



PSY 310
Behavior Modification
Fall 2018

Instructor Information:

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Psychology Department
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Office hours: Tuesday and Thursday, 11:30 – 12:30, or by appointment

Couse Information:

CRN: 23231
Tuesday and Thursday, 1:00 – 2:15
1310 ASH Hall

Required Text:

Miltenberger, R. (2016). Behavior Modification: Principles and Procedures, 6th edition. Belmont, CA: Wadsworth.

Course Description:

From the Catalog:

Study of the application of learning principles, techniques, and procedures to the understanding and treatment of human psychological problems in a wide range of settings.

More information:

This course is designed as an overview of Applied Behavior Analysis for advanced undergraduate students. This course takes an empirical approach to behavioral psychology, and will examine the relevant theoretical underpinnings of behavioral techniques, strategies to design effective interventions, and various applications. Please note that you will be asked to critically examine empirical data and the rationale for behavioral interventions. This course will expose students to the study and the application of learning principles, techniques and procedures to the understanding and treatment of human behavioral and psychological problems in a wide range of settings. Some areas of application include developmental disabilities, special education, clinical psychology, business and industry, self-management, child management, and preventative behaviors.

Course Objectives:

1. Differentiate between various principles of operant conditioning, including but not limited to reinforcement, punishment, extinction, shaping, chaining, and verbal and rule-governed behavior.
2. Evaluate a behavior modification program and use the theoretical principles to understand, modify, and shape programs to modify behavior in a variety of settings and service organizations.
3. Describe behavioral problems and the underlying principles used to explain such aberrant behavior, as well as possible consequences of maladaptive behavior.

Grading:

Grades are calculated by dividing the total number of points earned by the total number of possible points (280). A letter grade will be assigned based on the grading scale listed below.

		Grading Scale	
Course Requirements		93% and above	A
	Quizzes	90% - 92%	A-
	Exams (3 @ 100pts each)	87% - 89%	B+
	Behavior Change Project	83% - 86%	B
		80% - 82%	B-
		77% - 79%	C+
		73% - 76%	C
		70% - 72%	C-
		67% - 69%	D+
		60% - 66%	D
Total 310 pts		59% and below	F

Exams

There will be **3** exams in this class. The dates for each examination are listed on the course schedule. h. Each examination will be worth 50 points and will consist of multiple-choice, true/false, matching, and/or short answer/essay questions. The final examination in this course is cumulative. The content on the exams will be drawn from the textbook, assigned readings, and lecture. Please note that not all content from the text will be covered in lecture, and not all content in lecture is in the textbook. For the exams, students are responsible for all content in assigned readings and lecture.

Make-up exams: **Make up exams are only permitted for documented extenuating circumstances.** If you must miss an exam due to an extenuating circumstance, you must contact me at least 24hrs prior to the exam. If I determine that you may make-up the exam, you must make-up the exam within 24hrs of the scheduled exam period. In addition, I may require documentation (doctor note, car repair bill, etc.). If you know that you will be absent for an exam at the beginning of the semester, you may arrange to take the exam at an earlier date. Not all early exams will be approved, only ones that have a compelling reason and that arranged at the beginning of the semester will be considered.

Quizzes

There will be 16 quizzes (5pts each) in this class. I will drop the lowest 4 quiz scores, and take the highest 12 for your final points. We will take a quiz during the last 15 minutes of each class. Quiz content will cover the required reading and the content that was just delivered. Quizzes will consist of multiple choice, true/false, or fill in the blank questions. Typically, each quiz will contain 5-10 items, with each item worth approximately ½ pts. You may NOT make up quizzes for ANY reason. If you must miss class on a quiz day due to illness, emergency, athletic requirement, or any other reason, you will receive a "0" on that quiz (and it will likely be the score that I drop). There are no exceptions to this policy.

ABA Intervention group project: 100pts

This semester, you will work with a group of other students to use an ABA strategy to try and change a behavior. For this project, you will select a behavior, develop and implement a strategy, and evaluate your progress. The final product for this project is a class presentation and a brief (5-page) written summary that will be delivered at the end of the semester. More detailed information is available on the assignment description.

University Policies

Accommodations for Students with Disabilities: If there is any student in this class who has special needs because of a learning, physical, or other disability, please contact me or Disability Support Services (DSS) at 331-2490. Although students with disabilities are held to the same academic standards as all other students, accommodations will be provided for you, as appropriate. Where warranted, accommodations will also be provided to students without a diagnosed disability if that student discusses the specific need with me and the accommodation appears to be justified. Furthermore, if you have a disability and think you will need assistance evacuating this classroom and/or building in an emergency situation, please make me aware so I can develop a plan to assist you.

Academic Integrity: Students are expected to adhere to the university's policies on Academic Honesty. These policies are described in the catalog and in the Student Code. Cheating and plagiarism will be dealt with as per the procedures described in the Student Code.

Plagiarism: As described in Section 223.01 of the Student Code, "any ideas or material taken from another source for either written or oral presentation must be fully acknowledged. Offering the work of someone else as one's own is plagiarism. The language or ideas taken from another may range from isolated formulas, sentences, or paragraphs to entire articles copied from books, periodicals, speeches or the writings of other students ... Any student who fails to give credit in written or oral work for the ideas or materials that have been taken from another is guilty of plagiarism." In sum, copying the work of any other individual, whether that of another student, researcher, author or editor is considered plagiarism. This is not acceptable and will be dealt with according to the policies set forth in the Student Code, which may include receiving a 0 on the assignment, failing the course, and/or other university consequences.

If you have questions regarding the appropriate use of citations and plagiarism, please contact the instructor BEFORE turning the assignment in. Please note that taking extensive content word-for-word from a journal, book or website is considered plagiarism.

This course is subject to the GVSU policies listed at <http://www.gvsu.edu/coursepolicies/>

Date	Topics	Readings	Assignment
8/28	Review syllabus		
8/30	Introduction to ABA	Ch. 1	Quiz 1
9/4	No Class – Labor day		
9/6	Identifying and Defining behavior	Ch. 2	Quiz 2
9/11	Measuring Behavior	Ch. 2	Quiz 3
9/13	Graphing and Measuring Change	Ch. 3	Quiz 4
9/18	Reinforcement	Ch. 4	Quiz 5
9/20	Schedules of Reinforcement	Ch. 4	Quiz 6
9/25	Extinction	Ch. 5	Quiz 7
9/27	Exam 1		Ch. 1-5
10/2	Punishment	Ch. 6	Quiz 8
10/4	Stimulus Control		Quiz 9
10/9	Group Project Work		
10/11	Respondent Conditioning	Ch. 8	Quiz 10
10/16	Shaping and Chaining	Ch. 9, 11	Quiz 11
10/18	Prompting	Ch. 10	Quiz 12
10/23	BST	Ch. 12	Quiz 13
10/25	Group Work		
10/30	Functional Assessment	Ch. 13	Quiz 14
11/1	Differential Reinforcement	Ch. 15	Quiz 15
11/6	Catch up and Review		
11/8	Exam 2		Ch. 8 - 15
11/13	Promoting Generalization	Ch. 19	Quiz 16
11/15	ABA applied to clinical psychology		
11/20	ABA applied to sports and health		
11/22	No class – Thanksgiving		
11/27	Group Work		
11/29	Guest Lecture: ABA and Autism		
12/4	Group Presentations		Final Group Project Due
12/6	Group Presentations		
12/10	Monday 12:00-1:50		Final exam: Cumulative