ASHLEY M. BENNETT

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Assistant Professor of Psychology Psychology Department

08/2025 – present

Grand Valley State University

Stanford Impact Labs Postdoctoral Fellow

09/2023 - 08/2025

Sociology Department | VMware Women's Leadership and Innovation Lab Stanford University

EDUCATION

Ph.D. Educational Psychology

08/2017 - 08/2023

Concentration: Human Development, Culture, & Learning Sciences

M.Ed. Educational Psychology

Concentration: Quantitative Methods The University of Texas at Austin

B.A. Psychology 08/2011 – 05/2017

Minor: Social and Behavioral Sciences Methodology

The University of Kansas

Ronald E. McNair Post-Baccalaureate Achievement Scholar

AWARDS & HONORS

RESEARCH GRANTS AND FELLOWSHIPS

Stanford Impact Labs Fellowship, Stanford (\$15,000)	2023-25
RAGE Lab Dissertation Award, University of Michigan (\$7,000)	2023
Educational Psychology Professional Development Award, UT Austin (\$1,500)	2023

ACADEMIC SCHOLARSHIPS AND HONORS

Institute for Academic Feminist Psychologists, APA Division 35	2024
Bernice and Saul Manaster Fellowship, UT Austin (\$1,500)	2022-23
Oliver Brown Endowed Fellowship, UT Austin (\$1,500)	2019-20
Bernice and Saul Manaster Fellowship, UT Austin (\$1,500)	2019-20
Recruitment Fellowship, Department of Educational Psychology, UT Austin (\$16,000)	2017-18
Katherine Humphrey Memorial Award, McNair Scholars Program, KU	2017
McNair Scholarship, McNair Scholars Program, KU (\$1,800)	2016

RESEARCH

PUBLICATIONS

- 7. Awad, G. H., Payne, T., **Bennett, A. M.**, Dillard, J. B., & Cokley, K. (In Press). Combating scientific racism in psychological science: Interrogating notions of rigor. *The Educational Psychologist*. https://doi.org/10.1080/00461520.2025.2540428
- 6. **Bennett, A. M.**, Sadek, K., & Awad, G. H. (2025). Arab/MENA women's experiences of infantilization, burnout, and job satisfaction in the workplace. *Consulting Psychology Journal*. https://doi.org/10.1037/cpb0000286
- 5. Sadek, K., Awad, G. H., & **Bennett, A. M.** (2024). Validation of the Coping with Discrimination Scale among Arab/Middle Eastern North African Americans. *Cultural Diversity in Ethnic Minority Psychology*. Advance online publication. https://doi.org/10.1037/cdp0000706
- 4. Rackley, K., Payne, T., **Bennett, A. M.**, & Awad, G. H. (2024). Gender and the imposter phenomenon. In K. Cokley (Ed.), *The Impostor Phenomenon: Psychological Theory, Research, and Applications*. American Psychological Association (APA) Books. https://doi.org/10.1037/0000397-008
- 3. Hashem, H., Gihani, M., Hirani, S., **Bennett, A. M.**, & Awad, G. H. (2022). Solo status, religious centrality, and discrimination among American Muslim women. *International Journal of Intercultural Relations*. https://doi.org/10.1016/j.ijintrel.2022.03.005
- 2. Adelman, D., Awad, G. H., **Bennett, A. M.**, & Nguyen, H. (2021). The role of entitlement, social dominance orientation, and right-wing authoritarianism in the prediction of homonegativity for heterosexual white men. *Analysis of Social Issues and Public Policy*. https://doi.org/10.1111/asap.12245
- 1. Hashem, H., Bennett, A. M., & Awad, G. H. (2020). Arab American youth: Considerations for mental health and community engagement (pp. 133-159), in Breland & Nobel (Eds.), *Community Mental Health Engagement with Racially Diverse Populations*. https://doi.org/10.1016/B978-0-12-818012-9.00010-1

MANUSCRIPTS UNDER REVIEW

- 3. **Bennett, A. M.**, Dillard, J. B., Steers, R., Bowring, M., Daniels, D. K., & Awad, G. H. (Submitted, August 2025). "White Lady" Racism: The role of prejudice and feminism in White women's race-related beliefs, behaviors, and empathy.
- 2. Payne, T., Awad, G., Muenks, K., & **Bennett, A. M.** (To Be Submitted, October 2025). The role of advisor relationship, impostor feelings, and perfectionistic strivings in ethnically minoritized doctoral student burnout experiences.

1. **Bennett, A. M.**, Nguyen, L., Payne, T., Cade, D., & Awad, G. H. (Accepted with Minor Revisions, July 2024). Sexism in relation to evaluations of Kamala Harris and voting behaviors: Examining the role of racial color-blindness. *Individual Differences*.

MANUSCRIPTS IN PREPARATION

- 4. **Bennett, A. M.**, Awad, G. H., Whittaker, T., Muenks, K., & Salim, R. (In Preparation). Assessing the Sexual Experiences Questionnaire (SEQ) among Asian, Black, Latinx, and White working women.
- 3. **Bennett, A. M.**, Sadek, K., Awad, G. H., Khan, S., & Bowring, M. (In preparation). Social class, pregnancy fear, and mental health in response to restrictive abortion policies: Assessing the moderating role of abortion attitudes.
- 2. **Bennett, A. M.**, Awad, G. H., Salim, R. & Payne, T. (In Preparation). Racial differences in meso-level job demands, burnout, and job satisfaction.
- 1. **Bennett, A. M.** & Abad, M. V. (In Preparation): Barriers to cultures of trust: An intersectional analysis of manager-employee relations.

CONFERENCE PRESENTATIONS

- 17. Steers, R., **Bennett, A. M.**, & Awad, G. H. (2025, August). Performative Activism: How Awareness of White Privilege Bridges the Gap Between Activism Intentions and Anti-Racist Behaviors. Poster presented at the 2025 American Psychological Association Annual Convention.
- 16. Abdulle, A., **Bennett, A. M.**, Sadek, K., & Awad, G. H. (2025, July). MENA Women's Experience of Infantilization, Burnout, and Job Satisfaction: Workplace Consequences of Racism and Bias toward Arab Culture. Paper presented at American Psychological Association (APA) Division 45 Research Conference.
- 15. Steers, R., **Bennett, A. M.**, & Awad, G. H. (2025, June). Perceived Control, Racial Colorblindness, and Anti-Racist Action Among White Women. Poster presented at the Society for the 2025 Psychological Study of Social Issues (SPSSI) Annual Convention.
- 14. Nguyen, L., Awad, G. H., & **Bennett, A. M.** (2024, July). Assessing Within-Group Racial and Sexuality Prejudice on Mental Health for Queer BIPOC college students. Paper presented at the Society for the 2024 Psychological Study of Social Issues (SPSSI) Annual Convention.
- 13. Awad, G. H., Sadek, K., **Bennett, A. M.** & Amer, M. (2024, August). Role of Religious Affiliation on Help-Seeking, Coping, and Mental Health for Arab/MENA Americans. Symposium presented at the 2024 American Psychological Association (APA) Convention.

- 12. **Bennett, A. M.**, Awad., G. H., Salim, R., & Payne, T. (2024, June). Meso-Level Job Demands & Burnout of Women: Evaluating the Role of Gender Stigma Consciousness. Paper presented at the 2024 Society for the Psychological Study of Social Issues (SPSSI) Annual Convention.
- 11. **Bennett, A. M.**, Dillard, J. B., Awad., G. H., Steers, R., & Bowring, M. (2024, June). Influence of Feminism on White Women's Race-Related Awareness and Emotions. Poster presented at the 2024 Institute for Academic Feminist Psychologists (IAFP).
- 10. **Bennett, A. M.**, Dillard, J. B., & Awad., G. H. (2023, July). The Role of White Women's Feminist Attitudes in Understanding Racism. Paper presented at the 2023 Society for the Psychological Study of Social Issues (SPSSI) Annual Convention.
- 9. **Bennett, A. M.**, Sadek, K., Awad., G. H., & Khan, S. (2023, July). Socioeconomic Status, Pregnancy Fear, and Distress among Texas College Women. Paper presented at the 2023 Society for the Psychological Study of Social Issues (SPSSI) Annual Convention.
- 8. Payne, T., Zenglowski, A., Nguyen, L., Castellanos, F., & Bennett, A. M. (2022, March). Examining Predictors of Activism Engagement among Undergraduate Students. Roundtable session at the 2022 American Education Research Association (AERA) Annual Meeting.
- 7. **Bennett, A. M.**, Nguyen, L., Payne, T., Cade, D., & Awad., G. (2021, August). Competence and warmth evaluation of Kamala Harris: Examining racial color-blind ideology and ambivalent sexism. Poster presented at the American Psychological Association (APA) 2021 Annual Convention.
- 6. Payne, T., Nguyen, L., **Bennett, A. M.**, Castellanos, F., Zengilowski, & Awad, G. (2021, August). Ideological predictors of hostility toward protestors. Poster presented at the 2021 Society for the Psychological Study of Social Issues (SPSSI) Annual Convention.
- 5. Dillard, J., Castellanos, F., Sadek, K., Perkins, S., **Bennett, A. M.**, & Awad, G. (2021, July). Dual Process Model: Colorblindness mediates attitudes toward presidential candidates. Poster presented at the American Psychological Association (APA) Division 45 Research Conference.
- 4. Bana, S., & **Bennett, A. M.** (2020, February). Embodying the American cyborg in Dirty Computer. Paper presented at the Graduate Association for Comparative Literature Students (GRACLS) 2020 Conference at the University of Texas at Austin.
- 3. **Bennett, A. M.**, & Chang, K. (2018, July). Mixed-methods study on race and gender stigma consciousness in STEM. Paper presented at the American Psychological Association (APA) Division 45 Conference.
- 2. **Bennett, A. M.**, & Biernat, M. (2016, May). Stereotypes in the communication and translation of person impressions: Evaluating employee performance for female and male software developers. Poster presented at the SUPER Poster Session at the University of Kansas.

1. **Bennett, A. M.**, & McDonald, R. (2015, April). Empathy to induce pro-environmental behavioral willingness. Poster presented at Undergraduate Research Symposium at the University of Kansas.

INVITED TALKS

- 5. **Bennett, A. M.** (Interviewed 2024, June). Data and Research Literacy in Feminist Psychology. Interviewed for methodological archive hosted by SAGE Research Methods.
- 4. **Bennett, A. M.** (2023, February). How to effectively and efficiently analyze quantitative data. Led professional development for the Expanding Pathways in Computing (EPIC) STEM Evaluation Services at the University of Texas Austin.
- 3. **Bennett, A. M.**, Sadek, K., Awad, G. H., & Khan, S. (2022, December). Socioeconomic status, fear of pregnancy, and psychological distress among college women in Texas. Paper presentation was given to the Departmental Colloquium at the University of Texas Austin.
- 2. **Bennett, A. M.**, Sadek, K., Awad, G. H., & Khan, S. (2022, November). Socioeconomic status, fear of pregnancy, and psychological distress among college women in Texas. Paper presentation was given to IDDOL at the University of Michigan.
- 1. **Bennett, A. M.** (2021, September). How to effectively and efficiently analyze quantitative data. Led professional development for the Expanding Pathways in Computing (EPIC) STEM Evaluation Services at the University of Texas Austin.

RESEARCH EXPERIENCE

Research Assistant 08/2017 – 08/2023

Expanding Pathways in Computing (EPIC) Evaluation Services University of Texas Austin

- Developed and refined program evaluation surveys
- Led study recruitment and managed data collection efforts
- Analyzed quantitative data using STATA and R
- Created evaluation reports for funders and stakeholders
- Streamlined data analysis and improved visualization techniques
- Collaborated with skilled STEM professionals
- Assisted in conducting focus groups and qualitative interviews for in-depth insights

Research Assistant 01/2023 - 08/2023

Office of Institutional Research and Analytics University of Texas Austin

- Supported project to conduct a climate survey of College of Natural Sciences
- Lead recruitment, managed data collection, and analyzed and reported survey findings

Subject Pool Coordinator

01/2019 - 05/2022

Department of Educational Psychology

University of Texas Austin

- Managed approximately 1,200 students via SONA each semester
- Led administrative tasks, including updates and email correspondence
- Hosted information sessions for researchers each semester
- Optimized administrative workflows and defined job responsibilities
- Graded around research papers submitted as alternate assignments

Research Assistant 08/2015 – 07/2017

Center for Educational Opportunity Programs (CEOP)

University of Kansas

- Analyzed survey data to assess program impact and outcomes
- Conducted data entry and performed statistical analysis for accurate reporting
- Developed comprehensive evaluation reports for funders and stakeholders
- Created actionable resources and materials for program stakeholders
- Assisted in conducting focus groups and qualitative interviews for in-depth insights

QUANTITATIVE EXPERIENCE

SOFTWARE EXPERIENCE

R	since 2015
SPSS	since 2017
STATA	since 2017
Mplus	since 2019
MAXQDA	since 2024

ANALYSIS EXPERTISE

Regression, path models, EFA, CFA, measurement invariance, SEM, and meta-analysis

PROFESSIONAL AFFILIATIONS

AD-HOC REVIEWER

Journal of Black Psychology	01/2025 – present
Personality and Social Psychology Bulletin	12/2024 – present
Psychology of Women Quarterly	05/2022 – present
Cultural Diversity & Ethnic Minority Psychology	09/2022 - present

MEMBERSHIPS

APA Division 35: Psychology of Women APA Division 45: Race, Ethnicity and Culture

APA Division 9: Society for the Psychological Study of Social Issues (SPSSI)

INSTRUCTIONAL EXPERIENCE

Assistant Professor Department of Psychology, Grand Valley State University	08/2025 – present
Adjunct Lecturer Department of Counseling Psychology, Santa Clara University	12/2023 - 08/2025
Adjunct Lecturer Department of Educational Psychology, University of Texas Austin	08/2023 - 05/2024
Assistant Instructor Department of Educational Psychology, University of Texas Austin	01/2022 - 12/2022
Teaching Assistant Department of Educational Psychology. University of Texas Austin	01/2019 - 05/2019

COURSE INFORMATION

Course	Title	Semester/ Quarter	# Students Enrolled	Rating (max = 5)
Grand Vall	ey State University			
PSY 101	Intro to Psychology (32518)	Fall 2025	45	_
PSY 101	Intro to Psychology (34045)	Fall 2025	45	_
Santa Clara	a University			
CPSY 220	Research Methods	Summer 2025	25	_
CPSY 220	Research Methods	Winter 2025	25	4.60
The Univer	sity of Texas at Austin			
EDP 350L	Human Sexuality	Spring 2024	120	4.44
EDP 350L	Human Sexuality	Fall 2023	111	4.42
EDP 304	Strategic Learning for the 21st Century	Fall 2022	30	4.71
EDP 304	Strategic Learning for the 21st Century	Spring 2022	28	4.43

LEADERSHIP & SERVICE

NATIONAL SERVICE

Conference Session Moderator	07/2020
APA Division 45: Race, Ethnicity, and Culture Bi-Annual Conference	

MENTORSHIP OF STUDENTS

Aber Abdulle, University of Michigan	2024 – present
Lillian Nguyen, University of Michigan	2022 – present
Katherine Sadek, University of Texas Austin	2022 – present
Malee Davis, University of Michigan	2023 – present

Madison Sciuto, Stanford University Kadija Ismail, Stanford University Mariana Bowring (Honors Thesis), University of Michigan Vivian Du (Honors Thesis), University of Michigan Alexis Medrano, Our Lady of the Lake University Madeline Kaldenberg, University of Texas Austin Grace Valderrama, University of Texas Austin Maria Mohamed, University of Texas Austin Marshala Wilkins, University of Texas Austin UNIVERSITY LEADERSHIP Finance Officer for the McNair Graduates, University of Texas Austin O1/2021 – 07/2022 Finance Director for GSA, University of Texas Austin 01/2020 – 08/2021
Mariana Bowring (Honors Thesis), University of Michigan Vivian Du (Honors Thesis), University of Michigan Alexis Medrano, Our Lady of the Lake University Madeline Kaldenberg, University of Texas Austin Grace Valderrama, University of Texas Austin Maria Mohamed, University of Texas Austin Marshala Wilkins, University of Texas Austin UNIVERSITY LEADERSHIP Finance Officer for the McNair Graduates, University of Texas Austin 01/2021 – 07/2022 Finance Director for GSA, University of Texas Austin 01/2020 – 08/2021
Vivian Du (Honors Thesis), University of Michigan Alexis Medrano, Our Lady of the Lake University Madeline Kaldenberg, University of Texas Austin Grace Valderrama, University of Texas Austin Maria Mohamed, University of Texas Austin Marshala Wilkins, University of Texas Austin UNIVERSITY LEADERSHIP Finance Officer for the McNair Graduates, University of Texas Austin 01/2021 – 07/2022 Finance Director for GSA, University of Texas Austin 09/2020 – 08/2021
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Marshala Wilkins, University of Texas Austin UNIVERSITY LEADERSHIP Finance Officer for the McNair Graduates, University of Texas Austin Finance Director for GSA, University of Texas Austin 01/2021 – 07/2022 69/2020 – 08/2021
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Finance Officer for the McNair Graduates, University of Texas Austin O1/2021 – 07/2022 Finance Director for GSA, University of Texas Austin 09/2020 – 08/2021
Finance Officer for the McNair Graduates, University of Texas Austin O1/2021 – 07/2022 Finance Director for GSA, University of Texas Austin 09/2020 – 08/2021
Finance Director for GSA, University of Texas Austin 09/2020 – 08/2021
Finance Director for GSA, University of Texas Austin 09/2020 – 08/2021
Academic Affairs Director for GSA, University of Texas Austin 09/2019 – 08/2020
Primary Representative for GSA, University of Texas Austin 09/2018 – 08/2019
Student Research Ambassador, University of Kansas 01/2015 – 05/2017
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FACULTY COMMITTEES
Graduate Assembly, Academic Committee, UT Austin 09/2019 – 08/2021
Research Policy (C11) Committee, UT Austin 09/2019 – 08/2020
Joint Resolution Committee, UT Austin 09/2019 – 08/2020
Library Committee, UT Austin 09/2019 – 08/2020
LOCAL SERVICE
Instructor, Let's Get Psyched about Psychology, Education Unlimited 07/2024
Small Group Facilitator at New Graduate Student Welcome, UT Austin 08/2021
Panel Member at McNair Professional Development Session, UT Austin 02/2019
Keynote Speaker at the Psychology Recognition Ceremony, UT Austin 05/2018
Speaker at Heartland College Assistance Migrant Program (CAMP), KU 07/2016
Panel Member at TRIO Talent Search College Info Session, KU 07/2016
Panel Member at Undergraduate Research Symposium, KU 02/2016