



Winning Futures
Personal Goals

What are some examples of standards that you want to "live up to" or values you'd like to "live by?"

Name people you have known or read about that you think are examples of these standards and values:

What are some habits you'll have to break, behaviors you'll have to change, or pitfalls you'll have to overcome in order to reach your goals?

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What is your Myers-Briggs "type?" _____

What does this mean? What insight does it give you into how you interact with others, how you take in information, how you make decisions, and how you operate in the world?

In addition to gaining insight about yourself, you learned some tools for resolving conflicts in your Winning Futures class. Summarize what you've learned about how to resolve conflicts with others?

What is your plan for practicing these skills as well as your listening skills and your ability to work as a team member?
