

MICHIGAN DEPARTMENT OF CORRECTIONS  
FLORENCE CRANE WOMEN'S FACILITY & CAMP BRANCH:  
PARENTING PROGRAM

OBJECTIVES & CURRICULUM - SPRING, 1998

BY: R. CHERRY

Revised 6/11/98

UNIT 1 OBJECTIVES:

At the end of this unit, participants will be able to

1. Describe historical views held towards children and explain the societal beliefs of today and in what ways they have changed throughout the 20th century.
2. Identify what some of the "firsts" that this generation of children are experiencing today and what some of those impacts might be.
3. Recognize developmental stages of a fetus from conception until birth.
4. Identify the critical developmental and growth stages of a fetus, including the development of the brain, heart and other vital systems.
5. List some of the instincts and reflexes that an infant is born with.
6. Describe the growth and developmental patterns of a child's first 3 years.
7. Identify why it is so important for an infant to have a secure attachment with a parent.
8. Recognize the normal stages of physical, emotional and mental growth from ages 1 through 3 years.
9. Recognize the normal stages of physical, emotional and mental growth from ages 4 through 11 years.

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## I. SESSION 1

### A. Introduction / Prenatal and Child Development

1. Administrative Rules & Expectations - Facilitators (10 min)
2. Icebreaker - Group Participation (15 min)
3. Prenatal Development & Birth (15 minutes)
  - a. Importance of Prenatal Care
4. Infancy through Toddlers (15 minutes)
  - a. Age Appropriate Behavior Expectations & Management Techniques
5. Preschool Years (10 minutes)
  - a. Age Appropriate Behavior Expectations & Management Techniques
6. Kindergarten through 6th grade (15 minutes)
  - a. Age Appropriate Behavior Expectations & Management Techniques