

PSY 101 Introductory Psychology - Fall 2022

Section 02: 4:00 - 5:15 p.m.

Section 05: 2:30 – 3:45 p.m.

Au Sable Hall 2302

Instructor: Luke Galen, Ph.D.

Office: 2220 ASH

Office Hours: Tues/ Thurs: 10:00 – 11:00 a.m.; 1:00 – 2:00 p.m.

Online office hours via zoom: email to schedule virtual appt.

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Course Description: General survey of psychology, the scientific study of behavior and experience, including overt actions and mental activity. Covers how psychologists think and act as scientists and how the study of its subject matter may be integrated at the biological, psychological, and social levels of analysis.

Course Objectives: This course will emphasize the major theories of behavior and mental processes, the empirical methods used by psychologists, and the major findings of psychological research. Upon successful completion, students will: 1) demonstrate an understanding of the science of Psychology. 2) be able to identify major psychological theories and use psychological terminology correctly. This includes a basic understanding of the breadth of topics studied by psychologists (such as neuroscience, personality, social behavior, and psychological disorders, etc). 3) be able to critically evaluate the findings of psychological research. This includes an ability to think critically about psychological phenomena, and an awareness of how empirically-validated psychological principles apply to daily life (see Gen Ed below); 4) be able to recognize examples of how psychological concepts are applied to daily life; 5) recognize ethical issues and develop ethical reasoning (see Gen Ed below).

Text (required):

Option 1: GVSU Save textbook program. See link on Blackboard <https://lakerstore.gvsu.edu/SiteText?id=89186>

Option 2: Etext REVEL for Psychology: From Inquiry to Understanding -- Access Card, 4/E

Lilienfeld, S. O., Lynn, S. J., & Namy, L. L. (2018). Psychology: From Inquiry to Understanding. (4th ed.).

Hoboken NJ: Pearson. ISBN 9780134637716

Redeem your code or purchase instant access online. (Temp. access option for financial aid is also available.)

Revel student resources: <https://www.pearsonhighered.com/revel/students/support/>

Used 3rd ed copies of the textbook don't buy a used access code. Only newly purchased codes will work.

Option 3: Physical textbook with Revel access: Lilienfeld, S. O., Lynn, S. J., & Namy, L. L. (2018). Psychology: From Inquiry to Understanding. (4th ed.). Hoboken NJ: Pearson. ISBN 9780134552514

I will post the syllabus, grades, pptx slides, class announcements, and other course information at our class homepage on Blackboard, available at <http://mybb.gvsu.edu/>

Class Format: In-person lecture, discussion

Prerequisites: None

Grading: Grades will be based on 2 in-class exams, quizzes, and enrichment activities. The 2 exams will consist of multiple choice and short answer questions drawn from lecture and the book. The final exam is **non-cumulative**.

	Points	Percentage
Midterm	64	32%
In class quizzes and assignments 5 pts each x 12 (drop the lowest 2)	50	25%
Final	64	32%
Enrichment Activities 4 pts each x 4	16	8%
Gen Ed assessment	6	3%
Total	200 points	100%

Expectations for course: Students will read the assigned readings in textbook, attend class twice per week, check in daily to course Blackboard, take their quizzes and tests in class, and complete their PSY 101 enrichment activities. Students are expected to read the assigned readings prior to the scheduled class coverage (see below). Exams and quizzes will contain a mixture of content from text and from class-only (i.e., not in the text).

Assignments and Quizzes: There will be weekly low stakes (5 pts each) quizzes roughly one per chapter unit. The lowest 2 will be dropped from grading. They are specifically designed so that the student keeps up on the weekly reading and class coverage. They are also important for preparing for the exams. Since the lowest 2 are dropped, no questions asked, **missed quizzes cannot be made up. Do not request make-up quizzes.**

Attendance and quizzes: Although I do not take attendance, it is important to attend not only for the purposes of taking quizzes but also to go over material. Do not email me after the quiz or test due dates/ deadlines and ask for make up and do overs. It is the students' responsibility to keep up with Bb announcements and to check in on a daily basis for upcoming material with the assumption that there will be a weekly quiz. Together with the previously mentioned "drop two lowest quizzes" policy (see above section), this means that you will not be allowed to "make up" quizzes after the deadline has passed, which would be unfair to other students. It is common for me to receive such requests with very legitimate sounding reasons (e.g., illness, travel, legal entanglements) that resulted in the student being unable to attend class on the date of the deadline. However, the student assumes the responsibility of planning, taking into account that issues could very well appear unexpectedly. Therefore, **DO NOT PROCRASTINATE READING FOR CLASS. PLAN TO ATTEND EACH SCHEDULED CLASS.** I will respond to all do over requests by simply pasting the above text in the body of the email.

Make up exams and late assignments: Any unexcused failure attend the exam on the scheduled dates will result in total loss of points. The only exceptions for missed attendance (and missed quizzes) are those that the university defines as legitimate or emergency situations (illnesses, death in the family, university activities) that can be **appropriately documented**. It is the student's responsibility to notify the instructor of approved absences.

General University Policies: This course is subject to the GVSU policies listed at:
<http://www.gvsu.edu/coursepolicies/>

Academic Dishonesty: Any evidence of cheating (e.g., using notes during exam, sharing answers with other students), or plagiarism (copying from other sources) will result in a failing grade in the course and any other actions as allowed by GVSU policy. Any written work must be in your own words or properly sourced. Grand Valley State University's policy on plagiarism (described in the catalog and in the Student Code) is the principle that "[a]ny ideas or material taken from another source... must be fully acknowledged." This means that all materials must be written strictly in your own words, and it must acknowledge any ideas that you take from another source. If you violate this policy, you may receive a failing grade for the course.

Disabilities: If you have a disability, it is up to you to determine if you wish to disclose that information and request classroom accommodations. If you wish to request educational accommodations due to a disability, you should register with the Disability Support Resources (4015 Zumberge; 331-2490), if you haven't already done so. If you wish to request accommodations, please meet with me to discuss how to best meet your educational needs. This should occur early in the semester rather than later (e.g., after a test).

Enrichment Activities: Learning about Psychological Research

In the Enrichment Activities (EA) portion of the course, students will be given the opportunity to experience psychological research first-hand. Two kinds of enrichment activities are available:

- *Option 1* involves being a participant in research studies conducted by Psychology Department faculty and students.
- *Option 2* involves completing activities that will introduce you to a variety of research techniques used in psychological research.

Students must earn **four** EA credits for this requirement. The credit you earn by completing each EA is a function of the amount of time it takes to complete it. For example, participating in a brief online study (30 minutes or fewer) you would earn ½ of an EA credit, an EA that takes one hour to complete would earn 1 credit. Both types of Enrichment Activities will be available in face to face and online formats.

At least **one full credit** of EAs must be completed in person.

Enrichment activities are scheduled and offered through the Sona Study Scheduling System. You will receive an email at the beginning of the semester containing your User ID and an initial password, and a link to the Sona system website at <https://gvsu.sona-systems.com>. If you do not receive an email regarding your account by the end of the first day of classes, please contact Ember Tokarski at psychlab@gvsu.edu or by phone at 616-331-3262.

SONA Systems maintains a strict policy protecting your privacy and confidentiality. This policy is available for review in the Psychology Office.

Additional details regarding the enrichment activities and an FAQ are available online at <https://www.gvsu.edu/psychology/undergraduate-research-296.htm>

Enrichment Activity Deadline

The last day to complete both Enrichment Activities types is **December 6th, 2022**.

If you have questions regarding any aspect of the Enrichment Activities, please contact Ember Tokarski, who can be reached in the Psychology Department Office (2224 Au Sable Hall, 616.331.3262) or by sending an email to psychlab@gvsu.edu.

A video tutorial is available at the following link that will walk you through the study sign-up process: <https://gvsu.hosted.panopto.com/Panopto/Pages/Viewer.aspx?pid=14a9aaf9-814f-4a4c-830e-a9ce013e8887&id=c84e8a38-1238-4486-b590-a9cb01307e70&advance=true>

General Education Program

The General Education Program prepares students for informed citizenship, leading to responsible participation in local, national, and global communities.

Gen ed video intro: <https://www.youtube.com/watch?v=5-lmNAkPeic&feature=youtu.be>

General Education Foundations – Social and Behavioral Sciences

Knowledge Student Learning Outcomes

1. Explain how knowledge in the social and behavioral sciences is created and applied.
2. Explain major approaches, methods, theories, and substantive findings of the field.
3. Evaluate and apply concepts and theories from the social and behavioral sciences to real-life examples.

Skills Student Learning Outcomes

1. Critical Thinking: Comprehensively evaluate issues, ideas, artifacts, or events before forming a conclusion.
 - States an issue clearly and describes it comprehensively.
 - Uses appropriate evidence that includes relevant context(s), which facilitates a comprehensive analysis or synthesis of the issue.
 - Develops a position that thoroughly takes into account the complexities of an issue, limits of the position, and synthesizes others' points of view.
 - Develops conclusions, implications, and consequences that are logical and reflect an informed evaluation based on strength of evidence.
2. Ethical Reasoning: Apply ethical principles and codes of conduct to decision making.
 - Recognizes ethical issues when presented in a complex, multilayered (gray) context and can recognize interrelationships among the issues.
 - Names the major ethical theory or theories used, presents the gist of said theory or theories, and thoroughly and accurately explains the details of the theory or theories used.
 - Applies ethical theories to a complex issue accurately and considers the full implications of the application.
 - States a position in-depth and effectively defends against other ethical perspectives

Teaching in the liberal tradition is at the heart of Grand Valley's identity, and this focus is critical in our General Education Program. Liberal education transcends the acquisition of information; it goes beyond the factual to ask important evaluative and philosophical questions. Liberal learning holds the fundamental principles and suppositions of a body of knowledge up to inquiry, question, and discussion. It helps a person recognize the assumptions under which he or she operates and encourages the examination and questioning of those assumptions. Liberal learning begins in the General Education Program and continues through the more specialized studies comprising each student's major and minor areas of study.

General Education Assessment: All courses that are part of GVSU's General Education program are required to assess students' strength of knowledge of core components of the course (i.e., theories, methodologies, etc.) as well as key skills that are developed during the course of studying the topical area (i.e., creative thinking, ethical reasoning). Thus, the General Education Assessment for PSY101 will involve a brief quiz, administered via Blackboard, during the last week of the semester. Completing the quiz will result in 6 points. Failure to complete the quiz (or take it seriously) will result in 0 points. As an incentive, those who score above baseline will receive additional 2 points. Please monitor Blackboard and the announcements made in class for information regarding the deadline for this assignment (TBD). Note: This assessment is DIFFERENT from the Course Evaluation, which asks your opinion of various aspects of this course.

Tentative Class Schedule: More detailed reading instructions will be posted on Bb.

<u>Week of</u>	<u>Topic</u>	<u>Reading</u>
Wk 1: Aug 30 Sep 1 Sept. 2ND , 5:00 p.m. Last day for credit/ no credit	Psychology and Scientific Thinking	Ch. 1 (Lilienfeld).
Wk 2: Sept 6 8 Friday Sept. 9th: Deadline to opt out of GVSU Save online textbook program	Research Methods	Ch. 2
Wk 3: Sep 13 15	Biological Psych.	Ch. 3
Sunday September 18, 2021: last day to take prescreening survey for enrichment activities.		
Wk 4 Sep 20 22	Developmental psych Nature vs. nurture: dev. of morality	Ch. 10 (SKIP: phys dev, adult aging) Article on baby morality
Sept 23rd 5:00 p.m. (Friday) 5:00pm drop deadline for 75% tuition refund.		
Wk 5 Sep 27 29	Learning	Ch. 6
Wk 6 Oct 4 6	Consciousness	Ch. 5
Wk 7 Oct 11 Oct 13	Intelligence Emotions I: theories of emotion	First half of Ch. 9 Ch. 11.1, 11.2
Wk 8 Oct 18	emotions II: happiness and affective forecasting	Ch. 11.3
Midterm exam: Thurs Oct 20th		
Wk 9 Oct 25 27	Emotions III: sexuality and orientation Emotions IV: gender identity	11.4, 11.5
Last day to withdraw (grade of 'W'): Oct 28th, 5:00		
Wk 10 Nov 1 3	Social psychology I and II	ch. 13
Wk 11 Nov 8 10	Social III and IV	ch. 13
Wk 12 Nov 15 17	Personality	ch .14
Wk 13 Nov 22 Thanksgiving break Thurs Nov 24th.	Psychological disorders I	ch. 15
Wk 14 Nov 29 Dec 1	Psychological disorders II	ch. 15
Wk 15 Dec 6 8 Tues Dec 6th Last day to participate in studies for enrichment credit	Psychological Treatments	ch 16
General Education Assessment Activity due date: Friday, Dec 9th		On BB.
Final exams: Section 05 (normally meets Tues at 2:30): Thurs Dec. 15th 2:00 – 3:50 Section 02 (normally meets Tues at 4:00): Tues. Dec 13th 4:00 – 5:50		