PUBLICATIONS

- Burt, S. A., **Wildey, M. N.**, & Klump, K. L. (2015). The quality of the inter-parental relationship does not moderate the etiology of child conduct problems. *Psychological Medicine*, 45, 319-332.

- Humbad, M. N.**, Donnellan, M. B., Iacono, W. G., McGue, M. & Burt, S. A. (2013). Quantifying the association between personality similarity and marital satisfaction using profile correlations: A cautionary tale. *Journal of Research in Personality*, 47, 97-106.
- Marceau, K., **Humbad, M. N.**, Burt, S. A., Klump, K. L., Leve, L. D., & Neiderhiser, J. M. (2012). Observed externalizing behavior: A developmental comparison of genetic and environmental influences across three samples. *Behavior Genetics*, 42, 30-39.
- Humbad, M. N.**, Donnellan, M. B., Klump, K. L., & Burt, S. A. (2011). Development of the Brief Romantic Relationship Interaction Coding Scheme (BRRICS). *Journal of Family Psychology*, 25, 759-769.
- Burt, S. A., Donnellan, M. B., **Humbad, M. N.**, McGue, M., & Iacono, W. G. (2010). Does marriage inhibit antisocial behavior? An examination of selection versus causation via a longitudinal twin design. *Archives of General Psychiatry*, 67, 1309-1315.
- Humbad, M. N.**, Donnellan, M. B., Iacono, W. G., McGue, M. & Burt, S. A. (2010). Is spousal similarity for personality a matter of convergence or selection? *Personality and Individual Differences*, 49, 827-830.
- Humbad, M. N.**, Donnellan, M. B., Iacono, W. G., & Burt, S. A. (2010) The association of marital quality with personality and psychopathology: Results from a very large sample of married couples. *Journal of Abnormal Psychology*, 119, 151-162.

BOOK CHAPTERS

- Wildey, M. N.**, & Burt, S. A. (2017). Brief Romantic Relationship Interaction Coding Scheme (BRRICS). To appear in M. Boos, M. Kolbe, & E. Brauner (Eds.), *To appear in Cambridge Handbook of Group Interaction Analysis*. New York, NY: Cambridge University Press.

GRANTS

- Wildey, M. N.**, Grant, "Sexual Attitudes and Behaviors," CSCE Mini-Grant, Grand Valley State University, \$400, Funded. (Start: January 1, 2017, End: March 31, 2017)
- Wildey, M. N.**, Grant, "Romantic Attraction and Dating Preferences Using a Speed-Dating Design," CSCE, Early Career Grant, Grand Valley State University, \$3,000, Funded. (Start: April 1, 2016, End: March 31, 2017).

MANUSCRIPTS IN PREPARATION

- Wildey, M. N.**, Donnellan, M. B., Klump, K. L., & Burt, S. A. (Revise & Resubmit). Using multiple methods of measuring marital satisfaction to examine the association between externalizing psychopathology, personality, and marital satisfaction. *Invited manuscript to Journal of Personality Disorders special issue on Personality Disorders and Relationships*.

Wildey, M. N., Donnellan, M. B., & Burt, S. A. (in preparation) Examining the role of personality and psychopathology in perceptions of "dateability."

Wildey, M. N., Barnhart, K. J., & Donnellan, M. B. (in preparation) Would you say you 'hooked up' if...

Wildey, M. N., Donnellan, M. B., & Burt, S. A. (in preparation) Gender differences in dating preferences.

PRESENTATIONS

Wildey, M. N., Barnhart, K. J., & Donnellan, M. B. (2017, November). *What does "hooking up" mean? Understanding the definition of sexual behaviors in a large sample of undergraduate students.* Poster to be presented at Association for Behavior and Cognitive Therapy conference in San Diego, CA.

Wildey, M. N., Donnellan, M. B., Klump, K. L., & Burt, S. A. (2017, June). *Using multiple methods to evaluate the association between externalizing psychopathology, personality, and marital satisfaction in a large, diverse sample of married couples.* Paper presented at Association for Research in Personality conference in Sacramento, CA.

Wildey, M. N. (2017, April). *The role of personality and psychopathology in mate preferences.* Invited speaker at Midwestern Psychological Association conference in Chicago, IL.

Wildey, M. N., Donnellan, M. B., Klump, K. L., & Burt, S. A. (2016, November). *Using multiple methods of measuring marital satisfaction to examine the association between externalizing psychopathology, personality, and marital satisfaction.* Paper presented at the Psychology Colloquium at Grand Valley State University, Allendale, MI.

Wildey, M. N., Donnellan, M. B. (2016, July). *Hooking up: "Anything from making out to having sex."* Poster presented at International Association for Relationship Research conference in Toronto, ON.

Wildey, M. N., Donnellan, M. B., Klump, K. L., & Burt, S. A. (2016, May). *Using multiple methods of measuring marital satisfaction to examine the association between externalizing psychopathology, personality, and marital satisfaction.* Paper presented at Association for Psychological Science conference in Chicago, IL.

Wildey, M. N., Donnellan, M. B., & Burt, S. A. (2015, November). *The role of personality and psychopathology in initial attraction and mate preferences.* Poster presented at Association for Behavioral and Cognitive Therapies conference in Chicago, IL.

Wildey, M. N. & Hogarth, V. (2014, March). *Stopping the pain: Information about self-injury, what it is, and why it happens.* Presentation at Belding High School, Belding, MI.

Humbad, M. N., Klump, K. L., & Burt, S. A. (2012, June). *Comparing the effects of three measures of marital conflict on the etiology of conduct problems.* Poster presented at Behavior Genetics Association conference, Edinburgh, Scotland.

Humbad, M. N., Donnellan, M. B., & Burt, S. A. (2012, March). *Examining the role of personality, psychopathology, and health characteristics in Perceptions of "Dateability."* Paper presented at the Psychology Colloquium at Grand Valley State University, Allendale, MI.

Humbad, M. N., Donnellan, M. B., Klump, K. L., & Burt, S. A. (2011, November). *The Brief Romantic Relationship Interaction Coding Scheme: A new coding scheme for understanding couple interactions.* Poster presented at Association for Behavioral and Cognitive Therapies conference, Toronto, ON.

Humbad, M. N., Donnellan, M. B., & Burt, S. A. (2011, October). *Examining the role of personality and health characteristics in perceptions of "Dateability."* Poster presented at International Association for Relationship Research mini-conference, Tucson, AZ.

Humbad, M. N., Donnellan, M. B., & Burt, S. A. (2011, June). *Evocative person-environment correlations in mate selection.* Paper presented at Behavior Genetics Association conference, Newport, RI.

Humbad, M. N., Donnellan, M. B., & Burt, S. A. (2011, March). *Examining romantic attraction and mate preferences using a speed-dating design.* Paper presented at the Clinical Psychology Brownbag at Michigan State University, East Lansing, MI.

Humbad, M. N., Klump, K. L., Levendosky, A. A., & Burt, S. A. (2010, June). *A behavioral genetic analysis of externalizing psychopathology and adult attachment.* Poster presented at Behavior Genetics Association conference, Seoul, South Korea.

Humbad, M. N., Klump, K. L., & Burt, S. A. (2009, June). *Effects of interparental conflict on the etiology of conduct problems.* Poster presented at Behavior Genetics Association conference, Minneapolis, MN.

Marceau, K. P., Burt, S. A., **Humbad, M. N.,** Klump, K. L., Leve, L. D., & Neiderhiser, J. M. (2009, June). *Genetic and environmental influences on observed externalizing behavior in middle childhood and early adolescence.* Paper presented at Behavior Genetics Association conference, Minneapolis, MN.

Humbad, M. N., Donnellan, M. B., McGue, M., Iacono, W. G., & Burt, S. A. (2008, June). *Assortative mating: Evidence of an active gene-environment correlation.* Poster presented at Behavior Genetics Association conference, Louisville, KY.

Humbad, M. N., Donnellan, M. B., Iacono, W. G., & Burt, S. A. (2008, January). *Personality, psychopathology, and marital quality.* Paper presented at the Social and Personality Brownbag at Michigan State University, East Lansing, MI.

Humbad, M. N. (2007, January). *Dangers of the "Model Minority" myth: How positive stereotypes and acculturation can affect Asian Americans' test performance.* Poster presented at the Society of Personality and Social Psychology conference, Memphis, TN.

Humbad, M. N. (2005, April). *Dangers of the "Model Minority" myth: How positive stereotypes and acculturation can affect Asian Americans' test performance.* Oral presentation at the University Undergraduate Research and Arts Forum (UURAF), Michigan State University, East Lansing, MI.

Humbad, M. N. (2005, April). *Dangers of the "Model Minority" myth: How positive stereotypes and acculturation can affect Asian Americans' test performance.* Poster presented at the Honors College Poster Fair, Michigan State University, East Lansing, MI.

Lichty, L. F., Tatebe, D., Dworkin, E., **Humbad, M. N.**, Pollick, B. P., and Buchanan, N. T. (2005, August). *A Qualitative Exploration of Youth Sexual Harassment.* In N. T. Buchanan (chair), Expanding Sexual Harassment Research to Include Diverse Populations and Intersecting Forms of Harassment. Symposium presented at the meeting of the International Coalition Against Sexual Harassment, Philadelphia, PA.

Humbad, M. N. & White, K. (2005, July). *Old learning never dies...it just recovers.* Poster presented at Wisconsin Committee on Institutional Cooperation, Student Research Opportunities Program Conference, University of Wisconsin, Madison, WI.

Humbad, M. N. & White, K. (2005, July). *Old learning never dies...it just recovers.* Poster presented at Student Research Opportunities Program Research Symposium, University of Michigan, Ann Arbor, MI.

TRAINING PRESENTATIONS

Introduction to Couples Therapy

2014-2017 Pine Rest Christian Mental Health Services Pre-doctoral Psychology Interns

2016-2017 Pine Rest Christian Mental Health Services Psychiatry Residents

Hinduism and Working with South Asian Patients

2015-2017 Pine Rest Christian Mental Health Services Psychiatry Residents

TEACHING EXPERIENCE

Adult Psychopathology (Grand Valley State University, Current)

Behavior Modification (Grand Valley State University, Current)

Personality Psychology (Michigan State University, 2008)

ORGANIZATIONS AND AFFILIATIONS

Member, International Center for Excellence in Emotionally Focused Therapy, 2014-current

Member, International Association for Relationship Research, 2011-current

Member, Association for Behavioral and Cognitive Therapy, Couples Special Interest Group, 2011-current

Member, Midwestern Psychological Association, 2017

Member, American Psychological Association, 2010-2016

Member, Michigan Psychological Association, 2012-2015

Member, Behavior Genetics Association, 2008-2015

Member, Society of Personality and Social Psychology, 2006-2007

AD-HOC JOURNAL REVIEWER

Academic Research Journal of Psychology and Counseling
Archives of General Psychiatry
Emerging Adulthood
Journal of Family Psychology
Journal of Personality Disorders
Journal of Social and Personal Relationships
Mental Illness
Sage Open

WORKSHOPS ATTENDED

STAR Behavioral Health Provider and Center for Deployment Psychology Tier One and Tier Two Military Culture/Sensitivity trainings, Grand Rapids, MI, 2014
Externship in Emotionally Focused Couples Therapy, Chicago Center for EFT, 2014
Critical Incident Response Training, Pine Rest Christian Mental Health Services, 2013
Dyadic Data Analysis full course audited, Michigan State University, 2010
R Data and Graphics, Michigan State University, 2010
Personality Assessment Inventory (PAI) and Inventory of Interpersonal Problems (IIP), Michigan State University, 2009
Dialectical Behavior Therapy, Michigan State University, 2009
Multilevel Modeling, Michigan State University, 2008

HONORS AND AWARDS

2010-2012 Behavior Genetics Association Travel Fellowship
2011-2012 Michigan State University Graduate School Travel Award
2011 Council of Graduate Students Travel Fellowship, Michigan State University