



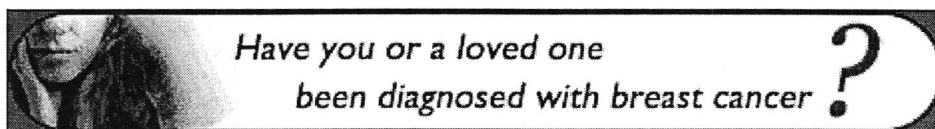
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Raising Daughters: Relationship Study

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By Joanne Kabak

What do mothers and teen-age daughters really think about each other? Clinique Laboratories Inc., the makeup and skin-care company, commissioned research firm Yankelovich Partners to uncover some of the mysteries of the mother-daughter relationships.

Are you very happy with your relationship?

- 90 percent of both mothers and daughters said yes.

How do daughters describe their mothers?

- Intelligent, 95%
- Confident, 89%
- Ambitious, 77%
- Cool or hip, 41%

How do moms describe their daughters?

- Intelligent, 96%
- Attractive, 96%
- Honest, 94%
- Confident, 79%
- Rebellious, 41%

Would you change anything about mom?

- 33 percent of girls said nothing to change.

Would you change your daughter's clothes, appearance or friends?

- 98 percent of mothers said no.

What do you like best about each other?

Mothers and daughters liked the same three qualities:

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- personality
- love/care she gives
- sense of humor

Daughters also liked moms who were understanding, easy to talk to and intelligent.
Mothers also liked daughters who were honest, intelligent and independent.

Only 2 percent of teen-age girls said they talked to their mother about sex and birth control.

Who would each pick as a dream date for the other?
Mothers picked Prince William for their daughters, but the girls preferred Matt Damon for themselves. Both chose Leonardo DiCaprio as their second choice.

And for mom? The top three choices by both mothers and daughters were Harrison Ford, Sean Connery and Denzel Washington.

But maybe we're seeing a trend emerge in the new generation. The fourth dream date daughters have for their mothers is Bill Gates.

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Raising Daughters: Rimm's Side

By Joanne Kabak

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Would you like your daughter to have a fulfilling career and a happy personal life? Dr. Sylvia Rimm, a psychologist, author and "Today" contributor gives you her advice on how to do that in "See Jane Win," her latest book on women. It is based on interviews with 1,000 successful women who have achieved personal and professional satisfaction. Her 20 tips for parents and daughters are summarized as follows:

1. Make education your highest priority.
2. Feeling pressure is part of getting what you want.
3. You do not have to be the smartest to feel smart.
4. Value work.
5. You can learn to be assertive, but being shy or self-critical does not have to stop success.
6. Dedicated and inspiring teachers do make a difference.
7. Read.
8. Take on math and science.
9. Skip grades or subjects if you are not challenged.
10. Extracurricular activities are important, and so is quiet time.
11. Enter contests.
12. Travel.
13. Popularity is not important and you will feel lonely sometimes.
14. Do not condone smoking, illegal drinking or drugs.
15. Explore, rather than rebel.
16. Birth order is important, but labels, such as "she's the best athlete in the family," are not.
17. Parents are the strongest role models.
18. When you have a setback, persevere.
19. Contribute to society, expect equal pay and let your creativity shine.
20. Be free to set your own agenda about how you choose to raise a family and work.

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