

PSY 101: Introductory Psychology

Fall 2021

Instructor: Dr. Greta Chan

Office: ASH 2112
Phone: 616-331-2407

Office Hours: Tuesdays & Thursdays 2:00 – 4:00 p.m.
Email: changre@gvsu.edu

Course Number	Meeting Time	Location
PSY 101 - 06	MWF 3:00 p.m. – 3:50 p.m.	ASH 2302
PSY 101 - 08	MWF 2:00 p.m. – 2:50 p.m.	ASH 2302
PSY 101 - 10	MWF 10:00 a.m. – 10:50 a.m.	LMH 114

Refund/Withdrawal Deadlines

Deadline	Date
100% Tuition Refund Deadline	September 3, 2021
75% Tuition Refund Deadline	September 24, 2021
Drop with a "W" Grade Deadline	October 29, 2021

Prerequisites and/or co-requisites: None

Course Description (official catalog description)

General survey of psychology, the scientific study of behavior and experience, including overt actions and mental activity. Covers how psychologists think and act as scientists and how the study of its subject matter may be integrated at the biological, psychological, and social levels of analysis. This course fulfills the Social and Behavioral Sciences Foundation requirement.

Introductory Prose

This course is designed to introduce students to the basic concepts of psychology.

Objectives

Upon successful completion of this course students will be able to:

1. Demonstrate an understanding of the scientific process in Psychology.
2. Identify major psychological theories and use psychological terminology correctly.
3. Critically evaluate the findings of psychological research.
4. Recognize examples of how psychological concepts are applied to daily life.

Common topics

Research Methodology
 Biological Psychology
 Cognitive Psychology
 Developmental Psychology
 Social Psychology
 Applied Psychology (e.g., treatment of psychological disorders, coping with stress, etc.)

Required Text:

Weiten, W. (2022). Psychology: Themes and Variations (11th edition).

GVSU SAVE FIRST DAY DIGITAL ACCESS

Once students register for a class that uses GVSU Save digital course materials, they will receive information via e-mail about how to access their content. This information will also be available to the student via Blackboard. Students will have access to the content in Blackboard before the first day of class. Students will be billed for the course materials via their student account. Students who opt-out will not be charged. The opt-out date is **Friday September 10th**.

Tentative Schedule

Date	Chapter and Topic	Exam/Quiz
August 30	Course Overview	
September 1	Chapter 2: Research Methods	
September 3	Chapter 2: Research Methods	
September 6	Labor Day: No Class	
September 8	Chapter 2: Research Methods	
September 10	Chapter 3: Biological Bases of Behavior	Quiz 1
September 13	Chapter 3: Biological Bases of Behavior	
September 15	Chapter 4: Sensation & Perception	Quiz 2
September 17	Chapter 4: Sensation & Perception	
September 20	Chapter 4: Sensation & Perception	
September 22	--	Exam 1
September 24	Chapter 8: Cognition & Intelligence	
September 27	Chapter 8: Cognition & Intelligence	
September 29	Chapter 8: Cognition & Intelligence	
October 1	Chapter 7: Human Memory	Quiz 3
October 4	Chapter 7: Human Memory	
October 6	Chapter 7: Human Memory	
October 8	Chapter 6: Learning	Quiz 4
October 11	Chapter 6: Learning	
October 13	Chapter 6: Learning	

October 15	--	Exam 2
October 18	Chapter 5: Variation in Consciousness	
October 20	Chapter 5: Variation in Consciousness	
October 22	Chapter 9: Motivation & Emotion	Quiz 5
October 25	Chapter 9: Motivation & Emotion	
October 27	Chapter 9: Motivation & Emotion	
October 29	Chapter 10: Human Development Across Life Span	Quiz 6
November 1	Chapter 10: Human Development Across Life Span	
November 3	Chapter 10: Human Development Across Life Span	
November 5	Chapter 11: Personality	Quiz 7
November 8	Chapter 11: Personality	
November 10	Chapter 11: Personality	
November 12	--	Exam 3
November 15	Chapter 12: Social Behavior	
November 17	Chapter 12: Social Behavior	
November 19	Chapter 12: Social Behavior	
November 22	Chapter 13: Stress, Coping & Health	Quiz 8
November 24	Thanksgiving Recess	
November 26	Thanksgiving Recess	
November 29	Chapter 13: Stress, Coping & Health	
December 1	Chapter 13: Stress, Coping & Health	
December 3	Chapter 14: Psychological Disorders	Quiz 9
December 6	Chapter 14: Psychological Disorders	
December 8	Chapter 15: Treatment of Psychological Disorders	
December 10	Chapter 1: Evolution of Psychology	Quiz 10
TBA	--	Exam 4

Methods of Evaluation

Exams (80%)

- There will be four MC exams.
- Each exam weights 20%. (Total = 20% x 4 = 80%)
- The exams are NOT cumulative

Quizzes (10%)

- There will be 10 open-book quizzes (see the above table for the dates).
- These quizzes will be posted and completed on Blackboard.

Enrichment Activities (10%)

- A total of four credits will be earned from your participation in these activities (see the Appendix at the end of this document)
- Each credit weights 2.5% of your course total
- Total = 2.5% x 4 = 10%

Grading Scale

		B+	87-89%	C+	77-79%	D+	67-69%
A	93-100%	B	83-86%	C	73-76%	D	60-66%
A-	90-92%	B-	80-82%	C-	70-72%	F	59 or lower

To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.45% will be rounded up to 90% = A-; but 89.44% will be rounded down to 89% = B+).

Plagiarism

Plagiarism involves submitting or presenting work in a course as if it were the student's original work. Plagiarism may result in a failing grade.

Absence From a Test/Exam

A completed Physician/Counselor Statement will be required to confirm absence from a test/exam for health reasons. Students who miss a test/exam have up to 48 hours to contact the instructor and to schedule a makeup test/exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam.

Appendix

Enrichment Activities: Learning about Psychological Research

In the Enrichment Activities portion of the course, students will become acquainted with the nature and variety of research in psychology. Two kinds of enrichment activities are available:

- *Option 1* involves being a participant in research studies conducted by Psychology Department faculty and students.
- *Option 2* involves completing activities that will give you first-hand experience with research techniques used in Psychological research.

Students must earn *four* enrichment activity credits for this requirement. Enrichment activities are worth a varying number of credits depending upon how much time it takes to complete the study/research technique activity.

Enrichment activities use an account in the SONA Systems Scheduling System Software.

You will receive an email at the beginning of the semester containing your User ID and an initial password. Once you have your account, you can log in at any time and sign up to participate in any available studies/activities for which you qualify. If you do not receive an account email by the end of the first day of classes, please contact Casimir Tokarski at psychlab@gvsu.edu or by phone at 616.331.3262.

To access SONA Systems, along with downloadable registration instructions, follow this link: <https://www.gvsu.edu/psychology/be-a-participant-in-research-296.htm>. A video tutorial is available at the following link that will walk you through the study sign-up process: <https://gvsu.hosted.panopto.com/Panopto/Pages/Viewer.aspx?pid=14a9aaf9-814f-4a4c-830e-a9ce013e8887&id=c84e8a38-1238-4486-b590-a9cb01307e70&advance=true>

SONA Systems maintains a strict policy protecting your privacy and confidentiality. This policy is available for review in the Psychology Office.

Option 1: Participation in Psychology Studies

Objective

By participating in psychology research studies, you will experience directly some of the procedures used in psychological research while also making a valuable contribution to the generation of knowledge within the discipline. All studies have been reviewed and approved by the university's Institutional Review Board (IRB). The IRB is an administrative body established to protect the rights and welfare of human research participants.

Step 1: Find a study and sign up

When you log in using your new SONA Systems account, you will see a list of studies. If there are available timeslots there will be a link on the right that will take you to a sign-up page. Before you sign up to participate in a study, review any listed restrictions (for example, “left-handed people only”). If you do not meet the posted eligibility requirements, you will not receive credit for the study.

Step 2: Participate in the study

Some studies on SONA Systems may be completed online, while other studies will require you to participate in person at a physical location (usually the Psychology Laboratories in Au Sable Hall). If the study requires you to attend a session at a particular location, please arrive before the scheduled time, as studies start punctually. If you sign up for a study session but cannot attend, please cancel your session on-line. Online studies must be completed by the study deadline to get credit.

At the beginning of a study session, you will first be given a description of what you will have to do, and you will be asked for your consent before the study begins. If you then choose not to participate, you may leave without penalty. You can check to see that you have received credit by selecting [My Schedule/Credits](#), where credits are typically posted within 24 hours after you participate in a study.

Under 18?

Special rules apply to students who are under 18. A general non-study specific Parent/Guardian Permission form must be completed and placed on file in the Psychology office before you are able to participate in any of the studies. In most instances, having the general non-study specific document on file will allow you to participate in studies. However, it is important to read carefully the eligibility requirements for a study. If you need a study specific Parent/Guardian consent form signed in order to participate, it will say so in the eligibility section of the study description. If you are under the age of 18 when you create your SONA Systems account, you will receive an informative email from Casimir Tokarski, the Psychology Department Laboratory Assistant detailing the steps you will need to take in order to document parental consent. Once your parental consent form is on file, you will see a list of studies for which you are eligible.

Participation opportunity during the first 3 weeks of the semester: Prescreening Survey

An on-line prescreening questionnaire is available for the first three weeks of the semester when you log in to SONA Systems. **This is only available to students who are 18 years of age or older.** It is not necessary to do this survey, but by completing it, you may receive invitations to additional studies later in the semester based on your responses. Thus, completing the pre-screening survey may increase the number of studies you will be eligible to choose throughout the semester. Completing the survey counts as one-half credit toward Enrichment Activities. The survey will appear the first time that you log into the *Study Scheduling System*, and you can access it from your [My Profile](#) page. If you opt to complete the survey, plan to complete it in a single, half-hour sitting. The last date to participate in the prescreening survey is **Sunday September 19, 2021.**

Option 2 Research Techniques Activities

Objective

By completing research techniques activities, you will carry out some of the procedures researchers use in their psychological research. For example, you may be asked to watch an exchange between two people and carry out behavioral coding of their interaction. In doing these activities you will gain an understanding of the strengths and limits of various research methods used in psychological science. Research Techniques Activities are listed in SONA Systems along with the research studies. There are no age restrictions on these activities. You may complete each activity only once.

Need Help?

If you have questions regarding any aspect of the Enrichment Activities, please contact Casimir Tokarski, who can be reached in the Psychology Department Office (2224 Au Sable Hall, 616.331.3262) or by sending an email to psychlab@gvsu.edu.

Enrichment Activity Deadline

The last day to complete both Enrichment Activities types is **Tuesday December 7, 2021**.