

# PSY 101 (sections 1 & 3) – Introductory Psychology Winter 2022

## INSTRUCTOR INFORMATION

**Professor:** Kristy K. Dean, PhD

**Please call me:** Dr. or Professor Dean (pronouns: she/her/hers)

**Phone:** 616-331-2412

**Email:** [deankr@gvsu.edu](mailto:deankr@gvsu.edu) (expect a response within 12-24 hrs on weekdays, 24-36 hrs on weekends)

**Office:** 2211 AuSable Hall

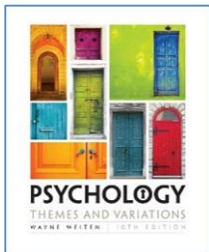
**Office hours:** Mondays, Wednesdays, and Fridays from 12-1pm (first come, first served) in my office. Masks are required.

**Appointments:** We can also meet outside of office hours! These appointments can be in-person or online via Zoom. Please contact me to coordinate.

**Ask me about:** anything related to our class, real world applications of psychology, majoring or minoring in psychology, getting involved in psychology research, graduate school and psych-based careers, being a first-generation college student, cats, true crime, cooking, etc.

## COURSE BASICS

**Meeting Times and Place:** Both sections meet Mondays, Wednesdays, and Fridays in 2302 AuSable Hall (ASH). Section 1 meets from 8-8:50am. Section 3 meets from 9-9:50am.



**Textbook:** Our course will be using *Psychology: Themes and Variations* (10<sup>th</sup> edition) by Wayne Weiten (published by Cengage in 2017). This textbook is REQUIRED. Note: The Laker Store offers an EBook version through the GVSU Save program. See instructions on Blackboard for accessing your Ebook. You may also find cheaper options and print options through third-party outlets.

**Course Overview:** This course will introduce you to the theories, research methodologies, and applications of psychology – the study of human behavior – and help you appreciate the importance of psychological phenomenon in your own life. A wide range of topics will be covered; some students consider the course to be rigorous and difficult because of this. However, it is important to remember that all of these topics refer to our experiences as humans...and chances are, all of us have spent some time contemplating the causes and consequences of our own and other's behavior. You are encouraged to apply your knowledge of the material to your own lives and the world around you.

**Learning Objectives:** Upon successful completion of this course students will be able to...

- Identify major psychological theories and concepts and use psychological terminology correctly.
- Demonstrate an understanding of the scientific process in Psychology.
- Critically evaluate the findings of psychological research.
- Recognize examples of how psychological concepts are applied to daily life.

**Technology Requirements:** Although this course is scheduled to meet in person, the COVID-19 pandemic has taught us that access to computers and related technology is integral to educational flexibility. Access to Blackboard Learning Management System is required for this course. Also, I strongly encourage you to seek out 1) regular access to a computer or tablet, and 2) a reliable, high-speed internet connection. A computer with a video camera and microphone is ideal for attending virtual appointments (if you prefer that over in-person, office hour meetings) and if we need to transition online again. If you do not have access to a computer or reliable internet, please talk with your professor and/or review the resources available to you on Blackboard (see “Student Resources” folder). These resources include information about on-campus computer labs, Special Circumstances and Financial Hardship funds, etc.

**Class Format:** The class sessions will utilize lecture and discussion as well as additional methods to foster active participation. Class sessions and the text supplement each other – both cover material that will not (and cannot) be covered in the other format. Because class sessions highlight important concepts within the text, students are strongly encouraged to complete assigned readings PRIOR to the corresponding lecture, and attend all class sessions. Please note that class sessions will NOT be recorded; if you miss class you are encouraged to reach out to your classmates for notes.

**Active Engagement with the Course Material:** To understand the material covered in ANY course, active engagement is necessary. To help you be successful in this course, I have taken special care in designing it and am committed to facilitating your learning throughout the semester. My hope is that you are also intentional and effortful in your engagement with the course.

You can expect your professor to...

- 1) Present interesting information clearly and in an organized fashion.
- 2) Facilitate your efforts to learn the material. For example, Blackboard will contain in-depth assignment instructions and various supplemental resources. Your professor will also be readily available via email and during office hours/appointments. Although I encourage students to take the initiative to approach me if they have questions, I will also reach out to students that are doing fabulous work or who appear to need assistance.
- 3) Be responsive to questions and concerns. This includes posting announcements regularly, responding to emails promptly (within 24 hours on weekdays), and providing feedback and prompt grading. Consistent communication will be essential to a smooth semester!
- 4) Facilitate a safe, respectful, and curiosity-driven learning environment. When basic needs – physical safety, psychological stability – are met, it is easier to focus attention on our self-improvement goals, like our academic studies. Please reach out if you need assistance.

Your professor expects you to...

- Basic expectations:
- 1) Read the syllabus and consult it throughout the semester
  - 2) Read assigned readings completely and in a timely manner
  - 3) Complete all assignments/exams on time
  - 4) Regularly attend class sessions
  - 5) Take notes during classes and when reading/studying
  - 6) Study regularly
  - 7) Communicate your questions and concerns
  - 8) Be respectful and curious

Going a step further: 1) Complete readings before class

- 2) Meet with your professor to discuss your understanding of the material
- 3) Review concepts that you missed on assignments, quizzes, exams, etc.
- 4) Answer questions on the study guide in depth
- 5) Engage in study strategies that test your amount and depth of knowledge on the material

A ton of educational research suggests that students should devote around 2-4 hours per credit hour they take. PSY101 is a 3 credit course, so this equates to spending around 6-9 hours a week on this class, which includes time spent in the classroom. If you are taking a full course load (e.g., 15 credits), this equates to spending around 45 hours a week on your coursework, which is equivalent to a full time job. Each week, you will have assigned reading (~2 hours), three class sessions (~2.5 hour), and some brief assignments (~.5 hour to complete, not including study time), so please consider how you are spending the remaining 1-4 hours on this course. Study tips and strategies are provided on the course Blackboard site.

### GRADING POLICY

Course grades will be based on total points earned from the following sources:

<b>COURSE ACTIVITY</b>		<b>POINT VALUE</b>
Exam #1 & #2	2 exams x 40 pts each	80 pts
Final Exam		60 pts
Homework Assignments	4 assignments x 15 pts each	60 pts
Engagement Activities	14 assignments x 3 pts each	42 pts
Preparation Quizzes	3 quizzes x 10 pts each	30 pts
Enrichment Activities	4 activities x 5 pts each	20 pts
Gen. Ed. Assessment		10 pts
Extra Credit		15 pts

\*\*Total of 302 points, not including extra credit\*\*

**Exams:** There will be two exams and one final exam in this course. Exams #1 and #2 (both 40 points) are not cumulative and will consist of multiple-choice questions. The final exam (60 points) will be cumulative; 40 points will come from the material covered since the last exam and will consist of multiple-choice questions. The remaining 20 points will come from prior material and may include multiple-choice, true/false, fill-in-the-blank, and short answer questions.

**Late Work/Make-up Policy:** It is the student's responsibility to contact the professor within a week of the exam and plan arrangements for a make-up exam. Make-up exams are negotiable if 1) you have a good reason and coordinate with the professor at least one week before the scheduled exam; or 2) you provide documented evidence of an unexpected, excused absence.

**Homework Assignments:** Students will be required to complete 4 out of a possible 14 homework assignments (available on Blackboard, in Assignments section). These assignments involve answering approximately 4 to 6 short-answer/essay questions that correspond to the textbook chapter. Students can choose which homework assignments they wish to complete, and are ultimately responsible for keeping track of the number of assignments completed. That being said: Please note that ONE assignment must be completed BEFORE THE FIRST EXAM, and a SECOND assignment must be completed BEFORE THE SECOND EXAM. If not, 2 points will be deducted from all subsequent

homework assignments turned in (4 points if both requirements are not met). Each assignment is due on the FIRST day the topic is discussed in class (see Schedule, below, for all deadlines). An optional 5<sup>th</sup> assignment can be completed to replace the lowest homework assignment score. Students can complete all assignments, and the professor is willing to provide feedback on all assignments turned in, but only the first 4 (or 5) will be graded.

***Late Work/Make-up Policy:*** The deadline for homework assignments is by 11:59pm on the due date. Late assignments will be penalized 3 points for each day it is late unless accommodations apply.

**Engagement Activities:** To encourage active engagement throughout the semester, students will complete engagement activities (EAs) for each subject topic that assess understanding and use of content covered in class sessions. EAs will be introduced in class and posted on the BB Discussion forum, which is where students will submit their work. EAs will be graded as 3 (good understanding; accurate and very thoughtful and detailed), 2 (basic understanding), 1 (limited understanding), or 0 (no understanding or did not turn in).

***Late Work/Make-up Policy:*** The deadline for EAs is 11:59pm on the due date. Deadlines are always the next class session after we finish covering the topic. Late EAs will be docked 1 point each day unless accommodations apply.

**Preparation Quizzes:** In an attempt to encourage distributed learning (i.e., studying continuously over the course of the semester, rather than only right before an exam) and help students distinguish between the topics they know well vs. do not understand, three quizzes are assigned, to be completed several days before each exam. These quizzes will be administered through Blackboard and cover topics that will appear on the upcoming exam. You can use your book and notes but NOT other people when completing the quizzes.

***Late Work/Make-up Policy:*** The deadline for quizzes is 11:59pm on the due date. Late quizzes will be docked 3 points each day unless accommodations apply.

**Enrichment Activities:** To acquaint students with the nature and variety of research topics and experimental methodologies in psychology, students will complete 4 credits of enrichment activities of their choosing, worth 5 points each. There are two types of enrichment activities:

**Option #1: Participating in PSY research studies:** This type of enrichment activity gives you an insider's perspective on how psychologists do research and an opportunity to contribute to the psychological literature you read about in your textbook!

**Option #2: Participating in research technique activity sessions:** This type of enrichment activity advances your understanding of specific methodological techniques used in PSY research.

These enrichment activity options are described in more detail in the Appendix section of the syllabus. All PSY101 students at GVSU are required to earn 4 enrichment activity credits. In our course, each credit will be worth 5 points, equaling 20 points total. Different enrichment activity options are worth different amounts of credits; see Appendix for details.

***Late Work/Make-up Policy:*** The deadline is listed in the Schedule as Tuesday, April 19<sup>th</sup>, 2022. Given enrichment activities can be completed throughout the semester, there are no make-up opportunities for this assignment and late assignments are not accepted.

**General Education Assessment:** All courses in GVSU's General Education program must assess students' knowledge of core components of the course (i.e., theories, methodologies, etc.) as well as

key skills developed during the course (i.e., creative thinking, ethical reasoning). Thus, the General Education Assessment for PSY101 will involve a brief quiz, administered via Blackboard, during the last week of the semester. Please monitor Blackboard and the announcements made in class for information regarding the deadline for this assignment (TBD). Completing the quiz will result in 10 points. Failure to complete the quiz (or take it seriously) will result in 0 points.

**Late Work/Make-up Policy:** The deadline for this assignment is 11:59pm on the due date. Late assignments will be penalized 3 points each day it is late unless accommodations apply.

**Extra Credit Opportunities:** Extra credit opportunities will be announced in class and on BB. The assignments could involve 1) additional brief engagement activities, 2) writing a brief paper that summarizes and/or applies your knowledge of a recent finding or topic of relevance in psychology, or 3) completing additional enrichment activities. Since extra credit assignments are optional, there are no make-up opportunities for this assignment and late assignments are not accepted.

Final grades will be as follows:

Grade	% Earned	Grade	% Earned
A	94 and above	C	73 – 76.9
A-	90 – 93.9	C-	70 – 72.9
B+	87 – 89.9	D+	67 – 69.9
B	83 – 86.9	D	63 – 66.9
B-	80 – 82.9	F	62.9 and below
C+	77 – 79.9		

These are firm cut-offs. I only round up if a grade is  $> .95\%$  (e.g., 82.96% will be rounded up to an 83%, but an 82.94% would not be rounded up). Yes, this means that it is possible that 1 or 2 more points would mean the difference between an A or an A-, or a D or an F. So don't let it come down to that! It is your responsibility to ensure your grade is where you want it to be at the end of the semester. This includes reaching out to your professor to discuss strategies for improving your mastery of the course material and ensuring your efforts translate into mastery.

### **COURSE SCHEDULE**

<u>Class Meetings</u>	<u>Topic/Readings</u>	<u>Important Dates</u>
Jan. 10 <sup>th</sup> (M), 12 <sup>th</sup> (W)	Welcome & Introduction Chapter 1	<b>Due 1/14 (F):</b> Intro EA
Jan. 14 <sup>th</sup> (F), 19 <sup>th</sup> (W), 21 <sup>st</sup> (F)	Topic 1: Research Methods Chapter 2	<b>Due 1/14 (F):</b> Homework #1 <b>No Class 1/17</b> - MLK Day <b>Due 1/24 (M):</b> Methods EA
Jan. 24 <sup>th</sup> (M), 26 <sup>th</sup> (W), 28 <sup>th</sup> (F)	Topic 2: Biological Psychology Chapter 3	<b>Due 1/24 (M):</b> Homework #2 <b>Due 1/31 (M):</b> BioPsych EA
Jan. 31 <sup>st</sup> (M), Feb. 2 <sup>nd</sup> (W)	Topic 3: Sensation & Perception Chapter 4	<b>Due 1/31 (M):</b> Homework #3 <b>Due 2/4 (F):</b> S/P EA
Feb. 4 <sup>th</sup> (F), 7 <sup>th</sup> (M), 9 <sup>th</sup> (W)	Topic 4: Consciousness Chapter 5	<b>Due 2/4 (F):</b> Homework #4 <b>Due 2/7 (M):</b> Prep. Quiz #1 <b>Due 2/11 (F):</b> Consciousness EA
<b>Feb. 11<sup>th</sup> (F)</b>		<b>EXAM #1</b>

Feb. 14 <sup>th</sup> (M), 16 <sup>th</sup> (W), 18 <sup>th</sup> (F)	Topic 5: Learning Chapter 6	<b>Due 2/14 (M):</b> Homework #5 <b>Due 2/21 (M):</b> Learning EA
Feb. 21 <sup>st</sup> (M), 23 <sup>rd</sup> (W), 25 <sup>th</sup> (F)	Topic 6: Human Memory Chapter 7	<b>Due 2/21 (M):</b> Homework #6 <b>Due 2/28 (M):</b> Memory EA
Feb. 28 <sup>th</sup> (M), March 2 <sup>nd</sup> (W)	Topic 7: Cognition & Intelligence Chapter 8	<b>Due 2/28 (M):</b> Homework #7 <b>Due 3/4 (F):</b> Cog/Intell. EA
March 4 <sup>th</sup> (F), 14 <sup>th</sup> (M)	Topic 8: Motivation and Emotion Chapter 9	<b>Due 3/4 (F):</b> Homework #8 <b>Due 3/16 (W):</b> Mot/Emo EA
March 7 <sup>th</sup> (M), 9 <sup>th</sup> (W), 11 <sup>th</sup> (F)		<b>No class – Enjoy Spring Break!</b>
March 16 <sup>th</sup> (W), 18 <sup>th</sup> (F), 21 <sup>st</sup> (M)	Topic 9: Human Development Chapter 10	<b>Due 3/16 (W):</b> Homework #9 <b>Due 3/18 (F):</b> Prep. Quiz #2 <b>Due 3/23 (W):</b> Develop. EA
<b>March 23<sup>rd</sup> (W)</b>		<b>EXAM #2</b>
March 25 <sup>th</sup> (F), 28 <sup>th</sup> (M)	Topic 10: Personality Chapter 11	<b>Due 3/25 (F):</b> Homework #10 <b>Due 3/30 (W):</b> Personality EA
March 30 <sup>th</sup> (W), April 1 <sup>st</sup> (F), 4 <sup>th</sup> (M)	Topic 11: Social Psychology Chapter 12	<b>Due 3/30 (W):</b> Homework #11 <b>Due 4/6 (F):</b> Social Psych EA
April 6 <sup>th</sup> (W), 8 <sup>th</sup> (F)	Topic 12: Stress, Coping, & Health Chapter 13	<b>Due 4/6 (F):</b> Homework #12 <b>Due 4/11 (M):</b> Stress EA
April 11 <sup>th</sup> (M), 13 <sup>th</sup> (W), 15 <sup>th</sup> (F)	Topic 13: Psychological Disorders Chapter 14	<b>Due 4/11 (M):</b> Homework #13 <b>Due 4/18 (M):</b> Disorder EA
April 18 <sup>th</sup> (M), 20 <sup>th</sup> (W)	Topic 14: Treating PSY Disorders Chapter 15	<b>Due 4/18 (M):</b> Homework #14 <b>Due 4/19 (T):</b> All Enrichment Activities <b>Due 4/20 (W):</b> Prep. Quiz #3 <b>Due 4/22 (F):</b> Treatment EA <b>No Class 4/22 – Study Day for Finals</b>
<b><u>FINAL EXAM:</u></b> Section 1: April 25 <sup>th</sup> (M) from 8am-9:50am Section 3: April 27 <sup>th</sup> (W) from 8am-9:50am		

\*This schedule (including assigned readings) is subject to change. Students are responsible for any changes announced in class or on Blackboard.

### **COURSE POLICIES**

This course is subject to the GVSU policies listed at <http://www.qvsu.edu/coursepolicies/>.

**Withdrawing from a Course:** The ultimate deadline for withdrawing from this course (or any course at GVSU) is Friday March 11<sup>th</sup> at 5pm.

**Mask Policy:** Face coverings, such as masks, are required to be worn in the classroom at all times under all Alert Levels except 0. Students who forget their face coverings may get a disposable mask at a campus office. The evidence is clear that face coverings are a crucial part of keeping COVID-19 at

bay and support the university's commitment to providing all members of its community with an inclusive living/learning environment with equitable opportunities for success. [GVSU's policy on face coverings](#) is posted on the Lakers Together web site. Students unable to wear a face covering due to a medical condition should contact Disability Support Services (DSR) to discuss their situation.

**Attendance Policy:** Attendance is not required at class sessions, but strongly encouraged. If you miss class, you are strongly encouraged to access the class session Powerpoints, supplement this with notes from your classmates, and contact your professor if you have any questions about this material.

**Accommodations for Late Work/Make-Ups:** Although attendance at class sessions is not required, your professor is required to monitor missed deadlines and determine standards and a process by which students can make-up missed work. Importantly, if a student misses the deadline for an assessment and they are seeking an accommodation (i.e., permission to turn it in late), they must **contact the professor via email within 48 hours of the deadline with an explanation**. From there, **the professor will grant accommodations based upon 1) the nature of the cause for the missed deadline, and 2) the extent to which the student's ability to complete the assignment was impaired**.

Specifically, the reason for the missed deadline is key. The University makes a distinction between "excused" and "unexcused" absences, and although we aren't keeping track of absences, this language is useful for characterizing the types of missed deadlines – we can miss deadlines for "excused" reasons (due to something unexpected or beyond our control, despite our best efforts) or "unexcused" reasons. Consistent with University policy, missed deadlines are excused and eligible for accommodations for the following reasons:

- 1) active participation in an intercollegiate event;
- 2) observance of religious holidays,
- 3) military duty;
- 4) jury duty, or appearance in court or other government hearings;
- 5) student medical conditions that limit time or ability to engage with the course material;
- 6) birth or adoption of child;
- 7) attendance at an academic and/or professional conference;
- 8) medical or professional appointments (e.g., job interviews);
- 9) medical conditions of a loved one if the student is serving as a caretaker;
- 10) funerals or memorial services; and
- 11) previously scheduled family celebrations (e.g., weddings, etc.).

As you might guess, unexcused reasons are things like forgetting or mixing up deadlines, failure to upload the assignment on BB, leaving campus early for the weekend, etc. Ideally, documentation should be provided and is easily available for most of the reasons listed above. In general, if you are unsure whether you are eligible for an accommodation or need to provide documentation, just ask! Academic life continues to be strange and challenging, and we all know that the pandemic can have both physical AND psychological impacts on a person. Please reach out if you are struggling.

**Blackboard Access:** The course Blackboard (BB) website is essential to your success. It is the student's responsibility to visit BB regularly (at least twice a week) and stay current of the material posted in this forum. BB will be used in the following ways:

**1) Grades:** All grades will be posted in the BB Gradebook in a timely manner. For security reasons, I only discuss grades over email if the student initiates that conversation and uses their GVSU email account.

**2) Assignments/Assessments:** Assignments will be posted in corresponding folders in the Assignments section of BB. These folders will also have a place to upload completed assignments (as Word or PDF documents).

**3) Announcements:** All major announcements and reminders will be posted on BB. Announcements posted on BB are also sent to students via email.

**4) Discussion Board:** A discussion board forum will be used to post engagement activities (for ease of grading and turning in these assignments).

**Classroom Conduct:** We are all capable of conducting ourselves in a civil and respectable manner. In the spirit of academic discourse, you are encouraged to comment, question, and critique ideas from your professor or classmates, but you should not attack an individual or otherwise express disrespect. Think about what you want to say, edit if necessary, then speak (or type). Similarly, please be mindful of how your behavior may impact others, and limit distracting behavior (e.g., side conversations in class, eating, using your computer for things other than taking notes). Cell phones should be set to “do not disturb” or airplane mode or silenced during class unless the class session activities require cell phone use or there is an urgent matter that requires you to be accessible via phone (in which case, let your professor know!). Let’s maintain the social contract of mutual respect. Disrespectful or distracting students will be called out and warned; persistent issues may result in grade deductions.

**Accommodations for Students with Disabilities:** If you have special needs because of a learning, physical, or other disability, please contact your professor as well as Disability Support Resources (DSR) at (616) 331-2490 for assistance as soon as possible. Even if you have already documented your disability with DSR, please connect with your faculty member to discuss your specific needs. Furthermore, if you have a disability and think you will need assistance evacuating the classroom and/or building in an emergency during in-person meetings, please make your professor aware so that the university can develop a plan to assist you. You may also access resources at <http://www.gvsu.edu/dsr>. The university is eager to work with you to meet your learning goals. All discussions related to disabilities will remain confidential.

**Statement on Academic Dishonesty:** The following is adapted from the Student Code, Sections 223.00 and 223.01: The principles of truth and honesty are recognized as fundamental to a community of teachers and scholars. This means that all academic work will be done by the student to whom it is assigned without unauthorized aid of any kind.

- a. No student shall knowingly procure, provide or accept any materials which contain questions or answers to any examination or assignment.
- b. No student shall complete, in part or in total, any examination or assignment for another person.
- c. No student shall allow any examination or assignment to be completed, in part or in total, by another person.
- d. No student shall submit work that has been previously graded, or is being submitted concurrently to more than one course, without specific authorization from the instructor(s) of the class(es) to which the student wishes to submit it.



- e. No student shall knowingly plagiarize or copy the work of another person and submit it as his/her own. Offering the work of someone else as one's own is plagiarism. Any ideas or materials taken from another source for either written or oral presentation must be fully acknowledged. The language or ideas taken from another may range from isolated formulas, sentences, or paragraphs, to entire articles copied from the internet, books, periodicals, speeches, or from the writings of other students. The offering of materials assembled or collected by others in the form of projects or collections without acknowledgement also is considered plagiarism. In short, any student who fails to give credit in written or oral work for the ideas or materials that have been taken from another is guilty of plagiarism.

Students can (and are encouraged to) study together, but all academic work should be the sole work of the individual student, unless otherwise stated. Also, students should strive to avoid the *appearance* of dishonesty; these are behaviors associated with academic dishonesty (i.e., checking phone during quiz, completing quizzes together) that raise concerns that you may be potentially dishonest in your work. Any violation of academic integrity, even on a small scale, can result in a failing grade in the course. The University is implementing a new oversight process for cases of academic dishonesty – this process requires all professors to report all cases to the Office of Student Conduct and Conflict Resolution, which then investigates each case and makes a determination. Doesn't this sound like an anxiety-provoking time suck? Just don't cheat.

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**SYLLABUS APPENDIX**  
**Enrichment Activities:**  
**Learning about Psychological Research**

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In the Enrichment Activities portion of the course, students will become acquainted with the nature and variety of research in psychology. Two kinds of enrichment activities are available:

- *Option 1* involves being a participant in research studies conducted by Psychology Department faculty and students.
- *Option 2* involves completing activities that will give you first-hand experience with research techniques used in Psychological research.

Students must earn *four* enrichment activity credits for this requirement. Enrichment activities are worth a varying number of credits depending upon how much time it takes to complete the study/research technique activity.

**Enrichment activities use an account in the SONA Systems Scheduling System Software.** You will receive an email at the beginning of the semester containing your User ID and an initial password. Once you have your account, you can log in at any time and sign up to participate in any available studies/activities for which you qualify. If you do not receive an account email by the end of the first day of classes, please contact Ember Tokarski at [psychlab@gvsu.edu](mailto:psychlab@gvsu.edu) or by phone at 616.331.3262.

To access SONA Systems, follow this link: <https://gvsu.sona-systems.com/default.aspx>

SONA Systems maintains a strict policy protecting your privacy and confidentiality. This policy is available for review in the Psychology Office.

**Option 1: Participation in Psychology Studies**

**Objective:** By participating in psychology research studies, you will experience directly some of the procedures used in psychological research while also making a valuable contribution to the generation of knowledge within the discipline. All studies have been reviewed and approved by the university's Institutional Review Board (IRB). The IRB is an administrative body established to protect the rights and welfare of human research participants.

**Step 1: Find a study and sign up.** When you log in using your new SONA Systems account, you will see a list of studies. If there are available timeslots there will be a link on the right that will take you to a sign-up page. Before you sign up to participate in a study, review any listed restrictions (e.g., "left-handed people only"). If you do not meet the posted eligibility requirements, you will not receive credit for the study.

**Step 2: Participate in the study.** Some studies on SONA Systems may be completed online, while other studies will require you to participate in person at a physical location (usually the Psychology Laboratories in Au Sable Hall). If the study requires you to attend a session at a particular location, please arrive before the scheduled time, as studies start punctually. If you sign up for a study session

but cannot attend, please cancel your session on-line. Online studies must be completed by the study deadline to get credit.

At the beginning of a study session, you will first be given a description of what you will have to do, and you will be asked for your consent before the study begins. If you then choose not to participate, you may leave without penalty. You can check to see that you have received credit by selecting [My Schedule/Credits](#), where credits are typically posted within 24 hours after you participate in a study.

**Under 18?** Special rules apply to students who are under 18. A general non-study specific Parent/Guardian Permission form must be completed and placed on file in the Psychology office before you are able to participate in any of the studies. In most instances, having the general non-study specific document on file will allow you to participate in studies. However, it is important to read carefully the eligibility requirements for a study. If you need a study specific Parent/Guardian consent form signed in order to participate, it will say so in the eligibility section of the study description. If you are under the age of 18 when you create your SONA Systems account, you will receive an informative email from Ember Tokarski, the Psychology Department Laboratory Assistant detailing the steps you will need to take in order to document parental consent. Once your parental consent form is on file, you will see a list of studies for which you are eligible.

**Optional Prescreening Survey:** An online prescreening questionnaire is available when you log in to SONA Systems. The prescreening is not required, but by completing it, you may be eligible for additional studies to choose throughout the semester. Completing the survey counts as one-half credit toward Enrichment Activities. The survey will appear the first time that you log into the *Study Scheduling System*, and you can access it from your [My Profile](#) page. If you opt to complete the survey, plan to complete it in a single, half-hour sitting. The last date to participate in the prescreening survey is **Tuesday April 19, 2022**.

### **Option 2: Research Techniques Activities**

**Objective:** By completing research techniques activities, you will carry out some of the procedures researchers use in their psychological research. For example, you may be asked to watch an exchange between two people and carry out behavioral coding of their interaction. In doing these activities you will gain an understanding of the strengths and limits of various research methods used in psychological science. Research Techniques Activities are listed in SONA Systems along with the research studies. There are no age restrictions on these activities. You may complete each activity only once.

**Need Help?** If you have questions regarding any aspect of the Enrichment Activities, please contact Ember Tokarski, who can be reached in the Psychology Department Office (2224 Au Sable Hall, 616.331.3262) or by sending an email to [psychlab@gvsu.edu](mailto:psychlab@gvsu.edu).

**Enrichment Activity Deadline:** The last day to complete both Enrichment Activities types is **Tuesday April 19, 2022**. This deadline applies to ALL sections of PSY101, and therefore extensions are not permitted.