Course description
Welcome to Introductory Psychology! Psychology is the study of human behavior and mental processes. This course will provide you with an overview of psychology, examining the science from several perspectives including biological, cultural, behavioral, cognitive, and social. Some examples of topics that will be covered are human development, thinking and learning, personality, motivation, emotion, and psychological disorders. Following this course, you will understand what psychology is as a science and the basic areas in psychology. You will also have an understanding of how psychologists think and how psychology is relevant to your own life.

Introductory Psychology is part of GVSU’s General Education Program. This course partially fulfills the requirement of the Social and Behavioral Sciences category in Foundations. As part of the General Education Program, the goals of this course are to help students develop a) an understanding of how knowledge in the social or behavioral sciences is created and applied, b) an understanding of the major approaches, methods, theories, and substantive findings of the field, and c) an informed critical stance that will allow students to weigh and apply ideas and claims from the social and behavioral sciences outside the classroom. The skills goals for this course are critical and creative thinking and ethical reasoning (see the end of this document for more information on these goals).

Required textbook

Course evaluation
The total points for this class will be 640. You will be evaluated on 4 exams and a Final (each exam is worth 100 points; 500 points total). You will complete 20 in-class exercises (worth 5 points each; 100 points total). You will complete 4 enrichment activities (worth 10 points each; 40 points total).

Exams will use the following grading scale.

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>A</td>
<td>93-100%</td>
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<tr>
<td>A-</td>
<td>90-92%</td>
</tr>
<tr>
<td>B+</td>
<td>87-89%</td>
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<tr>
<td>B</td>
<td>83-86%</td>
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<tr>
<td>B-</td>
<td>80-82%</td>
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<tr>
<td>C+</td>
<td>77-79%</td>
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<tr>
<td>C</td>
<td>73-76%</td>
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<tr>
<td>C-</td>
<td>70-72%</td>
</tr>
<tr>
<td>D+</td>
<td>67-69%</td>
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<tr>
<td>D</td>
<td>62-66%</td>
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<tr>
<td>F</td>
<td>61% or lower</td>
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</tbody>
</table>

Note. I reserve the right to curve grades under certain circumstances. However, if I do curve grades, it will only be for your benefit.
Exams

Midterm exams: Midterm exams will be administered in class. They will be non-cumulative, and cover 3-4 textbook chapters as documented in the Course Schedule. Exams will also cover material from lecture (see section on Attendance). Exam questions will include both multiple choice and short answer.

Final exam: The Final exam will be cumulative, covering material from the entire semester. It will also be a combination of multiple choice and short answer. The Final exam date and time is listed at the end of the Course Schedule. If you cannot make this date and time, please talk with me as soon as possible.

Make-up policy: You are expected to take the exams on the specified dates. If you do not appear for an exam, and you have not been given permission by me to delay it, you will receive a zero unless you bring documentation (such as a doctor's note) to excuse your absence. You will have one week after the date of the scheduled exam to take a make-up exam.

Class exercises

There will be approximately 20 in-class exercises (occasionally you may be asked to complete these as homework, in which case they will be due the next class period). Each exercise will be worth 5 points. The exercises vary from written reactions to something we read or watch to small group discussion of class topics. The purpose of these exercises is to complement and facilitate learning of class material.

Credit for class exercises cannot be made up. If you are not present for any reason, you will not be able to earn credit for a missed exercise. However, all students will be able to drop one missed exercise. In other words, if you miss only one of them, you can still obtain a perfect score for these exercises. If you miss two exercises, you will lose points for one exercise, if you miss three, you will lose points for two exercises, etc. This “freebie” accounts for all reasons for missing so please do not ask me about make-ups. You also do not need to let me know when you missed an exercise as the “freebie” will simply be added at the end of the semester for an exercise that you missed at any point during the semester.

Enrichment activities

Enrichment activities are to be completed outside of class. These activities are designed to give students the chance to learn more about how psychological research is conducted. There are two options for completing these activities. In Option 1, students participate in psychological research studies. In Option 2, students read and write papers on psychological research from scholarly journals. Within either option chosen, students will complete four activities. Enrichment activities are due the last week of class. Please see the end of this syllabus for more detailed information.

Useful things to know

Reading: Topics in the Course Schedule correspond to your textbook chapters. Reading the assigned chapter before class will help you take better notes in lecture and prepare you for class activities. Reading will also help you perform well on exams because not all assigned reading will be covered in class, but exams will require you to demonstrate that you have read and understood all of the assigned reading.

Attendance: Although I will not take attendance, it is to your advantage to come to class regularly. This is because during class, I may lecture on material that is not in your textbook. There will also be class exercises and, as noted above, there are no make-ups for these. We will also watch films, listen to radio programs, and have class discussions that elaborate on and extend material. You can expect exams to cover your textbook, lecture, and anything else that we do in class. If you miss a class, it is your responsibility to ask a fellow student for the notes as I do not give my notes outside of class.

Blackboard website: I will post notes, grades, assignments, and any announcements on the website for this class. Notes will be posted under “Course documents”. Grades and assignments will be posted under
“Grades”. Make sure you have access to the BB website or contact the help desk. **Please check your grades and assignments on the website OFTEN. You have only one week after an assignment is posted to dispute it- no exceptions!** Contact me ASAP if you think an error has been made.

*Respect.* This is a large class so students sometimes feel anonymous. Please do not let this perception make you think it is okay to engage in disrespectful behavior. I expect you to respect me and your fellow students by not talking, texting, or browsing the internet while class is in session. When class begins, you should cease all of these activities. If you do not, I will ask you to leave. If you are asked to leave more than once, you will be dropped from the class. Please understand that talking when I am talking or when your classmates raise questions or are sharing their insights is particularly bothersome, and you will be asked to leave for these disruptions.

**Students with special needs or concerns**

If there is any student in this class who has special needs because of a learning, physical, or other disability, please let me know. You should also contact Disability Support Resources (DSR) at (616) 331-2490. If you have a disability and think that you will need assistance evacuating this classroom and/or building in an emergency, please make me aware so that the university and I can develop a plan to assist you. It is the student’s responsibility to request assistance from DSR.

**Academic Integrity**

Students are expected to adhere to the university's policies on Academic Honesty. You are responsible for making yourself aware of and for understanding the policies and procedures that pertain to academic integrity. To that end, be sure to familiarize yourself with the GVSU Student Code [Section 223.01] related to academic integrity. Cheating and plagiarism will be dealt with according to procedures described in the Student Code.

**Winter, 2015 Course Schedule***

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
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<tbody>
<tr>
<td>M 5-Jan</td>
<td>Course welcome and introduction</td>
</tr>
<tr>
<td>W 7-Jan</td>
<td>Thinking critically about psychology</td>
</tr>
<tr>
<td>F 9-Jan</td>
<td>Thinking critically 2</td>
</tr>
<tr>
<td>M 12-Jan</td>
<td>Thinking critically 3</td>
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<tr>
<td>W 14-Jan</td>
<td>Biology of mind</td>
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<tr>
<td>F 16-Jan</td>
<td>Biology of mind 2</td>
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<tr>
<td>M 19-Jan</td>
<td><strong>Martin Luther King Day- No class; Jan 20 last day to participate in prescreen survey</strong></td>
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<tr>
<td>W 21-Jan</td>
<td>Consciousness</td>
</tr>
<tr>
<td>F 23-Jan</td>
<td>Consciousness 2</td>
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<td>Day</td>
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<tr>
<td>M</td>
<td>26-Jan</td>
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<tr>
<td>W</td>
<td>28-Jan</td>
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<tr>
<td>F</td>
<td>30-Jan</td>
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<tr>
<td>M</td>
<td>2-Feb</td>
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<tr>
<td>W</td>
<td>4-Feb</td>
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<tr>
<td>F</td>
<td>6-Feb</td>
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<td>M</td>
<td>9-Feb</td>
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<tr>
<td>W</td>
<td>11-Feb</td>
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<td>F</td>
<td>13-Feb</td>
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<td>M</td>
<td>16-Feb</td>
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<tr>
<td>W</td>
<td>18-Feb</td>
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<tr>
<td>F</td>
<td><strong>20-Feb</strong></td>
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<td>M</td>
<td>23-Feb</td>
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<td>W</td>
<td>25-Feb</td>
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<td>F</td>
<td>27-Feb</td>
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<td>M- F</td>
<td>2-6 Mar</td>
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<td><strong>20-Mar</strong></td>
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<tr>
<td>M</td>
<td>23-Mar</td>
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</table>
Motivation and work 2

Emotions, stress and health

Emotions, stress and health 2

Emotions stress and health 3

Personality

Personality 2

Wrap up

Exam 4

Psychological disorders; April 14 last day to participate in Option 1

Psychological disorders 2; Option 2 papers due in class

Course review and close

Final exam: Wednesday, April 22, 2-3:50pm

* This schedule may be revised as needed.

This course is part of GVSU’s General Education Program.

The goal of the program is to prepare you for intelligent participation in public dialogues that consider the issues of humane living and responsible action in local, national, and global communities.

The program is designed to increase your knowledge and skills in the following areas:

Knowledge Goals:
1. The major areas of human investigation and accomplishment—the arts, the humanities, the mathematical sciences, the natural sciences, and the social sciences.
2. An understanding of one's own culture and the cultures of others.
3. An understanding of how academic study connects to issues in the world.

Skills goals:
1. Written communication is the practice of creating and refining messages that educated readers will value.
2. Oral communication is the practice of effectively communicating verbally with a public audience across a variety of contexts.
3. Critical and creative thinking uses systematic reasoning to examine and evaluate ideas, leading to new ways of thinking or doing.
4. Information Literacy is the process of locating, evaluating, and using multiple forms of information.
5. Quantitative literacy is a competency and comfort in working with numbers.
6. Ethical reasoning is a decision-making process based on defining systems of value.
7. Collaboration is the process of working together and sharing the workload equitably to progress toward shared objectives.
8. Problem solving is the process of designing and evaluating strategies to answer open-ended questions or achieve desired goals.
Ensuring that undergraduate students receive a broad general education has been a primary goal of colleges and universities since their inception. In this era of increasing specialization and growing demand for professional expertise, it is vital that we continue to emphasize the value of general learning.

GVSU maintains that a complete education involves more than preparation for a particular career. A career occurs in the context of a life, and a sound general education helps one “make a life” as well as “make a living.” The university is committed to assuring that all undergraduate students, regardless of academic major, receive a broad education rooted in the arts and sciences.

Teaching in the liberal tradition is at the heart of Grand Valley’s identity, and this focus is critical in our General Education Program. Liberal education transcends the acquisition of information; it goes beyond the factual to ask important evaluative and philosophical questions. Liberal learning holds the fundamental principles and suppositions of a body of knowledge up to inquiry, question, and discussion. It helps a person recognize the assumptions under which he or she operates and encourages the examination and questioning of those assumptions. Liberal learning begins in the General Education Program and continues through the more specialized studies comprising each student’s major and minor areas of study.

Grand Valley State University educates students to shape their lives, their professions, and their societies.

**Enrichment Activities**

**Learning about Psychological Research**

Students are required to participate in activities designed to acquaint them with the nature and variety of research in psychology. **There are two different kinds of enrichment activities options, and students can choose which one they want to do.** Option 1 involves participating in research studies conducted through the Department of Psychology, while Option 2 involves reading and writing about papers that report research in scholarly journals in psychology. **Students can meet the requirement by doing four enrichment activities of either option.** For example, students who choose Option 1 will participate in four credits worth of research studies. Students who choose Option 2 will write four papers summarizing research in scholarly journals. If a student completes the prescreening questionnaire, they will only need to do three enrichment activities of either option.

**Option 1: Participation in Psychological Research**

**Objective**

The objective of this assignment is for you to gain direct experience with psychology research studies and what it is like to participate in them. In class we shall discuss the social psychology of psychology research and how experimental designs take into account the expectations and beliefs of the participants. By participating in studies yourself, you can gain an understanding of the strengths and limits of psychological research. Psychology Department faculty and their research assistants perform the studies, all of which have been reviewed and approved by the university’s Institutional Review Board.

**Online Registration**

To participate in studies, you must register on the **Study Scheduling System**, accessible from the Psychology website (http://www.gvsu.edu/psychology/). The vendor maintains a strict policy protecting privacy and confidentiality. (This policy is available for review in the Psychology Office.) Navigating the Study Scheduling System is straightforward, and if you need guidance, detailed instructions are available on the Psychology website.

**Prescreening Survey**

An on-line prescreening questionnaire is available during the first two weeks of the semester. Completing this survey counts as one Enrichment Activity. It will appear the first time that you log into the **Study Scheduling System**, and you can access it from your My Profile page. If you opt to complete the survey, plan to complete it in a single, one-hour sitting. Several of the studies taking place later in the semester determine eligibility according to the responses on the Pre-Screening Survey, so completing it may increase the number of studies you will be eligible to choose. (You will receive invitations based on the Pre-Screening responses.) **The last date to participate in the prescreening survey is Tuesday, January 20.**

**Participating in Studies**
Register for studies on the Study Scheduling System. Before you sign up to participate in a study, review any listed restrictions (for example, “left-handed people only”). If you sign up for a study and you do not meet the eligibility restrictions, you will not receive credit for the study.

Arrive before the scheduled time, as studies start punctually. You will be given a description of what participating in the study will involve, and you will be asked for your consent before the study begins. If you then choose not to participate, you may leave without penalty. You can check to see that you have received credit for completion by selecting My Schedule/Credits, but please allow at least one week after a study before checking.

If you sign up for a study but cannot attend, please cancel your session on-line.

**Under 18**

Special rules apply to students who are under 18. If you are under 18, please use Option 2, or before participating in studies, see the Subject Pool Secretary, Nicole O’Leary, for information about permission requirements.

**Need Help?**

For assistance registering for studies, please contact Nicole O’Leary, the Psychology Subject Pool Secretary, who can be reached in the Psychology Department Office (2224 Au Sable Hall, 616-331-2195), or by sending an email to: psychlab@gvsu.edu.

**Option 1 Deadline**

The last day to participate in studies is Tuesday, April 14.

**Option 2: Papers on Research in Scholarly Journals**

A second Enrichment Activity option is to read a selected journal article and then write a brief report on the article.

**Summary of the Assignment**

Pick a current, empirical article from a psychological journal that is listed below. Read the abstract, introduction, and conclusions of the article and skim the remainder of it to understand the gist. You are not expected to understand the details of the article; your task is to understand the article's general thrust, content, and conclusions. Write a brief summary (as detailed below) to document your reading. *Be sure to use your own words. Do not copy or paraphrase the abstract.*

**Objective**

The objective of this assignment is to broaden your understanding of psychological research, and how it is conducted. This is important because psychology, as a science, is based on research. To understand psychology, it is important to understand its scientific basis.

**Selecting an Article**

Choose a current article, published in 2013 or 2014, that reports an empirical psychological study. (i.e. one that is based on the collection of data. Reviews, meta-analyses, and other comparisons of studies from separate researchers are not appropriate for this assignment. Your article should include sections labeled “Methods” and “Results.”) Note that there are other journals, not acceptable for this assignment, which have misleadingly similar names. Make sure the title of the journal matches exactly one on this list:

- Behavioral Neuroscience
- Developmental Psychology
- Experimental and Clinical Psychopharmacology
- Health Psychology
- Journal of Abnormal Psychology
- Journal of Applied Psychology
- Journal of Comparative Psychology
- Journal of Consulting and Clinical Psychology
- Journal of Counseling Psychology
- Journal of Educational Psychology
- Journal of Experimental Psychology: General
- Journal of Experimental Psychology: Animal Behavior Processes
- Journal of Experimental Psychology: Applied
- Journal of Experimental Psychology: Human Perception and Performance
- Journal of Experimental Psychology: Learning, Memory, and Cognition
- Journal of Personality and Social Psychology
- Neuropsychology
Finding the Journals
Most of the journals are available electronically through databases you can access through the GVSU Library website. You can learn how to access the journals by watching a video, Finding Journal Titles in the GVSU Libraries, which is located on the Recommended Journals tab of http://libguides.gvsu.edu/psych. Access the journals only through the GVSU Library, not other sources or websites, as such materials may be incomplete or from the wrong journal. For library assistance, contact Gayle Schaub, Liberal Arts Librarian (616-331-2629, schaubg@gvsu.edu).

Documenting Your Reading
Write a brief, double-spaced paper summarizing the article. The body of your essay should contain three sections, each between 100-300 words. Start each of the three sections with a heading, copying the exact words for each heading described below. Under each heading write a well-organized paragraph that specifically addresses the question posed in the heading:

1. What question or questions does the article address?
2. Why are the question(s) that the article addresses important ones to consider?
3. What answers does the article provide?

The Paper Must Be Your Own Work and Written in Your Own Words
At the core of Grand Valley State University’s policy on plagiarism (described in the catalog and in the Student Code) is the principle that “[a]ny ideas or material taken from another source… must be fully acknowledged.” This means that your paper must be written strictly in your own words, and it must acknowledge any ideas that you take from another source. Avoid quoting from the article, but any phrases quoted must be placed in quotation marks, even if the phrases are only two or three words long. Words or ideas borrowed from a source other than the target article should be acknowledged and completely referenced. If you turn in a paper that violates this policy, you may receive a failing grade for the course.

Required Identifying Information
At the top left-hand corner of the first page of your summary, put your name, your student number (G-number), your professor’s name, your section, and the date. Immediately below this, provide a full reference to the article, with the information in the following order: Names of all authors (last name, comma, initials), the year of publication (in parentheses), the exact title of the article, the full name of the journal, the volume number, and the page numbers. This reference information must be complete and accurate for you to receive credit for the paper.

To the back of your summary, staple a photocopy of the first page of the article that you read. Make sure that the photocopy includes the exact name of the journal, the title of the paper, the volume number, the page numbers, and the abstract and first paragraph of the article. If you copy from the printed journal, all of the required information will usually be on the first page of the article, but if you download the article from a library database, you may have to print several pages to make sure all the required information is present.

Credit/No Credit Grading of Papers
The papers will be graded on a Credit/No Credit basis. No partial credit will be given. Most papers that receive a failing grade are ones where the writer fails to follow the instructions. Double-check your paper before you submit it, to make sure it conforms exactly to all the rules described above.

Option 2 Deadline
The due date for the Option 2 Enrichment Activity assignment is Wednesday, April 15 in class.