

**PSY 101 – INTRODUCTION TO PSYCHOLOGY  
GRAND VALLEY STATE UNIVERSITY  
FALL 2022**

**Section 01: TR 8:30 am -- 9:45 am, 114 Lake Michigan Hall  
Section 04: TR 10:00 am – 11:15 am, 114 Lake Michigan Hall**

**INSTRUCTOR:** Joel Quamme, Ph. D.  
**OFFICE:** 1311 Au Sable Hall  
**PHONE:** 1-2153  
**E-MAIL:** [quammej@gvsu.edu](mailto:quammej@gvsu.edu) (recommended)  
**OFFICE HOURS:** TR 11:30 am – 1:00 pm, or by appointment

I can accommodate either in-person meetings or virtual meetings via zoom. I can also accommodate meetings outside of office hours by appointment. If you want to meet at another time, just send me an email and we can decide on a time that works for both of us.

**REQUIRED MATERIALS:**

**GVSU SAVE PSY 101 1<sup>st</sup> DAY DIGITAL ACCESS TO REVEL** for Lilienfeld, S. O., Lynn, S. J., Namy, L. L. (2017). *Psychology: From Inquiry to Understanding*. (4<sup>th</sup> ed.). Boston: Allyn & Bacon. ISBN-13: 9780134567747

We are using an electronic version of the above textbook on the Pearson REVEL platform. Access to REVEL is required, and all students enrolled in this class are automatically given access through the GVSU Save program the first day of class. GVSU Save will automatically charge your account for these materials.

You have the choice to opt-out of GVSU Save and purchase REVEL access elsewhere. If you wish to opt out, you must do so by Friday 9/9 to avoid having your account charged.

**COURSE DESCRIPTION:**

The purpose of this course is to introduce students to the science of Psychology. This course will emphasize the major theories of behavior and mental processes, the contemporary methods used by psychologists, and the major findings of psychological research. This course is designed to give students a basic understanding of the breadth of topics studied by psychologists (such as neuroscience, perception, learning, memory, personality, social behavior, and psychological disorders, among others), as well as foster critical thinking about psychological phenomena, and awareness of how empirically-validated psychological principles apply to daily life.

This course fulfills the Social and Behavioral Sciences Foundation requirement:  
<https://www.gvsu.edu/gened/foundations-social-and-behavioral-sciences-277.htm>

## COURSE OBJECTIVES:

Upon successful completion of this course, students will be able to:

1. Demonstrate an understanding of the scientific process in Psychology.
2. Identify major psychological theories and use psychological terminology correctly.
3. Critically evaluate the findings of psychological research.
4. Recognize examples of how psychological concepts are applied to daily life.

## GRADING

Grades in this class will be computed from performance on 4 *exams*, a number of *quizzes and assignments*, and completion of 4 *enrichment activity credits*. These components of the course will count toward your grade in the following proportions:

	Points	Percent
Top 3 Exams	360 (120 Each)	60% (20% each)
Lowest Exam	60	10%
Quizzes and assignments	132	22%
4 Enrichment Activities	48 (12 each)	8% (2% each)

**Grading scale.** The percentage of total credit you earn will be converted to a letter grade according to the following scheme; any adjustments to this scale below will be announced in class:

A	100-93	B+	87-89	C+	77-79	D+	67-69
A-	90-92	B	83-86	C	73-76	D	60-66
		B-	80-82	C-	70-72	F	0-59

## EXAMS

There will be 4 exams in this course. The first 3 exams will be non-cumulative, and each will cover about 1/3 of the total course material. The final exam will be cumulative across all course material. Each exam will consist of multiple-choice questions. Exams altogether count for 70% of your grade. However, I will weigh your top three exam scores more highly than your lowest score. Each of your best three exam scores will count for 20% of your grade. Your lowest exam score will count for 10% of your grade.

**Missing exams.** Opportunities to make-up a missed exam are allowed solely at my discretion. My policy is to allow make-up exams **ONLY** in the case of *unavoidable* absences such as an emergency or illness, or if you have to quarantine. I will excuse your absence and allow you to make up the exam if you can provide me with documentation (e.g., doctor's note, in the case of an illness) that your absence was unavoidable. If you know in advance you must miss an exam, *check with me first* to find out if your absence will be excusable. If you miss an exam due to an emergency or other unforeseen circumstance, notify me by phone or e-mail *as soon as possible* afterward. Make-up exams may or may not be the same exams given to the rest of the class.

**What to expect from exams.** Exams will cover the content of all course activities both in class (such as lectures, videos, demonstrations), and outside of class (book readings and assignments). Everything covered in the course is fair game for the final exam. *In order to be prepared for a test, it is important to attend class AND keep up with the reading assignments.* Although there is a lot of overlap between the readings and in-class content, some of the material you need to know for the test will only come from the

readings, and some will come only from lecture. I will post study objectives on Blackboard to help you summarize and organize the material we've covered as you study and review on your own.

## **QUIZZES AND ASSIGNMENTS**

In addition to exams, there will be REVEL assignments and Blackboard quizzes assigned most weeks of the semester. They will be entirely online, and can be accessed within Blackboard. All together, these will count toward 22% your grade. I will typically post these Monday of each week and give you until Sunday night to complete them.

**REVEL assignments** will consist of 2-5 sections from the textbook to read, with a short quiz to complete following each section and a few brief interactive activities to complete. Sometimes there will also be an experiment simulation to complete. REVEL assignments can be found by going to the GVSU Save link on Blackboard. Each week there will be somewhere between 2 and 10 points that can be earned on Revel. Completing REVEL reading assignments and quizzes will with reasonable effort will be worth one point per section. Experiment simulations are worth 5 points each based on the quiz score at the end.

**Blackboard Quizzes** will also be posted each week, and will consist of 10 questions over material from the assigned REVEL readings and in-class lectures from that week. They will be worth 5 points and I will post them at the same time as REVEL assignments (typically Monday), and with the same due date (typically Sunday night). The quizzes are not designed to be difficult or stressful (there is no time limit) but to give you practice answering some questions about the material we've covered, and retrieving information that you've learned. Testing yourself actually improves learning!

I'll let you miss a few quizzes and assignments without penalty, or if you do all of them, I'll drop your lowest few scores. The exact number you can miss will be decided a little later in the semester (it depends on how many I end up assigning). If you miss a deadline for a Revel assignment or a blackboard quiz, complete it anyway. Points will be reduced for late completions, but earning some points is better than no points! I'll give you more details about quizzes and assignments in class.

**General Education Assessment:** All courses that are part of GVSU's General Education program are required to assess students' strength of knowledge of core components of the course (i.e., theories, methodologies, etc.) as well as key skills that are developed during the course of studying the topical area (i.e., creative thinking, ethical reasoning). Thus, the General Education Assessment for PSY101 will involve a brief quiz, administered via Blackboard, during the last week of the semester. Completing the quiz will result in 12 points and will count as part of the assignment score. I will announce this assessment once it is available and give you a deadline at that time.

## **ENRICHMENT ACTIVITIES**

The final 8% of your grade will be based on activities outside class designed to enrich your academic experience. You must complete four such activities to receive full credit – you will get 2% of your grade per activity you complete. See the "Enrichment Activities" section at the end of the syllabus for more detailed information.

## **ATTENDANCE**

I do not record or grade your attendance directly. However, your grade may suffer if you do not attend class regularly. First, you will miss much critical information from lectures or discussions that do not appear in readings but *will* be tested on exams. I will make lecture slides available on Blackboard, but (as

you will discover) these slides not will not include all of the details covered in class! If you do need to miss class for some reason, be sure to get notes from somebody.

### **EMERGENCY CLOSINGS**

If for any reason the university cancels class on an exam day (e.g., severe weather), the exam will be moved to the next class meeting.

### **ELECTRONIC DEVICES**

Please turn all cell phones, pagers and other electronic devices with audible signals or alarms OFF during class time.

### **ACCOMODATION FOR DISABILITY**

Any student in this class who has special needs because of a learning, physical, or other disability, please contact me or Disability Support Resources (DSR) at 331-2490. Furthermore, if you have a physical disability and think you will need assistance evacuating this classroom and/or building in an emergency situation, please make me aware so I can develop a plan to assist you.

### **GVSU COURSE POLICIES**

This course is subject to the GVSU policies listed at <http://www.gvsu.edu/coursepolicies/>

# CLASS SCHEDULE

We will try to stick to this schedule, but it may need to be modified later in the course:

Week	DATE	TOPICS	READING & REVEL Assignments Due
1	8/30 (T)	Introduction to Psychological Science	Syllabus; Ch. 1.1, 1.2, 1.3, 1.4 (Due 9/5)
	9/1 (R)	Roots of Psychology	
2	9/6 (T)	Methods in Psychology	Ch. 2.1, 2.2, 3.1 (Due 9/11)
	9/8 (R)	Biological Bases I	
3	9/13 (T)	Biological Bases II	Ch. 3.2, 3.3, 3.4 Hemispheres Experiment (Due 9/18)
	9/15 (R)	Biological Bases III	
4	9/20 (T)	Arousal & Emotion	Ch. 11.1, 11.2, 5.1, 5.2 (Due 9/25)
	9/22 (R)	Consciousness & Sleep	
5	<b>9/27 (T)</b>	<b>EXAM 1 (Ch. 1, 2, 3, 5, 11)</b>	Ch. 4.1, 4.2 (Due 10/2)
	9/29 (R)	Sensation & Perception I	
6	10/4 (T)	Sensation & Perception II	Ch. 4.3, 4.4, 4.5, 4.6 Muller-Lyer Illusion (Due 10/9)
	10/6 (R)	Sensation & Perception III	
7	10/11 (T)	Learning & Conditioning I	Ch. 6.1, 6.2, 6.3 (Due 10/16)
	10/13 (R)	Learning & Conditioning II	
8	10/18 (T)	Cognition: Memory I	Ch. 7.1, 7.2, 7.5 Serial Position Expt. (Due 10/23)
	10/20 (R)	Cognition: Memory II	
9	<b>FALL BREAK – NO CLASS TUESDAY (10/25)</b>		
	10/27 (T)	Cognition: Thinking & Reasoning	Ch. 8.1, 8.2 (Due 10/30)
10	11/1 (T)	<b>EXAM 2 (Ch. 4, 6, 7, 8)</b>	Ch. 14.1, 14.5 IPIP-NEO Inventory (Due 11/6)
	11/3 (R)	Personality & Psychological Measurement	
11	11/8 (T)	Personality & Psychological Measurement	Ch. 14.6, 10.1, 10.2 (Due 11/13)
	11/10 (R)	Development I	
12	11/15 (T)	Development II	Ch. 10.3, 10.4, 13.1, 13.2, 13.3 (Due 11/20)
	11/17 (R)	Social Psychology I	
13	11/22 (T)	Social Psychology II	Ch. 13.4, 13.5 IAT Experiment (Due 11/27)
	<b>THANKSGIVING BREAK – NO CLASS THURSDAY (11/24)</b>		
14	11/29 (T)	Psychological Disorders I	Ch. 15.1, 15.2, 15.3, 15.4, 15.5 (Due 12/4)
	12/1 (R)	Psychological Disorders II	

15	12/6 (T)	<b>EXAM 3 (Ch. 10, 13, 14, 15)</b>
	12/8 (R)	Synthesis and Review for Final
Final Exams	12/15 (R)	<b>Section 01 FINAL EXAM (Cumulative) 8:00am-9:50am</b>
		<b>Section 04 FINAL EXAM (Cumulative) 10:00am-11:50am</b>

**SOME OTHER IMPORTANT DATES:**

- 9/2 (Friday)**                    5:00pm drop deadline for 100% tuition refund.
- 9/9 (Friday)**                    5:00pm deadline to opt-out of GVSU Save
- 9/23 (Friday)**                  5:00pm drop deadline for 75% tuition refund.
- 10/28 (Friday)**                5:00pm drop deadline for grade of “W”.
- 12/6 (Tuesday)**                Last day to complete any **enrichment activities**

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**Enrichment Activities:  
Learning about Psychological Research**

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In the Enrichment Activities (EA) portion of the course, students will be given the opportunity to experience psychological research first-hand. Two kinds of enrichment activities are available:

- *Option 1* involves being a participant in research studies conducted by Psychology Department faculty and students.
- *Option 2* involves completing activities that will introduce you to a variety of research techniques used in psychological research.

Students must earn **four** EA credits for this requirement. The credit you earn by completing each EA is a function of the amount of time it takes to complete it. For example, participating in a brief online study (30 minutes or fewer) you would earn ½ of an EA credit, an EA that takes one hour to complete would earn 1 credit. Both types of Enrichment Activities will be available in face to face and online formats.

At least **one full credit** of EAs must be completed in person.

**Enrichment activities are scheduled and offered through the Sona Study Scheduling System.** You will receive an email at the beginning of the semester containing your User ID and an initial password, and a link to the Sona system website at <https://gvsu.sona-systems.com>. If you do not receive an email regarding your account by the end of the first day of classes, please contact Ember Tokarski at [psychlab@gvsu.edu](mailto:psychlab@gvsu.edu) or by phone at 616-331-3262.

SONA Systems maintains a strict policy protecting your privacy and confidentiality. This policy is available for review in the Psychology Office.

**Additional details regarding the enrichment activities and an FAQ are available online at <https://www.gvsu.edu/psychology/undergraduate-research-296.htm>**

**Enrichment Activity Deadline**

The last day to complete both Enrichment Activities types is **Tuesday, December 6th, 2022.**

If you have questions regarding any aspect of the Enrichment Activities, please contact Ember Tokarski, who can be reached in the Psychology Department Office (2224 Au Sable Hall, 616.331.3262) or by sending an email to [psychlab@gvsu.edu](mailto:psychlab@gvsu.edu).