

Grand Valley State University
PSY 524: Developmental Psychopathology
With PSY 644 Clinical Practicum
Winter 2019

Instructor: Jamie Owen-DeSchryver, Ph.D. Course Time: Tu/Th – 1:00-2:15
Psychology Department Course Location: HON 148
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Course Summary

This course examines research on etiology, diagnosis, and intervention for children with psychopathology, with the major focus of the course emphasizing disorders that are observed in applied settings. Students will become familiar with school and community-based prevention and intervention strategies to address mental health difficulties of children in their environments.

Course Objectives

Upon successful completion of this course students will be able to:

1. Evaluate features of typical and atypical development, including specific child, environmental and psychosocial risk factors that affect psychopathology.
2. Compare and contrast various approaches and theories used to conceptualize child and adolescent psychopathology.
3. Examine and classify the benefits and problems represented in the diagnostic and classification process (e.g., DSM-5, and educational classification systems)
4. Appraise and evaluate how behavioral, emotional, and social difficulties may impact involvement in educational and community settings.
5. Examine the diathesis-stress model in relation to the development of psychopathology in children and adolescents.
6. Demonstrate the ability to locate and describe empirically-supported prevention strategies and treatments for common disorders of childhood and adolescence.

Goals Addressed in this Course

NASP Standards Addressed	GVSU School Psychology Program Goals Addressed
2.2. Consultation and Collaboration School psychologists have knowledge of varied methods of consultation, collaboration and communication applicable to individuals, families, groups, and systems and used to promote effective implementation of services. 2.4 Interventions and Mental Health Services to Develop Social and Life Skills School psychologists have knowledge of biological, cultural, developmental and social influences on behavior and mental health; behavioral and emotional impacts on learning and life skills; and evidence-based strategies to promote social-emotional functioning and mental health 2.6 Preventive and Responsive Services School psychologists have knowledge of principles and research related to resilience and risk factors in learning and mental health, services in schools and communities to support multi-tiered prevention, and evidence-based strategies for effective crisis response 2.7 Family-School Collaboration Services School psychologists have knowledge of principles and research related to family systems, strengths, needs, and culture; evidence-based strategies to support family influences on children's learning, socialization and mental health; and methods to develop collaboration between families and schools. 2.8 Diversity in Development and Learning School psychologists have knowledge of individual differences, abilities, disabilities, and other diverse characteristics; principles and research related to diversity factors for children, families, and schools, including factors related to culture, context, and individual and role differences; and evidence-based strategies to enhance services and address potential influences related to diversity.	Goal 1: Students will engage and practice in a legal, professional and ethical manner that demonstrates respect for student, family, and school diversity. Goal 2: Students will demonstrate the knowledge and skills needed to collaborate and consult with school professionals, families, and other partners to improve current systems of service delivery to meet the educational and mental health needs of children and adolescents. Goal 4: Students will demonstrate the knowledge and skills to use data to select, implement, and monitor interventions that improve academic, social and behavior outcomes for children and adolescents, and prepare them for post-school success. Goal 6: Students will demonstrate the skills needed to become leaders in the dissemination and implementation of educational practices that are prevention-oriented and improve school systems and policies. Goal 7: Students will demonstrate the knowledge and skills to support the implementation of best practices that improve student and school outcomes from a broad-based ecological-behavioral orientation.

Readings & Materials

There is no required text for purchase for this class. We will review many chapters from the *Best Practices in School Psychology* series, and I will provide access to other articles and readings via Blackboard and course reserve.

Course Format

The format of the course will include both lecture and discussion. You should come to class prepared to talk about the content, ask questions, and discuss readings.

Policies and Procedures

Students are expected to abide by the GVSU student code (<http://www.gvsu.edu/studentcode/>) and the ethical principles of the National Association of School Psychologists (<http://www.nasponline.org/standards/ethics/ethical-conduct-professional-practices.aspx>). These principles serve as a guide for student behavior both on and off-campus. This includes (1) arriving on time, (2) leaving at the scheduled time and not before, (3) appropriately engaging during courses and practicum activities, and (4) respecting confidentiality. When in schools and practicum settings, students represent the School Psychology program as well as GVSU and we expect students' behavior to be professional, respectful, and responsible. Violations of the ethical and professional standards may result in a lowered grade and may be grounds for dismissal from the program.

Accommodations for Students with Disabilities

If any student needs academic accommodations because of a learning, physical, or other disability, please contact Disability Support Resources (DSR) at 331-2490. Although students with disabilities are held to the same academic standards as all other students, accommodations will be provided for you, as appropriate. Furthermore, if a student has a physical disability and thinks he/she will need assistance evacuating the classroom and/or building in an emergency situation, please contact the instructor so she can develop a plan to assist the student.

Academic Integrity and Plagiarism

Students will do original work and will not take or receive the efforts of another person on any test or assignment, use unauthorized resources on quizzes or tests, plagiarize, or provide/sell other students papers or assignments not authorized by the instructor. You are responsible for making yourself aware of and for understanding the policies and procedures that pertain to academic integrity. To that end, be sure to familiarize yourself with the GVSU Student Code [Section 223.01] related to academic integrity. Furthermore, be sure to reference sources at all times. If you are uncertain about such an issue prior to submission of an assignment, project, or test, please see me so we can eliminate that uncertainty.

Canceled Classes

If classes are canceled at the university, any lecture or activity missed due to cancellation will take place at the next class meeting.

Attendance

Students are expected to attend and participate in all classes. Two absences due to illness or unanticipated emergency are allowed. Additional absences from class will

result in a 5-point grade deduction for each missed class. If students miss a class for any reason, they are responsible for obtaining any information missed through a classmate. Student absences due to religious holidays will be accommodated per the GVSU policies on inclusion.

Technology Use

Students are encouraged to use computers during class to take notes and to follow along with the instructor. However, the use of computers for personal reasons (e.g., checking email or using Facebook) during class is inappropriate and can interfere with the learning of other students. The instructor will use discretion in reducing grades for those students who are using computers in a disrespectful manner when class is in session. Please silence cell-phones during class.

Grading

Grading for PSY 524

Final grades will be based on the total points as indicated below. More information about each of these assignments will be posted in BlackBoard.

<u>Assignment</u>	<u>Point Value</u>	<u>Grading Scale</u>	
Clinical Practicum Assignment	20	94 above	A
Family Collaboration Assignment	30	90-93	A-
Soc-Emot Curric. Implementation Project	40	87-89	B+
Concept Quizzes (2 @ 20)	<u>40</u>	83-86	B
		80-82	B-
Total Points Possible:	130	77-79	C+
		73-76	C
		70-72	C-
		67-69	D+
		60-66	D
		59 & below	F

PSY 644/Clinical Practicum:

You will spend approximately 3 hours per week in your Clinical practicum setting as part of PSY 644. It is also acceptable to complete this requirement by working on your BCBA hours. Please log your clinical practicum hours separate from your School/Assessment Practicum hours. There are also two assignments that will be connected with your Clinical Practicum site. More details about these assignments will be provided.

Grades for Psy 644 will be based on successful engagement in your Clinical Practicum. We will occasionally discuss practicum experiences in class, and it is expected that you will contribute and share information related to your experiences to enhance learning for all students. Be aware of confidentiality and use pseudonyms when referring to particular children or clients in these placements. Some of the clinical practicum placements will be very hands-on and will have you, as graduate students, working

directly with clients, other placements will merely involve observation. The differences in activities and expectations based on your placement will not affect your grade. More information about practicum logs and assignments will be provided in class and via Blackboard.

Assignment Summary

Clinical Practicum Assignment – (20 points total)

- Midterm Meeting with me to Discuss Clinical Practicum (10 points)
- Written Reflection on Clinical Practicum Experience (10 points)

Family Collaboration Assignment – (30 points total)

- Part 1: Review of one Best Practices Chapter on Family-School Collaboration and creation of a resource summary to share with peers (10 points)
- Part 2: Brief interview with staff at clinical practicum or school practicum site about collaboration with families (10 points)
- Part 3: Reflection on Family Collaboration with Schools and Agencies (10 points)

Social Emotional Curriculum Implementation Project – (40 points total)

- Part 1: Review/Overview of Curriculum Program (10 points)
- Part 2: Lesson Description (10 points)
- Part 3: Reflection (10 points)
- Part 4: 10-minute Presentation on Curriculum Lesson (10 points)

Concept Quizzes (2 @ 20 points each, 40 points total)

Readings

Book Chapters

Several Chapters from the *Best Practices in School Psychology* series are assigned:

- Student Level Services, Chapter 16
- Student Level Services, Chapter 24
- Collaborative and Data Based Decision-Making, Chapter 26

Creed, T., Reisweber, J., & Beck, A.E. (2011). *Cognitive Therapy for Adolescents in School Settings*. New York: Guilford Publishing. Chapter 3.

Course Articles and Additional Readings

APA Presidential Task Force on Evidence-Based Practice (2006). Evidence-based practice in psychology. *American Psychologist*, 61, 271-285. Development and Psychopathology, 20, 899-911.

Barkley, R. (2006). 80+ classroom accommodations for children or teens with ADHD. Reprinted from *The ADHD Report*, Vol. 16(4), pp. 7-10.

Cicchetti, D. & Rogosch, F.A. (2002). A developmental psychopathology perspective on adolescence. *Journal of Consulting and Clinical Psychology*, 70, 6-20.

Cloth, A.H., Evans, S.W., Becker, S.P. & Paternite, C.E. (2014). Social Maladjustment and Special Education: State regulations and continued controversy. *Journal of Emotional and Behavioral Disorders*, 22, 214-224.

Drabick, D.A. & Kendall, P.C. (2010). Developmental Psychopathology and the diagnosis of mental health problems among youth. *Clinical Psychology*, 17, 272-280.

Dodge, K. & McCourt, S. (2010). Translating models of antisocial behavioral development into efficacious intervention policy to prevent adolescent violence. *Developmental Psychobiology*, 52, 277-285.

DuPaul, G.J., Weyandt, L.I., & Janusis, G.M. (2011). ADHD in the classroom: Effective intervention strategies. *Theory Into Practice*, 50, 35-42.

Fitzgerald, M.M. & Cohen, J.A. (2012). Trauma-Focused Cognitive Behavior Therapy for school psychologists. *Journal of Applied School Psychology*, 28, 294-315.

Green, J.H., Passarelli, R.E., Smith-Millman, M.K., Wagers, K. & Kalormis, A.E. (2018). A study of an adapted social-emotional learning: Small group curriculum in a school setting. *Psychology in the Schools*, 56, 109-125.

Harris, R. (2006). Embracing your demons: An overview of Acceptance and Commitment Therapy. *Psychotherapy in Australia*, 12, 1-8.

Herzig-Anderson, K., Colognori, D., Fox, J.K., Stewart, C.E. & Warner, C.M. (2012). School-based anxiety treatments for children and adolescents. *Child and Adolescent Psychiatric Clinics of North America*, 21, 655-668.

Iovannone, R., Dunlap, G., Huber, H. & Kincaid, D. (2003). Effective educational practices for students with Autism Spectrum Disorders. *Focus on Autism and Other Developmental Disabilities*, 18(3), 150-165.

Kazdin, A.E., Kraemer, H.C., Kessler, R.C., Kupfer, D.J., & Offord, D.R. (1997). Contributions of risk-factor research to developmental psychopathology. *Clinical Psychology Review*, 17, 375-406.

Killu, K., & Crundwell, M.A. (2016). Students with anxiety in the classroom: Educational accommodations and interventions. *Beyond Behavior*, 25(2), p. 30-41.

Low, S., Frey, K.S., & Brockman, C.J. (2010). Gossip on the playground: Changes associated with universal intervention, retaliation beliefs, and supportive friends. *School Psychology Review*, 39(4), 536-551.

March, J. (2004). Fluoxetine, Cognitive-Behavioral Therapy, and their combination for adolescents with Depression: Treatment for Adolescents with Depression Study (TADS) Randomized Controlled Trial. *Journal of the American Medical Association* (Reprinted), 292, 807-820.

Miller, A.L., Wyman, S.E., Huppert, J.D., Glassman, S.L. & Rathus, J.H. (2000). Analysis of behavioral skills utilized by suicidal adolescents receiving Dialectical Behavior Therapy. *Cognitive and Behavioral Practice*, 7, 183-187.

NASP Position Statement (2011). *Lesbian, Gay, Bisexual, Transgender, and Questioning Youth*.

Pisani, A., Wyman, P., Petrova, M., Schmelk-Cone, K., Goldston, D., Xia, Y. & Gould, M. (2013). Emotion regulation difficulties, youth-adult relationships, and suicide attempts among high school students in underserved communities. *Journal of Youth Adolescence*, 42, 807-830.

Shapiro, A., Heath, N., Roberts, E. (2013). Treatment of Nonsuicidal Self-Injury: Critical review and implications for school applications. *School Psychology Forum: Research in Practice*, 7, 121-135.

Renshaw, T.L., Bolognino, S.J., Fletcher, S.P., Long, A.C. (2015). Using mindfulness to improve well-being in schools. *NASP Communique*, 43(6).

Spoth, R.L., Redmond, C., Trudeau, L. & Shin, C. (2002). Longitudinal substance initiation outcomes for a universal preventive intervention combining family and school programs. *Psychology of Addictive Behaviors*, 16, 129-134.

Swearer, S.M., Espelage, D.L., Vaillancourt, T., Hymel, S. (2010). What can be done about school bullying?: Linking research to educational practice. *Educational Researcher*, 39, 38-47.

Webster-Stratton, C. & Taylor, T. (2001). Nipping early risk factors in the bud: Preventing substance abuse, delinquency, and violence in adolescence through interventions targeted at young children (0-8 years). *Prevention Science*, 2(3), 165-192.

Weisz, J.R., Jensen-Doss, A. & Hawley, K.M. (2006). Evidence-based youth psychotherapies versus usual clinical care: A meta-analysis of direct comparisons. *American Psychologist*, 61, 671-689.

Week	Lecture Topic	Readings and Assignments
Wk 1: 1/8 & 1/10	INTRODUCTION TO D.P. Introduction; Clinical Practicum; DSM-5 and Educational Eligibility; Introductory Concepts	
Wk 2: 1/15 & 1/17	ETIOLOGY & CASE FORMULATION	- Intro Concepts: Kazdin, Kraemer et al. (1997) - Intro Concepts: Cicchetti & Rogosch (2002)
Wk 3: 1/22 & 1/24	ETIOLOGY & CASE FORMULATION	Etiology: Drabick & Kendall (2010)
Wk 4 1/29 & 1/31	RESILIENCE & EBT IN DEVELOPMENTAL PSYCHOPATHOLOGY	- Resilience: <i>Best Practices-Student Level Services</i>; Chapter 16: Fostering student resilience - EBT: Weisz (2006) – discussion section - EBT: APA Presidential Task Force (2006)
Wk 5: 2/5 & 2/7	CLINICAL INTERVENTION TECHNIQUES Cognitive Behavior Therapy (CBT); Acceptance & Commitment Therapy (ACT); Mindfulness	- CBT: Creed (2011); Cognitive Techniques Chapter 3 - ACT: Harris (2006) - Mindfulness: Renshaw et al. (2015)
Wk 6: 2/12 & 2/14	CLINICAL INTERVENTION TECHNIQUES Continued topics from prior week; Social-Emotional Learning Curricula	SEL: Green (2018) 2/14 - CONCEPT QUIZ 1
Wk 7: 2/19 & 2/21	DEPRESSION Depression; Bipolar Disorder; Borderline Personality Disorder Dialectical Behavior Therapy; Non-Suicidal Self-Injury	- Depression: March (2004) - Bipolar/Borderline: Miller et al. (2000) - NSSI: Shapiro et al. (2013)
Wk 8: 2/26 2/28 – No Class	TRAUMA ACES, Trauma-Focused CBT	Trauma-focused CBT: Fitzgerald & Cohen (2012)

Spring Break Week (3/4-3/8)		
Wk 9: 3/12 & 3/14	ANXIETY DISORDERS Diagnosis; Generalized Anxiety Disorder; Social Anxiety Disorder; Obsessive-Compulsive Disorder	• <i>Best Practices-Student Level Services</i>; Chapter 24: School based interventions for anxiety & depression • Anxiety: Killu & Crundwell (2016) • Anxiety: Herzig-Anderson et al. (2012) 3/14 - FAMILY COLLABORATION ASSIGNMENT DUE
Wk 10: 3/19 & 3/21	CONDUCT DISORDERS Diagnosis & Eligibility; Oppositional Defiant Disorder, Conduct Disorder, Social Maladjustment; School-to-Prison Pipeline	• ODD/CD: Dodge & McCourt (2010) • ODD/CD: Webster-Stratton & Taylor (2001) • Social Maladjustment: Cloth et al. (2014)
Wk 11: 3/26 & 3/28	CONDUCT DISORDERS Bullying, Relational Aggression	• Bullying: Swearer et al. (2010) • Relational Aggression: Low, Frey & Brockman (2010) • ISRA Youth Violence Statement (2018): http://www.israsociety.com/special-statement/report-of-the-youth-violence-commission • LGBTQ Youth & Bullying: NASP Position Statement (2011) on LGBTQ Youth
Wk 12: 4/2 & 4/4	AUTISM Diagnosis & Eligibility; GUEST LECTURE or ONLINE	• Iovannone, Dunlap, Huber & Kincaid (2003) • <i>Best Practices– Collaborative and Data-Based Decision Making</i>: Chapter 26. Best Practices in Early Identification and Services for Children with ASD
Wk 13: 4/9 & 4/11	ADHD Diagnosis & Eligibility; Organizational Skills Training	• ADHD: DuPaul (2011) • ADHD: Barkley (2006) • <i>Best Practices– Collaborative and Data-Based Decision Making</i>: Chapter 25. Assessment of Youth with ADHD 4/11 - CLINICAL PRACTICUM REFLECTION DUE
Wk 14: 4/16 & 4/18	OTHER ISSUES THAT MAY BE ADDRESSED IN SCHOOLS (We will briefly discuss a subset of these topics) Substance Abuse; Tourette's/Tic Disorder, Selective Mutism, Suicide, Eating Disorders, Teaching Tolerance	4/16 - CONCEPT QUIZ 2 • Subst Abuse: Spoth et al. (2002) • Suicide: Pisani, et al. (2013) • Selected articles may be provided based on discretionary topics
EXAM WEEK	Tuesday, April 23 rd 3:00-5:30 ASH 1202	4/23 - IMPLEMENTATION PROJECT DUE