

*No More Frogs to Kiss: 99 Ways to Give Economic Power to Girls* (ISBN 0-8875-0659-4)...written by Joline Godfrey, this is a manual for teaching young women the power of economic freedom and includes practical ways for girls to foster this independence.

### Magazines for Young Women

*Hues (Hear Us Emerging Sisters)* is a multi-cultural young women's magazine written by young women for young women. Subscriptions are \$19.99 and can be ordered by contacting by email at [hues@hues.net](mailto:hues@hues.net) or by mail at HUES, PO Box 3620, Duluth, MN 55803, 218.728.5507. Also check out their web site at [www.hues.net](http://www.hues.net).

*New Moon* is a magazine especially designed for young girls ages 8 to 14. It is edited by young women and includes contributions from girls across the world. Subscriptions can be ordered by contacting New Moon Magazine, at 800-381-4743 or visiting their web site at [www.newmoon.org](http://www.newmoon.org).

*Teen Voices* is a magazine written and edited by a multi-cultural group of young women. Subscriptions are \$19.99 for this quarterly publication, but there is a special rate for teens. To order by mail, contact Women Express, Inc., PO Box 120-027, Boston, MA, 02112-0027, or you can contact them by phone at 617/426-5505. You can also check out the latest issue at their web site at [www.teenvoices.com](http://www.teenvoices.com).

*Chicas in the Mix* is a magazine published by young women in the Minneapolis areas. It is available by calling 612/871-0050.

# Web Resources for Women and Girls

## Resource/Link pages

[http://www.suite101.com/welcome.cfm/womens\\_issues](http://www.suite101.com/welcome.cfm/womens_issues)

Great links...lots of women's history links. A variety of topics with pro-women and girl focus. Shopping free!

[http://dir.yahoo.com/Society\\_and\\_Culture/Cultures\\_and\\_Groups/Women](http://dir.yahoo.com/Society_and_Culture/Cultures_and_Groups/Women)

Tons of links and great resources for women's and girls' issues. You could link from these links and see most everything women/girl related on the web. Content varies from militant feminism to shopping and EVERYTHING in between.

<http://www.feminista.com>

Lots of pro-female stuff!

<http://www.chickclick.com>

Some shopping, but also lots of witty stuff for older girls.

<http://www.girlscount.org>

Lots of information for people who care about girls, from resiliency to Title IX.

<http://www.aauw.org>

Always good information on girl issues, contains the latest research on girls equity.

<http://www.cryptograph.com/women.htm>

GO TO THIS SITE...It is a tremendous resource. The page has a daily cryptograph with a quote from a famous woman. And it gets better! There are links galore, with great feminist links, many of which are listed here. Site for girls and women alike.

## Fun girl web sites

<http://www.girlsunlimited.com>

As the name says, "Dream Big, Prepare Well". Info on everything from careers to how to change a tire. Great site!

<http://www.teenvoices.com>

By girls, for girls. If you have seen their magazine, you should expect great things...and this site is simple, but fulfills that expectation. Very pro-girl and hits on all kind of issues. Great for girls of all ages!

## Sexual assault/abuse

<http://www.cs.utk.edu/~bartley/sainfoPage.html>

General links related to assault, abuse, rape, sexual harassment and related topics.

[wysiwyg://263/http://twhj.com](http://wysiwyg://263/http://twhj.com)

The site of "The Wounded Healer" chat rooms, information, and resources for abuse recovery.

<http://www.bibri.com>

The site of the "Body Image Betrayal Project" focuses on everything from therapist abuse to eating disorders. Good information for those concerned about girls' and women's self-injury and related behaviors.

## Dating/Domestic Violence

<http://trfn.clpgh.org/womenscenter/datingviolence.htm>

Checklists of signs to look for, stories, advice, and a worksheet for a personal safety plan

<http://www.the-park.com>

Great information regarding abuse, includes a seven page safety plan for leaving an abusive situation. Also includes great information for teens, various abilities, loss, and other issues. A GREAT SITE!

<http://www.girlsite.org>

More than just abuse issues, includes a section on setting boundaries to prevent abusive situations. Aimed at girls 13 and up.

<http://home.vicnet.net.au/~girlsown>

Excellent website for girls in abusive relationships. Includes stories, checklists, warning signs, and other useful information for girls. Very girl-friendly and helpful for girls to identify and leave abusive relationships.

<http://www.domesticviolence.org/plan.html>

Another good checklist for leaving an abusive situation. Includes a good practical checklist of what documents one needs to bring.

## WOMEN'S HISTORY AND SHE-ROS

<http://www.freepirit.com>

Lots of great books for working with girls, as well as boys. Great place to get journals for girls, as well as sources for "real people" she-ros.

## SPORTS

<http://www.melpomene.com>

Great pro-female sports non-profit. Links, books, and other resources. Can purchase newsletter from the site.

<http://www.gogirlmag.com>

Sports and exercise articles for girls and women. Pretty good articles, the picture-free format is refreshing in the world of "hard-bodied" fitness sites.

<http://www.wnba.com>

Sports or sheros? How about both! A great site for girls who are into the WNBA, basketball, or sports in general.

## Body Image

<http://www.adiosbarbie.com>

FUN AND FUNNY! Great website related to the equally great book, focusing on multicultural positive body image and standards of beauty. Great and fun links. This has a feminist, older-girl focus.

<http://www.about-face.org>

An activist group that focuses on the media's images of women. Good resource for positive body image tips, as well as the affects of media on women and girls.

<http://www.something-fishy.org>

FANTASIC SITE. A great wealth of information on eating disorders, body image, and related issues. Easy to get around, and has a TON of different topics. If you can't get what you want here, there will almost certainly be a link from this page that does have what you want.

<http://www.goldinc.com/gogirls/summary.htm>

The website of a pilot body image project in Seattle. Great grassroots project.

Site of the Southeast Asian Women's Network. Lots of great information from the US and abroad. Offers lots of resources!

## ***EDUCATION***

<http://www.girlscientist.org> Site featuring information about girls and science, as well as women scientists. There is also an opportunity for girls to be a part of what is featured on the site!

<http://www.sciquest.com>

Has links to information about women and girls in science.

<http://www.ael.org/nsf/voices/vocbrief.htm>

Great site about a research project regarding girls and science, also including links and activities.

## ***CORRECTIONS, ETC.***

<http://www.maccac.org/wolinks.htm>

Great links for issues related to girls and women within corrections. Includes studies, stats, and links to more information. A great place to start for information!

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## **GENDER SPECIFIC RESOURCES FOR DRUG/ALCOHOL ABUSE**

"Go Ask Alice"  
Anonymous

"Girl to Girl"  
K. Casey

"Meg's Story: Staight talk about drugs"  
G. Berger

"Young Women's Lives"  
P. Kivel & M.N. Myhand

"Women Pioneers in 12 Step Recovery"  
C. Hunter, B. Jones, J. Zieger

"A Woman's Way Through the 12 Steps"  
S. Covington

"Schoolgirls" (School related issues)  
P. Orenstein

"Don't Give it Away" (Self-esteem)  
I. Vanzant

### **Websites addressing gender specific/substance abuse/school issues:**

[www.girlpower.gov](http://www.girlpower.gov)  
[www.casacolumbia.org](http://www.casacolumbia.org)  
[www.nida.nih.gov](http://www.nida.nih.gov)  
[www.jointogether.org](http://www.jointogether.org)  
[www.health.org](http://www.health.org)

Do you want to know how Michigan compares to other states on Teen Births (2000 data), AIDS rates (2001 data), Chlamydia and Gonorrhea rates?

<http://www.advocatesforyouth.org/publications/factsheet/fsstate.pdf>  
(1st is best and 50th is worst in terms of rankings). Michigan ranks 18th on Teen Births, 16th on AIDS rates, 38th on Chlamydia rates, and 39th on Gonorrhea rates.

To access all fact sheets, go to

<http://www.advocatesforyouth.org/publications/transitions/transitions1502.pdf>

To access individual fact sheets, go to:

<http://www.advocatesforyouth.org/publications/transitions/transitions1502.htm>

Adolescent Pregnancy and Childbearing in the United States [html]

[pdf]

The Sexual and Reproductive Health of Youth: A Global Snapshot [html]

[pdf]

Adolescents and HIV/AIDS [html] [pdf]

Young Women of Color and the HIV Epidemic [html] [pdf]

Youth and the Global HIV/AIDS Pandemic [html] [pdf]

Adolescents - At Risk for Sexually Transmitted Infections [html]

[pdf]

Adolescent Sexual Health in Europe and the U.S. - Why the Difference?

[html] [pdf]

State-by-State Sexual Health Rates and Rankings [html] [pdf]

Adolescent Protective Behaviors: Abstinence and Contraceptive Use

[html] [pdf]

Adolescents and Abortion [html] [pdf]

GLBTQ Youth: At Risk and Underserved [html] [pdf]

Adolescent Sexual Behavior. I: Demographics [html] [pdf]

Adolescent Sexual Behavior. II: Socio-Psychological Factors [html]

[pdf]

Condom Effectiveness [html] [pdf]