Sexting, Cyberbullying, & Risk Taking Behavior Online

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Online Safety

- Discuss the digital media revolution.
- Identify and discuss the risks youth face online.
- What can we do to help?
PARENTS, THINK YOU’RE IN CONTROL?
THINK AGAIN.

Up from 45% in 2010, today 70% of teens have discovered ways around parental controls, resulting in access to inappropriate content, as well as participation in dangerous and even illegal activities.

Prehistoric Googling
Digital Revolution

Online

Cell Phones

Laptops

Gaming Devices

Digital Revolution

75 YEARS

38 YEARS

13 YEARS

3.5 YEARS

3 YEARS

2.5 YEARS

50 DAYS

35 DAYS

Reaching 50 Million users

It took about 75 years for the telephone to connect 50 million people. Today a simple iPhone app like Draw Something can reach that milestone in a matter of days. In the past 10 years the rate of adoption of new technologies has accelerated at a dizzying speed. Can we keep up with it all?
NOW...

1.1 billion
Global active
Facebook
users

5 billion
Global
mobile phone users

2.4 billion
Global
Internet users in
2012

1.5 billion
Global
smartphone users

244 million
American Internet
users in 2012

500 million+
Total
photos uploaded to
Facebook, Snapchat,
Instagram and Flickr daily

100 Hours of
video uploaded
to YouTube
every minute

150 Times per day
mobile phone users
checks their devices

NOW...

WEB 2.0
Today’s Youth Online

- 93% of teens use the Internet
- 63% of teens are online at least once a day
- Social computing via website forums, chat rooms, blogs, electronic gaming, IM-ing and texting are integral aspects of life
  - 80% of online teens (12-17) are on social networking sites
- Social computing = mobile computing
  - About 84% of teens (13-17) have a cell phone.
  - 1 in 4 teens say they are “cell mostly” Internet users
Today's Youth Online

- Sending or posting provocative images
- Sharing passwords with friends
- Embarrassing or harassing people
- Posting personal information
- Clicking on pop-ups

Risky Online Behaviors
Universal Rules

- Appropriate CONTACT
- Appropriate CONTENT
- Appropriate CONDUCT

Revealing Too Much
Digital Reputation

Reputation

In high school, Jack Bauer was voted "Most Likely to Kill the Foreign Kid"... and "Best Eyes."

Would you hire them?

[Facebook screenshot with photos of young people and a bottle of alcohol]
When can your comments get you into trouble?

Teenager fired for complaining about her job on Facebook.

Like many teens, Kimberley Swann has a Facebook account. And like many teens, she also has a part-time job where she often complained about her first mistake was, waiving off some of those complaints on her Facebook page.

Her second mistake was adding some of her new co-workers as "friends," allowing them access to everything she had written. Apparently at least one of those co-workers found it necessary to pass on some of her comments to their boss, Stephen Hall. And apparently Hall didn't find her comments from her "first day at work. omg!! So dull. So dull. To other workers about the menu.

first day at work. omg!!
So dull.

Waitress fired for posting customer comment online

Scribd.com Press 17.12.2013 3:15 PM EST
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ST. LOUIS (AP) — The wait in the cafe of the restaurant "It was 110% gross," said 10% why do you just love it?"

The openly comment has caused a local online site a waitress on the website Foursquare. She has been fired, while the customer who wrote the note has been notified. The company has fired the manager of the restaurant as its employee who posted the comment.

It began Jan. 29th, when a customer who described himself to the manager as a former owner of a local restaurant with eight or nine hours at a time spent 4 out of 5 hours asleep. The restaurant's Facebook comment said "drunk" and that the group was large enough that an automatic 1% percent by

This affects adults too

Facebook teacher won't face charges

The Facebook posting that ultimately cost a Bangor music.

Seattle barista fired over snarky blog

Matt Watson said his blog was snarky

Updated: 12/12/2013 11:48 AM EST

Published: 12/12/2013 11:48 AM EST

SALT LAKE CITY (AP) — An anonymous blog that made snarky comments about his boss and the customer the boss blog got him fired.

The blog was posted on the website "For Good" for 10 percent of the time. He's been called "funny." The blog was called "For Good." It's been called "funny."
Revealing Too Much

Are you inadvertently giving away too much information?

- Screen Names
- Logos
- ‘About’ Information
- Comment Content
- Vacation Details
Parents what about your profiles?
Sexting
Sexting – How widespread is the problem?

Students reporting in the past year:

- Engaged in any sexting: 25.8%
- Sent a sexually suggestive message: 22.7%
- Shared a sexually suggestive message that was sent to you by someone else: 7.1%
- Sent/posted naked or semi-naked photo/video of self: 9.1%
- Shared a naked/semi-naked photo/video sent to you by someone else: 12.1%
Sexting - How widespread is the problem?

Students reporting in the past year:

- Sent a sexually suggestive message:
  - 8th: 9.5%
  - 10th: 24.6%
  - 12th: 32.9%

- Shared a sexually suggestive message that was sent to you by someone else:
  - 8th: 3.5%
  - 10th: 7.8%
  - 12th: 10.2%

- Sent/posted a naked or semi-naked photo/video of self:
  - 8th: 3.0%
  - 10th: 9.7%
  - 12th: 14.7%

- Shared a naked/semi-naked photo/video sent to you by someone else:
  - 8th: 6.7%
  - 10th: 14.1%
  - 12th: 15.8%

Typology:

- Youth produced sexual images
  - Aggravated: Adult involved
  - Experimental: Youth only
  - Romantic: Intent to Harm
  - Sexual attention seeking: Reckless misuse
  - Other: Other
Then...

I’ll show yours to...

The Problems

- Often forwarded by initial recipient without the sender’s consent or knowledge.

- Photos go “viral,” reaching large audiences as forwarded from group to group.
The ‘Perfect Storm’

“The desire for risk-taking and sexual exploration during the teenage years combined with a constant connection via mobile devices creates a ‘perfect storm’ for sexting.”
Executive Functioning
Adverse Childhood Experiences
ACES
ACE Study 10 Experiences
http://www.cdc.gov/ace/prevalence.htm

1. Emotional abuse
2. Physical abuse
3. Sexual abuse
4. Physical neglect
5. Emotional neglect
6. Mother treated violently
7. Household substance abuse
8. Household mental illness
9. Parental separation or divorce
10. Incarcerated household member

Some ACE Outcomes

- People with an ACE score of 4
  - Seven times more likely to be alcoholics as adults
  - Six times more likely to have sex before age 15
  - Twice as likely to be diagnosed with cancer
  - Four times as likely to be diagnosed with emphysema

- People with an ACE score of 6
  - 30 times more likely to have attempted suicide

“Childhood stress can have long lasting neural effects, making it harder to exercise self-control, delay gratification, focus attention and do many of the other things that might contribute to a happy life.”
The Net Effect

"On the Internet, nobody knows you're a dog."
The Online Disinhibition Effect

You Don't Know Me (dissociative anonymity)
You Can't See Me (invisibility)
See You Later (asynchronicity)
It's All in My Head (solipsistic introjection)
It's Just a Game (dissociative imagination)
We're Equals (minimizing authority)
Personality Variables
True Self?
Self Constellations Across Media
Altering Self Boundary

Role Models/Media
Normalization of Sexual Exploitation

How does this translate to our youth?
Thong marketed for 10 year old girls

Underwear that seem to suggest that girls don’t need money, “since they have their very own moneypot between their legs.”
Accessibility

- 54% of teens text daily
- Half of teens send 60 or more texts a day or 1,500 texts a month
- 1 in 3 teens send over 100 texts a day, or more than 3,000 texts a month

Reasons Teens Give For Sexting

- He asked me to take the picture and I didn’t want him to think I was a prude.
- I was pressured into doing it.
  - 51% of girls say they have felt pressure from a guy to send nude photos.
- I was bored.
- Everyone does it and it’s no big deal.
  - 1 in 5 teens have sent/posted nude or seminude pictures or videos of themselves.
- It’s just flirting
  - 21% of teen girls and 39% of teen boys sent these photos in hopes of dating or ‘hooking up’ with the recipient.
Definitions

**Child Pornography**
refers to material depicting a minor (any person younger than 18) in a state of undress, engaged in erotic poses or sexual activity.

**Sexting** – the act of sending/receiving sexually explicit messages or photographs, by underage persons (under the age of 18), when such materials were voluntarily produced or distributed by the underage person themselves.
omg ru goin 2 jail?

Currently teens caught sexting could face:

- Indecent Exposure 750.335a
  - 1 year misdemeanor

- Soliciting a minor for immoral purposes 750.145a
  - 4 year felony

- Malicious Use of Telecommunications Service 750.540E
  - 6 month misdemeanor

Jesse Logan
Bullying + Technology = Cyberbullying

What is Cyberbullying?

- Mean or threatening texts, IMs, emails
- Stealing passwords / Impersonation
- Creating websites (i.e. “hot or not”)
- Creating fake profiles
- Posting images/videos (locker room photos)
Bullying: 24.6% of youth report being bullied in the last year

Where students report being bullied (among all students):

- On school property: 15.8%
- Through social networking: 8.0%
- Through texting: 6.4%
- Another way: 3.8%
- On the way to or from school: 3.5%
- Thru a website: 2.2%
- In a chat room: 1.9%
- Thru email: 1.5%
Signs of Cyberbullying

A cyberbullying victim might:

- Stop using the computer or cell phone
- Withdraw from friends and family
- Act nervous when receiving an e-mail, IM or text
- Seem uneasy about going to school

Cyberbullying Behaviors

- Quickly switch screens or close programs when you walk by.
- Use the computer at all hours of the night.
- Get unusually upset if they cannot use the computer.
- Laugh excessively while online.
- Avoid discussions about what they are doing.
- Use multiple online accounts or use an account that is not their own.
Consequences of Cyberbullying

Consequences
Consequences

- **Stalking by Proxy**
  - Posting or attempting to post information, *whether truthful or untruthful*, about a victim, through *any* means of communication (including via the Internet or a computer), without the victim’s consent.

- **2 years/$5,000 fine**

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**Report**

to the website, school, bully’s parents, or law enforcement
What comes to mind when you think of **online predators**?

**She’s with him?**
Exchange

Signs of Grooming

- Check if your child is
  - Receiving gifts through the mail
  - Making calls to unknown numbers
  - Turning away from family and friends
  - Spending a lot of time online
  - Getting upset when he or she can’t get online
  - Minimizing the screen or turning off the monitor when you come into the room
Report to Cyber Tipline

- Anyone who sends your child photos or videos containing obscene content
- Anyone speaking to your child in a sexual manner
- Anyone who asks your child to meet in person

Visit [www.cybertipline.com](http://www.cybertipline.com)
Call 1-800-THE-LOST

Understand Technology
Teach your child how to use technology responsibly.
Communicate with your child!

PARENTS, IF YOU’RE NOT ASKING, THEY’RE NOT TELLING

48% of parents believe their teens tell them everything they do online.

71% of teens have hidden their online behavior from their parents.

Source: Vint Cerf, USA Today, May 2015

Communicate with your child!

What’s your favorite thing to do online?

Show me the funniest YouTube video.

Let’s play your favorite online game.

Communicate with your child!
Establish rules for your child’s Internet use.

- What sites they can visit.
- Who they can talk to.
- How much time they can spend online.

Keep the home computer in a common room.
Monitor computer activity

BE ON THE LOOKOUT
Top 10 Ways Your Teens Are Fooling You Online

1. Clearing the browser history
2. Close/minimize browser when parent walked in
3. Hide or delete instant messages or videos sent
4. Lie or omit details about online activities
5. Use a computer parents don’t check
6. Use an Internet-enabled mobile device
7. Use private chat rooms
8. Use private browsing modes
9. Creating private email addresses unknown to parents
10. Creating duplicate/fake social networking profiles

Source: TRG Research & Moffly Media, Inc.