

CURRICULUM VITAE

Mary Bower Russa
Grand Valley State University
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EMPLOYMENT:

2014-present **Full Professor, Grand Valley State University.**
Assistant Department Chair (Fall 2016-present)
Department of Psychology, Allendale, Michigan.

2003-present **Associate Professor, Grand Valley State University.**
Department of Psychology, Allendale, Michigan.

1997-2003 **Assistant Professor, Grand Valley State University.**
Department of Psychology. Allendale, Michigan.

1995-1997 **Postdoctoral Clinical Fellowship: Adult Clinical/Health Psychology**
The Cleveland Clinic Foundation, Department of Psychiatry and Psychology

EDUCATION:

1995 **Ph.D. Clinical Psychology.** The University of Iowa.
Thesis: Social Environment as a Function of Neuroticism and Social Anxiety.

1991 **M.A. Clinical Psychology.** The University of Iowa.
Thesis: Classification of Disciplinary Events and Disciplinary Choices as a Function of Childhood History.

1989 **B.S. (Psychology and Spanish).**
Michigan State University, Honors College.
Graduation with High Honors.

TEACHING:

Grand Valley State University (1997-present):

Psychology of Physical Disabilities (PSY 368).
Adult Psychopathology (PSY 303).
Health Profession Disability Psychology (PSY 668).
Introductory Psychology (PSY 101).
Health Psychology (PSY 367)

**The Cleveland Clinic Foundation (1995-1997) and
The Medical College of Virginia (1994-1995).**

Training and lectures on psychological assessment for medical students and psychiatric residents.

SUPERVISED STUDENT HONOR PROJECTS, PRESENTATIONS AND *OTHER PROJECTS (since 2008).

Grydehoj, R. Langenberg, A., Marshall, L., Bates, K., Miller, K. (April, 2018). History of trauma and adult psychosocial adjustment in parents evaluated for termination of parental rights in Kent County. Poster presentation at GVSU Student Scholarship Day. Allendale, Michigan.

Sommer, M. (Fall, 2018). **Honors Project:** Trauma therapy and the need for cross cultural competence.

***Grydehoj, R. (Fall, 2017). (PSY 499).** *Prediction of Dangerousness in Forensic Psychology: A review of the literature.* Annotated Bibliography

Scieszka, J. (Fall 2017). **Honors Project:** Childhood adjustment to use of prosthetics: demographic, psychosocial and physical therapy related factors.

Dzik, P. (Fall 2017). **Honors Project:** Therapeutic relationship in on-line mental health treatment.

***Fornicola, E. (Fall 2016). Co-mentor for Honors Project:** Cycles of family violence: The effects of physical abuse and witnessing intimate partner violence on perpetration of child physical abuse.

Austin, S. (February, 2016). Preventing and slowing the progression of dementia in older adults and the elderly. Poster presented at the Art and Science of Aging Conference. Grand Rapids, Michigan

***Long, S. (Fall, 2015).** *Factors influencing Termination of Parental Rights: A Review of the Literature.* Annotated Bibliography.

***Hayes, S. (Fall 2015).** *Structure and Effectiveness of Large Scale Community Based Health Interventions: Smoking, Obesity, and HIV.*

***Thompke, H. (April, 2015).** *Predicting Recidivism Rates: Assessment and Risk Factors.* Annotated Bibliography for PSY 399.

Emily K., Pierson, K., Spruit, S. & Sharpe, T. (May, 2015). *Analog Parenting Task revised: Responses to video versus still images.* Poster to be presented at the Midwestern Psychological Association. Chicago, Illinois.

Naftaly, J. (February, 2015). *Medical adherence in the older years.* Poster presented at the Art and Science of Aging Conference. Grand Rapids, Michigan.

***Sharpe, T.** (April, 2014). *Child abuse and its effects on mental health, relationships and later risk for abuse.* Annotated Bibliography for PSY 399.

LaBush, V. (February, 2014). *Psychological perspectives on euthanasia and physician assisted suicide.* Poster presented at the Art and Science of Aging Conference. Grand Rapids, Michigan.

Cooper, E. (February, 2014). *Happiness in aging adults.* Poster presented at the Art and Science of Aging Conference. Grand Rapids, Michigan.

Vanderwege, B. (February, 2013). *Social support: Mechanisms for health and well being.* Poster presented at the Art and Science of Aging Conference. Grand Rapids, Michigan.

Buchholtz, K. (February, 2013). *Psychotherapy for depression in an aging population*. Poster presented at the Art and Science of Aging Conference. Grand Rapids, Michigan. (Senior Honors Project).

Sanchez, M. (July, 2012). *History of emotional and physical abuse and parenting*. Paper presented at the 18th Annual University at Buffalo McNair Research Conference. Niagara Falls, New York. (And poster presented at Student Scholarship Day. GVSU, Allendale, Michigan).

Allain, A. (February, 2011). *Parkinson's disease: Adjustment and coping*. Poster presented at the Art and Science of Aging Conference. Grand Rapids, Michigan.

Tenhoor, R. (February, 2011). *Family caregivers for patients with dementia: Coping and interventions*. Poster presented at the Art and Science of Aging Conference [and Student Scholarship Day]. Grand Rapids, Michigan. (Senior Honors Project).

Van Lopik, L. (February, 2011). *Depression in the elderly: Risk factors and treatment*. Poster presented at the Art and Science of Aging Conference. Grand Rapids, Michigan.

Gross, M. (February, 2010). *The recession and aging adults*. Poster presented at the Art and Science of Aging Conference. Grand Rapids, Michigan.

Smogoleski, K. (February, 2010). *Leisure: Function and benefits in older adults*. Poster presented at the Art and Science of Aging Conference. Grand Rapids, Michigan.

Fluegeman, J. (February, 2009). *Animal assisted therapy and the elderly*. Poster presented at the Art and Science of Aging Conference. Grand Rapids, Michigan.

Graves, C. (February, 2009). *Sexuality and aging*. Poster presented at the Art and Science of Aging Conference. Grand Rapids, Michigan.

Skidmore, C. & Secord, S. (April, 2008). *Factors influencing eating disordered and self injurious behaviors in college women*. Poster presented at Michigan Psychological Association, Chicago, IL. (Co-supervised with Andrea Rotzien).

Skidmore, C. & Secord, S. (May, 2008). *College women's self esteem, emotional control, and body investment in relation to self injurious behavior*. Poster presented at the Association for Psychological Science. Chicago, IL. (Co-supervised with Andrea Rotzien).

SCHOLARLY ACTIVITIES:

Publications and Reports

Dueker, G., **Russa, M.B.** & Kieliszewski, J. (Under Review). Understanding the impact of Adverse Childhood Experience in the lives of parents who maltreatment their children.

Zajenkowska, A., Joanna, Julia, Dorota, **Russa, M.B.** (Under Review). The importance of context in cross-cultural studies on social information processing: Hostile attribution bias with the AIHQ in US, Poland and Japan.

Jasielska, D., Radoslaw, R., **Russa, M.B.**, Park, J., Zajenkowska, A. (Under Review). Happiness and Hostile Attributions in a Cross-Cultural Context – The Importance of Trust and Interdependence.

Jasielska, D., Rogoza, R., Zajenkowska, A. & **Russa, M.B.** (In Press). General Trust Scale: Validation in cross-cultural settings. *Current Psychology*.

Mylonas, K., Lawrence, C., Zajenkowska, A., **Russa, M.B.** (2016). The Situational Triggers of Aggressive Responses scale in five countries: Factor structure and country clustering solutions. *Personality and Individual Differences*, 104, 172-179.

Rodriguez, C. M., **Russa, M. B.** & Kircher, J. C. (2015). Analog assessment of frustration tolerance: Association with self-reported child abuse risk and physiological reactivity. *Child Abuse and Neglect*, 46, 121-131.

Dominiak-Kochanek, M., Konopka, K., **Russa, M. B.**, & Fraczek, A. (2015). Harsh discipline and readiness for interpersonal aggression in Poland and the USA: The mediating role of sensitivity to provocations and frustrations. *Polish Psychological Bulletin*, 46, 542-554.

Russa, M. B., Matthews, M. & Owen-Deschryver, J. (2015). Support for families with children with Autism. *Journal of Positive Behavior Intervention*, 17, 95-104.

Russa, M. B., Rodriguez C. M. & Silvia, P. J. (2014). Frustration influences impact of history and disciplinary attitudes on physical discipline decision making. *Aggressive Behavior*, 40, 1-11.

Rodriguez, C. M., **Russa, M. B.**, & Harmon, N. (2011). Assessing abuse risk beyond self-report: Analog task of acceptability of parent-child aggression. *Child Abuse and Neglect*, 35, 199-209.

Russa, M. B., & Rodriguez, C. M. (2010). Physical discipline, escalation and child abuse potential: Psychometric evidence for the Analog Parenting Task. *Aggressive Behavior*, 36, 251-260.

Bower-Russa, M.E. (2005). Attitudes mediate the association between childhood disciplinary history and parenting responses. *Child Maltreatment*, 10, 272-282.

Bower-Russa, M.E., Knutson, J.F., & Winebarger, A. (2001). Disciplinary experiences, adult disciplinary attitudes, and risk for abusive parenting. *Journal of Community Psychology*, 29, 219-240.

Bower-Russa, M. (February, 1999). Keys to Successful Offender Treatment. In Carter Goble Associates, Inc, & Huskey and Associates, Inc., *State of Iowa Offender Programs Evaluation Project* (pp. 1-27).

Huskey, B. & **Bower-Russa, M.** (February, 1999). Iowa Programs Offender Population Profiles. In Carter Goble Associates, Inc, & Huskey and Associates, Inc., *State of Iowa Offender Programs Evaluation Project* (pp. 1-88).

Bower-Russa, M., & Huskey, B. (February, 1999). Program Evaluation. In Carter Goble Associates, Inc., & Huskey and Associates, Inc., *State of Iowa Offender Programs Evaluation Project* (pp. 1-164).

DeNelsky, G.Y. & **Bower, M.E.** (1998). Smoking cessation in cardiac preventive health. In K. Robinson (Ed.) *Preventive Cardiology* (pp. 325-353). Armonk, N.Y.: Futura Publishing Company, Inc.

Bower, M. E. & Knutson, J. F. (1996). Attitude toward physical discipline as a function of disciplinary history and self labeling as physically abused. *Child Abuse and Neglect*, 20, 689-699.

Knutson, J. F., & **Bower, M. E.** (1994). Physically abusive parenting as an escalated aggressive response. In M. Poteag & J. F. Knutson (Eds.) *The Escalation of Aggression in Dyads and Groups: Biological and Social Processes*. Hillsdale, N.J.: Lawrence Erlbaum Associates, Inc.

Conference Presentations

Russa, M.B., Dueker, G. & Kieliszewski, J. (2018, July). *Childhood History and Adult Psychosocial Functioning in Parents Evaluated for Capacity to Parent*. Poster presented at the International Society for Research on Aggression. Paris, France.

Dueker, G., **Russa, M.B.** & Kieliszewski, J. (2018, July). *Psychosocial Adjustment of Maltreating Parents: Impact of Childhood Exposure to Trauma and Violence*. Poster presented at the International Society for Research on Aggression. Paris, France.

Russa, M. B., Rodriguez, C. M. & Rotzien, A. (2016, July). *Emotional and Relational functioning and Risk for Physical Child Abuse Perpetration*. Poster presented at the International Society for Research on Aggression. Sydney, Australia.

Dominiak-Kochanek, M., Konopka, K., Fraczek, A., Ramirez, J., **Russa, M. B.**, & Piumatti, G. (2014, July). *Cross-national perspectives on the relation between disciplinary patterns and readiness for aggression in males and females*. Paper presented at the World Meeting of the International Society for Research on Aggression. Atlanta, GA.

Dominiak-Kochanek, M., **Russa, M. B.**, & Zajenkowska, A. (2014, July). *The role of individual sensitivity to provocations and frustrations in the relation between harsh discipline and readiness for aggression in Poland and the USA*. Poster presented at the World Meeting of the International Society for Research on Aggression. Atlanta, GA.

Dominiak-Kochanek, M., Konopka, K., Fraczek, A., & **Russa, M. B.** (June, 2014). *Sensitivity to frustrations and provocations as a mediator of the relation between harsh discipline and readiness for aggression in Poland and the USA*. Paper presented at the XXXVII CSCE (Colloquiums Internacionales sobre Cerebro and Agresion: "International Colloquiums on Aggression"). Zielona-Gora, Poland.

Russa, M. B. (2012, July). *Findings from analogs: The Analog Parenting Task*. Paper presented at a symposium on indirect assessment of intra-familial aggression using analog tasks at the XXth World Meeting of the International Society for Research on Aggression. Luxembourg City, Luxembourg.

Russa, M. B. & Rodriguez, C. (2011, November). *The Mediating Role of Disciplinary Schema in Physical Discipline Decision-Making: Impact of Frustration*. Poster presented at the meeting of the Association for Behavior and Cognitive Therapy, Toronto, Canada.

Rodriguez, C., **Bower-Russa, M.** & Harmon, N. (2008, September). *Assessing Abuse Risk Beyond Self Report: Analog of Acceptability of Violence toward Children*. Poster presented at the International Society for the Prevention of Child Abuse and Neglect, Hong Kong.

Bower-Russa, M. & Rodriguez, C. M. (2008, August). *The Analog Parenting Task: New Evidence for Validity*. Paper presented at a symposium on advances in child maltreatment risk assessment at the meeting of the American Psychological Association, Boston, MA.

Bower-Russa, M., Rodriguez, C. M., Minami, T., & Kircher, J. (2008, August). *Emotion regulation and child maltreatment risk: Clues from analogs*. Poster presented at the meeting of the American Psychological Association, Boston, MA.

Bower-Russa, M. E. & Paschke, R. (2003, August). *Teaching the Psychology of Physical Disabilities*. Invited poster presented at the American Psychological Association (invited based on award received at the National Institute on Teaching of Psychology). Toronto, Canada.

Bower-Russa, M. E. (2002, November). *Disciplinary attitudes mediate the association between childhood physical punishment history and disciplinary choices*. Poster presented at the Association for the Advancement of Behavior Therapy. Reno, NV.

Bower-Russa, M. E. & Paschke, R. (2002, June). *Teaching the Psychology of Physical Disabilities*. Poster presented at the Summer National Institute on the Teaching of Psychology. St. Petersburg Beach, Fla.

Bower-Russa, M. E. (1999, August). *Who to Invite: Selection and Assessment of Offenders for DOC Programming*. In a symposium on planning and evaluating offender programs at the 129th Congress of Correction, Denver,

Colorado.

DeNelsky, G., **Bower, M.E.**, & Jones, P. (1998, November). *Evaluation of a Multimodal Group Approach to Smoking Cessation*. Poster presented at the Association for Advancement of Behavior Therapy. Washington, D.C.

Winebarger, A.A. & **Bower, M.** (1998, August). *Childhood Disciplinary Experiences and Adult Attitudes Regarding Disciplinary Practices*. Poster presented at the American Psychological Association. San Francisco, California.

Bower, M.E., Winebarger, A.A. & Knutson, J.F. (1998, July). *Disciplinary Experiences, Disciplinary Attitudes, and Risk for Abusive Parenting*. Poster presented at the workshop: Developmental trajectories of children exposed to violence at home and in the community. XVth Biennial Meeting, International Society for the Study of Behavior Development, Berne, Switzerland.

Bower, M.E. & Holt, C. S. (1996, November). *Social environment as a function of neuroticism and social anxiety*. Poster presented at the Association for the Advancement of Behavior Therapy. New York, New York.

Holt, C.S., **Bower, M.**, Vittengl, J., Fink, K.A., & Wenzel, A. (March, 1996). *Daily interactions, mood and the social environment: the promise of standard diary assessment*. Paper presented at Anxiety Disorders Association of America. Orlando, Florida.

Knutson, J. F., Selner-O'Hagan, M. B., & **Bower, M. E.** (July, 1994). *The categorization of physically abusive experiences: Implications for transgenerational abuse*. Paper presented at the XI Biennial World Meeting of the International Society for Research on Aggression. Delray Beach, Florida, USA.

Scholarship In Progress

- 1) Forensic projects in collaboration with Human Resource Associates and Gwenden Dueker. Collation of a large data set comprised of psychological evaluations of parents considered for termination of parental rights and court data regarding whether rights are terminated. Consideration of clinical factors predicting termination of parental rights and possible merging of this data set with another data set from Family Futures with clinical evaluation data for children in the foster care system.
- 2) Factors influencing transgenerational disciplinary responding: A three generational study. Data analysis in progress. Manuscript in progress.
- 3) Ongoing work in the area of child abuse. My emphasis is on identifying risk factors (e.g., abuse history, attitudes regarding discipline, emotion regulation, self compassion) for physical abuse perpetration and exploring models to better understand how these risk factors interact to contribute to abuse perpetration. I have also focused on measurement issues: providing better validity data for an existing measure and developing and validating a new measure designed to decrease the impact of socially desirable responding in assessing disciplinary attitudes. Please see the section on publications and presentations for more information regarding the products of this work.

Scholarship History

Consultation with Carter Goble & Associates. (Columbia, South Carolina). [State of Iowa Offender Program Evaluation Project](#). This involved work as a consultant on a contract with the Iowa State Legislature to assess the quality and cost effectiveness of current Iowa Department of Corrections programming for criminal (e.g., Domestic Violence, Sexual, Substance Use, etc.) offenders. The consulting team made recommendations regarding necessary funding, facilities/resources, intervention programming, and outcomes evaluation in the Iowa Dept. of Corrections for years to come. Project results were presented to the Iowa DOC in a two volume report for which I wrote one full chapter and significant portions of several other chapters.

University Grants and Professional Development

Scholarly Travel Grant in Aid (GVSU, CSCE) to attend the meeting of the International Society for Research on Aggression. Paris, France (July 10-14, 2018).

FTLC Grant to attend the) to attend the meeting of the International Society for Research on Aggression. Paris, France (July 10-14, 2018).

Scholarly Travel Grant in Aid (GVSU, CSCE) to attend the meeting of the International Society for Research on Aggression. Sydney, Australia (July 14-18, 2016).

Scholarly Travel Grant in Aid (GVSU, CSCE) to attend the meeting of the International Society for Research on Aggression. Atlanta, GA (July 21-26, 2014).

Scholarly Travel Grant in Aid and Teaching Development and Renewal Grant (Grand Valley State University FTLC and CSCE). To attend the meeting of the International Society for Research on Aggression. Luxembourg City, Luxembourg (July 21-26, 2012).

Scholarly Travel Grant in Aid and Teaching Development and Renewal Grant (Grand Valley State University FTLC and CSCE). To attend the annual meeting of the Association for Behavior and Cognitive Therapy. Toronto, Canada (November 10-13, 2011).

Teaching Development and Renewal Grant, Faculty Teaching and Learning Center, Grand Valley State University. To attend a week-long seminar: Post Traumatic Stress Disorder. Eastham, Massachusetts (August 9-13, 2010).

Attendance at the Evolution of Psychotherapy conference. (Dec., 2009). Anaheim, California.

Scholarly Travel Grant-in Aid. GVSU Research and Development Committee, Grand Valley State University. To attend and present at a conference: The American Psychological Association, Boston, MA. (August, 2008).

Teaching Development and Renewal Grant, Faculty Teaching and Learning Center, Grand Valley State University. To attend a week-long seminar: Mindfulness. Eastham, Massachusetts (June 17-22, 2007).

Teaching Development and Renewal Grant. Faculty Teaching and Learning Center, Grand Valley State University. To attend a conference: The Evolution of Psychotherapy. Anaheim, California (December 7-11, 2005).

Teaching Development and Renewal Grant. Faculty Teaching and Learning Center, Grand Valley State University. To attend a seminar: Motivational Interviewing: Basic Training. Portland, Maine (June, 2005).

Teaching Development and Renewal Grant. Faculty Teaching and Learning Center, Grand Valley State University. To attend a seminar: Psychopharmacology: Medication Management of Mental Health Disorders. Grand Rapids, Michigan (May, 2005).

Basic Grant Writing Workshop: David Bauer. GVSU Pew Campus. Grand Rapids, Michigan. (May, 2005).

Scholarly Travel Grant-in Aid. GVSU Research and Development Committee, Grand Valley State University. To attend and present at a conference: The American Psychological Association, Toronto, Ontario (August, 2003).

Teaching Development and Renewal Grant. Faculty Teaching and Learning Center, Grand Valley State University. To attend a conference: The Association for the Advancement of Behavior Therapy. Reno, NV. (November, 2002).

Scholarly Travel Grant-in-Aid. GVSU Research and Development Committee, Grand Valley State University. To attend and present at a conference: The Association for the Advancement of Behavior Therapy. Reno, NV. (November, 2002).

Scholarly Travel Grant-in-Aid. GVSU Research and Development Committee, Grand Valley State University. To attend and present at a conference: Summer National Institute on the Teaching of Psychology. St. Petersburg Beach, Fla. (July, 2002).

Teaching Development and Renewal Grant. Faculty Teaching and Learning Center, Grand Valley State University. To attend an educational seminar: Applied Structural Equation Modeling. Ann Arbor, Mi. (June, 2002).

Teaching Development and Renewal Grant. Faculty Teaching and Learning Center, Grand Valley State University. To attend an educational conference: Milton Erikson Foundation Conference on the Evolution of Psychotherapy. Anaheim, California (May, 2000).

Scholarly Travel Grant-in-Aid. GVSU Research and Development Committee, Grand Valley State University. To attend and present at a conference: The American Correctional Association. Denver, Colorado. (August, 1999).

Scholarly Travel Grant-in-Aid. GVSU Research and Development Committee, Grand Valley State University. To attend and present at a conference: The Association for the Advancement of Behavior Therapy. Washington, D.C. (November, 1998).

Teaching Development and Renewal Grant. Faculty Teaching and Learning Center, Grand Valley State University. To attend an educational seminar: Psychotherapy with Chronically Ill Clients and Their Families. Columbus, Ohio (June, 1998).

AWARDS, HONORS:

Psychology Department Good Citizen Award (Winter, 2017).
Alumni Outstanding Educator Nominee (Fall, 2017).
Student Senate Last Lecture Nominee (Fall, 2017)
Psi Chi (Psychology Honors Society) Professor of the Year (2015)
Provost's (GVSU) Outstanding Advising and Student Services Award (2015)
Member of the Lagerspetz Award Committee for Young Investigators at the International Society for Research on Aggression (selection of awardees: July, 2014)
Society for Teaching of Psychology Poster Award (summer award, June 2002).
University of Iowa Student Association Grant Recipient for Dissertation Research (1994).
University of Iowa Fellowship for Graduate Studies (1989-1993).
Phi Beta Kappa.

GVSU SERVICE ACTIVITIES:

Unit Service

- Assistant Chair for Advising, Enrollment and Curriculum, Psychology Department (Fall 2016-present).
- Ad-hoc Power Imbalance Committee (Winter 2018-Winter 2019).
- Ad-hoc Retirement Planning Committee (Chair, Fall 2018- Winter 2019).
- Dept. Advising Committee (Fall 2011-present), Chair (2012-2017).
- Dept Advisory Committee (Fall 2016-present, ex-oficio).
- PSY 400 Honors Projects Hannah Mead (Fall 2018-Winter 2019), Natalie Fischer (Fall 2019).
- Psy 400 Honors Projects (Fall 2017), Paulina Dzik; Jenny Scieszka
- PSY 499 (Fall 2017): Ras Grydehoj
- Co-mentor PSY 400 Honors Project (Fall and Winter 2016-2017), Errin Fornicola.
- Involvement of students as research assistants in my laboratory (without enrollment for course credit): Fall 2018-Winter 2019 (6), Fall, 2017 (5); Winter 2017 (co-mentor, 4; mentor, 2); Fall 2016 (4); Winter 2015 (2); Winter 2013 (3), Fall 2011 (3), Fall 2008 (1), Winter 2008 (2), Fall 2007 (4), Winter 2003 (3), Fall 2002 (4), Fall 1998 (3); Spring 1998 (3), Winter, 1998 (4).
- Letters of recommendation for many students applying for overseas studies, scholarship awards, or to graduate/professional schools.
- Unit Head Selection Criteria Task Force (Chair, Summer 2015).
- Sabbatical Review Subcommittee (Fall 2015).
- Clinical Search Committee (Fall 2014-Winter 2015).
- Psychology Dept. Personnel Committee (2014-2016; Chair, 2014-2015).
- Chair for Affiliate Review for the Psych. Department (Winter, 2013).

- Dept. Advisory to the Chair Committee (Fall 2012-Winter 2013).
- PSY 400 Honors Project (Winter, 2013): Jessica Peterson
- PSY 400 Honors Projects (Fall, 2012): Katie Buchholtz.
- Past Supervision of Independent Studies (399/499) or individual scholarly projects: Winter 1998 (2), Fall 1998 (4), Winter 1999 (2), Fall 1999 (2), Winter 2000 (1), Fall 2001 (2); Fall 2002 (2); Winter 2003 (1); Spring 2004 (1); Fall 2004 (1); Winter 2005 (1); Winter 2008 (1); Fall 2008 (5); Fall 2009 (3); Fall 2010 (2); Winter 2012 (1); Fall 2012—most of these projects were presented in poster format.
- Advising Table for Psi Chi Psychology Professor Research Fair (Fall, 2011).
- Panel member for Career Night for Psychology majors (Winter, 2011).
- Convener of Clinical/Personality group for self-study (Winter, 2011).
- Psychology Department Personnel Committee (2009-2011). Chair, Fall 2009.
- Presentation on Stress and Coping to Psi Chi Psychology Students (February, 2010).
- Psychology Department Advisory Committee (2008-2010).
- Presentation on Hunger and Homelessness to Psi Chi Psychology Students (February, 2009).
- Health Psychology Position Search Committee (2008-2009).
- Supervision of PSY 400 Honors Projects: Fall, 1999 (1); Winter 2003 (1); Fall 2006 (1); Summer 2007 (1); Winter 2008 (1), Fall 2010 (1).
- Student Visitation Day (April, 2007).
- Assessment plan for PSY 368 as part of Health, Illness and Healing Theme (Fall, 2007).
- New Course Proposal for the Disabilities for Physical Therapists (PSY 668) course (Fall, 2005-Winter 2006).
- Presentation on Psychology of Disabilities to Psi Chi Honors Psychology students (November, 2005).
- Dept. of Psychology Curriculum Committee (Fall 2005-Winter 2006).
- Ad-hoc member of the Clinical position recruitment committee (Fall 1999-Winter 2000; Winter 2005).
- Department Personnel Committee (Winter 2004; Fall 2004 –Winter 2005).
- Member of the Clinical Steering Committee, Department of Psychology, Grand Valley State University (1997-Winter 2000, Winter 2001-Winter 2003, Winter 2004).
- Supervision of a faculty member for licensure (Winter 2000, Winter 2001).
- Ad-hoc Dept. of Psychology Grievance Committee (Fall 2002).
- Laboratory Committee, Dept. of Psychology, (Fall 1998-Winter 2000, Winter 2001-Winter 2003).
- Clinical/Community position recruitment committee (Fall 1998-Winter 1999).

University Service

- Faculty to Faculty mentorship group. August 2018-April 2019.
- Faculty to Faculty FTLC Affiliate (Fall 2016-Winter 2017). Mentorship of untenured faculty via monthly meetings.
- Advising and Student Services Awards Committee (Fall 2015)
- Faculty representative for disabilities update by Jeanne Kincaid: *Invisible Disorders and hidden barriers: The emerging legal landscape for accommodating students with disabilities*. (October 8, 2014).
- CLAS Advising Task Force (Winter 2014- Fall 2014). Helping to identify a process and potential instruments for assessment of advising by CLAS.
- Occupational Science Task Force (2013).
- Masters Thesis Committee member for Erin Bachler, Katelynn Krause and Stephanie Moon (Occupational Therapy). Topic: *Framework for Implementing a Partial Hospitalization Program*. (Winter 2017-Winter 2018).
- Research Project Consultant for Lucas Briggs, Lindsay Tyler, and Kristen Bartold. (Doctoral Physical Therapy Program). Topic: *Theory of Planned Behavior as a predictor of PT use of Patient Safe Care practices*. (Winter 2012).
- Masters Thesis Committee member for Alyssa Coundourides, Kendra Host, and Libby Pollock (Occupational Therapy). Topic: *The effects of multiple sclerosis on perceived parenting roles*. (Winter 2012).
- Research Project Consultant for Mallory Rojewski and Bethany Bradford (Doctoral Physical Therapy Program). Topic: *The attitudes and practices of physical therapists toward patients who are overweight or obese*. (Fall 2011-Winter 2012).
- Campus Life Committee (Fall 2011-Fall 2014).
- McNair Scholars Selection Committee (Fall 2012).

- Masters Thesis Committee member for Jessica Fluegeman and Angela Schrauben (Occupational Therapy). *Camp Erin and Bereavement*. (Winter 2010-Fall 2011).
- Masters Thesis Committee member for Leah Harrington and Ashley Baryo (Occupational Therapy). *Camp Erin and Bereavement*. (Winter 2010-Fall 2011).
- CLAS Dean's Focus group to evaluate goal progress (December, 2010).
- GVSU Transitions Fall Orientation Program (Fall, 2009).
- Presentation on Coping with Pain and Stress to Iota Tau Alpha (student group of rehabilitation pre-professionals: January, 2008).
- Review of two master's theses for Midwestern Association of Graduate Schools Distinguished Masters Thesis Award (January, 2008).
- Presentation on psychological issues with homelessness for GVSU student Hunger and Homelessness organization (Teach-In, April, 2007).
- Faculty participant in GVSU Relay for Life (April, 2007).
- College of Liberal Arts and Sciences (CLAS) Personnel Committee (Fall 2005-Winter 2007).
- Social Science Representative to CLAS Grievance Committee (Fall 2004-Winter 2007).
- General Education Health and Illness Theme committee member (Winter 2000-Winter 2002).
- Outside Area member for Nicole Rodini Occupational Therapy thesis. (Fall 2002-Spring 2004).
- Master's thesis committee member for A. Hofheinz, A. (Nursing). *Parenting perceptions and self concept in adolescents recently diagnosed with epilepsy*. (Fall 2002-Winter 2003).
- Master's thesis committee member for J. Brower (2000). (Nursing) *Unplanned hospitalization of a child: Perceptions of stress, family life events, and coping resources*. (Winter 1999-Winter 2000).
- Master's thesis committee member for M. Ranta (2000). (Nursing). *The effect of mutual goal setting on the self efficacy to manage heart failure in adults*. (Winter 2000-Fall 2000).

Community Service

- Mental Health series for Georgetown United Methodist Church (Jenison, Michigan). *Understanding Depression and Suicide*. (Winter 2019).
- Editorial Board for *The Polish Journal of Educational Psychology*. (2019-present)
- Ad-hoc reviewer *International Journal of Psychology*.
- Ad-hoc reviewer for the *Pakistan Journal of Clinical Psychology*. (2012-2017).
- Advisory Board for the *Pakistan Journal of Clinical Psychology* (2010 - 2016) .
- Advisory Board for the *Journal of the Pakistan Psychological Association* (2012- 2016).
- Past ad-hoc reviewer for *Journal of Family Issues*.
- Past ad-hoc reviewer for *Child Abuse and Neglect*.
- Past ad-hoc reviewer for the *Scandinavian Journal of Psychology*.
- Reviewer for Psi Chi Submissions to the Midwestern Psychological Association (2002-2012).
- Reviewer for section on Family Supports and Services for Michigan Autism Spectrum Disorder State Plan (Winter, 2011).
- External reviewer for doctoral dissertations for the Institute of Clinical Psychology at the University of Karachi, Pakistan (Winter 2012, Winter 2010, Winter 2009 (2), Winter 2008, Fall 2005; Winter 2004, Winter 2003; Fall 2002).
- Participant in the Ottawa County Medical Reserve Corps (2009 - ongoing). I am enrolled as a licensed psychological professional to provide emergency assistance in an event of community need.
- Participant in the GVSU Faculty/Staff Cancer Survivor Walk as part of the Relay for Life Fundraiser: July 2001 (Allendale High School); May, 2002 (GVSU Track); May 2007; May 2008.
- Committee to provide supportive services for parish parents with young children. Local church. (Fall 2002-Winter 2003, Winter 2005-Winter 2006).
- Committee for Sudanese Refugee Relocation. Local church. (Fall 2005-Fall 2006).
- Reviewer for the *Journal of Interpersonal Violence* (2004-2006).
- Reviewer for *Child Abuse and Neglect* (2004-2006).
- Ad hoc Reviewer for *Aggressive Behavior* (2002-2004).
- Faculty Sponsor for Volunteer GVSU "Health and AIDS" group, focusing on service learning within the university community and at the Grand Rapids/Holland community levels (Fall 2001-Fall 2004).
- Presentation "Stress and Coping" to Circle of Care Childcare Providers of Western Michigan (Fall 2003).

- Volunteer for Allendale High School shadowing (Winter 2001, Winter 2002).
- Consultation with Carter Goble & Associates. (Columbia, South Carolina). State of Iowa Offender Program Evaluation Project. This involved work as a consultant on a contract with the Iowa State Legislature to assess the quality and cost effectiveness of current Iowa Department of Corrections programming for criminal (e.g., Domestic Violence, Sexual, Substance Use, etc.) offenders. (Fall 1998-Spring 1999).
- Pre-revision reviewer for Durand & Barlow (1997). Abnormal Psychology: An Introduction. (May, 1997)

CLINICAL BACKGROUND:

Adult Clinical/Health Psychology Postdoctoral Fellowship. The Cleveland Clinic Foundation, Department of Psychiatry and Psychology. (1995-1997). Cleveland, Ohio.

Supervisor: Garland Y. DeNelsky, Ph.D.

Evaluation of new patients, comprehensive treatment planning and psychotherapy for adult outpatients presenting with a wide range of medical and psychological problems. Psychological assessment of outpatients and psychiatric inpatients, as well as renal transplant candidates and outpatients referred for testing by internal medicine and neurology. Hospital smoking cessation consultations and co-direction of multimodal smoking cessation groups. Treatment of insomnia.

Clinical Psychology Intern. Medical College of Virginia/Virginia Commonwealth University. (1994-1995). Richmond, Virginia.

(1) Consultation-Liaison Service.

Evaluation of organ transplant candidates (intellectual, neuropsych. and personality testing); interviews with family. Psychological and neuropsychological evaluation of outpatients and psychiatric inpatients. Treatment of sleep disorders. Consultant to medical teams and staff.

(2) Inpatient Psychiatry Service.

Member of multidisciplinary Affective Disorders and Medical Psychiatry treatment teams; team consultation. Individualized behavior modification plans; brief therapy including relaxation training and biofeedback. Evaluation and treatment planning. Co-facilitator for group therapy sessions.

(3) Outpatient Psychiatry Service.

Short term cognitive behavioral treatment with diverse populations (anxiety disorders emphasis); comprehensive evaluation of new patients as part of a multidisciplinary team; psychological assessment, consultation with other clinic therapists. Work with psychiatry faculty in emergency room performing brief assessments, triage, and crisis counseling.

(4) Forensic Training.

The Institute of Law, Psychiatry, and Public Policy (University of Virginia): Basic Forensic Training Seminar conducted by the Forensic Evaluation Training and Research Center: Five day intensive specialized training in forensic evaluation designed to prepare mental health professionals to provide court ordered evaluations and serve as experts in criminal cases.

Basic and Advanced Forensic Seminar Series. Department of Psychiatry, Medical College of Virginia.

Veterans Medical Center. Department of Psychology, Iowa City, Iowa. (Fall 1993).

Conduction of neuropsychological evaluations for both inpatient and outpatient populations; provision of brief psychotherapy for outpatients and medical inpatients. Included consultation with Neurology, Psychiatry, and Oncology.

Carl E. Seashore Psychology Clinic. Department of Psychology,

The University of Iowa, Iowa City, Iowa. (1990-1993).

Conduction of outpatient assessment and provision of psychotherapy for children, college students, families, and adults with a wide variety of presenting problems. Conduction of forensic evaluations related to parole

violations, substance abuse, and child physical abuse, sexual abuse, and neglect.

Otolaryngology/Department of Psychology Cochlear Implant Project.

The University of Iowa Hospitals and Clinics, Iowa City, Iowa. (1990-1992).

Psychological evaluation of profoundly deaf children and adults who were considering receiving, or had received, a cochlear implant; provision of supportive psychotherapy for implant recipients. Assessments included intellectual and neuropsychological testing, structured and unstructured interviewing, and videotaping of family interactions. Wrote reports and made recommendations to doctors, audiologists, and technicians in the Department of Otolaryngology at the University of Iowa Hospitals and Clinics.

Department of Pediatrics. The University of Iowa Hospitals and Clinics.

Iowa City, Iowa. (Summer 1991).

Neuropsychological assessment of children with learning disabilities; consultation with families and school personnel.

Van Buren Elementary School. Cedar Rapids, Iowa. (Spring 1992).

Individual therapy with ADHD and conduct disordered children; conduction of group social skills training for children in grades K-1, 2-3, and 4-5 respectively. Classroom observations and consultation with school personnel including principal, counselor and teachers. Consultation with Area Education Agency and staff, including speech pathologist, school social worker, and school psychologist.

PROFESSIONAL AFFILIATIONS AND LICENSURE

American Psychological Association

Association for the Advancement of Behavior and Cognitive Therapy

International Society for Research on Aggression

Michigan Licensed Psychologist (Michigan, #010415)