PSY 101 – INTRODUCTION TO PSYCHOLOGY
GRAND VALLEY STATE UNIVERSITY

Fall, 2020
Sections 01, 09, 16 (Asynchronous, online)

INSTRUCTOR: Joel Quamme, Ph. D.
OFFICE HOURS: WF 1:00pm to 2:00pm, or by appointment (I will hold all meetings virtually via Blackboard Collaborate Ultra)
E-MAIL: quammej@gvsu.edu (This is the best way to get ahold of me)
PHONE: 616-331-2153

REQUIRED MATERIALS & EQUIPMENT:

REVEL Student Access code card for: Lilienfeld, S. O., Lynn, S. J., Namy, L. L. (2017*). Psychology: From Inquiry to Understanding.* (4th ed.). Boston: Allyn & Bacon. ISBN-13: 9780134637716

- o This is an access code to an electronic version of text, available at the university bookstore. Do not purchase a used access code! Only newly-purchased access codes will work.

- o On blackboard I will post instructions for how to redeem your access code, create a Pearson account, and add yourself to my classlist so you can do reading assignments and other activities in REVEL

In addition to REVEL access, you will also need:
- o Access to a High-speed internet connection
- o A Computer with a sound card and speakers, and an operating system that meets browser requirements for Blackbaord (Windows 8 and above; OS 10.12 or above)

COURSE DESCRIPTION:
The purpose of this course is to introduce students to the science of Psychology. This course will emphasize the major theories of behavior and mental processes, the contemporary methods used by psychologists, and the major findings of psychological research. This course is designed to give students a basic understanding of the breadth of topics studied by psychologists (such as neuroscience, perception, learning, memory, personality, social behavior, and psychological disorders, among others), as well as foster critical thinking about psychological phenomena, and awareness of how empirically-validated psychological principles apply to daily life.

This course fulfills the Social and Behavioral Sciences Foundation requirement:
https://www.gvsu.edu/gened/foundations-social-and-behavioral-sciences-277.htm

COURSE OBJECTIVES:
Upon successful completion of this course, students will be able to:
1. Demonstrate an understanding of the scientific process in Psychology.
2. Identify major psychological theories and use psychological terminology correctly.
3. Critically evaluate the findings of psychological research.
4. Recognize examples of how psychological concepts are applied to daily life.

COURSE FORMAT:
This is an asynchronous online course, and will be administered online through GVSU's Blackboard system. We will have a weekly schedule of activities in which you will have reading assignments to complete, video lectures to view, as well as other assignments, exercises, and quizzes with deadlines at the end of the week. In this format, you will have some flexibility each week as to when you engage with the course materials. However, to succeed in this class will require a great deal of self-motivation and self-discipline and perseverance to stay on track. You will need to keep close track of the course schedule and complete assigned tasks in a timely manner once they are announced and made available. You will need to and stay on top of due dates to avoid missing deadlines for graded activities.

Blackboard system. You will use to use blackboard to access all elements of the course, other than those available through REVEL (the textbook, and some quizzes and assignments). Our course webpage on Blackboard will contain all important information about the course, including announcements, a calendar of all important dates, lecture videos, study objectives for each chapter, details of all graded assignments and activities, and grades. Blackboard will also be used to deliver exams and quizzes. Students will be responsible for all information provided on Blackboard, and it will be your responsibility to check our blackboard page regularly – you will likely need to check in to the Blackboard course page 4-5 times during the week in order to complete all course requirements.

To Access Blackboard, go to https://mybb.gvsu.edu/ and enter your log in and password

Weekly Modules. On Mondays I will post a to-do list of all the tasks you need to do for that week, and I will announce when new materials are available. Each week on the schedule will have a folder on the blackboard page. On Monday of each week, all materials for the week will be made available. These will include:

- o ***Readings and assignments in REVEL***. Each week will feature 2 to 5 sections to read, often containing exercises, and short, low-stakes module-end quizzes to complete as you go. These activities will give you some practice *thinking about* and *retrieving* the information you read.

- o ***Lecture videos & slides*** covering the topic for the week. The lectures will highlight and go in depth on important principles from the reading, as well as expand to additional material not in the reading assignment. I highly recommend taking notes during these videos, just as if you were in class! All lecture videos & slides will remain available for re-viewing for the duration of the course, once they are posted.

- o ***Weekly quizzes*** on material from both the book and lecture, posted on Blackboard. These will have 10 multiple-choice questions and will be worth 5 points each. The purpose of these quizzes is to give you additional practice retrieving information you have encountered for the week. Once you start the quiz you will be given a time limit to complete it, but you may start the quiz any time before its deadline once it is posted.

In addition, ***Non-cumulative exams,*** are scheduled on some weeks, always on ***Mondays,*** and which always cover the material from the previous 2-3 weeks. Exams will be made available between 6:00am and 11:59pm on the day they are scheduled. Like quizzes, exams will have a time limit once you start, but you can start any time they are available.

GRADING
Grades in this class will be computed from performance on *exams*, a number of *quizzes and assignments*, and completion of 4 *enrichment activity credits*. These components of the course will count toward your grade in the following proportions:

	Points	Percent
Top 5 of 6 non-cumulative exams	300 (60 Each)	50% (10% each)
Cumulative Final Exam	120	20%
Quizzes and assignments	132	22%
4 Enrichment Activities	48 (12 each)	8% (2% each)

Grading scale. The percentage of total credit you earn will be converted to a letter grade according to the following scheme; any adjustments to this scale below will be announced in class:

A	100-93	B+	87-89	C+	77-79	D+	67-69
A-	90-92	B	83-86	C	73-76	D	60-66
		B-	80-82	C-	70-72	F	0-59

EXAMS
We're going to have 6 non-cumulative exams in the class, and one cumulative final exam. The non-cumulative exams will each cover 2-3 weeks of material. The final exam will be cumulative across all course material. Each exam will consist of multiple-choice questions. Exams altogether count for 70% of your grade. Your lowest score out of the 6 non-cumulative exams will be dropped. All exams will be conducted online, through Blackboard. You will be able to start the exam at any time on the day it is assigned. However, once you start, however, you must complete it within a time limit. All exams will be open book, and you will be able to refer to notes and other course materials. However, many questions on the exam will require you to apply information you have learned in novel ways, so you won't be able to simply look up all the answers (and you will run out of time if you try). Thus, you should prepare for all exams just as you would if it were not open book/notes!

Missing exams. In the event of a missed exam, a make-up exam will be allowed solely at my discretion. I will excuse an absence related to a university-sanctioned event, a personal illness, family emergency, or major religious holiday provided you (1) can give me advance notice of at least one week (if your absence is forseeable), or a timely explanation on your return (if the absence is unforeseeable), and (2) you can provide me with documentation from an appropriate faculty member, university administrator, physician, or clergy member. An unexcused absence from an exam will constitute a score of 0.

QUIZZES AND ASSIGNMENTS
In addition to exams, we will have weekly quizzes and assignments throughout the semester. All together, these will count toward 22% your grade. They will all be administered online, within Blackboard or REVEL. I will announce them ahead of time and give you a deadline by which to complete them on your own (typically Sunday nights). I will not give credit for late quizzes or assignments. However, I will let you miss a few without penalty, or if you do all of them, I'll drop your lowest few scores. Further details about quizzes and assignments will be provided on blackboard.

General Education Assessment: All courses that are part of GVSU's General Education program are required to assess students' strength of knowledge of core components of the course (i.e., theories, methodologies, etc.) as well as key skills that are developed during the course of studying the topical area (i.e., creative thinking, ethical reasoning). Thus, the General Education Assessment for PSY101 will involve a brief quiz, administered via Blackboard, during the last week of the semester. Completing the quiz will result in 12 points and will count as part of the assignment score. I will announce this assessment once it is available and give you a deadline at that time.

ENRICHMENT ACTIVITIES

The final 8% of your grade will be based on activities outside class designed to enrich your academic experience. You must complete four such activities to receive full credit – you will get 2% of your grade per activity you complete. See the "Enrichment Activities" section at the end of the syllabus for more detailed information.

ACCOMODATION FOR DISABILITY

Any student in this class who has special needs because of a learning, physical, or other disability, please contact me or Disability Support Resources (DSR) at 331-2490.

GVSU COURSE POLICIES
This course is subject to the GVSU policies listed at http://www.gvsu.edu/coursepolicies/

COURSE SCHEDULE

Note: the following schedule is tentative and may need to be modified later in the course

Week	Date	TOPICS	READING ASSIGNMENT
1	8/31-9/6	Orientation & Introduction to Psychological Science	Syllabus & Ch. 1.1, 1.2, 1.3, 1.4
2	9/7	Labor day recess	
	9/8 - 9/13	Psychological Methods	Ch. 2.1, 2.2
3	9/14-9/20	**M 9/14: Exam 1 (Ch. 1 & 2)** The Nervous System & Brain part 1	Ch. 3.1, 3.2
4	9/21-9/27	The Nervous System & Brain part 2 Arousal & Emotion	Ch. 3.3, 3.4, 11.1, 11.2
5	9/28-10/4	**M 9/28: Exam 2 (Ch 3 & 11)** Sleep & Consciousness Sensation & Perception, part 1	Ch. 5.1, 5.2, 4.1, 4.2
6	10/5-10/11	Sensation & Perception, part 2	Ch. 4.3, 4.4, 4.5, 4.6
7	10/12-10/18	**M 9/7 Exam 3 (Ch. 4, 5)** Learning & Conditioning, part 1	Ch. 6.1, 6.2
8	10/19-10/25	Learning & Conditioning, part 2 Memory & Cognition, part 1	Ch. 6.3, 7.1, 7.2

9	10/26-11/1	Memory & Cognition, part 2	Ch. 7.5, 8.1, 8.2
10	11/2-11/8	**M 9/10 Exam 4 (Ch. 6, 7, 8)** Personality & Psychological Measurement	Ch. 14.1, 14.5, 14.6
11	11/9-11/15	Development	Ch. 10.1, 10.2, 10.3, 10.4
12	11/16-11/22	**M 11/16 Exam 5 (Ch. 14, 10)** Social Psychology 1	Ch. 13.1, 13.2, 13.4
13	11/23-11/24	Social Psychology 2	Ch. 13.3, 13.5
	11/25-11/29	THANKSGIVING RECESS	
14	11/30-12/6	Psychological Disorders	Ch. 15.1, 15.2, 15.3, 15.4, 15.5
15	12/7-12/13	**M 11/15 EXAM 6 (Ch. 13, 15)** Synthesis and Review for Final	
FINALS WEEK	**12/16 WEDNESDAY**	Cumulative Final Exam (All sections)	

SOME OTHER IMPORTANT DATES:

9/4 (Friday)   5:00pm drop deadline for 100% tuition refund.

9/18 (Sunday)   Last day to take **prescreening survey** for enrichment activities.

9/25 (Friday)   5:00pm drop deadline for 75% tuition refund.

11/20 (Friday)   5:00pm drop deadline for grade of "W".

12/8 (Tuesday)   Last day to complete **Enrichment Activities**.

Enrichment Activities:
Learning about Psychological Research

In the Enrichment Activities portion of the course, students will become acquainted with the nature and variety of research in psychology. Two kinds of enrichment activities are available:

- *Option 1* involves being a participant in research studies conducted by Psychology Department faculty and students.
- *Option 2* involves completing activities that will give you first-hand experience with research techniques used in Psychological research.

Students must earn *four* enrichment activity credits for this requirement. Enrichment activities are worth a varying number of credits depending upon how much time it takes to complete the study/research technique activity.

Enrichment activities use an account in the SONA Systems Scheduling System Software.
You will receive an email at the beginning of the semester containing your User ID and an initial password. Once you have your account, you can log in at any time and sign up to participate in any available studies/activities for which you qualify. If you do not receive an account email by the end of the first day of classes, please contact Casimir Tokarski at psychlab@gvsu.edu or by phone at 616.331.3262.

To access SONA Systems, along with downloadable registration instructions, follow this link: https://www.gvsu.edu/psychology/be-a-participant-in-research-296.htm. A video tutorial is available at the following link that will walk you through the study sign-up process: https://gvsu.hosted.panopto.com/Panopto/Pages/Viewer.aspx?pid=14a9aaf9-814f-4a4c-830e-a9ce013e8887&id=c84e8a38-1238-4486-b590-a9cb01307e70&advance=true

SONA Systems maintains a strict policy protecting your privacy and confidentiality. This policy is available for review in the Psychology Office.

Option 1: Participation in Psychology Studies

Objective
By participating in psychology research studies, you will experience directly some of the procedures used in psychological research while also making a valuable contribution to the generation of knowledge within the discipline. All studies have been reviewed and approved by the university's Institutional Review Board (IRB). The IRB is an administrative body established to protect the rights and welfare of human research participants.

Step 1: Find a study and sign up
When you log in using your new SONA Systems account, you will see a list of studies. If there are available timeslots there will be a link on the right that will take you to a sign-up page. Before you sign up to participate in a study, review any listed restrictions (for example, "left-handed people only"). If you do not meet the posted eligibility requirements, you will not receive credit for the study.

Step 2: Participate in the study
Some studies on SONA Systems may be completed online, while other studies will require you to participate in person at a physical location (usually the Psychology Laboratories in Au Sable Hall). If the study requires you to attend a session at a particular location, please arrive before the scheduled time, as studies start punctually. If you sign up for a study session but cannot attend, please cancel your session on-line. Online studies must be completed by the study deadline to get credit.

At the beginning of a study session, you will first be given a description of what you will have to do, and you will be asked for your consent before the study begins. If you then choose not to participate, you may leave without penalty. You can check to see that you have received credit by selecting My Schedule/Credits, where credits are typically posted within 24 hours after you participate in a study.

Under 18?
Special rules apply to students who are under 18. A general non-study specific Parent/Guardian Permission form must be completed and placed on file in the Psychology office before you are able to participate in any of the studies. In most instances, having the general non-study specific document on file will allow you to participate in studies. However, it is important to read carefully the eligibility requirements for a study. If you need a study specific Parent/Guardian consent form signed in order to participate, it will say so in the eligibility section of the study description. If you are under the age of 18 when you create your SONA Systems account, you will receive an informative email from Casimir Tokarski, the Psychology Department Laboratory Assistant detailing the steps you will need to take in order to document parental consent. Once your parental consent form is on file, you will see a list of studies for which you are eligible.

Participation opportunity during the first 3 weeks of the semester: Prescreening Survey
An on-line prescreening questionnaire is available for the first three weeks of the semester when you log in to SONA Systems. **This is only available to students who are 18 years of age or older.** It is not necessary to do this survey, but by completing it, you may receive invitations to additional studies later in the semester based on your responses. Thus, completing the pre-screening survey may increase the number of studies you will be eligible to choose throughout the semester. Completing the survey counts as one-half credit toward Enrichment Activities. The survey will appear the first time that you log into the *Study Scheduling System*, and you can access it from your My Profile page. If you opt to complete the survey, plan to complete it in a single, half-hour sitting. The last date to participate in the prescreening survey is **September 18, 2020.**

Option 2 Research Techniques Activities

Objective
By completing research techniques activities, you will carry out some of the procedures researchers use in their psychological research. For example, you may be asked to watch an exchange between two people and carry out behavioral coding of their interaction. In doing these activities you will gain an understanding of the strengths and limits of various research methods used in psychological science. Research Techniques Activities are listed in SONA Systems along with the research studies. There are no age restrictions on these activities. You may complete each activity only once.

Need Help?
If you have questions regarding any aspect of the Enrichment Activities, please contact Casimir Tokarski, who can be reached in the Psychology Department Office (2224 Au Sable Hall, 616.331.3262) or by sending an email to psychlab@gvsu.edu.

Enrichment Activity Deadline
The last day to complete both Enrichment Activities types is **Tuesday December 8, 2020.**