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# Juvenile Justice Vision 20/20 Training Event

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## Drug Trends

Session: Thursday, June 28, 2018, 9:30 a.m.—11:45 a.m.

Presented By: *D/Lt. Nathan Grant, Metropolitan Enforcement Team, Michigan State Police*

*D/Lt. Michele Dunlap, West Michigan Enforcement Team, Michigan State Police*

**D/Lt. Nathan Grant** is the current team leader at the Metropolitan Enforcement Team in Kent County. He has been a member of the Michigan State Police since May 1995 and has served throughout West Michigan in numerous roles including the Emergency Support Team, 6th District Fugitive Team and 6th District Hometown Security Team.

**D/Lt. Michele Dunlap** is the current team leader at the West Michigan Enforcement Team (WEMET) in Ottawa and Allegan Counties. She has been a member of the Michigan State Police since August 1998 and has served in many roles across the state including at WEMET, 1st District Fugitive Team and the MSP Governor's Security Detail.

### Workshop Overview

This presentation will focus on drug trends in West Michigan including the realities of the opioid epidemic. A video presentation by the Drug Enforcement Administration and Federal Bureau of Investigation called "Chasing the Dragon" will be shown. It is very informative and powerful among those working in substance abuse.

Presenters will also discuss the increasing popularity in marijuana extracts (edibles and BHO) as well as the dangers of common chemical Butane Hash Oil (BHO) extraction techniques.

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## Workshop A: Substance Abuse and Co-Occurring Disorders

Session: Thursday, June 28, 2018, 1:30 p.m.—2:45 p.m.

Presented By: *Dr. Jerry Johnson, Associate Professor, Grand Valley State University*

**Jerry Johnson, Ph.D., LMSW**, is an Associate Professor of Social Work at GVSU, with 35 years experience in the human services as a practitioner, administrator, consultant, and trainer. He has worked abroad as a consultant to USAID and UNDP, and was twice recognized as a Fulbright Scholar (1998-99 and 2000-01). He has written and edited ten books and several articles.

Johnson has been a practitioner and training leader in substance abuse and addiction all of his career. After a career in the Detroit area as a well-known family therapist, Johnson was the director of Project Rehab's Adolescent Services in Grand Rapids. He is a well-known presenter and lecturer in adolescent and family addictions and co-occurring disorders, and has authored the following books: *Crossing Borders- Confronting History* (Rowan and Littlefield, 2000), and *Fundamentals of Substance Abuse Practice* (Brooks/Cole, 2004). Co-Author with Dr. George Grant, Jr.- Allyn & Bacon Casebook Series (8 volumes).



### Workshop Overview

In this workshop, Dr. Johnson will lead a lecture and discussion session on effective principles and best practices with adolescents experiencing substance use and mental health disorders (co-occurring disorders). The focus will be on practice principles that will help attendees maximize their efforts with this population and provide ample time for critical discussion and questions for participants.

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## Workshop B: The Female Factor: Alcohol, Drugs and Substance Abuse Treatment

Session: Thursday, June 28, 2018, 1:30 p.m.—2:45 p.m.

*Presented By: Sandi Metcalf, Juvenile Court Director, 20th Circuit Court*

**Sandra Metcalf, MS**, is the Juvenile Court Director, Family Division, 20<sup>th</sup> Judicial Circuit Court, Ottawa County, Michigan and is the President of the Michigan Association for Family Court Administration and the President of Juvenile Justice Vision 20/20. She is project director for the Multijurisdictional Juvenile Justice Data Sharing Model Implementation Project, and is a gubernatorial appointment to the Michigan Committee on Juvenile Justice. During her over-forty year tenure with courts in juvenile justice and child welfare, she has held multiple direct service and administrative positions.



Ms. Metcalf is a certified trainer on the neurobiological differences of males and females. She is also a Certified Court Executive and a Fellow of the Institute for Court Management, National Center for State Courts. Additionally, Ms. Metcalf is a certified forensic counselor and serves on multiple local and state boards and committees.

Ms. Metcalf has authored two books for female offenders; authored Michigan’s Female Specific Juvenile Justice Curriculum; and founded Integration By Design, a non-profit corporation offering consultation/technical assistance in organizational strategic planning, court management and community integration.

### Workshop Overview

Brain research clearly demonstrates that hardwiring is vastly different between the genders. It can also explain why alcohol and substance abuse identification may be more challenging in girls than their male counterparts. As a result, treatment requires different approaches and resources.

This workshop will discuss gender differences based on the neurobiological hardwiring of the brain and how this impacts behavior/motivations/vulnerabilities; how addiction and dependency manifest differently in women; ideas about treatment approaches tailored to the genders and how tailored strategies assist in the success of treatment; and the serious unintended consequences of the “one size fits all” approach.

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## Workshop C: The Invisible Minority

Session: Thursday, June 28, 2018, 1:30 p.m.—2:45 p.m.

*Presented By: Hunter Genia, Counselor/Consultant, Resilience Consultation*

**Hunter Genia, LMSW**, is an Anishinabe (Ojibway/Ottawa) who grew up in the Grand Rapids area before moving to Mt. Pleasant. He has worked extensively with his own population for over 28 years in the Behavioral Health field from prevention, clinical, and administrative capacities. He has worked with tribes and tribal organizations in the city, rural and reservation settings. Mr. Genia has provided trainings and presentations in public schools, university settings, hospitals, and for social work organizations.



### Workshop Overview

Participants will get a glimpse into working with the Native American population. The Native American population is probably one of the most underserved populations and yet statistically has several health needs that are inadequately addressed. The presenter will generate discussion with attendees about this population and provide some basic approaches to addressing substance abuse concerns.

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## Workshop D: Adolescent Substance Use Treatment in Detention and Residential Delinquency Settings

Session: Thursday, June 28, 2018, 3:15 p.m.—4:30 p.m.

*Presented By: Dale Yagiela, Executive Director Emeritus, Growth Works Incorporated*

**Dale Yagiela, CAADC, LMSW**, holds a Master's Degree in Community Development and Education from the University of Michigan. He was one of the original holders of the State of Michigan's Apprentice Counselor's Credential.



As the Growth Works Executive Director, Dale has worked in the field of addiction since the early 1980s, developing substance use programming for adolescents and young adults in southeastern Michigan. In 1984, he commenced a highly successful aftercare treatment effort for adolescents returning to the community from hospital based SUD programs. He led the evolution of that endeavor into the area's only adolescent out-patient SUD program.

In 1999, Growth Works became one of Wayne County's Care Management Organizations, one of five public private partnerships that became responsible for the provision of delinquency services to Wayne County youth. Recognizing the strong relationship between substance use and delinquency, Dale was instrumental in Growth Works establishing the WCARE residential adolescent substance use treatment program joint venture with Wolverine Human Services, which commenced services in 2006.

Over the last few years, Dale has been involved in the development of Washtenaw County's Juvenile Drug Court development and residential services. The program is a unique undertaking linking the Washtenaw Trial Court, the County's Children Services Department and Growth Works into an effective vehicle to address the substance use issues of youth referred to the program. Along the way, Dale has worked as a clinician in the agency's treatment programming, working with youth in both residential and out-patient settings and adults in out-patient treatment. He has also developed and led groups for parents with youth with substance use disorders.

He has been a presenter at Wayne State University's Physician Assistants Program for almost a decade and has provided SUD sessions at the Michigan Academy of Physicians Assistants for the past three years. He has performed trainings for the Michigan Association of School Social Workers, and for the Detroit-Wayne Mental Health Authority Virtual Center for Excellence and was a regular presenter for SEMCA when it functioned as the out-Wayne County Substance Abuse Coordinating Agency.

In addition to Growth Works delinquency services in Wayne and Washtenaw Counties, it is working with Wayne County's Circuit Court and many District Courts to address opioid treatment needs and adult substance use. The agency is licensed by the State of Michigan and accredited by the Joint Commission for Healthcare Organizations (JCAHO). Dale is continuing on as an advisor to the agency and functions as a clinician in both adolescent and adult substance use treatment arenas.

### Workshop Overview

This presentation will focus on elements of the True North Treatment and Recovery Program that is operated by Washtenaw County's Children's Services Department. Housed in the County's Youth Center, the program shares space with its detention operations. As such, it is a residential program which is connected to the Washtenaw Trial Court's Adolescent Drug Court. Growth Works provides clinical services to the County and Court through the provision of out-patient and residential substance use treatment for youth in the Drug Court program.

The session will outline the role the various system actors play in the delivery of these services, trauma informed and specific approaches utilized in delivery of care and will outline the elements of treatment throughout the course of care.

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## Workshop E: Addressing the Opioid Epidemic—How to Save a Life

Session: Thursday, June 28, 2018, 3:15 p.m.—4:30 p.m.

Presented By: *Dr. Sandra Dettmann, Addiction Medicine Specialist, The Dettmann Center*

**Sandra Dettmann, MD, DABAM, FASAM**, is a board-certified addiction medicine specialist in private practice in Grand Rapids. She is a graduate of both the University of Michigan and Michigan State University College of Human Medicine. However, she does claim to bleed green. Dr. Dettmann is a community advocate for the underserved and sits on the boards of Kent County Medical Society and Network 180. She is an educator at MSU and GVSU. Her passion is spreading the word about the opioid epidemic - how we got here and what to do now to curtail the further loss of precious lives.



### Workshop Overview

In this presentation, Dr. Dettmann will explain the genesis of the opioid epidemic. She will discuss MAT (medication-assisted treatment), fentanyl, and the emergence of carfentanyl in the heroin supply, as well as the use of naloxone to prevent deaths. Finally, participants will learn steps that can be taken to decrease the wreckage and loss of lives to this tragic epidemic.

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## Workshop F: Substance Abuse and Co-Occurring Disorders

Session: Thursday, June 28, 2018, 3:15 p.m.—4:30 p.m.

Presented By: *Dr. Jerry Johnson, Associate Professor, Grand Valley State University*

### Workshop Overview

In this workshop, Dr. Johnson will lead a lecture and discussion session on effective principles and best practices with adolescents experiencing substance use and mental health disorders (co-occurring disorders). The focus will be on practice principles that will help attendees maximize their efforts with this population and provide ample time for critical discussion and questions for participants.

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## Physiological Effects of Drugs on Juveniles

Session: Friday, June 29, 2018, 9:00 a.m.—10:30 a.m.

Presented By: *Sean A. Robinson, Executive Director and Counselor, Grand Rapids Counseling Services*

*Sadie E. Robinson, Health and Nutrition Therapist, Grand Rapids Counseling Services*

*Matthew C. Rajnish, Grand Rapids Counseling Services*

*Andrea J. Dattadeen, Therapist, Grand Rapids Counseling Services*



**Sean A. Robinson, LPC, CAADC, SAP**, earned a Bachelor's Degree in Business Administration from Grand Valley State University and Masters of Educational Psychology from Baylor University. Upon graduation, he studied Spanish in Guadalajara, Mexico before moving from Texas to Michigan. Mr. Robinson passed the national counseling examination and became licensed to practice counseling in 2005. He worked at two local non-profit agencies while slowly building a private practice. In 2009, Grand Rapids Counseling Services had grown and Mr. Robinson has since worked solely at GRCS. His goal is to be a positive force in the community.

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**Sadie E. Robinson, MA, NASM**, has more than 20 years of experience in the Health and Wellness Industry and is passionate about helping others learn the profound significance diet and nutrition have on total body health and livelihood. Ms. Robinson has a Bachelor of Arts in Business Administration from Spring Arbor University and a Master of Education from Grand Valley State University. What started out as a passion for the group exercise has evolved over the years to encompass certifications in Kickboxing, Personal Training, Spinning, and a constant pursuit of education through various coursework, as it pertains to health and nutrition.

Through time, Ms. Robinson has come to understand the profound significance diet and nutrition have on weight loss, overall health and livelihood. ADHD, anxiety, cancer, depression, lack of energy, diabetes, autoimmune disorders, forgetfulness, lack of mental clarity, and insomnia, just to name a few, have all been proven to positively respond to nutrition therapy. According to the Journal of American Medical Association, 13% of the U.S. Population are prescribed an anti depressant. This number has increased by 89% from 1999, from only 6.8%. Understanding just how sick society is and that fitness is one piece of the puzzle, propelled Ms. Robinson to begin seeing clients, specifically addressing health concerns through the lens of diet and nutrition.



**Andrea J. Dattadeen, LLPC**, earned a B.A. in Sociology from Lee University in Cleveland, Tennessee and her M.A. degree in Counseling from Grand Rapids Theological Seminary. Her formal education and professional experience have prepared her to counsel individuals, couples, families, groups, vocational, career guidance, treatment planning and development, and diagnostic interventions. For more than 12 years, she worked in the Child Welfare System addressing abuse and neglect concerns with families. She has participated in services such as substance abuse, relapse prevention, emotional and/or mental health counseling, and individual or family crisis interventions. Ms. Dattadeen has additional focuses on Trauma Informed Practices that allow her to support individuals and families as they process current traumatic and/or life threatening situations. Additionally, she

is on staff at Zeeland Church of God, and has been in ministry at this church for more than ten years rendering individual counseling, crisis intervention, leadership, outreach programs, women's support groups, and youth and young adult groups.

**Matthew C. Rajnish, LPC**, is a practicing therapist, with over five years of experience diagnosing and treating various mental health conditions. His areas of focus include depression, anxiety, grief/loss, and working through traumatic experiences. He strives to provide a calm, empathetic, open, non-judgmental, honest, respectful, and most importantly, genuine therapeutic environment with an emphasis on rapport building and maintaining a strong client/therapist relationship. Mr. Rajnish uses specific techniques such as cognitive behavioral therapy, applied behavioral analysis, solution-focused, person centered approach, or Adlerian Therapy, but his emphasis is always on the relationship.



Mr. Rajnish received a Bachelor's of Arts degrees in Criminal Justice and Psychology from Michigan State University and his Master's of Arts degree in Counseling is from Oakland University. When he is not practicing therapy, he enjoys exercising, bowling, playing darts, and traveling.

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## Workshop Overview

This session will feature a variety of topics by experts in the field. It will address the onset of adolescent addiction, including the key developmental changes in the brain as a result of habitual use of alcohol/drugs. Through the session, participants will gain a better understanding of the link between addiction and genetics. An additional focus will center on the stigma of drug addiction and mental health, with emphasis on the magnitude and abundance of drug addiction within the United States, regardless of age, sex, gender, cultural/family background, etc.

Participants will engage speakers to discuss trauma informed practices and gain a clearer understanding of the impact of trauma and adolescents. This will include trauma informed practice, highlighting some of the methods, techniques, and assessment tools as well as ways to support adolescents who have been exposed to trauma. The session will also raise the importance of looking at the family as a whole. Information and tools will be provided for families to handle the challenges in society and the home. The importance of maintaining a parental role for healthy development of the children and the primary responsibility for the development and wellbeing of children will be addressed. Finally, this workshop will explain how gut health affects brain health and how both can have an impact on mood.

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## **Adolescent Substance Abuse Treatment: The state of the State**

Session: Friday, June 29, 2018, 10:45 a.m.—11:45 a.m.

*Presented By: Anthony Muller, Director of Clinical and Business Development, Wedgwood Christian Services*

**Anthony Muller, MA, LPC, CAADC, CCS**, has worked in the mental health and substance abuse field for 22 years. He is an experienced trainer with local, statewide, national and international training experience. He currently works for Wedgwood Christian Services and is the Director of Clinical and Business Development. Although he has administrative functions, he is able to continue doing weekly clinical work with adolescents in Kent County. He has been married for 22 years and has four sons ages 15, 12 and two 8 year olds.



## Workshop Overview

Culture continues to change and with that, so do the challenges to adolescent treatment providers. This training will explore some of these challenges as well as the unique challenges to treating adolescents with substance abuse problems. The presenter will discuss the role adolescent treatment providers have in the larger system of substance abuse treatment and help participants explore and discuss what engagement looks like for the pre-contemplative and contemplative adolescent and their family. Lastly, the presentation will discuss the evidenced based practices that have been chosen by the State committee that has worked together and been awarded the implementation grant from SAMSHA for the Michigan Youth Treatment Infrastructure Enhancement award.