

PARENTING MYTHS

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MYTH 1: Parenting should come naturally

TRUTH 1: Parenting education helps everyone.

MYTH 2: Good children never misbehave.

TRUTH 2: Good children must misbehave.

Avoid the belief: "It's just a stage."

MYTH 3: Good parents should never lose their temper.

TRUTH 3: Share Your Feelings.

Avoid the belief: "My children can handle all of my feelings."

MYTH 4: All children need is love.

TRUTH 4: Children need encouragement.



MYTH 5: Parents can never do too much for their children.

TRUTH 5: Never do for a children what he/she can do.

MYTH 6: Spare the rod and spoil the child.

TRUTH 6: The best discipline allows children to experience the consequences of misbehavior.

.b. Avoid the belief: Natural and logical consequences will remove all misbehavior



MYTH 7: "There will be no fighting in this house."

TRUTH 7: Fighting is inevitable, plan for it.

Remember to establish the rules and consequences for unacceptable behaviors.

"Parents must establish a plan to handle disagreements."

MYTH 8: My child(ren) never listens until I start yelling.

TRUTH 8: Children's misbehavior always has a goal.

Children generally have at least one of the following four goals:

1. Getting attention.
2. Power
3. Revenge
4. Assumed disability - Typical of children who have been severely discouraged, they tend to give up.

Remember: Not all misbehavior is directed at the parents.

