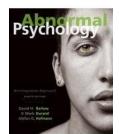
Psychopathology Psy-303 Section 08 F2F Fall 2021

SYLLABUS

L. Burns, 2219 ASH, 331-2862, Email burnsl@gvsu.edu Class hours: Tu/Th 10:00-11:15 (2310 ASH)

Office Hours: I am looking forward to meeting and talking with you this semester. I will always be available 1:00-2:00 for office hours. If this time is not convenient, please speak with me so we can arrange an appointment.



Recommended Text: Barlow, D.H., Durand, V. M., & Hoffman, S. G. (2017). <u>Abnormal Psychology: An</u> Integrative Approach (8th Edition). Wadsworth Cengage Learning. Available at the University Bookstore.

Course Objectives: This course is intended to provide an overview of abnormal psychology for advanced undergraduate students. *Introductory Psychology*, PSY 101, is a prerequisite for taking this course. By means of lectures, discussions, case examples, and readings, an introduction to the major diagnostic categories of the DSM-5 including theories of causation and various therapeutic interventions is planned.

Class Format: Although this is a lecture class, I encourage you to ask questions and participate in classroom discussions. You will also find that lectures are more understandable and enjoyable if you have read the material prior to class attendance. Frequent absences from class may reduce your final grade because exam questions may include topics covered in the lectures but not in the readings.

Upon successful completion of this course, students will be able to:

- 1. Describe the current system of classifying psychological disorders.
- 2. Decide when you or someone you know may need evaluation by a professional by using the diagnostic criteria of specific psychological disorders.
- 3. Identify and explain the biological, psychological, social, and cognitive factors underlying etiology and maintenance of selected psychological disorders.
- 4. Explain major theoretical models and their contribution to the understanding of psychological disorders.
- Explain how the research process and research findings influence the conceptualization and treatment of psychological disorders.

Grading: Your final grade will be based on three (3) (4 given—lowest dropped; you <u>must</u> take all 4 exams) and five (5) quizzes (6 given—lowest dropped). Each exam will consist of fifty multiple-choice questions drawn from the readings, lectures, videos, and class discussions. Each quiz will consist of five multiple-choice/fill-in-the blank questions. Each exam will cover material from a particular section of the course, and will count equally toward your final grade. The fourth exam (given during finals week) will <u>not</u> be comprehensive. Each exam will consist of 50 multiple-choice questions and count for 100 points. Thus, the maximum number of points you can gain for all exams and quizzes is 325 (if submitting the optional course paper—grade distribution with a total of 375 points is to the right below). You are guaranteed the following grade based on your total score:

<226 F

Grade Point Distribution	Grade Point Distribution w/ optional paper	
301-325 A	347-375 A	
293-300 A-	338-346 A-	
285-292 B+	329-337 B+	
268-284 B	309-328 B	
260-267 B-	300-308 B-	
253-259 C+	292-299 C+	
236-252 C	272-291 C	
228-235 C-	263-271 C-	
212-227 D+	245-262 D+	
196-212 D	226-244 D	

<196 F

GVSU Policy Pointers—

Disabilities Support Resources

If you have any condition, such as a physical or mental disability, which will make it difficult for you to carry out the work as outlined, or which will require extra time on examinations, please notify me in the first week of the course so that we can make appropriate arrangements.

This course is subject to the GVSU policies listed at http://www.gvsu.edu/coursepolicies/

Caring for Students

Your health and your family's health should be your priority. If you are dealing with illness, sick family members, travel difficulties, a bad internet connection, increased anxiety, childcare challenges, or any other issues, please reach out and we will figure out accommodations.

Face coverings

Face coverings, such as masks, are required to be worn in the classroom. Students who have forgotten their face coverings may get a disposable mask at a campus office. The evidence is clear that <u>face coverings are a crucial part of keeping coronavirus at bay</u> and <u>support the university's commitment to providing all members of its community with an inclusive living and learning environment with equitable opportunities for success. GVSU's policy on face coverings is posted on the Lakers Together website. Students who are not able to wear a face covering due to a medical condition should <u>contact</u> <u>Disability Support Services (DSR)</u> to discuss their individual situation.</u>

Mental Health

Mental health concerns, including overwhelming stress, excessive worry, difficulty participating in daily activities, and changes in mood, appetite, or sleep patterns can interfere with your academic performance. College student surveys report that roughly 1 out of 3 students screen positive for a current mental health concern (Healthy Minds Study). GVSU values your health and wellness and provides services to support your mental health. If you would like mental health support or are concerned for another member of our campus community, reach out to the University Counseling Center for free resources, self-help options, and services. Also, visit Campus Recreation & Wellness for additional health and wellness programming.

Emergency Procedures:

Fire: Immediately proceed to the nearest exit during a fire alarm. Do not use elevators.

More information is available on the University's Emergency website located at http://www.gvsu.edu/emergency

Quizzes

These will be available on Bb approximately 48 hours before the class session to which they pertain and they will be available until 8:00 am that day (before class).

These are always on the material to be covered in class that week, not on previous material. I.e., Quiz 1 is on Chapter 2. <u>All</u> dates are listed on your syllabus.

Make-up Exams: For make-up exams please bring me a note from your doctor. Given that your lowest quiz will be dropped, **NO** make-up quizzes will be given.

Alternative Learning Experience, (NOT extra credit) Optional Course Paper (50 points possible--due October 24th): In addition to reading the text, and in order to expand and extend your knowledge of psychopathology, you have the option of writing a course paper regarding the issue of what defines *psychopathology*. You will need a minimum of five (5) primary sources. Your paper should be more than 800 words, but less than 1100 words in length, or roughly four (4) type-written or word-processed pages. It should contain a clear statement regarding your educated stance on the topic. Are there any key biological, social, or psychological issues intertwined with how we currently conceptualize and define this term, *psychopathology*, which so clearly frames a central aspect of our course?

For your minimum of five (5) **primary** journal articles:

- 1. No book reviews.
- 2. No citations from course textbooks (lose 20 points if used).

- 3. No "anonymous" Internet articles (you MAY, of course, use E-Journal articles obtained via library databases, but if you're in doubt merely check with me).
- 4. No "review of article" articles.
- 5. No article less than 3 pages in length.
- 6. No bibliography listing if not cited in your paper.
- 7. After you have five journal article references you may include non-textbook books as references.

Please cite your references in the body of your paper in APA format, or as follows:

Jones (1998),

According to recent findings (Jones, 1998).

Please avoid the use of vague terms like "scientists have found." Please use the name of the actual author of the article or source you are referring to in your paragraph.

Late papers lose five (5) points per day.

Papers using other Abnormal Psychology or Psychopathology texts (including our course textbook) will lose 20 points.

<u>Please note</u> (General Academic Policies, p.78; 1996-1997) **Plagiarism** is "Any ideas or material taken from another source... must be fully acknowledged... sentences or paragraphs... any student who fails to give credit, is guilty of **plagiarism**." Such activity (**plagiarism**) may result in failure of a specific assignment, an entire course, of if flagrant, dismissal from GVSU.

Cell phone access during exams

There is <u>no</u> acceptable use of a cell phone during a class exam. Using a cell phone during an exam will result in an automatic zero on that exam.

Bb and email

1. Computing Conditions of Use (Condition #7):

Using university technology resources for commercial use is strictly prohibited. Such resources are to be solely used in conjunction with doing business for GVSU or purposes directly related to academic work.

2. Email Policy (In Section B, "Account Usage," the 3rd paragraph):

University e-mail services shall not be used to send unsolicited commercial emails and such use may result in your account being disabled.

Use of laptops during class

Students have complained about the distraction of others surfing the internet during class time. While I would prefer no laptops in class, if you plan to use your laptop for activities other than note taking during class please select seating at the rear of the classroom to reduce others' distraction. Thank you.

TENTATIVE SCHEDULE:

Date	Chapter	Topics
8/31		First day of class
9/2	1	Abnormal Behavior in Historical Context
9/7	1	Abnormal Behavior in Historical Context
9/9 & 14	2	An Integrative Approach to Psychopathology - Quiz 1 (on chapter 2 9/9)
9/16 & 21	4	Research Methods - Quiz 2 (on chapter 4 9/16)
9/23		Exam #1 (Chapters 1, 2, & 4)

9/28	3	Clinical Assessment and Diagnosis
9/30	3	Clinical Assessment and Diagnosis
10/5 & 7	5	Anxiety, Trauma, OCD and Related Disorders - Quiz 3
10/12	5	Anxiety, Trauma, OCD and Related Disorders
10/14	6	Somatic Symptom & Dissociative Disorders
10/19	6	Somatic Symptom & Dissociative Disorders
10/21		Exam #2 (Chapters 3, 5, & 6)
10/26	7	Mood Disorders & Suicide - Quiz 4
⊙ Optional Course paper Due←		
10/29		Last day to drop with a "W"
11/2	7	Mood Disorders & Suicide
11/4 & 11/9	8	Eating and Sleep—Wake Disorders - Quiz 5
11/11	10	Sexual Dysfunctions, Paraphilic Disorders, and Gender Dysphoria
11/16	10	Sexual Dysfunctions, Paraphilic Disorders, and Gender Dysphoria
11/18		Exam #3 (Chapters 7, 8, & 10)
11/23	12	Personality Disorders
11/24-26		Thanksgiving Break!
11/30 & 12/2	13	Schizophrenia and other Psychotic Disorders -Quiz 6
12/7 & 9	11	Substance-Related and Impulse-Control Disorders

Final Exam (Chapters 11, 12, & 13)

12/16 Thursday 10:00-11:50