

Mikhila N. Wildey (formerly Mikhila N. Humbad)

Curriculum Vitae

Department of Psychology
Grand Valley State University
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EDUCATION

- 2013** **PhD** **Michigan State University**, Clinical Psychology, East Lansing, MI
- 2012-2013** **Pine Rest Christian Mental Health Services**, APA Accredited Pre-Doctoral Clinical Psychology Internship, Grand Rapids, MI
- 2009** **MA** **Michigan State University**, Clinical Psychology, East Lansing, MI
- 2006** **BS** **Michigan State University**, Psychology with Honors, East Lansing, MI

POSITIONS

- 08/2022-present** **Grand Valley State University**, Allendale MI
Assistant Chair of Psychology Department
- 08/2021-present** **Grand Valley State University**, Allendale, MI
Associate Professor
- 11/2019-present** **Resilient Relationships**, Grand Rapids, MI
Fully Licensed Psychologist (License #6301015706), part-time private practice
- 08/2015-08/2021** **Grand Valley State University**, Allendale, MI
Assistant Professor
- 07/2014-11/2019** **Pine Rest Christian Mental Health Services Northeast Clinic**, Grand Rapids, MI
Fully Licensed Psychologist (License #6301015706)
- 2013-2014** **Pine Rest Christian Mental Health Services Northeast Clinic**, Grand Rapids, MI
Doctoral Limited Licensed Psychologist

PEER-REVIEWED PUBLICATIONS AND CHAPTERS

- Wildey, M. N.**, Fox, M. E., Machnik, K. M., & Ronk, D. (2022). Exploring graduate student mental health and service utilization by gender, race, and year in school. *Journal of American College Health*, 1-9. <https://doi.org/10.1080/07448481.2022.2145898>

- Wildey, M. N.,** Donnellan, M. B., Klump, K. L., & Burt, S. A. (2020). Using multiple methods of measuring marital satisfaction to examine the association between externalizing psychopathology, personality, and marital satisfaction. *Journal of Personality Disorders, 34*, 480-498.
- Wildey, M. N.,** & Burt, S. A. (2018). Brief Romantic Relationship Interaction Coding Scheme (BRRICS). In M. Boos, M. Kolbe, & E. Brauner (Eds.), *Cambridge Handbook of Group Interaction Analysis* (p. 613-621). Cambridge University Press.
- Burt, S. A., **Wildey, M. N.,** & Klump, K. L. (2015). The quality of the inter-parental relationship does not moderate the etiology of child conduct problems. *Psychological Medicine, 45*, 319-332.
- Humbad, M. N.,** Donnellan, M. B., Iacono, W. G., McGue, M. & Burt, S. A. (2013). Quantifying the association between personality similarity and marital satisfaction using profile correlations: A cautionary tale. *Journal of Research in Personality, 47*, 97-106.
- Marceau, K., **Humbad, M. N.,** Burt, S. A., Klump, K. L., Leve, L. D., & Neiderhiser, J. M. (2012). Observed externalizing behavior: A developmental comparison of genetic and environmental influences across three samples. *Behavior Genetics, 42*, 30-39.
- Humbad, M. N.,** Donnellan, M. B., Klump, K. L., & Burt, S. A. (2011). Development of the Brief Romantic Relationship Interaction Coding Scheme (BRRICS). *Journal of Family Psychology, 25*, 759-769.
- Burt, S. A., Donnellan, M. B., **Humbad, M. N.,** McGue, M., & Iacono, W. G. (2010). Does marriage inhibit antisocial behavior? An examination of selection versus causation via a longitudinal twin design. *Archives of General Psychiatry, 67*, 1309-1315.
- Humbad, M. N.,** Donnellan, M. B., Iacono, W. G., McGue, M. & Burt, S. A. (2010). Is spousal similarity for personality a matter of convergence or selection? *Personality and Individual Differences, 49*, 827-830.
- Humbad, M. N.,** Donnellan, M. B., Iacono, W. G., & Burt, S. A. (2010) The association of marital quality with personality and psychopathology: Results from a very large sample of married couples. *Journal of Abnormal Psychology, 119*, 151-162.

GRANTS

- Wildey, M. N.,** Grant, "Understanding the Longitudinal Course of Jealousy both Within and Between Romantic Relationships," CSCE Catalyst Grant, Grand Valley State University, \$2540, Funded. (Start: April 13, 2021, End: April 30, 2022)
- Wildey, M. N.,** Grant, "Developing a Psychology Internship," Career Center Internship Mini-Grant, Grand Valley State University, \$5035, Funded. (Start: May 1, 2019, End: December 13, 2019)
- Wildey, M. N.,** Grant, "Sexual Attitudes and Behaviors," CSCE Mini-Grant, Grand Valley State University, \$400, Funded. (Start: January 1, 2017, End: March 31, 2017)

Wildey, M. N., Grant, "Romantic Attraction and Dating Preferences Using a Speed-Dating Design," CSCE, Early Career Grant, Grand Valley State University, \$3,000, Funded. (Start: April 1, 2016, End: March 31, 2017).

MANUSCRIPTS IN PREPARATION *indicates student paper

Wildey, M. N., Balderrama-Durbin, C., Knopp, K., Stanley, S. M., & Rhoades, G. K. (in preparation) Understanding the course of jealousy across the development of romantic relationships.

*Campbell, S., **Wildey, M.N.**, Nelson, G., & Barnhart, K. J. (in preparation). Contraception and barriers to use among female university students who have engaged in hookup behaviors.

*Leahy, K.L., Barnhart, K.B., & **Wildey, M.N.** (to be resubmitted). Sexual compliance: What makes an individual more likely to consent to sex they do not want?

PRESENTATIONS *indicates student presentation

*Leo, K., Kansky, J., Doyle, K. M., Godfrey, L. M., Wang, B. A., Crenshaw, A. O., & **Wildey, M. N.** (2020, November). *Fostering Intimacy and Emotional Connection in Diverse Couples Across Relational Contexts* [Discussant]. Association for Behavior and Cognitive Therapy conference, virtual.

*Campbell, S., Barnhart, K. J., **Wildey, M. N.** (2020, March). *Influence of religion on contraceptive use among female college students reporting a history of hookup behaviors*. Michigan Epidemiology Conference, Rochester, MI. (Conference canceled)

*Campbell, S., **Wildey, M.N.**, Nelson, G., & Barnhart, K.J. (2019, November). *Contraception and barriers to use among female university students who have engaged in hookup behaviors*. Poster presented at the American Public Health Association conference in Philadelphia, PA.

*Nelson, G., **Wildey, M.N.**, Campbell, S., & Barnhart, K.J. (2019, November). *Self-esteem and orgasm experiences among sexual minority students who have engaged in hookup behaviors*. Poster presented at the American Public Health Association conference in Philadelphia, PA.

Wildey, M. N., Balderrama-Durbin, C., Knopp, K., Stanley, S. M., & Rhoades, G. K. (2019, June). *Understanding the course of jealousy across the development of romantic relationships*. Poster presented at the Association for Research in Personality conference in Grand Rapids, MI.

Wildey, M. N., Balderrama-Durbin, C., Knopp, K., Stanley, S. M., & Rhoades, G. K. (2019, February). *Understanding the course of jealousy across the development of romantic relationships*. Paper presented at the Psychology Colloquium at Grand Valley State University in Allendale, MI.

*Hesse, C., Cornelius, T. C., **Wildey, M. N.**, Shorey, R. (2018, November). *Bystander attitudes and intervention behaviors: How personal history of intimate partner violence affects attitudes and behaviors*. Poster presented at the Association for Behavior and Cognitive Therapy conference in Washington D.C.

- *Leahy, K. L., **Wildey, M. N.**, & Barnhart, K. J. (2018, July). *Sexual compliance: What makes an individual more likely to consent to sex they do not want?* Poster presented at the International Association for Relationship Research conference in Fort Collins, CO.
- Wildey, M. N.**, & Barnhart, K. J. (2018, July). *How do college students identifying as heterosexual versus non-heterosexual differ in their definitions of “had sex” and “hooking up”?* Poster presented at International Association for Relationship Research conference in Fort Collins, CO.
- Wildey, M. N.**, Barnhart, K. J., & Donnellan, M. B. (2017, November). *What does “hooking up” mean? Understanding the definition of sexual behaviors in a large sample of undergraduate students.* Poster presented at Association for Behavior and Cognitive Therapy conference in San Diego, CA.
- Wildey, M. N.**, Donnellan, M. B., Klump, K. L., & Burt, S. A. (2017, June). *Using multiple methods to evaluate the association between externalizing psychopathology, personality, and marital satisfaction in a large, diverse sample of married couples.* Paper presented at Association for Research in Personality conference in Sacramento, CA.
- Wildey, M. N.** (2017, April). *The role of personality and psychopathology in mate preferences.* Invited speaker at Midwestern Psychological Association conference in Chicago, IL.
- Wildey, M. N.**, Donnellan, M. B., Klump, K. L., & Burt, S. A. (2016, November). *Using multiple methods of measuring marital satisfaction to examine the association between externalizing psychopathology, personality, and marital satisfaction.* Paper presented at the Psychology Colloquium at Grand Valley State University, Allendale, MI.
- Wildey, M. N.**, Donnellan, M. B. (2016, July). *Hooking up: “Anything from making out to having sex.”* Poster presented at International Association for Relationship Research conference in Toronto, ON.
- Wildey, M. N.**, Donnellan, M. B., Klump, K. L., & Burt, S. A. (2016, May). *Using multiple methods of measuring marital satisfaction to examine the association between externalizing psychopathology, personality, and marital satisfaction.* Paper presented at Association for Psychological Science conference in Chicago, IL.
- Wildey, M. N.**, Donnellan, M. B., & Burt, S. A. (2015, November). *The role of personality and psychopathology in initial attraction and mate preferences.* Poster presented at Association for Behavioral and Cognitive Therapies conference in Chicago, IL.
- Humbad, M. N.**, Klump, K. L., & Burt, S. A. (2012, June). *Comparing the effects of three measures of marital conflict on the etiology of conduct problems.* Poster presented at Behavior Genetics Association conference, Edinburgh, Scotland.
- Humbad, M. N.**, Donnellan, M. B., & Burt, S. A. (2012, March). *Examining the role of personality, psychopathology, and health characteristics in Perceptions of “Dateability.”* Paper presented at the Psychology Colloquium at Grand Valley State University, Allendale, MI.

Humbad, M. N., Donnellan, M. B., Klump, K. L., & Burt, S. A. (2011, November). *The Brief Romantic Relationship Interaction Coding Scheme: A new coding scheme for understanding couple interactions.* Poster presented at Association for Behavioral and Cognitive Therapies conference, Toronto, ON.

Humbad, M. N., Donnellan, M. B., & Burt, S. A. (2011, October). *Examining the role of personality and health characteristics in perceptions of "Dateability."* Poster presented at International Association for Relationship Research mini-conference, Tucson, AZ.

Humbad, M. N., Donnellan, M. B., & Burt, S. A. (2011, June). *Evocative person-environment correlations in mate selection.* Paper presented at Behavior Genetics Association conference, Newport, RI.

Humbad, M. N., Donnellan, M. B., & Burt, S. A. (2011, March). *Examining romantic attraction and mate preferences using a speed-dating design.* Paper presented at the Clinical Psychology Brownbag at Michigan State University, East Lansing, MI.

Humbad, M. N., Klump, K. L., Levendosky, A. A., & Burt, S. A. (2010, June). *A behavioral genetic analysis of externalizing psychopathology and adult attachment.* Poster presented at Behavior Genetics Association conference, Seoul, South Korea.

Humbad, M. N., Klump, K. L., & Burt, S. A. (2009, June). *Effects of interparental conflict on the etiology of conduct problems.* Poster presented at Behavior Genetics Association conference, Minneapolis, MN.

Marceau, K. P., Burt, S. A., **Humbad, M. N.,** Klump, K. L., Leve, L. D., & Neiderhiser, J. M. (2009, June). *Genetic and environmental influences on observed externalizing behavior in middle childhood and early adolescence.* Paper presented at Behavior Genetics Association conference, Minneapolis, MN.

Humbad, M. N., Donnellan, M. B., McGue, M., Iacono, W. G., & Burt, S. A. (2008, June). *Assortative mating: Evidence of an active gene-environment correlation.* Poster presented at Behavior Genetics Association conference, Louisville, KY.

Humbad, M. N., Donnellan, M. B., Iacono, W. G., & Burt, S. A. (2008, January). *Personality, psychopathology, and marital quality.* Paper presented at the Social and Personality Brownbag at Michigan State University, East Lansing, MI.

AWARDS AND HONORS

2022	Pew Teaching Excellence Award
2019	Psi Chi Professor of the Year
2019	Psi Chi Mentor of the Year

TEACHING EXPERIENCE

2020-present	Psychology Practicum (Grand Valley State University)
2015-present	Behavior Modification (Grand Valley State University)

2015-present Adult Psychopathology (Grand Valley State University)
2008 Personality Psychology (Michigan State University)

TRAINING/GUEST PRESENTATIONS

2015-present Hinduism and Working with South Asian Patients, Pine Rest CMHS Psychiatry Residents
2017-2020 Religious Diversity in Therapy, Pine Rest CMHS Psychiatry Residents
2016-2020 Introduction to Couples Therapy, Pine Rest CMHS Psychiatry Residents
2016-2019 Suicide and Threat Assessment, GVSU School Psychology Master's Program
2014-2019 Introduction to Couples Therapy, Pine Rest CMHS Pre-doctoral Psychology Interns
2013 Non-suicidal Self Injury Information (What it is and why it happens), Belding High School Staff, Parents, and Students

UNIT AND UNIVERSITY SERVICE COMMITTEES

2022-present Department Assistant Chair of Advising, Enrollment, and Curriculum Interest
2022-present Department Online Teaching Format Task Force
2017-19;2021-present Department Advising & Retention Committee
2017-present University Academic Policies and Standards Committee Member (elected)
2021 Ad-hoc University Graduate Student Mental Health Task Force
2021 CLAS Summer Strategy and Innovation Group
2020-2021 Department Meeting Recorder
2019-2020 Department Ad-hoc Internship/Practicum Task Force
2018 University First Year Advising and Registration
2017-2019 Department Ad-hoc Task Force on Sexual Harassment and Power Imbalances
2016-2019 Department Website Committee
2016 Department Meeting Recorder

PROFESSIONAL SERVICE AND ORGANIZATIONS

2019-present Association for Research in Personality
2014-present International Center for Excellence in Emotionally Focused Therapy
2011-present International Association for Relationship Research (IARR)
2011-present Association for Behavioral and Cognitive Therapy (ABCT)
2019-2022 Publications Committee Appointed Member, IARR
2018-2020 Co-Leader, Couples Research and Treatment Special Interest Group (within ABCT)
2017 Midwestern Psychological Association
2016-2018 Conference Planning Committee Appointed Member, IARR
2012-2015 Michigan Psychological Association
2010-2016 American Psychological Association
2008-2015 Behavior Genetics Association
2006-2007 Society of Personality and Social Psychology

AD-HOC JOURNAL REVIEWER

Academic Research Journal of Psychology and Counseling
Archives of General Psychiatry
Clinical Psychology Review
Developmental Psychopathology
Emerging Adulthood
Family Process
Journal of Family Psychology
Journal of Personality Disorders
Journal of Social and Personal Relationships
Mental Illness
Personal Relationships
Personality and Social Psychology Bulletin
Personality Disorders: Theory, Research, and Treatment
Sage Open
Scandinavian Journal of Psychology

OTHER SERVICE

2021-Present Couples Therapy and Treatment Peer Process and Consultation Group, Founder and Facilitator